

e/; LFk n'ku I gvflrRookn

ij vk/kfjr

I økn

Wkkx&1½

i dkl'kd %  
thou fo | k i dkl'ku  
Jh HktukJe] Jh uehkpy] vejdl/d  
VejklV½

y[kd %  
, - ukxjkt  
I okl/kdkj izkrk ,oay[kd dsikl I jf{kr

I kadj.k % i fke

epz k %vDVej] 2011

I g;kx jkf'k %150@&

eqnd %  
thou fo | k I kFku] vejdl/d

ç.krk  
, - ukxjkt  
e/; LFk n'ku I gvflrRookn  
vejdld

xkfQDI &fMtkbfuak%  
vkdk'k dEl; Wj] jk; ij  
9926904130

## çkDdFku

I økn djhc 300 ist eafy[kk gvk] ml dks i<ej n[ka  
; g e/; LFk n'ku I gvfLrRookn dsvuq i çLrfr gA bl eaç'u  
Hk gS vkg mRrj HkA bl s I Hkydj fyfic) fd; k gA bl dks  
; Fkkor-Nikdj yksks ds gkfk ea i gpus dk ç; kI Lokxrh; gA  
bl dh mi ; kxrk ftKkl yks ds fy; s çjd gkuk I gt gA ; g  
I økn jkdsk xlrk caykj vkg Jhjke ujfl gu iqks ds I kf  
I Ei Uu gvkA

I ozkk gk t; gk eay gk

ç.krk y[kd  
, - ulxjkt]

e/; LFk n'ku I gvfLrRookn  
ftyk vuuij] vejdvd] Hkj

## fodYi

1- vfLfjrk vfu'p; rk eyd Hkfrd&j l k; fud oLrqdflnr  
fopkj cuke foKku fof/k I s ekuo dk v/; u ugha gks  
i k; kA jgL; eyd vkn'kbnh fpru fof/k I shk ekuo dk  
v/; u ugha gks i k; kA nkska i dkj ds oknka ekuo dks  
tho dgk x; k gA

fodYi ds : i e vfLrRoeyd ekuo dflnr fpru  
fof/k I se/; LFk n'ku] I gvfLrRookn ekuo dksKukoLFk  
eagsus dk i gpus fd; k , oadjk; kA

e/; LFk n'ku ds vuq kj ekuo gh Kkrk ¼tkuuus okykl  
I gvfLrRo: ih vfLrRo tkuu&ekuuus; k; oLrq vFkk~  
tkuuus ds fy, I awkz oLrqgS; gh n'ku Kku gS bl h ds  
I kfk thou Kku] ekuoh; rki wkl vkpj.k Kku I fgr  
I gvfLrRo i zkf.kr gpus dh fof/k v/; ux; gks pph  
gA

vfLrRoeyd ekuo dflnr fpru Kku] e/; LFk n'ku]  
I gvfLrRookn 'kk= : i eav/; u dsfy, ekuo I Eek  
ejs }kjk i Lrfr fd; k x; k gA

2- vfLrRo eyd ekuo dflnr fpru dsivzejh ¼ - ulxjkt]  
vxgkj ulxjkt] ftyk gk u] duktwd inskj Hkj r½ nh(k  
v/; kReoknh Kku osnd fopkj I gt mikl uk dez I s  
gpa

3- onkUr ds vuq kj Kku pcā I R; ] txr feF; k tcf  
cā I s tho txr dh mri fūk crkbz xbA  
mikl uk & noh norkvks ds I nkZ eA

- deZ                    % LoxZfeyusokys I Hk deZ'kk ds  
                       : i eA
- euq/keZ 'kkL= ea % pkj o.kz pkj vkJek dk fuR; deZ  
                       iLrkfor gA
- deZ dk.Mka ea % xHk I Ldkj Is eR; q I Ldkj rd  
                       lkyg iLdkj ds deZ dk.M ekU; gS  
                       , oamuds dk; Øe gA
- bu I cds v/; u I sejseu ea izu mHkj fd &
- 4-                    I R; e~ Klue~ vuUre~ cā Is mRiUu tho txr feF; k  
                       dS s gS rRdkyhu onKla, oa fo}kuk ds I kfk ftKkl k  
                       djus ds Øe ea egs %  
                       I ekf/k ea vKkr Is Kkr gkus dk vk'okl u feykA 'kkL=k  
                       ds I efk ds vklkj ij I k/kuk] I ekf/k] I a e dk; z I EiUu  
                       djus dh Lohdkr gba efs I k/kuk] I ekf/k] I a e dh  
                       fLFkr eal i wkl vfLrRo I gvfLrRo gk jgus ds: i ea  
                       v/; u] vuUko i wkl fof/k Is I e> dks i klr fd; k ftI ds  
                       QyLo: i e/; Lfk n'ku I gvfLrRookn okBxe; ds: i  
                       ea fodYi ixV gykA
- 5-                    vkn'kknh 'kkL= adsvuUkj & jgL; eyd bzoj dflnr  
                       fpuru Kku rFkk ijEijk ds vuUkj Kku v0; Dr  
                       vfuopuh; A  
                       e/; Lfk n'ku ds vuUkj & Kku 0; Dr opuh; v/; u  
                       fof/k Is ckxk xE; ] 0; ogkj fof/k Is i ek.k I oz I yHk gkus  
                       ds: i ea Li "V gykA
- 6-                    vfLfkrk] vfu'p; rk eyd Hkrdokn ds vuUkj oLrq  
                       dflnr fopkj ea foKku dks Kku ekuk ftI ea fu; ek dks
- eko u fufer djus dh ckr dgh x; h gA bl dsfodYi ea  
                       I gvfLrRo : ih vflrRo eyd ekuo dflnr fpuru Kku  
                       ds vuUkj vflrRo fLFkj] fodkl vlg tLxfr fuf'pr  
                       I Ei wkl fu; e iLdfrd gkuk jguk ifrikfnr gA
- 7-                    vflrRo doy Hkrd jkl k; fud u gkdj Hkrd jkl k; fud  
                       , oathou oLrq a0; ki d oLrqea vfoHkkT; orEku gS; gh  
                       pe; Lfk n'ku I gvfLrRooknB 'kkL= I # gA
- ### I R; ki u
- 8-                    efs t gk I s 'kj h ; k=k 'kq fd; k ogk ej s i oZt onefrz  
                       dgykrsjgA ?kj & xkp eaon o on fopkj I cfr kr onkUr] mifu"kn rFkk n'ku gh Hk"kk /ofu&/kq ds: i ea qusea  
                       vkr s jgA i fjokj i ja jk eaon I Eer mikl uk&vkjk/kuk&  
                       vpuk&Lrou dk; z I EiUu gk jgkA
- 9-                    gekjsifjokj ijEijk ea 'kkLdk dsfo}ku I okkkoh rFkk  
                       Je'khy 0; ogkj kH; kl , oadek; kl I gt jgk ftI ea s  
                       Je'khyrk , oal ok idfr; k jgk ds Lohdkj gykA fo}rk  
                       i k ea i zufplg jgA
- 10-                  i Eke izu mHkj fd &  
                       & cā I R; Is txr o tho dk mRifR feF; k  
                       dS &  
                       nUjk izu &  
                       & cā gh caku , oaeck dk dkj.k dS &  
                       rhl jk izu &  
                       & 'kn i ek.k ; k 'kn dk /kjd okgd i ek.k  
                       & vklr okD; i ek.k ; k vklr okD; dk mnxkrk

- i ek.k\
- & 'kkL= i ek.k ; k izkuk i ek.k\
- I ehphu ifjfLFkfr ea,d vkj izu mHjk %  
pkfkk izu &
- & Hkj r eaLorark dsckn I fo/kku I Hkk xfBr gyk  
ft I ejk'Vj jk'Vh; rk] jk'Vh; &pfj= dk I # 0; k[ ; k  
uk gkrs gj tuifrfuf/k ik= gkrs dh Lohdkfr  
I fo/kku eagukA
- okt&ukt 1/ku%xBcuku I stuksko tuifrfuf/k  
ds k\
- I fo/kku ea/keZfuij{krk & , d okD; , oaml h ds I kf  
vud tkfr] I ink; ] I epk; dk mYy{k gkukA
- I fo/kku ea l ekurk & , d okD; ] ml h ds I kf vkj{.k.k  
dk mYy{k vkj I fo/kku eaml dh ifØ; k gkukA
- turæ & 'kkI u eatuifrfuf/k; k dh fuokbu ifØ; k ea  
okt&ukt dk xBcuku gkukA
- ; s ds k turæ g\
- 11- bu izuka ds tatk I seDr iku ds rRdkyhu fo}ku]  
onefirz k I Eekuu; \_f"l&egf"l, k ds I p-ko I s &
- 1/2 vKkr dksKkr djusdsfy, I ekf/k , dek= jkLrk  
crk; sft I seLohdkj fd; kA
- 1/2 vKuk dsfy, vuply LFku ds: i eavejd.Vd  
dks Lohdkj kA
- 13½ I u-1950 I s l k/kuk deZvkjEHk fd; kA I u-1960  
ds n'kd ea l k/kuk ea i kfr vk; kA
- 14½ I u-1970 ea l ekf/k I EiUu gkrsdh fLFkfr Lohdkj us  
eavk; kA I ekf/k fLFkfr eaejsvk'kk] fopkj] bPNk; a  
pj jghA , d h fLFkfr ea vKkr dks Kkr gkrs dh  
?Vuk 'kk; jgh ; g Hkk I e> eavk; kA ; g fLFkfr  
I gt I k/kuk gj fnu ckjg 1/2½ I svVBkjg 1/8½  
?k/s rd gkuk jgkA
- I ekf/k] /kkj.kk] /; ku Øe ea l a e Lo; e~LQrZ  
izkkyh eLus Lohdkj kA nks o"kk ckn l a e gkrs I s  
I ekf/k gkrs dk i ek.k Lohdkj kA I ekf/k I s l a e  
I EiUu gkrs dh fØ; k ea Hkk 12 ?k. Vs I s 18 ?k. Vs  
yxrs jgA QyLo: i l awk vflrRo I gvfLrRo  
I gt : i eajguk] gkuk egsvutko gykA ft I dk  
ok³xe; pe/; Lfk n'ku I gvfLrRooknB 'kkL= ds  
: i ea i Lrj gykA
- 12- I gvfLrRo %& 0; ki d oLrqea l awk tM&pS; I idr  
, oafuR; oréku gkuk I e> eavk; kA
- I gvfLrRo eagh %& i jek.kq eafodkl Øe ds: i ea Hkks  
, oavth.kj i jek.kq , oa i jek.kq eagh fodkl i wld rlr  
i jek.kq ds: i ea pthouß gkuk jguk I e> eavk; kA
- I gvfLrRo eagh %& xBuiwkijek.kq pS; bdkbzpthouß  
: i eaguk I e> eavk; kA
- I gvfLrRo eagh %& Hkks o vth.kj i jek.kj v.kq o  
ik.kdkkvvka I s gh I EiWk Hkksrd jkl k; fud ik.kkoLFkk  
jpuk; aRkk i jek.kq v.kqka I sjfpr /kjrh rFkk vud /  
kjfr; k dk jpuk Li "V gkuk I e> eavk; kA

13- vflrRo eahkfrd jruk : ih /kjrh i j gh ; kx d fof/k l s  
j l k; u r= ifØ; k l fgr ik.kdkkkvka l s jfpr jruk; a  
l awk ou&ouLfr; k ds : i ea l e) gks ds mi jkr  
ik.kdkkkvka l s gh tho 'kjhj dk jruk jfpr gks vlg  
ekuo 'kjhj dk Hh jruk l Ei Uu gks o ijijk gks l e>  
eavk; kA

14- I gvfLrRo eagh % 'kjhj o thou dk lafr : i ea  
ekuo ijijk gks l e> eavk; kA

I gvfLrRo e) l \$ ds fy, % I gvfLrRo fuR; i Hkoh  
gks l e> eavk; kA ; gh fu; frØe gks l e> eavk; kA

15- fu; fr fof/k % I gvfLrRo l gt fof/k l s gh &

- inkfkl volFkk
  - ik.k volFkk
  - tho volFkk
  - Kku volFkk
- vlg
- ik.k in
  - Hkfr in
  - no in
  - fnØ; in
  - fodkl Øe] fodkl
  - tkxfra Øe] tkxfra

rFkk tkxfra l gt ekuo ijijk gh ekuoRo l fgr 0; oLFkk

l exz0; oLFkk eahkxhjkjh fuR; oHko gks l e> eavk; kA  
bl sefs l oz kjk l # ekuk vlg l ozekuo ea'kkki {kk gks  
Lohdkjk QyLo: i pruk fodkl eW; f'k{kjk l fo/kku]  
vlpj.k 0; oLFkk l gt l # 0; k[; k] ekuo l Ee[k i Lr  
fd; k gA

Hkje LoxZ gks ekuo nørk gks  
/keZ l Qy gks fuR; 'kk gks

& , - ulxjkt

vflrRo eiyd ekuo dñlhr fpru @1

## I ek/ku dsfcuk I ef) dh dYi uk Hh ughaf; k tk I drk

e/; LFk n'kü us ekuo y{; d" I ek/ku] I ef)] vHk;  
vKj I gvfLrRo ds: i eñigpkuk gA gj ekuo dk ; gh y{; gA  
I ek/ku dsfy, v/; ; u fof/k çLrkfor dh gA

I ek/ku] I ef) vHk; vKj I gvfLrRo Øe I sekuo }jk  
çekf.kr g"rs gA I gvfLrRo igysg" tk,] I ek/ku ckn eag"  
tk, ; g g" ughal drkA I ef) igysg" tk, I ek/ku ckn eag"  
tk, ; g Hh g" ughal drkA

0; fDr ds Lrj ij I ek/ku çekf.kr g"rk gA I ek/ku  
çekf.kr g"usdk eryc gSgj D; avkj ds sdk dk mÜkj Lo; aea  
I sfuxler g"usyxukA vuñko g" tkuk ¾ I e>nkjh ¾ I ek/ku  
I EiñurkA I e>nkjh dsfy, /; ku nsuk g"rk gA vuñko dsckn  
/; ku cuk gh jgrk gA

i fjokj dsLrj ij I ef) çekf.kr g"rh gA vko'; drkvka  
dk /kphdj.k i fjokj eagh I Hhko gA fuf'pr vko'; drk dsfy,  
fdruk vKj ds smRiknu djuk gJ ; g fuf'pr fd;k tk I drk  
gA vfuf'pr vko'; drkvka ds fy, mRiknu fdruk djuk gJ  
; g fuf'pr ughag" i krkA I ek/ku dsfcuk I ef) dh dYi uk Hh  
ughad h tk I drkA Je I s I ef) g"rh gA

I Eiwzuko tkfr dsLrj ij vHk; çekf.kr g"rk gA tc  
rd I Eiwz /kjrh ij I Hh ekuoh; rk iñd ugha thrs rc rd  
vHk; çekf.kr ughagrkA e/; LFk n'kü dsykd0; ki hdj.k dk I  
gS I ek/ku vKj I ef) A I ek/ku] I ef) i ek.k ds fcuk bl  
iñrko dk y"d0; ki hdj.k ughag" I drkA y"d0; ki hdj.k f'k{k  
fofk I s g"xa

pkj"avoLFkkvñdsI kfk I gvfLrRo i ek.kfr g"rk gA pkj" a

2@e/; LFk n'kü ij vKj/fjr I okn

voLFkkvñdsI fujrjrk þjguß ds: i eaçekf.kr g"uk gh I gvfLrRo  
çekf.kr gA bl ds i gys ekuo d" I ek/ku] I ef) vKj vHk; d"  
çekf.kr djuk g"xa

1/2008] cay"j½

## Lkek/ku dh xfr I ef) ds I kfk gs

I e>nkjh ds ckn gh geljk U; k; iñd] I ek/ku iñd  
thuk curk gA I ek/ku dh xfr I ef) ds I kfk gA

e/; LFk n'kü dsçLrj g"usdsigys, k I pk tkrk FkkA  
I e>nkjy x"ad h t+ jr"adsfy, I kexh I ekt mi yCk djk, xka  
bl rjhds I s I k/kuk djusokys I k/kuk gh djrsjg x, A I k/kuk  
dsQy d" I ekt vKj ijEijk rd i gpk ugha i k ft I I ekt  
us I k/kuk djusoky"ad" I j{k.k fn; k ml I ekt dh xfr dsfy,  
mul s d" A I # ugha fudyka bl rjhds I s 0; fDrokn vKj  
I epk; okn gh fudyka ft I I s /kjrh gh chekj g" x; h gA

I ef) ds I kfk gh ge I ek/ku d" xfr'ky cukrs gJ  
çekf.kr djrs gA I e>us ds ckn d" A p"j h vijk/k ugha dj  
I drkA I e>usdsckn I ef) Hhoh g" tkrh gA I ek/ku] I ef)  
ds fcuk d" A 0; oLFkk ea th ugha I drkA 0; oLFkk dk ijyk  
<kp&[kp& I ek/ku] I ef) ij vKj/fjr gA I ek/ku] I ef)  
çekf.kr g"usdsckn vñneh ds i kl mi dkj djusdsvykok dN  
cprk Hh ugha gA turk ds i s I s; k nku&pñk vfn I smi dkj  
r" ugha g" I drkA ; fn turk ds i s I s nkuk [krs gA r"  
gokckt ds vykok ge dN dj Hh ugha I drkA gokckt dk  
eryc nñj"adk i s k eljuk vKj Hh"k.k ckt dsjukA I ek/ku  
vf/kdkj ea ij eñk viñk LohÑr ugha g"rkA I el; k I s xfI r  
0; fDr gh ij eñk viñk djrk gA

I e>nkjh I s I aüu g"usdsckn ; g vkrk g"ge I ek/ku]

vflrRo eiyd ekuo dñlñr fpru @3

I ef) iñld nkf; Ro"ad" Hkh ijk dj I drsgA tho psuk eapys  
I k j d" >us ds ckn gh ge I exz 0; oLFk eHkxhnkjh djus  
dsfy, Lo; ars kj g" ikrsgA bl d" ?kk; y cuk dj] dkV dj  
d"Ã jkLrk ughagA ge tc ijk I e> tkrs gA ged" vi us ea  
I ef) iñld thus dh reht vk tkrh gA ml ea ifjokj tu"ad  
Hkh I rñ"V g" tkrh gA bl fy, ge vPNs dke" eayx I drsgA  
; g ckr gj 0; fDr ds idM+eavk I drk gA ejis idM+ea; g vk  
I drk gA r" ckdh y"xa ds idM+ea dS s ugha vk; skl I lkuk  
dky ea es fojfDr fof/k I s gh jgkA 55 o"kl dh vk; q ea es  
I ekf/k I a e I smBus ds ckn I ef) ds dk; ðe cokus eayxkA  
vkt dh fLFkfr ea ml I s I Hkh vPNs gh gA

1/xLr 2006] vejdl/d½

### i s ds vkcju I sfdl h dks I rñ"V ughagS

i s ds pDdj I sfdl h ,d 0; fDr d" Hkh I rñ"V  
ughafeyhA i s dks I a g djs tkrsgA" vkg I a g djs dh  
txg cuk gh jgrk gA i s d" ckVus hku vkn dju" tkrsgA  
r" vkg ckVus dh txg j[kk gh jgrk gA i s d" xkMs tkrsgA  
r" vkg xkMs dh txg cuk gh jgrk gA bl I s I rñ"V dh txg  
r" dHkh fdl h d" feyrh ughagA bl dsrflr fcUnqdh d"Ã txg  
gh ughagA bl dsrflr fcUnqdh d"Ã fn'kk Hkh ughagA Lo; age  
i s I s I rñ"V g" ugha l drA i s d" ckVus I s Hkh I rñ"V ughag"  
I drA T; knk i s sbdBk dj fy, ml I s d"Ã I e>nkj g" x; k  
g"] ; g çekf.kr ughagvka dN Hkh i s sughaj [k dj] ?kj ckj cp  
dj d"Ã I e>nkj g" x; k g"] ; g Hkh çekf.kr ughagvka T; knk  
de yxk gh jgrk gA u T; knk earflr gA u de earflr gA u  
gh chp dh fdl h fLFkfr ea i s ds pDdj eay{; I fo/kk I a g  
gh curk gA I fo/kk I a g dk d"Ã rflr fcUnqughagA fdruk Hkh  
dj y" vkg pkfg,] ; g cuk gh jgrk gA i s ds pDdj eekuo

4@e/; Lfk n'klu ij vklkfjr l okn

dh I rñ"V dk d"Ã fuf'pr Lo#i fudy gh ugha l drk bl ckr  
ij ge ,d fu'p; ij igp I drsgA

e/; Lfk n'klu I sekuo ds I rñ"V dk Lo#i fudyk  
I ek/kku] I ef) A I ek/kku] I ef) ,d fuf'pr y{; gA I ek/kku]  
I ef) I oLekuo dsfy, rflr fcUnqgA I ek/kku] I ef) I c d"  
fey I drk gA I ek/kku I s igys I ef) g"rk ugha l ek/kku ds  
fy, v/; ; u gA I ek/kku dk vFkzSvk/; kRed] oþkfjd] 0; ogkfjd  
vkg Hkfrd I Hkh epnaij ijh rjg I y>k g"rk g"ukA I ek/kku  
vk/kk&v/vk ughag"rkA I ek/kku I a llu ifjokj vi uh vko'; drkvk  
dk fu'p; u djrk gA vko'; drkvk dk fu/kk.k I ek/kku I a llu  
ifjokj eagh I EHko gA fuf'pr vko'; drkvk dsfy, mRi knu  
dk; l d" fuf'pr fd; k tk I drk gA vko'; drk I s vf/kd  
mRi knu djds I ef) dk vutko fd; k tk I drk gA

n" I ek/kku] I ef) I a llu ifjokj a eafdl h Hkh epns ij  
[kprku g" gh ugha l drhA vkg i s ds pDdj ea [kprku ds  
vykok dN g" ugha l drkA

1/tu 2008] cay"j½

### 'kñn dk vFkz

'kñn dk vFkz g"rk gA

vFkz ds eiy ea vflrRo ea oLrqg"rk gA

oLrqd" bfxr djuk gh 'kñn dk dke gA

ml d" igpku ysk ekuo dk dke gA

igpku fy; k ¾ I e> ea vk; kA

ughagpuk ¾ I e> ea ugha vk; kA

igpku ijk g" tkuk ¾ v/; ; u ijk g"ukA

vflrRo eiyd ekuo dñlhr fpru @5  
v/; u ijk guk ¾ l gvflrRo #ih vflrRo ea c/k  
l illu gukA

1/xLr 2006] vejdl/d½

### 0; oLFkk dk vklkj ifjokj g§

e/; Lfk n'ku l sekuoh; 0; oLFkk dk vklkj ifjokj g§ ; gh  
fudyrk g§

bl l s igys 0; oLFkk dk vklkj pjktlß crk; k FkkA t"  
vl Qy gylA jktkvadsrj&rjhda d" y" x igpku x, vlg  
mud" udkj fn,A

ml ds ckn 0; oLFkk dk vklkj pl Hkkß crk; kA og Hkh  
vl Qy g" pdk g§

0; oLFkk dk vklkj ifjokj gh g§ l ek/ku] l ef) dk  
cek.k 0; oLFkk dk igyk cht : i ifjokj gh g§ bl txg ea  
ekDl zughaigpkj bl txg eaeuq/euq/kez'kk=½ughaigpkj bl  
txg ea, Me fLeFk ughaigpkA bl txg eavkt rd d"Å ugha  
igpkA

ifjokj nsk dh 0; oLFkk dk vklkj g" l drk g§ ; g vHkh  
rd fdl h nsk eaughag§

eps bl d" igpkuus dk l çLkk; feyk ml d" eñmrl o  
ekupfd ugha

0; oLFkk dk vklkj ifjokj g§ u fd l Hkk] u fd 0; fDrA  
vc eñ ; g l "prk g" ¼, d xke ea LojkT; 0; oLFkk çekf.kr  
djuk] ½, d d{kk , d l s ckjg rd , d fo|ky; çekf.kr  
djuk ½ l e> ij vklkjfjr½ ; sn" fjDr Lfkfy; k gsvHkhA bu  
n" txg çekf.kr g" us ds ckn ; g nkoku g§ bl ckr dh  
vko'; drk g§; g /ofu ds: i eaigp jgk g§ vklkj : i ea; g

6@e/; Lfk n'ku ij vklkjfjr l okn

mrl kg ds : i ea Hkh fn[krk g§ Hkkxhnkjh dh ckr ml dh  
vklkjdrk ea fn[krk g§

bl dh vko'; drk r" vk x; h g§ bl d" vki ds sdjks  
; g vki ds Åij fuHkj g§ rduhdh r" vki ds ikl g§

1/xLr 2006 vejdl/d½

### iLrkouk l eh{k} fu.kz

vutko eiyd fof/k l sckrphr djus ds rho gh Hkkx g§

1½ çLrkouk

1½ l eh{k}

1½ fu.kz

çLrkouk dk eryc g§viuh ckr d" j [kukA çLrkouk ds  
: i ea e/; Lfk n'ku dh fdl h Hkh ckr d" j [kk tk,A ml d"  
tkpus dk vf/kdkj l keusokys 0; fDr ds ikl g§ ml h rjg gj  
l qh g§ ckr d" çLrkouk ds: i eagh fy; k tk,] ml d" njs  
dh vogsyuk ; k foj"/k djus ds fy, ughafy; k tk,A

"kk t" ?kVr ugha gyl vi{kk ea gh jg x; k ml dh  
l eh{k} g" r h g§ t" çekf.kr g" x; k ml dk gh eW; kdu g" rk g§  
ftl dh l eh{k} dj jgs g§; fn ml l sHkfo"; ea vi{kk ughaj[kr]  
r" og foj"/k gh g" tkrk g§

rhl jk ckrphr dk Hkkx g§fu.kz A fu.kz g" rk g§dk; l "tuk  
ds vFk l bl dk eryc ge fdl rjg viuh l e>nkjh d"  
çekf.kr djks bl ckr dk fu.kz g" rk g§

### KukoLFkk dk oško

I Ükk 0; ki d g" us ds vklkj ij fu; fr fof/k l s l gvflrRo  
ea mnns; cuh pkj'a voLFkkv dk çekf.kr g" ukA p"l voLFkk

vflrRo eiyd ekuo dñlñr fpru @7  
vKukolFkk½ ea l gvfLrRo l gt çek.k eagh ijEijk curk gA  
; gh Kku volFkk l gt oñko gA ; gh tkxfr dk vFlzgA

### Kku dh ckr

'kñ] Li 'ñ : i] j1] xñk bñlae; "a dk t" Kku gS og  
fdl d" gñrk gA 'kjñj d" gñrk gS ; k 'kjñj dsvykok vlj fdl h  
d" gñrk gS foxr ea Kku] Kkrk vlj Ks cge d" gh crk; kA  
I kfk gh cge d" vñ; Dr vlj vfuopuh; crk fn; kA vc Kku  
t" opuh; Hkh g] ge l e> Hkh I dñ l e>k Hkh I da, usged"  
pyuk gA Kku dk eryc gh ; gh gñrk gSt" eñl e> l drk gñ  
vlj t" eñl e>k ikrk gA

; gñ , d l ehñk g" l drh gñfoxr usged" D; k fn; kA  
foxr l svk; h vkn'kñkn vlj Hñrdokn vñuke foKku½ usged"  
D; k fn; kA vkn'kñkn us ged" 'kñ Kku fn; k ftl ds fy,  
ml dk /kU; okn gA Hñrdokn vñoKku½ us l Hkh rjg ds ñdkyß  
vlj ñnskß ds uki &rñy dh fof/k; kñ nh] ftl l s dk; l d" igpkuk  
x; k ftl ds fy, ml dk /kU; okn gA vc ckdñl vlj D; k Kku dh  
t+ jr gA /kjr chekj g" x; h gñvc vkn'kñkn vlj Hñrdokn  
l sbl dk dñA jkLrk fudy ughajgk gS bl fy, ged" budsvkxs  
l e>us dh t+ jr gA ; gh vñkj fcñq gS e/; Lf k n'kñ dk  
v/; ; u 'kñ djus ds fy, A ñvko'; drkß ds vFlz ea , d /kñ  
j [kuk i MñckA ; fn vko'; drk gh ugha gS r" ge v/; ; u D; "a  
djñk bl /kñ d" Hñyuk ugha ; fn /kñ d" ugha j [krs r" nsk  
vlj dky dk fu.kñ ds sdjñxñ bl /kñ ds vñkj ij i rk pyrk  
gS geusbrusñk vlj dky eaD; k fd; kA ml h ds vñkj ij ge  
dk; l d" r; djrs gA

dk; l dh igpkuk Hkh Kku gh gSfØ; k Kku ds: i eñ Kku  
vlj fØ; k eaD; k vñrj gA Hñrd l dñk j eñdk; l Åtkz gñrh gS  
rñkh r" Hñrd l dñk fØ; k'kñy gA eiy Åtkz 0; ki d gh gA

8@e/; Lf k n'kñ ij vñkñfj r l ñkn

ekuo eñdk; l Kku gh dk; l Åtkz gA ekuo eñdk; l Kkuß gñrk  
gS ; g ckr ijEijk eñvk pñph gA bl vñkñij ge dk; l dk  
çf'kñk.k yñs gA vc dk; l Kku ds eiy ea t" çofük gSml s ge  
l Kkuß dg jgsgA ; g ogh eiy Åtkz gA ; g ogh l kE; Åtkz gA  
ekuo ea; g Åtkz Kku dsLo#i ea t" gA ñgñuß ds vñkj ij  
l kE; Åtkz ñguß ds vñkj ij dk; l Åtkz dh igpkuk gñrh gA

bl ckr d" vPNs l s Mñ ds l e> yñA ; g ; fn pñrk  
gS r" ge iñ% i Vjh l smrj tk; xñA

WxLr 2006 vejdzd½

### gj deñQyorth gñrk gS

gj fØ; k dk Qy gñrk gA gj 0; ogkj dk Qy gñrk gA  
ge t" dñN Hkh deñ djrs gA l prs gA c'ys gSml l s ; k r"  
l eL; k gñxk ; k l ekñku gñxkA rhl jk dñA deñ dk Qy ugha  
gñrkA

tkxfr dh fn'kk i dñMñ ds ckn Jki] rki vlj i ki rhuñ  
[kñ g" tkrs gA tkxfr ds i kl vñus l s igys iñZdeñ dk Qy  
thou Hñx pñrk gA ftl {k.k l s gekjh çofük l gh dh vlj g"  
tkrh gSml h {k.k l s gekjs}jkj iñZedh x; h xyfr; "adk çñkko  
ge ij l s [kñ g" tkrh gA

WxLr 2006 vejdzd½

### I e>us eardz ugha gS l e>us ds fy; s rdz gS

rdz l s ge dñBr gñus dh txg eñigprsgA gj ekuo  
ea t" l ñkh gñus dh l; kl gSml d" igpkuk yñs ij ml d" ijk  
djus ds fy, t" v/; ; u djuk gS og ge djus ea yxrs gA  
l dkjñRed Hñx d" yñj l; kl gj 0; fDr eñcuk gñyk gA

ofnd fopkj ea fuñk dk ç; "x djdsdgk x; k fd ml l s

vfLrRo eiyd ekuo dñlhr fpru @9

gj 0; fDr eafof/k dk mn; g" xKA vFkk~; g I PpkA ughag; g Hh I PpkA ughagSbl rjhdsI soñnd fopkj dk çLrfjr jgkA bl rjg ; g I "pk x; k Fkk fd , s djrsdjrs, d , h txg eai gp tk; x ft l eage døy pt" I PpkA gß ml rd igp tk; xog çekf.kr ughag i k; kA

e/; Lfk n'klu dk rjhdk gßpt" gß ml dk v/; u djukA vfLrRo gßgh ml h dk v/; u djukA I Eiwk vfLrRo D; "ags vlg ds k gß; g Li "V g"ukA vfLrRo eagh vfolkkT; ekuo D; a gß ds k gß vlg ds k jguk gß bl dsvykok dN cprk ughagA bl dsckn v/; u dk v/; k; gh ijikA

1/tuojh 2006] vejd/1%

þg"ukB vfLrRo ea cxVu fof/k Is gA vfLrRo ç; "tu'khy gßbl fy, bl eamùkj ükj fodkl Øe vlg tkxfr Øe dk Øfed cxVu Hkkoh gA bl Øe eainkFkkBLFkk I e) g"us ij ck.k voLFkk cxV gA ck.k voLFkk I e) g"us dsckn tho voLFkk cxV gA tho voLFkk I e) g"us ij Kku voLFkk 1/eko/ cxV gA þg"uB d" pkj a voLFkk, a çekf.kr djrs gh jgrs gA ekuo eagh þg"uB vlg þjguB n"uad" çekf.kr djus dh ckr jgrh gß þg"uB ds vFkk eavfLrRo ea l kjk cxVu fodkl Øe] fodkl vlg tkxfr Øe dsLo#i eayk gA þjguB dk fodkl ekuo d" gh djuk gA

þg"ukB I Hh voLFkkvka dk drD; gß vfLrRo eajg bdkA fu; fr Øe eavius cxVu ds vuq kj vi us þg"uB d" cxVu djus ds fy, ck/; gA

þjguB ekuo dstkxr g"usij gh çekf.kr g"rk gA þjguB dk n"vk ekuo gh gA

þg"uB ds cxVu Øe eaeuko tkfr bl /kjh ij cxV

10@e/; Lfk n'klu ij vkkfjr l økn

gA ekuo ds cxVu gßqfi Nyh I Hh voLFkk, a l ryu eajghA ekuo Lo; a vI rfyrr g"us ds dkj.k fi Nyh I Hh voLFkkvka ds I kfk glr{ki fd; k ft l l os I Hh foÑr gqA tkxr ekuo ds I kfk gh ekuoÜkj çÑfr ds l rfyrr jgusdh 0; oLFkk gA ekuo d" N"m+ dj ekuoÜkj çÑfr ds l ryu dk d" vFkk Hh ughagA ekuo l s de ea l ryu dh l Eiwk g"rh gh ughagA fi Nyh voLFkkvka ds l ryu dk ç; "tu ekuo d" ixV djuk FkkA ekuo vius ç; "tu vlg buds ç; "tu d" vc rd ugha igpkuk bl fy, ftruk ddeZ djuk Fkk l c dj fn; kA

ç; "tu dk Lo#i pkj a voLFkkvka ds I kfk gh Li "V g"rk gA þg"uB vlg þjguB dk Lo#i ekuo tkxfr iØd pkj a voLFkkvka ds I kfk l gvfLrRo ds Lo#i eäçekf.kr djrk gA tkxfr vfLrRo dk ç; "tu gA ekuo gh tkxfr ds çek.k d" çLrfjr djrk gA

1/cxyjj] t 2008/

### ftKkl k ik=rk vlg vfHk; fDr

ftruk rø ftKkl k djrs g"] mrus d" l e>us dh /kjk d&okgdrk 1ik=rk rfgkjs ikl jgrk gA tc rød" ml dk mÙkj fey tkrk gß r" og rfgkjs 0; ogkj eäçekf.kr g"us dh JÙkyk cu tkrh gA

ftKkl k ik=rk dk , d vuqku gA ik=rk gßrHh ftKkl k djrs gA ftKkl k ds vuq i l e>us dsckn gh vki dh ik=rk çekf.kr g"rh gA ; g ckr gj 0; fDr ds I kfk gA ftruk ge ftKkl k djrs gßml ds mÙkj d" yøj pyus dk vf/kdkj ge ea cuk jgrk gA

ftKkl k d" vkošk ughagA eiy ftKkl k vkošk ughagA vkošk ds fy, d" l ðk"k fcññq pkfg,A ftKkl k ds mÙkj ea

vflrRo eyd ekuo dñlnr fpru @11

vfHk0; fDr ḡrh ḡsvutko I allu 0; fDr ds }kjKA vfHk0; fDr Lo; a LQñzḡrh ḡs vkošk nñ jsdsdkj.k I sḡrk ḡA vki dh ftKkl k dk mñkj djrsq̄ ej̄ ij d̄A ncko ; k vkošk ugha ḡA vkošk fof/k I s I PpkA dk irk ughayx ikrkA ge I PpkA dsfcñnq I s pñd tkrs ḡA

ftKkl k vkḡ vfHk0; fDr ea vkošk ugha ḡrkA bl fy; s buea I kejL; rk ḡus dh viñk jgrh ḡA ; ḡ exy eñh dk vuje I ñ ḡA ; ḡ exy eñh dk I ñ niñ&niñ rd Qs tkrk ḡA

1/1xLr 2006] vejdlvñd

### uki &rk̄y vkḡ vko'; drk dk fu'p; u

foKku I s uki &r̄y djus ds rjhdsfeyA Nñks vkḡ cMñ nñuñLrjk̄ ija bu uki &r̄y a I s d̄A I rñV dk fcñnq feyk ugha vkḡ NñVk ; k vkḡ cMñ uki I drs ḡ ; ḡ geskk 'kñ jgrk ḡA fdruk Hñk NñVk uki yavkḡ NñVk uki I drs ḡ ; ḡ dYi uk tkrh gh ḡA fdruk Hñk cMñ uki yavkḡ cMñ uki I drs ḡ ; ḡ dYi uk tkrh gh ḡA fdruk uki "xñ dḡk rd uki "xñ ge ftruk uki rs ḡmI I svkḡ vf/kd uki us dh viñk ; k vḡrk ge eacuk gh jgrk ḡA

uki uk vkḡ r̄yuk ge vko'; drk ds vuñkj gh dj ik; xñ uki uk r̄yuk ge viuh vñkk ; k viñk ds vuñkj dj ugha ik; xñ thou 'kfDr; k̄ vñk; ḡ bl fy, geljh vñkk vkḡ viñk vñk; ḡA vñkk ; k viñk ds vFkzeavko'; drk d̄ feykuk vñkk vñk'; drkvñdkh ifñzdsfy, gh ge mRiknu dk; z djrsq̄ bl çdkj ge viuh vñkk vkḡ viñk ds vFkzeavus mRiknu dk; z d̄ fuf'pr dj gh ugha l drA

dk; z dk fu'p; u rñk ḡ I drk ḡ tc ge viuh vñk'; drkvñdkh fu'p; u dj ik, A fuf'pr vñk'; drkvñdkh

12@e/; Lfk n'kñ i j vñkkfjr lñkn

fy, D; k vkḡ fdruk mRiknu dk; z djuk ḡ ; ḡ vñk kuh l sr; fd; k tk I drk ḡ v/ ; uiñd I ek/ku d̄ ge çkñr dj yrs ḡA I ek/ku fuf'pr ḡvkḡ I orñeñk ḡA bl fy, I ek/ku iñd ge viuh vñk'; drkvñdkh fu'p; u dj I drs q̄A vñk'; drkvñdkh fu'p; u I ek/ku ds i gys ḡ ugha l drk D; id thou ea vñkk vkḡ viñk d̄ I a r djus dk vñkkj I ek/ku I sgh vñrk ḡA

vñk'; drkvñdkh fu'p; u i fjokj dh I hek eagh I EHk0 ḡs vñdys ea ugha i fjokj gh mRiknu dk; z dh eybdkñ ḡA i fjokj eavko'; drk dsfu'p; u I sJe fu; "tu iñd vñk"; drk I s vf/kd mRiknu djds I ef) d̄ çekf.kr fd; k tkrk ḡA I ek/ku] I ef) I allu i fjokj gh 0; oLFkñ ea Hñkxhnkjñ djus ds ; X; ḡrk ḡA

1/1xLr 2006] vejdlvñd

### dYiuk'ñhyrk vkḡ deLorñrk dk rñflr fcñnq

n" fLFkfr; k̄ ge vius I keus nñk I drs ḡ %

1/1/kj rh dk chekj ḡukA

1/1/0; ki kj dk 'k"k.k xLr ḡuk 1/1ñk&mñkfnrkñ/

ekuo ds ikl LoRo ds : i eñt" dYiuk'ñhyrk vkḡ deLorñrk ḡtc rd ml ds rñflr fcñnqd̄ ge ugha i gpkusx rc rd bu nñuñafLFkfr; "adk nokñ ughacu I drkA

vñkk ge dkj [kuseat" mRikn rñk j dñrsḡ mud" yñkk ds vñkk i j gh cktkj eacprsḡA vñkk rd Hñkñrdoknh fof/k I s ; gh ekuk x; k þðøy I {ke 0; fDr d̄ gh thusdk vf/kdkj gñB vñke 0; fDr d̄ thusdk vf/kdkj ugha ḡ , k Hñkñrdoknh I "p I sfudyrk ḡA I {ke vkḡ vñke d̄ bl fof/k I s igpkusx, r"

vflrRo eiyd ekuo dñlñr fpru @13

; g fudyk %T; knk i\$ k ¾ T; knk I {keA de i\$ k ¾ v{keA bl <k I s T; knk de okyk fLFkr cuk gh jgsxkA bl rjg fdrus y" x" ad" v{ke dg dj ekjk tk,] dkVk tk,] vyx fd; k tk, vls fdrusy" x" ad" /kjr h ij jgusfn; k tk, \ bl rjg I sñlV çofulk curh gA bl çofulk ds vlk/kkj ij gj nsk us vi uk I hek I j{kuk cuk; kA bl dsvlk/kkj ij gh /kjr h dk 'k" k.k gyk vls /kjr h chekj g" x; hA ; g bl fy; s gyk D; fd dYiuk' khyrk vls deLorark dk rflr fcUnqekuo tkfr d" gkfk ughayxkA ; g ckr ekuo ijEijk eaughag\$ v/; u evkt rd ughag\$ f'k{k ekvkt rd ughag\$ I fo/kku evkt rd ughag\$ u gh 0; oLFkk eaga dYiuk' khyrk vls deLorark ds rflr fcUnqds çekf.kr g" us dh xokgh bl /kjr h ds fdI h nsk evkt rd ughagA

dYiuk' khyrk vls deLorark ds rflr fcUnq d" ges i gpkuk g" xkA ml I s i gys ekuo tkfr vijk/k çofulk I sefr ughag" I drkA ekuo ds I kfk fd; k gyk vijk/k Hkh vrr" xRok /kjr h ds I kfk gh tMfk g\$ I se frf/k I s l "par" ged" ; g irk pyrk gA

e/; LFk n'klu ds vuñlku I s fudyk I gvfLrRo ea vuñlko gh ekuo dh dYiuk' khyrk dk rflr fcUnqgA tkxfr d" çekf.kr djuk gh deLorark dk rflr fcUnqgA I gvfLrRo ea v/; uiñl bl rflr fcUnqrd igpk tk I drk gA bl ds vylk bl rflr fcUnqrd igpusdk vls d" A jkLrk ughagA bl rjg dYiuk' khyrk vls deLorark ds rflr fcUnq d" igpkuusdk çek.k gSvijk/k ePrA

WxLr 2006 vejdñdñ

### rflr dh vi{k k vls rflr dk iek.k

I oz ekuo ea rflr dh vi{k k gA

14@e/; LFk n'klu ij vklkfr l økn

HkfDr fojfDr fof/k I s rflr dk çek.k ughafeykA I fo/kk I xg fof/k I s Hkh rflr dk çek.k ughafeykA

ç'u%rflr dsfy, D; k fd; k tk, \

mÙkj%Lo; aeafo'okl I a Üu gyk tk, A

; g mÙkj e/; LFk n'klu ds vuñlku I s fudykA

Lo; aeafo'okl I gvfLrRo ea v/; u fof/k I s vLk, xk mi nsk fof/k I s vLk, xk ugha ?Vuk fof/k I s vLk, xk ugha ejsrir g" tkus ek= I s I Hkh rlr g" tk; sk, sk g" rk ugha

WxLr 2006] vejdñdñ

### Hke I s tkxfr dh vls

Hkefer ekuo dh ifjHk"kk gS

U; k; dk ; kpd cus jguk vls xyrh djus ds vf/kdkj dk ç;"x djrs jguka

Hkefer ekuo d" xyrh djusdk vf/kdkj gA bl dh xokgh gSHkefer ekuo xyrh djrk gA ; g t" /kjr h chekj gA g\$ bl ds ey ea Hkefer ekuo gh gA Hkefer ekuo dh xyfr; a l s gh ; g /kjr h chekj gA gA

Hkefer ekuo d" U; k; djus dk vf/kdkj ughajgrk gA bl dh xokgh gSHkefer ekuo vi us I eñk a eñW; "a ½t\$ sfo'okl ] I Eeku] Lug vlfñd" çekf.kr ughadji krk gA Hkefer ekuo d" Hkh eñW; "adh vko"; drk g\$bl fy, Hkefer ekuo U; k; dk ; kpd cuk jgrk gA

ijh ekuo ijEijk gh Hkefer g" us ds dkj.k xyfr; k; c<rh xñA vijk/k c<rk x; kA vc tc /kjr h gh chekj g" x; h r" ml dh nokA [k"tus ds fy, Hkefer ekuo dk /; ku x; k gA ; g

vflrRo eiyd ekuo dñlhr fpru @15

nokA vkn'kbn vñj Hñrdokn nñu'a fopkj /kjkvka l s ugha  
fudy dsvk l drhA bu nñu'afopkj /kjkvka ij pysgq y'xa  
usfey dj bl /kjrh d' chekj fd; k gA bu nñu'afopkj /kjkvka  
dk fodYi pkfg,A og fodYi e/; Lfk n'klu gA e/; Lfk n'klu  
l gvflrRooknh fopkj /kjk d' yñj vk; k gA bl fopkj ea  
çl Dr g'us ij] bl d' viuk LoRo cokus dk fu'p; u g'rk gA  
, k fu'p; u g'us ij ml dsfy, v/; ; u djus ij ; g viuk  
LoRo cu tkrk gA l e>nkjh LoRo cuus ij tkxfr gh çekf.kr  
g'rh gß U; k; gh çekf.kr g'rk gß /kez gh çekf.kr g'rk gß l R;  
gh çekf.kr g'rk gA

WxLr 2006] vejdñ/dñ

### I ñk dh pkgr

'kjij d' thou ekuus ij thou dh l k<ñt> pkj fØ; k, a  
çxV g' tkrh gA l Hñh ekuo ea l k<ñt> pkj fØ; k, a fØ; k'khy gß  
bl dsçek.k ea l ñk dh pkgr çxV g' x; hA ; g pkgr ckdh l k<ñt>  
ikp fØ; kvka ds pkfyr gq fcuk ijk g'rk ugha gA

ç'u%þeñl ñk pkgrk gAB D; k bl rF; dk ejh cñ  
eñep'spc'/B i gys l sgh jgrk gß

mÙkj%ughA bl eac/k dh d'Ä ckr ugha gA ; g ñpkgrß  
gß t' eu ea thus dh vñk'kk dk gh Lo#i gA eu ea; g vñk'kk gh  
ofñk eñopkj vñj fpñk eabPNk rd igprk gA vñk'kk fopkj vñj  
bPNk ea l cl sT; knk rkdr bPNk eaqA bPNk ds vñk'kk ij gh  
vkxs v/; ; u dh 0; oLFkk j[kh gA

ç'u%þl ñk dh pkgrß ekuo ea dñ svk; k

mÙkj%ekuo us pkj fo"k; "a%kgkj] fuæk Hñ; vñj eñku½  
vñj ikp l ñsnukvka½ kcn] Li 'k : i] jI] xñk'keal ñk d' [k'tus

16@e/; Lfk n'klu ij vñk'kkfjr l okn

dk vtl izç; k ftl eaqog vI Qy jgkA ; gk vI Qy g'us  
ij gh ñl ñk dh pkgrß cuhA

e/; Lfk n'klu dsvuñ ñkku }jkj bl pkgr dsijk g'usdk  
jkLrk fey x; kA ; g jkLrk vñk'kkoxkeh fof/k ; k v/; ; u fof/k gA

1/2008] cñy'j½

### D; "avñj dñ s dk mÙkj

l ek/ku ¾ D; "avñj dñ s dk mÙkj

vflrRo gh l e>us dh oLrqgA gj oLrqD; "agSvñj dñ s  
gß; g l e> eavk tkuk gh l ek/ku gA ekuo gh l e>us okyh  
bdkA gA

gj oLrqçdk'keku gA bl dk eryc gj oLrqvi usvki  
d' 0; Dr djrh gA ; g 0; Dr djusdk Lo#i gß: ij xqk Lohkko  
vñj /keA bu pkj'a vk; ke'a d' feyk dj oLrqdh ij 0; k[; k  
l EHko gA

: i vñj xqk ekuo d' bñlæ; "a l s Hñh l e> eavkrs gA  
bl gha ds vñk'kk ij ekuo us ckdh rhu"avoLFkkvka dh oLrqkdk  
mi ; "x fd; kA fdñq Lohkko vñj /keZ l e> eaughavkus ds clkj .k  
ekuo dk bu voLFkkvka ds l Fk ijj d' g'uk ; k mi cdkj h g'uk ugha  
cu ik; kA ; gh deh jg x; hA bl l s vñk'kk ykA çñfr ea  
ekuo rHñh çxV gyk tc ckdh rhu"avoLFkkvka ds }jkj i fjfLFkfr; k  
ekuo ds thus ds vñpdy cu x; h FkA ekuo l s /kjrh dh t'  
vko'; drk Fk] ml dk ekuo us fuolq ughaf; kA ftl l s /kjrh  
Lo; achekj g' dj ekuo d' crk nh fd vc ekuo d' /kjrh ij  
jguk gßr" ml d' iR; s bdkbze Lohkko vñj /keZ d' l e>uk gh  
i MñkA

fdl h Hñh bdkA dk Lohkko ml ds l gvflrRo l gt

vflrRo eiyd ekuo dflnr fpru @17

ç; "tu d" Li "V djrk gA d" Ā Hkh bdkĀ vflrRo eapd; "B gS  
bl ç'u dk mūkj ml ds Lohko d" igpkuus l sfeyrk gA  
Lohko gh oLrq dk eW; gS ; k eTydrk gA tc ekuo fdI h  
bdkĀ ds Lohko d" igpku ysk gsrc ml ds l kfk dS sfuokg  
djuk gS ; g ml d" Li "V g" tkrk gA

fdI h Hkh bdkĀ dk /kezml dsPgus d" Li "V djrk gA  
d" Ā Hkh bdkĀ vflrRo eapds gS bl ç'u dk mūkj ml ds  
/kez d" igpkuus l sfeyrk gA l gvflrRo eacxVu fof/k gSbl  
cxVu Øe eapkj avolFkk, aØe l scxV gA gA /kez 'kk' orh; rk  
ds vFlz eagA /kez d" çekf.kr djus ds vFlz ea Lohko gA

vflrRo ea l Hkh bdkbz a ds Pgus dh xokgh ekuo gh  
nsk gA ekuo gh n"Vl gA Pgus dk gh n'ku gA Pgus d"  
l e>us ds ckn gh ekuo tkxfr d" Pgus ds : i ea pkja  
voLfkvks ds l kfk çekf.kr djrk gA

1/2008] ckyj 1/2

### dky dh igpku

dky 3/4 fØ; k dh vof/kA

xf.krlRed Hkk"kk d" tc ç; "x ea yk; s rc fØ; k ds  
vk/kj ij dky d" igpkuuk 'kq fd; kA rdyhQ rc 'kq gA  
tc geusfo [Mu fof/k l sxf.kr djuk 'kq fd; kA , d oLrqd  
fo[kf.Mr djr&djrs bl ds , d Hkkx ds l kfk fdruk Pdkyß  
gvk] ; g tc fxuus yxs rc dky dk eiy vo/kj .kk i hNs Nw  
x; kA bl ds vk/kj ij t" dN Hkh fu"d" fudkyrs pys x, os  
l c xyr g"rs pys x, A

tS sekuo d" tc igpkuus tkrs g"vkJ ; fn ekuo d"  
ge fdI h dky [M ea igpkuusdk ç; kI djrsg"vkJ dky [M  
d" N"Vl vkJ N"Vl djrspys tkrs g"vkJ r" ekuo Lo; a, d fujrj

18@e/; Lfk n'ku ij vklkjfjr l økn

fØ; k gS ; g i dM+ea ugha vkrkA ekuo d" igpkuusdk vk/kj  
þfØ; k dh vof/kb ugha gA ftI fØ; k ds vk/kj ij dky d"  
igpkuuk Fkk tS s/kjrh dk l jt dsplj arjQ+pDdj yxkuk og  
Hkh vi us eafujrj gA fØ; k d" Hkykok nsuk eryc vflrRo d"  
Hkykok nsuk gA dky [M d" 'kk; djdsfdI h fØ; k dh l exrk  
d" igpkuusdk d" Ā rjhdk gh ughacprkA oLrqd" N"Vl+nrs gA  
xf.kr d" idM+yrs gA vflrRo d" Hkykok ndj t" Hkh fu"d" k  
fudkyrs gA os vijkf/kd gh g"rs gA xf.kr fy[kus ea vkrk gS  
ml l s d" Ā oLrqfeyrk ugha gA l kjh foKku dh n"Vl+xf.kr ds  
l kfk tMh gA

dky [M ds vk/kj ij d" Ā n'ku ughag"rkA vflrRo  
fuR; oréku gA oréku d" 'kk; djdsgekjh xfr igpkuusdh  
d" Ā txg gh ugha gA oréku d" 'kk; djds t" Hkh fu"d" k  
fudkyrs gA l c fujk/kj g"rs gA

1/2006] vejdlvdk

### Lo; adks dS s tkpA

ç'u%v/; u ea Lo; ad" tkpus dh ckr jgrh gA Lo; a  
d" ge dS s tkpA

mūkj%; g rhu fcUnyka eagrk gA  
1/2 D; k ; g çLrko eP l s tMh gS ; k ugha D; k bl d" e  
l e>k gw; k ugha  
1/2 D; k bl çLrko d" çekf.kr djusdsfy, eS ger gw; k  
ugha  
1/3 D; k bl çLrko d" eçekf.kr dj ik jgk gw; k ugha  
çLrko ds vudkj vkpj.k dj jgk gwfd ugha  
tS sl gvflrRo dk çLrkoA D; k eP sl gvflrRo l e> ea

vflrRo eiyd ekuo dñlñr fpru @19

vk; k eñ l gvfLrRo l s dñ s tñk gñ ; g vius d" tkpus dk  
i gyk emñk gñ nñ jk D; k eñ l gvfLrRo d" çekf.kr djus ds  
fy, l ger gñ rhl jk eñ l gvfLrRo ds çLrko d" dgñ rd  
çekf.kr dj ik jgk gñ

nñ jk mnkgj.k % l rku ds l kfk l EcU/kA D; k eñ s l rku  
ds l kfk l EcU/k l e> ea vk; k eñ viuh l rku ds l kfk dñ s  
l EcU/kr gñ nñ jk D; k eñ viuh l rku ds l kfk l EcU/k d"  
çekf.kr djus ds fy, l ger gñ rhl jk D; k eñ viuh l rku ds  
l kfk l EcU/k d" çekf.kr dj ik jgk gñ

Lo; ad" tkpus l s gh v/; u l Qy gñrk gñ e/; Lfk  
n'ku l s Lo; ad" tkpus dk , d B'l vlkkj fey x; k gñ

1/çay"j] tñ 2008½

### ccksku dñ s gñuk pkfg,\

ç'u%e/; Lfk n'ku dk çc"/ku dñ s gñuk pkfg,\

i Bu fof/k l § Hkk'k.k fof/k l § minsk fof/k l s; k çek.k  
fof/k l A

mñkj%çek.k fof/k l sgh çc"/ku l kfkd gñ çek.k fof/k l s  
çc"/ku dk eryc gñbl l R; ki u ds l kfk çLrñ gñuk pt" eñdg  
jgk gñ ml d" eñ l e>k gñ i kñxr gñvñg thrk gñB ml l s de  
eaçc"/ku l Qy ughag" l drkA

ç'u %tc rd i kñxr ughaq gñrc rd D; k djñ

mñkj% i kñxr gñus ds fy, v/; u dñft; A rc rd  
i wñk ds l UnHñk ds l kfk viuh flfkr d" Li"V djrsq çLrñ  
dñft; A

1/çay"j] tñ 2008½

20@e/; Lfk n'ku ij vlkkjfr l okn

### v/; ; u dky

ç'u%v/; u dky eaep eamRI kg vlñ mRI o dk D; k  
vlkkj gñ\

mñkj%v/; u dky ea tc eñbl ckr ea i Ddk g" tlñ  
fd ñes l e> l drk gñB r" og h ejsmRI kg vlñ mRI o dk B'l  
vlkkj cu tkrk gñ tc eñ; g eku yrk gñ fd ñes ugha l e>  
l drkA B'r" og ejsfu#RI kg vlñ fujk'k dk Lo#i cu tkrk gñ  
v/; u ijk gñus ds ckn Lo; a ea vuñko çek.k gh mRI kg vlñ  
mRI o dk fuR; vlkkj gñrk gñ

ç'u%v/; u djkusdsfy, L=k 0; fDr d" dñ sigpkuk  
tk,\

mñkj%v/; u dk L="r vflrRo gñt" l cdsfy, l eku  
gñ ml ds ckn L="r 0; fDr dh ckr gñ l ek/kku l ef) vñlk;  
l gvfLrRo d" t" çekf.kr fd; k gñ og h v/; u djkusdsfy,  
L="r 0; fDr gñ bl ds igysL="r 0; fDr gñrk ughapks dñ Hñ  
dj y"! l gvfLrRo ds <kpseagh dñ , l k gñ

1/çay"j] tñ 2008½

### iek.k vlñ ftKkl k ds l a kñ ea v/; ; u gñrk gñ

vñko eiyd fof/k l sft, fcuk dñA v/; u djok ugha  
l drkA v/; u çek.k vlñ ftKkl k ds l a" x eagh gñrk gñ çek.k  
thuseagh gñrk gñ çek.k dk Lo#i gñl ek/kku vlñ l ef) iñd  
thukA

1/çay"j] tñ 2008½

### e/; Lfk fØ; k dk Lo: i

e/; Lfk fØ; k og gñt" l e vlñ fo"ke l svçñkfor jgrk

vflrRo eiyd ekuo dñlñr fpru @21  
gsvlg I e vlg fo"ke fØ; kvld" lñfyr cuk dj j[krk gA  
bl ds n" Lo#i gA

## 1½ i jek.kqe l rgyu

i jek.kqe l rgyu cuk, j[kus dh t" ckr gS og ml ds  
e/; lk }jkj gA ; g ifjoslk; vñk'ad" fuf'pr vPNh njh eaLFkr  
djus ds : i eag'rk gA

## 1½ pkj" a voLFkkvla ea ijLij l rgyu

bl ds clæ eæ ekuo gh gA pkj" a voLFkkvla d" lñfyr  
cuk dj j[kuk ; gh ekuo dsKku voLFkk eaçfr" Bk dk oñko gA  
ekuo tc rd Hker gsrc rd pkj" a voLFkkvla ds lñfyr jg  
ikus dk d" A Lo#i gh ughafudy l drkA ekuo tkfr Hkeo'k  
e/; LFkrk ds bl Lo#i d" çekf.kr ugha dj ik; k mYVs  
vijk/k eaxfl r g" x; kA Hkeo'k ekuo usekuo dk 'k" k.k fd; k  
vlg ckdh rhu" a voLFkkvla dk 'k" k.k fd; k ft l s gh ; g /kjrh  
chekj gA gA e/; LFkrk dsLo#i d" çekf.kr djuk ekuo dh gh  
ftEenkjh gA

1t 2008] cxyj½

## /kez vlg Lohkko

vflrRo /kez pkj" a voLFkkvla ea l KE; : i l s gA inKFkZ  
voLFkk eæ vflrRo /kez gA çk.k voLFkk eæ vflrRo l fgr if"V  
/kez gA tho voLFkk eavflrRo] if"V l fgr vlg /kez gA Kku  
voLFkk /ekuo½ eæ vflrRo] if"V vlg /kez gA /kez  
þloß gSfd l h Hk bdkA d" ml ds /kez Lo½ l s vyx ughafd; k  
tk l drkA Lohkko þroß gS; k e"ydrk gA fd l h Hk bdkA dk  
Lohkko ml ds þloß dk l gvfLrRo eæ çdk'ku gA Lohkko bdkA  
dk l gvfLrRo eæ; "tu gA t\$ s çk.k voLFkk vflrRo l fgr

22@e/; Lfk n'kù ij vlg/çdk'kr l økn

if"V\* /kez dk l gvfLrRo eæ viuh ijdrk vlg mi ; fxrk dk  
ft l çdkj çdk'ku djrh gS ogi çk.k voLFkk dk Lohkko gA

Lohkko voLFkkvla eæ cnyrk x; k gA fu; fr Øe eæ ekuo  
dk çxVu gykA ekuo tho"ads t\$ s thus x; k r" ekuo dk  
Lohkko çekf.kr ughagylA

ckdh voLFkk, a fu; fr Øe eæ vius çxVu g"us ek= l s  
vius vki vius Lohkko d" çekf.kr djrh x; hA ekuo ds l kfk  
, k ughagylA D; "id ekuo vflrRo d" l gh&l gh l e>us ij gh  
vius Lohkko d" çekf.kr dj l drk gA ekuo ds/kjrh ij çxVu  
g"us l sgh ml dk 'Lo\* r" l çk gh jgk ft l dh otg l sog vuð  
rjhda l s l çk d" [ktus dh fujrj d" k'k djrk jgkA ; s  
d" k'k'kan" rjhds dh jgh i gyh] HkfDr fojfDr ¼kn'køkn½ nñ jh  
l fp/kk l agx ¼k'rdokn½ yfdu ; sn"u"ad" f" k'k l Qy ughag"  
ik; hA D; "id bu n"u"afof/k; "a l s vflrRo dk v/; ; u ugha g"  
ik; kA bl fy, e/; Lfk n'kù dk vuð akku Hkkoh g" x; k ft l l s  
vflrRo dk l gh&l gh v/; ; u ekuo d" l yHk g" x; kA bl dk  
v/; ; u djdsekuo vius Lohkko d" çekf.kr dj l drk gA

1t 2008] cxyj½

## vflrRo eæ ekuo

vflrRo eæ rhu rjg dh fØ; k, a gA 1½ Hk'rd fØ; k  
1½ jkl k; fud fØ; k 1½ thou fØ; kA buds vykok d" A pFkh  
çdkj dh fØ; k vflrRo eæ ughagylA bu rhu"afØ; kvld; "x&l a" x  
l svflrRo eæ pkj voLFkkvla dk çxVu gykA ekuo Kku voLFkk  
eæ x.; gykA D; "id bl voLFkk eæ thou ds tlxr g"us dh  
0; oLFkk gA bl dk dkj.k gsekuo 'kjbj jpuk bl çdkj l s gyk  
fd ml l sthou viuh dYiuk'hyrk vlg deLorar k d" çdkf'kr  
dj l drk gA

ekuo dh tkxfr rHkk çekf.kr g" I drh g\$tc og vius  
dYi uk'khyrk vlg deLorark ds rflr fcUnq d" igpku yA  
dYi uk'khyrk dk rflr fcUnq Kku ega deLorark dk rflr  
fcUnq Lo; aLQnZ fof/k I sLojkT; 0; oLFkk eAHkkxhnkjh djuk gA  
LojkT; 0; oLFkk eAHkkxhnkjh djuk d" tcjnLrh ; k vlg i ugh  
g\$lo; aLQnB gA , k ughagSge vki d" nl : i; k nsfn; k r"  
vki 0; oLFkk eAHkkxhnkjh djKA ; g Lo; aLQnZg"uk g" xKA ml ds  
fy, I e>nkjh Lo; aea/kp g"uk vfuok; zgA

1/2008] cakyj½

### dkj.k xqk xf.kr

dkj.k xqk xf.kr rhu"afeyk dj gh ekuo Hkk"kk gA  
foKku usxf.kr Red Hkk"kk d" vi uk; k xqk vlg dkj.k d"  
N'M+fn; kA fcuk dkj.k vlg xqk ds tc xf.kr d" idMx, ]  
r" fo[kMu fof/k d" vi uk fy,] oLrqeyd xf.kr d" N'M+fn, A  
HkfDrokn xqk Red Hkk"kk d" vi uk; k dkj.k vlg xf.kr d"  
N'M+fn; kA

v/; kReokn dkj.k Red Hkk"kk d" vi uk; k xqk vlg xf.kr  
d" N'M+fn; kA

bl rjg foKku HkfDrokn vlg v/; kReokn  
rhu", d&, d ijs ij [kM+gA tcfid dkj.k xqk xf.kr rhu"al s  
ekuo d" oLrqc/k g"rk gA

& dkj.k fof/k Kku

& xqk fof/k I "p fopkj 1/ ek/kku½

& xf.kr fof/k x.kuk

1/2008] cakyj½

24@e/; Lfk n'ku ij vkkfjr l okn

### v/; u ea l k{kkRdkj

v/; u ea l k{kkRdkj ds fy, vkkfjr bPNk vlg  
ç; Ru jgrk gA l k{kkRdkj gyk ; k ugh gfk yxk ; k ughaml dk  
I R; ki u vki gh dj xA ikusdsfy, t" oLrqgSmI d" esvki d"  
c"y dj] fy[k dj vki ds l keusçLrfd; k gA og ejsfy,  
Hkys gh vutko g] ij vki ds fy, og l puk gh gA og vki ds  
vutko eavkus ij gh çek.k gA

vki bl çLrfr l sigysrdzfofk l sI rV g"rsgA rdz  
rkfRodrk d" Nirk gA rkfRodrk d" ikusdsfy, v/; u gA  
v/; u fof/k l sI rV g"usdk eryc g\$ l gvflrRo l k{kkRdkj]  
c"k vlg vutko g"ukA Oyr%çek.k g"ukA thus ds fy, rRij  
g"us ij çekf.kr g"us dh vko'; drk vkrh gA fcuk ft; sI e>  
dk çek.k ughagA

v/; u ea/; ku nsus dh t+jr gA pgcd" I e>uk gß  
tc ; g ojh; rk eavkrk g\$ rc /; ku yxrk gA pgcd" I e>uk  
ughagS døy i<uk gß tc , k jgrk g\$ rc /; ku ughayxrka  
I e>uk gj 0; fDr dk vf/kdkj gA

1/2008] cakyj½

### I k{kkRdkj

vflrRo ea çñfr plj voLFkkvka ds : i ea viuh  
okLrfodrk vka d" cxV dh gA bl cxVu eadN Hkkx ekuo d"  
bfllæ; x"pj g\$ rFkk dN Hkkx Kku x"pj gA : i rFkk I e fo"ke  
xqk bfllæ; x"pj g\$ vFkk~; g ekuo d" viuh bfllæ; a l s I e>  
vkrk gA e/; Lfk xqk Lohko vlg /kez Kku x"pj g\$ vFkk~; g  
ekuo d" Kku iød gh I e> ea vkrk gA

Kku x"pj fof/k l sLi"V g"uk gh l k{kkRdkj gA nt js

vflrRo eyd ekuo dñlhr fpru @25

"kñaeolrykdk l gvfLrRo eaq; "tu Li "V g"uk gh l k{kkRdkj g" v/; ; ui"l I k{kkRdkj g"rk g" l k{kkRdkj g"y k eryc v/; ; u g"y kA l k{kkRdkj ughag"y k eryc v/; ; u ughag"y kA

1/11 2008] caky"j½

### thus dk ck: i ; k çLrko

vhk rd ekuo t\$ sHk ft; k pkgs vlfkld fo/kk e} pkgs /kfezd fo/kk e} pkgs jktuhfr fo/kk eaml l s t" thus ds ck: i fudys os ekuoh; rk vlg v[k.M l ekt dsçekf.kr g"us dsfy, vudy ughag" bl fy, e/; Lfk n'lu dksfodYiB uke fn; k g" bl d" thus dk ck: i l ek/ku] l ef) g"

; g çLrko vius eijk g" bl d" l e>us dk vf/kdkj l cdk l eku g" l e>nkjh l s l ek/ku g"rk g"

1/11 2008] caky"j½

### ijk l e>uk

l e>uk ijk g"rk g" vkk v/kjk ugha v/kjseal ek/kfur g"rsgh ughag" ijk l e>usdsckn gh çekf.kr g"usdh ckr vkrh g" çekf.kr g"uk Øe l s g"rk g" çekf.kr g"us dk Øe g" l ek/ku] l ef) vhl; vlg l gvfLrRoA

1/11 2008] caky"j½

### I gh vlg xyr

I gh vlg xyr dsckjs eavkneh l "prk vk; k g" l gh vlg xyr dh fohkktu jsk dsckjs eagh erhkn y"xaeag"rk g"

e/; Lfk n'lu dh jksuh eal gh vlg xyr dh fohkktu jsk dh igpku g"rh g"

ekuo pruk eal Hk l gh g" tho pruk eal Hk xyr g"

26@e/; Lfk n'lu ij vkkfjr l okn

ekuo pruk dk eryc g" vulko eyd thukA tho pruk dk eryc g" 'kjhj eyd thukA

vulk l Ei Uurk gh l gh vlg xyr dh fohkktu jsk g"

ekuo pruk fof/k l s tho pruk d" tkpk tk l drk g" tho pruk ealo; ajgrsgq tho pruk ejgrsgq nlsj0; fDr d" tkpk l Eiko ughag" tho pruk dh l hek eanl jsdh xyrh d" xyr Bgjkuk vlg viuh xyrh d" l gh Bgjkus dh ckr g"rh g" ; gh erhkn dk Lo#i g"

tho pruk fof/k l sfdruk Hk l "p fopkj djage , d fuf'pr fu"dk l ij igp gh ughal drk erhkn cuk gh jgrk g" bl rjg bviuk&viuk l gh dh nyhy fudy tkrh g" viuk&viuk l gh dk eryc g"vki viuh txg jg"l ged" gekjh txg jgusn'A bl rjg viusijk; s dh nhokj cu tkrh g" t" ejh xyrh d" l gh ekursg mud" esviuk eku ysk g" t" ejh xyrh d" xyr dgrs g" mud" esijk; k eku ysk g"

l gh eage ekuo , d g" xyr eavud g" xyrh ea thrk g"y k ekuo vuol Lo: i"ea fn[krk g" xyrh djus ds g"tjkayk[karjhdsgos l Hk rjhd tho pruk eax.; g" bu rjhd al s thusoky"adschp eaeerhkn fn[kkA nsrk g" l gh djus dk , d gh rjhd g"vlg og g" vulko eyd thukA n" l gh djus oky"aeaeerhkn ughag" l drkA n" vulko l illu 0; fDr; "a dk l ghi u d" ydj , d gh er g"rk g"

1/11 2008] caky"j½

### ijLij igpku g"uk i zdk'ku dk eryc g"

gj oLrqds l Hk vlg ml dk çfrfcEc jgrk g" D; "id gj oLrq l ifer g"rk g" l ifer g"us ds vkkj ij gh b, d" ds : i eax.; g"rk g" bl <x l sgjd dk çfrfcEc ml ds l Hk vlg

gürk gä bl dk çek.k , d nñ js d" igpkuuk gh gä ml ds ckn xf.kr djuk Hkh çek.k gä tñ sgekj s keus ; g /kku dk <j gä /kku dk <j gekjs Åij çfrfcEc jgrk gh gä , d , d /kku d" Hkh esfxu l drk gä ml ds ckn fdI h uki l s bl d" uki dj x.kuk Hkh dj l drk gä fdI h rjktwearly dj Hkh x.kuk dj l drk gä ; fn ; g çfrfcEc ughagärk r" esx.kuk dñ sdjrk ijLij igpku gük gh x.kuk djusdk vkkj gä ijLij igpku gük gh l EcU/k d" igpkuusdk vkkj gä ml ds l kfk fQj dk; z 0; ogkj djusdk vkkj Hkh çfrfcEc gh gä çfrfcEc u g] r" ge vi usdk; z 0; ogkj dk fu'p; u dj gh ughal drA tñ svHkh ; g /kif Åij l sfjk ml d" esglfk l s, sgVk fn; kA ; fn /kif d" esigpkurk ughagä r" es, k ughadj l drk FkA ; g i kdfrd fu; e gä

bl rjg ijLij igpku gük çdk'ku dk eryc gä

gj olrq çdk'keku gççfrfcEc ds : i eñ gjd , d l Hkh vkj l sfn[krk g§ mudk gük l e> ea vkrk gä ñg"uk§ l e> ea vkrk gh fcEc ds l kfk l EcU/k dk igpku vkj ml ds l kfk dk; z 0; ogkj dk fu'p; u gä bl rjg , d nñ js d" igpkuus dh 0; oLFkk ckñfrd : i eaçuk gh gä

çfrfcEc iñd ge D; k pkgrsgä ge pkgrsgä olrqD; "a gsvkj dñ k g§ ; g Li"V g"ukA tñ s ; g fdrkc g§ r" ; k r" bl ea dñ fy[kk g"ukA ; k ; g dñ fy[kus ; X; g"ukA fy[kus ; X; g] ; k fy[kk g" ml d" ge pfdrlkç dgrsgä fy[kus ; X; g" r" ge fy[kuk 'kq dj nrsgä fy[kk g" r" ge i<uk 'kq dj nrsgä bl rjg bl fdrkc dk ejsfy, mi ; x fl ) g" x; kA bl çdkj ge gjd olrqd" ydj v/; ; u dj l drs gä

vlxs l "pus ij ; g çfrfcEc dgk #drk g§ bl dk mñkj g§ vikjn'kd olrqij #drk gä tñ s ; g nhokj g§ ejk

28@e/; Lfk n'kü ij vkkfjr l ökn

çfrfcEc ml nhokj rd gh gä nhokj dsikj ejk çfrfcEc ughä gä bl dk eryc g§fdI h l ffer txg ij , d bdkA l Hkh vkj l sfn[kkA nsñ gä tñ sbl dejseavlx j [kk g§bl d" l Hkh vkj l sn[k r" ; g fn[kkA nsñ gä nhokj dsml ikj pys tkvksr" ; g fn[krk ughagä bl dsfy, d"ç ; "x'klyk cukusdh t+ jr ughagä

ml h çdkj l wZdk çdk'k Hkh gä l wZdk çfrfcEc /kjrh ds , d vkj jgrk gh gä og dHkh Nirk ughagä tcfd çpfyr foKku dgrk g§pI wZdk çdk'k xfreku g§ 8 feuV ea/kjrh d" Nirk g§B tcfd l wZdk çdk'k d"ç {k.k} d"ç i y] fdI h Hkh fof/k l s/kjrh l s vyx ughagä foKkuh fdrus vPNs vkneh gä l "p y"! D; k ; g diidah iñk djusokyh pht ughagä ; sdgrs g§pçdk'k vk jgk gäA dgk l s vj jgk g§ dñ svk jgk g§ , d s dgusdk ftEenkj d"u g§ dñ s Qd k; k vkneh tkr d" \ D; k ; g vijkf/kd g§ ; k ughä tcfd bl l c d" i<+dj vki l c vi us vki d" fo}ku ekurs gäA bl dk D; k fd; k tk, \ dñ s fd; k tk, \ gj 0; fDr bl dk fujkdj.k ughadj ikrk gä gj 0; fDr ds cycars dk ; g j" x ughagä bl fy; s th tku yxkus okysfdI h vkneh dh t+ jr i Mfk gh gä

çfrfcEc dk l gh Lo#i u l e>us ds dkj .k foKku us ; g xyf fu" d" k fudky fy; k pçdk'k gh çfrfcEc dk dkj .k g§B , d k fu" d" k fudky fy, pçdk'k xfr'khy g§ bl fy, l cdk çfrfcEc g"rk g§B tcfd gj olrqvi us eaçdkf'kr jgrk gä

1/ tuojh 2007] vejda/

ekuo ijLijrk eaçfrfcEc dk dk; l : i

vlkh vki vkj esvkeus l keus cB s gä vki dk çfrfcEc ejk ij g§vkj ejk çfrfcEc vki ij gä vkh vki vkj esijLij

i gpkü djus ea l kfk gA vki eþd ejis vldkj vki; ru ls i gpkü jgsgsvkj v/; u cfØ; k }jk ejk eu] fopkj] dk; Zvks ç; "tu vki rd igp jgk gA os sgh eþd Hkh vki ds ckjse a g" jgk gA i gpkü cfØ; k eabl rjg ge l "p fopkj rd igp x, A l "p fopkj ds vkkj ij r" ge thrsgh gA ge nüaD; k l "p fopkj dj jgs gA; g , d nñjsd" l e> vki jgk gA; g vki ds vkj ejscip i gpkü dk l s qgyka

c'u% tc eþcayj pyk tkrk gA r" bl çfrfcEcu  
cfØ; k dk D; k gürk gS

tc vki cayj pys tkrs gA r"; g l c ejh Lefr ea jgrk gh gA vki dk çfrfcEcu ejh Lefr ea jgrk gS vkj ejk çfrfcEcu vki dh Lefr ea jgrk gA ml Lefr d" ge l e; & l e; ij mi; "x djrs gA vkkh t\$ scA y" x ads l kfk viuh i gpkü dh Lefr; "ad" vki d" eñs crk; kA , d Mkdw ls ydj] , d 'kdkpk; Zrd dh Lefr; "ad" eñs vki d" crk; k gA cayj tkus dsckn tc vki ds l kfk ejh Qñu ij crk gürh gS r" ihNsokyh l kjh Lefr; k vk tkrh gA ml dsrkjrE; eæsvki dh crk l þurk gA t" eþl þurk gA og iþ%Lefr ea tkrk gA vki crkA; sbl ea Nvk gyk dñ dgk gS l Ecl/k ea dkVus dh txg gh ughagA bl d" dkVusokyh d" A oLrqgh ughagSvflrRo eA; gh l eþk dk eryc gA l Ecl/k eanijh d" A ck/k ughagA ikl eavkus l scgr dñ l Qy g" x, ] , d k Hkh ughagA ikl eaHkh l Ecl/k dk fuokg gS nñj eaHkh l Ecl/k dk fuokg gA nñj dk d" A eryc gh ughagA

tM+oLrqij çfrfcEcu l l Ee[krk ds l kfk gh jgrk gA vikjn'kd oLrqchp eaqusij çfrfcEcu vikjn'kd oLrqij g" tkrk gA

c'u% Vyhi Skh D; k d" A okLrfodrk gS

okLrfodrk ds vykok vkj D; k gS vkkh vki vkj ge 'kñn Hkkk ds }jk Vsyh i Skh gh r" dj jgs gA 'kjhj eþek Hkñxek ds }jkj Hkh Vsyh i Skh gA gekjs l "p fopkj ds l kfk Hkh Vsyh i Skh gA l "p fopkj QSyk gh gA QSyus ds vkkj ij , d nñjsd" Nirk gh gA Nwf; k r" Vsyhi Skh! vkkh t" eþ l k/kuk fd; k QyLo: i vflrRo eav/; u fd; k vflrRo viusea, d Vsyhi Skh gh gyk ejsfy, A vflrRo d" fdruk nj vkj fdruk ikl ekuk tk, vki gh crkvk vkkh eþt" v/; u fd; k gwmI d" fdruk nj ekuk tk, fdruk ikl ekuk tk,] vki gh crkvk bl eanij ikl dk Hkkk gh ugha curkA bl ea bruk gh dguk curk gS vflrRo d" eñs vki gA vflrRo d" eþl e>k gA l e> eavk x; k r" nñj D; k gS vkj ikl D; k gS ughal e> eavk; k r" nñj D; k gS ikl D; k gS t\$ s; fn eþvki d" l e>k ughagir" bl ea ikl D; k gyk nj D; k gyk ge vki d" l e> x, rc nj D; k vkj ikl D; k l e> nñj ikl l seþr gA , d vkj nñj bdkA ds chp ea nñj ikl gA bdkA d" Kku fof/k ls i gpkü fy; k r" ml dsckn ml ds l kfk nñj ikl [k e g" x; kA ; g Vsyhi Skh ugha r" vkj D; k gS Qkeiyk gS ; g! Kku fof/k ls l Ecl/k j [k e r" Vsyhi Skh ijk l PpkA gA bl rjg tc ekuo tkxr ijeijk Lfkfir dj yrk gS rc cgr l kjs ; a dh Hkh t: jr ugha i MrfhA gekjh bPNk vki d" Nwyrk gS vki ea os k gh bPNk l kdkj g" tkrk gA

1 tuojh 2007] vejda/d%

### osnd fopkj dh fol æfr] vuq alku vkj fodYi

gekjjs ?kj xlþ ea døy on] mifu"kn} n'ku] 'kk= ds vykok d" A /ofu eþs l þus d" ughafeykA bl HkVvh ea eþHkh i dkA i yuseat" l þuk r" ; gh l þukA ; fn xHkz okl ea l þuk g" r" Hkh ; gh l þukA ml dsckn r" ; gh l þuk gA osnd fopkj ls

T; knk I R; ds i {k ea>yI k gyk ijEijk vlg d'Ä ughagA I R; ds i {k ea>yI rsgh x, A >yI us dk Hkk'kk eñs, s sc; "x fd; k gekjs vdsys i fjokj ea1000 o"kl I s; g fdñrnh gS gj ihk ea 1&2 I U; kl h g'rk gh jgkA I U; kl h ds fy, os fy [ks gñ osnd ckge.k g] f'kV ifjokj ds gñ onkUr I ålu g'amud" e{k dk vf/kdkj g'uk fy [kk gA , s k eñs Hk I ykA , s sfy [ks gq ds vk/ kkj ij gekjk ifjokj Lo; ad", d Jkfr; osnd ijEijk dk ekurk jgkA ejis ifjokj ea cMs HkkA rd , s h gh LohÑfr FkkA ejh Hk LohÑfr bl i {k ea FkkA , s h LohÑfr ejp ea30 o"kl dh vk; qrd jgkA 30 o"kl vk; qds ckn es'k/k ea yx x; kA

ç'u%ckck] vki t" bl eadgrsgñvki ds xlp eason /ofu gh FkkA D; k dñkh bl ij d'Ä okn&fookn Hk g'rk FkkA ; k døy /ofu gh FkkA

I c g'rk FkkA I økn'adk r" Hkjekj FkkA gj fnu 'kke ds I e; , d I økn g'rk gh jgkA 30 ?kj dk xlp dñkh bl ?kj ej r" dñkh ml ?kj ea I økn g'rk gh jgkA ml ds I kfk I ahr ml ds I kfk uR; d'Ä pht+Nlk ugha Fkk ogk vkt rd I cI s T; knk ftI dk ekU; rk g'rk gS , s k d'Ä pht ogk Nlk ugha Fkk ogkA mu I Hk pht'adsey eaogh onkUr gh FkkA onkUr dh vflre Hkk'kk gS cge I R; ] txr feF; k! txr dgk I s vk; k i Nus i j dgk cge I s vk; k! I R; I sfeF; k vk x; k! [kRe g" x; h ckrA ; gh ejşck.k I dV dk dkj .k gyk I R; I sfeF; k dS siñk g'rk gS bl d" dS si pk; k tk, \ vkt ds rdz I xr fof/k I s I "pus okys efLr" d eabl d" dS sc/k djk; k tk, \

1950 ea tc Hkkj r dk I so/kku r\$ kj gyk rc ml ea eñs pjk'Vh; rkB vlg pjk'Vh; pfj=B dk d'Ä Lo#i fudyrk ugha fn[kkA rc eñs , d gtlj on eñr" a d" , df=r fd; kA on eñr" ad" , df=r djuk eñd" ad" , df=r djusdscjkcj gh gA

32@e/; LFk n'kù ij vkkfjr I økn

eñsmul sfourh fd; k , d ykbu r" fy [k dj nsñ" jk'Vh; rk d" ys dj %ñnd Kku ds vkkj ij A os y" x , d ykbu fy [k dj ughansik; A fQj dkgsdsfy, 40&40 o"klon d" i <rsjgrsgñ fdI ç; "tu ds fy, \ døy I Eeku ikus ds fy, !

c'u%bl dk eryc ijh osnd ijEijk ea dñkh rdz tylk gh ugha

; gh ijh ckr I kj : i eaqA bruh gh ckr gA iki bruk gh gykA minsk fof/k I sgh I kjk ckrphr] minsk fof/k I sgh I kjk I økn] minsk fof/k I sgh I kjk LohÑfr! ; g ge I yrs gh jgA vc dy feyk dj vki us t" igpku fd; k ogh gS rdz dk ç; "x ughagylA rdz dk ç; "x u g'us l's'k/k I ekir g" x; hA : <#jg x; hA vc ml ea %ñnd ijEijk d" ydj½ j" us ds vykok D; k pht gS ge y" x ijk ft, gSbI s bl dk d'Ä nñ jk jkLrk ugha gSj" us ds vykokA vc ml txg I señs'kq fd; kA brusgtkj" a o"kl dh ijk.k crkrsgñvlg j" us dh txg ea igprsgñgeA dS s fd; k tk, \ D; k fd; k tk, \ dS sgy fudkyk tk, \ bl vj.; eaes [k" x; kA

ml I e; eaegjj fnu 8 ?ñsdke djds, d gtlj #i ; k ckir djrk FkkA vkt dsfnu eamI dk dher , d yk [k #i ; k r" g" xkA vi us x# dh vkk ydij eñs I elf/k ds fy, tkus dk fu'p; fd; kA ejh i Ruh us ejis I kfk pyus ds fy, viuk er fn; kA eñs viuh Jherh I s iñk ; g iñk txy eaefeyxk ugha eñt kx y ead" Ä dm ey yus x; k vlg ejpsd" Ä ck?k [kk x; k r" rø D; k dj" xh txy eaefjs I kfk tk dj\ osc" yh rfgkjk xf.kr Bhd ugha gS red" igys ck?k [kk; sk]; k epd" [kk; sk dS s crkvks d" u I su{k= I scrkvks d" u I sfof/k I scrkvks ml dsckn eñs dgk vc t" g" xk I " g" xk! ekrk th dh og ckr usep d" ogk I s; gk rd igpk; kA ekrk th ¼ Ruh½; fn ughag" rs

ejk I lkuk ijk g̚rk eſſo' okl ughadjrka tcfid 'kkL=“aeafy [kk  
gSxgLFk 0; fDr I lkuk ughadj I drkA mud” I ekf/k ughag”xk  
; g fy [kk gA I U; kl dsckn gh I lkuk I ekf/k dh ckr fy [kk gA  
Jo.k euu fuf/k; kl u dh ckr fy [kk gS I lkku prtV; I Ei Uurk  
dscknA bl d” eſſi <k gA fdruk ck.k I dV ds I kfk eſſudy k  
fdruk kk; dj dhVk iRFkj dVk ds chp eſſ x̚tjk vks ml ea l s  
dS sfudy x,] bl chp ea ; a.kk eſſd” gyk ughA I cl shkkjh  
[; kfj dg] mi yfc/k dg” bl chp ea , d kk {k.k ge ; a.kk l s  
xfl r ughaggA vHko xt.r ughaggA vHko dk i hMk ged” ugha  
gyk]; a.kk ughagykA tcfid dy dsfy, pk; dh 0; oLFkk u  
j [krs gq ft, gA bl l sT; knk vl xg d” D; k crk; k tk, \

; gk; vokus I s i gys efs foKku fof/k I s rdz Bhd g§ ; g  
LohÑr jgkA vkg on onklur dk þe "kñcñ efd" LohÑr jgkA  
e{k r" gük pkfg, ij e{k I c dN d" N'M+dj gük pkfg,  
; g ejk LohÑfr ugha gAA fojfDr N'M+fcuk g" ugha I drhA  
fojfDr fof/k fcuk I lkuk g" ugha I drhA ; g r" 'kkL=a ea Hkh  
fy[kk gyk gAA bl vkkkj ij efs vi us vki d" I lkuk ds fy,  
r§ kj fd; kA gj voLFkk efsy dsns[kkA pydj ; gh gyk ; a.kk  
ged" igpk ugha n&pkj gkfk nj I s gh pyk x; kA I eL; k  
ged" Nyk ugha I dk rdzged" ijkLr ughadj ik; kA ; g  
I c mi dkj fu; fr fof/k I s gh g"rh jghA bl ds vykok efs dgk  
drKrk 0; Dr d: i crkvk

bl <ꝝ l s py dj ds t" vr ea fudyk ml d" eſus  
ekuo dk iq; ekukA vi uh l k/kuk dk Qy eſus ugha ekukA  
bl fy; sfu.kz fd; k ekuo d" bl s i dMk; k tk,A i dMk us eagh  
l kjk pDdj gſiki M+csy jgsgA vki l Hk t" ejſl kfk bl Vcy  
ij cBsg" vki l Hk ds l kfk , k gh gA þgekjk fopkjB dg dj  
vi uh ckr j [krsg" r" eſD; k red" crkA\ þvki dk fopkjB D; k

g<sup>v</sup>k\ ekuo dk fopkj ; g g\\$ no ekuo dk fopkj ; g g\\$ fn0;  
ekuo dk fopkj ; g g\\$ i'kqe kuo dk fopkj ; g g\\$ jk{kI ekuo  
dk fopkj ; g g\\$ bu i kp fopkj 'k<sup>y</sup>; "ad" i<+y! ; fn bPNk  
g" r! ugha bPNk g" r" fcYd<sup>y</sup> N<sup>i</sup>k dj! ; g t" fopkj"ad"  
fpflgr djus dk vf/kdkj v<sup>e</sup>p<sup>e</sup>t<sup>e</sup> vk; k ml d" vn<sup>kk</sup> eku"! ; g  
psuk sof/k l sfd; k tho psuk] ekuo psuk] no psuk v<sup>l</sup>  
fn0; psuk dsvu] kj fopkj g<sup>a</sup> vc ml eavki dgrsg" r<sup>l</sup>gkj k  
H<sup>kk</sup>"kk dfBu g\\$ d\\$ se<sup>s</sup>bl dk 0; k[; k d: ] cM<sup>k</sup> ef'dy g\\$ doy  
vki dk l Eku djus ds vykok ge dN dj ugha i krs g<sup>a</sup>

14ejd\vd] vxLr 2006½

vukko ds ckn vflrRo eal s nijh 'kl; qks tkrh qk

0; ki d oLrqgh tM+çÑfr ea eny Åtkl ds : i e a g A  
0; ki d gh pñU; çÑfr ea Kku ds : i e a g A pñU; çÑfr ea tho  
I d kj Hkh g A tho I d kj eapkj fo"k; "adk Kku çekf.kr g"rk g A  
ekuo eapkj fo"k; "adk Kku çekf.kr g"rk g A tho psruk dh I hek ea euko bruk gh dj ik; kA bl dk çek.k gs  
eukdkj dk I kdkj g"uk v k j eu%LoLFkrk dk ohjku jguk A tho  
psruk ea eu%LoLFkrk dk [kkdk Hkj k ugh g A ml eñku d" Hkjuk  
gß gjk&Hkj k djuk g A ; g d s sg" x k \ ekuo y{; i jk g"us l seu%  
LoLFkrk çekf.kr g"rh g A eu%LoLFkrk thou ea l [k] 'kfkUr]  
I r" "k v k j v k u n g A v [k] l ekt@jk"V a ds : i e a l ek/kku]  
I ef) v Hk; I gvflRRo g A ; fn ge ekuo y{; ds l kfk thrs gß  
çekf.kr djrs gß ml ea njh D; k gß i kl D; k gß njh v k j i kl  
jkl k; fud Hk@rd oLrqk dh I hek ea Li"V g"rh g A thou ds  
I kfk thou dh xfr g A dYi uk'khyrk d" ; fn v k d fyr fd; k  
tk, r" d" A njh gß gh ugh njh dk d" A eryc gh ugh g A  
doy dYi uk d" t"Mus l s; g g yk A ml ds ckn vutko t"Mus  
l snjh 'k k; g" x; hA pkj"avoLFkkvka ds l kfk njh 'k k; g" tk rk

gA 'ññ; njñ d" ge çekf.kr dj ikrsgäbl l scMñt çek.k D; k g" xñ

bI d" vPNñ rjg l sâñ; æe djus l s fQj v/; u eä vki d" dgñvVduk ughagA ge t" fy[ks gñog vki d" l e> eävk, xñA l e> eävk x; k r" fu.kz yñs dh rkdr vkrh gA fu.kz yñs ds dh rkdr vkus ds ckn vki dñ dj"xs gh dj"xs fu.kz yñs ds ckn D; k ckr gñ dgñ #dñ ugha #d l drs fu.kz yñs ds ckn #dus dh txg ughagA

[tuojh 2007] vej dñdñ

### I økn dk eryc

I økn dk eryc gñijLijrk eäwñrk dsvFkZeaHññññ d" çxV djukA

I økn rdz ughagA

I økn i wñrk l gt vko'; drk dsfy, gA i wñrk ds vFkZ eaged" ikjxr g"uk gS; k ughag"uk gñ bl dsmñkj eaþg"uk gñ ; gh vki l sdguk curk gA þugha"uk gñ ; g dguk l cds l keus r" ughacurkA Hkys gh 0; fDrxr : i eä l e>nkjñ l s njñ Hññxrs jgA tc Hññxrs Hññxrs Fkd tkrs gñr" oki l bl txg vruk gh i Mñk gA

i wñrk d" Lohdkjuk gh i Mñk gS; gh I økn dk eryc gA i wñrk d" udkjuk curk ughagA i wñrk d" ge ugha l e> ; ge euekuh i wñl Hññxrs jgs ; g l c g" l drk gA fdrq ; g ?ñf"kr djuk ugha curk dh ged" i wñrk ugha plfg, A euekuh djds l PpkA l s njñ Hññxrs gñr" ekufi d : i eäFkduk Lohdkfod g" tkrk gA ekufi d : i eäFkduk l s gh thus eäxyfr; k g"rh gA

ç'u%ekufi d : i l s Fkd tkus dk çek.k D; k gñ

36@e/; LFk n'kü ij vklkñfjr l økn

vi us }jkj fd, x, fo'yñk.k l s gh fudysç'u&fpñlg eä Lo; agh Qñ tkukA bl d" pdñBñk uke Hññ fn; k tk l drk gA dñBr g"uk jkLrk cñ g" tkuk jkLrk Bhd ughayxuk bues l s fd l h çek.k eä ge xyrh djus ds jkLrs eävk tkrs gA vi us xyr fo'yñk.k d" NñMñ dj ds Lo; aea l ghi u dh l; kl d" igpkuuk gh l gvflrRookn ds fy, tñus dh LFkyh gA bl l; kl d" gjd 0; fDr cñkuk pkgrk gh gA l dkjñRed ckr ds fy, gj 0; fDr ds i kl eätxg cuh gA gA

[tuojh 2007] vej dñdñ

### Kku dh ckr

ç'u%e/; LFk n'kü ds i gysññññ Kku dh ckr g"rh jgh gñ ij og Li "V D; "augha gñkñ

mñkj%bl fy, D; fd foxr eäKku d" eiy eäÃ'oij ; k cge dk gh Lo#i ekuk Fkk rFkk bñoj gh n"Vk drk gñ; g xñr g" x; kA l ñere : i eä; fn fo'yñk.k djar" rF; ; g fudyrk gñfd 0; ki d olrqgh l KE; Åtkz gA vñj ñl KE; Åtkz gh Kku ds: i eäkuo i jEijk eäçekf.kr g"rk gñB l KE; Åtkz l Eiilkurk tñM+çñfr eäHññ gñ pñU; çñfr eäHññ gA pñU; çñfr eä l s ekuo , d bdkA gA ekuo eäbfñæ; x"pj vñj Kku x"pj ckr çekf.kr g"rh gA Kku dh jkñkuh eä t" l e> vkrk gñog Kku 0; ki d olrqgh gA ; g eñññçfriknr fd; k gA

ç'u% Kku dk n"Vk dñU gñ

mñkj%thouA thou t" , d xBui wñj i jek.kqgñ og h Kku dk n"Vk gA

foxr eädgk Ã'oij gh n"Vk gA og xñr g" x; kA

foxr eä t" Ã'oij ; k cge d" Kku dgk og xñr ugha

gA yfdu t"; g dgk pge l sgh tho txr i fik gykAB og xyr g" x; kA bl rjg xM&x"cj ea?ky x; k! eabl d" vPNh rjg l s nkk gA l kjk c; kl ] brus vPNs y"xa dk c; kl xM&x"cj g" x; kA

Kku t" 0; ki d : i eajgrk gSgj txg eaoog , d gh gA bl fy, Kku 0; ki d gA bl fy, gj thou eathou Kku , d gh gA l gvflrRo n'ku Kku gj thou ea, d gh gA ekuo; rki wkl vkpj.k Kku gj thou ea, d gh gA bl rjg ; g l KE; g" x; k! ; g l KE; Kku ekuo ijEijk eaçekf.kr g"rk gA

tcfd foxr eacrk; k Fkk Kku v0; Dr gB vfuopuh; gA tcfd eadg jgk gKku çekf.kr g"rk gA Kku opuh; Hkh gA Kku 0; Dr Hkh gA foxr eadgk gyk ckr bl rjg fujFkk g" x; k u\ n\ jh Hkh"kk eabl sdgar" p>B c"y fn; kAB pkgsbl >B d" l gh eku djdsD; au c"ysg" bl >B l sejs t\ sfdrus y" x vkgc gq] bl dk d" A l {; k ughagA tcfd eadg su d\ s cp x; kA ejk bl rjg cp tkuk vkg e/; Lfk n'ku dk vuqdkku l Qy g" tkuk bl rjg ekuo ijEijk dsfy, nu Lo#i eag" x; hA ; g nsu Lo#i earHkh gStc ekuo ijEijk bl d" Lohdkjrk gA

ejk t" c; kl gSog ux.; gA eabl d" vPNh rjg l s vklfyr dj ik jgk gA eadg" A cgr Hkhj l kgI fd; k g", k ead" r" yxrk ughagA l kekU; : i eaBhd gSdN fd; k! dN djus l s; g vi\kk gh ughaFkk ; g g" tk; sk! bl d" D; k dgA

vutko gSbruh l s x"yh ij nkk ; g l kjs vfLrRo d" <drk gA l kjs vfLrRo d" Nirk gA l kjs vfLrRo dk i jh{k.k djk gA l kjs l ek/kku d" ikrk gA ekuo ijEijk ea Kku d" çekf.kr djk gA vutko , d l ere x"yh og [kyrk gS r" dg\rd [kyrk gh pyk tkrk gA vutko dh efgek ; gh gA

fdruk Hkh fo'kky rd ys tkvks vkg fo'kkyrk dsfy, oLrq'k k jgrk gh gA ; gk Kku vr g" x; k og txg feyrk gh ughagA gj txg ea, l yxrk gSbl l svkxs Hkh Kku dh jkkuh igprh gA ; gh vutko dk efgek gA mRI kfgr g"usdsfy, ; g , d cgr Hkhj ckr gSu\ gj 0; fDr d" bl dh t+jr egl l g"usdsfy, ; g , d cgr gh çHkkj lkyh rF; gA

1/tuojh 2007] vejdv/d%

### I e>nkjh dk iek.k

fdl h vk; q ds ckn gj 0; fDr vi us vki d" I e>nkj ekuk gh jgrk gA gj ekuo vi us <x l s vi us d" I e>nkj ekurk gA t\ sd" A dgrk gSbe\l e>nkj g\ bl dk çek.k gSejs ikl i\ k gS\A n\ jk dgrk gSbe\l e>nkj g\ bl dk çek.k gSe\ bl in ij g\B rhl jk dgrk gSbe\l e>nkj g\ bl dk çek.k gS e\cgr cy'kkyh g\B p\kk dgrk gSbe\l e>nkj g\ bl dk çek.k gS e\cgr : i oku g\B tcfd T; knk i\ k \ Apk in] ; k [k\ gV\k&dV\k g"uk] ; k n\kus ea l qj g"uk l e>nkjh dk çek.k ughagA fdl h ds ikl T; knk i\ k g"] og T; knk l y>k gyk g", l k d" A fu; e ughagA de i\ k g"] og T; knk l y>k g", l k Hkh d" A fu; e ughagA os k gh in] cy vkg : i ds l kFk Hkh gA e/; Lfk n'ku l s fudyk % I e>nkjh dk çek.k gS U; k; i\ d\ th iku\ /kez i\ d\ th iku\ vkg l R; i\ d\ th iku\ U; k; ] /kez vkg l R; d" I e>uk v/; u gA U; k; ] /kez vkg l R; d" çekf.kr djuk l e>nkjh gA

**çekf.kr djus dh bPNk gh u g" r" v/; u d" A D; "adj\k vutko çek.k dh çj.kk l sgh v/; u g"rk gA çekf.kr djus dh bPNk l sgh v/; u g"rk gA**

; FkkLFkfr d" cuk, j[kus dsfy, vkg v/; u u djus dsfy, ftrusgekjs l j eacky g\ mruscgkusg\ fdl h vk; qds ckn ekuo ds l PpkA l s nj\ Hkkus ds vufxur cgkus cu tks

gA I kFk gh fdI h vk; qdsckn vius ldkj o'k gh I PpkA d'' k/k djusdh Hkh dN y''x aeabPNk jgrh gA og t'' Hkkx gSmI h ds l kFk esvkj vki tM+jgs gA I PpkA d'' k/k djusdh bPNk okys y''x gh ejis ikl vkrsgA ughar'' d'' vkrk ughagA

fQj I R; ds'k/k ds i {k eagekjh ppkLeafudyk I R; d'' k/k ughatkrkA I R; d'' le>k tkrk gA 'k/k tkrk gSodQh d'' A codQh d'' Nku dj vyx dj fn; k tkrk gA I R; d'' le>k tkrk gA I gvflrRo Lo: ih I R; ge I Hkh d'' ckjr gA ckjr olrqd'' D; k 'k/k tk, \ vHkh rd dh vkokt Fkk pI R; d'' [k/takAB vc ; g vk; k I R; ged'' ckjr gB ml dk ged'' vutko djuk gA 0; ki d olrq vkj , d , d olrq I kFk I kFk gB] ; g vutko esvkuka

1/tuojh 2007] vejdl/d%

### Hke dk dk;1 : i gSHk; vkj izkku

Hke ea thrk gyk vknch vius l [kh g''us dk d''A çek.k çLrç ughadj ikrk gA bl fy, , s vknch dk tM+gh fgyk jgrk gA fdruk Hkh d''A i sokyk g] Åpsin ij g] cy''kkyh g'' Hker vknch vius l [kh g''us dk çek.k çLrç ughadj ikrkA ; gh dkj.k gS tkxfr dsçek.k ds l keus vkus ij Hke ea thrs gq vknch d'' yxrk gB tS sml dh tM+gh m[KM+x; h g''!

Hke l scuh gA ftruh Hkh LohÑfr; k gñosHk; vkj cy''kku ds : i eagh gA Hke dk dk;1 : i gSHk; vkj cy''kkuA Hker voLFkk eavki dN Hkh djaml dsew eahk; vkj cy''kku gh gA u''djh vkj 0; kikj dsew eahk; vkj cy''kku dh tM+gS; k ugha Hk; vkj cy''kku d'' NMdj u u''djh fd; k tk l drk gB u 0; kikj fd; k tk l drk gA pged'' nkuk ikuh feykk ; k ugha Hker ughaej tk; xkB pged'' y''x bruk eku nssgñog ugha jgsk r'' ge D; k djakB bughal c Hk; dsekjsg 0; kikj djrs

40@e/; LFk n'klu ij vkkfjr l okn

gA ; k u''djh djrs gA pkgs dS h Hkh u''djh g'' ml dk ; gh gky gA pkgs dS k Hkh 0; kikj g'' ml dk ; gh gky gA ; gh foo'krk gA foo'krk ekuo d'' Lohdkj ughagA bl fy; sHk; vkj cy''kku dh tM+fgyrh jgrh gA

Hk; vkj cy''kku dk d''A l kolkE eki nM ughacu ikrkA u''djh vkj 0; kikj dk bl fy; s d''A l kolkE eki n.M cu ugha ikrk gA ml dk lo#i cnyrk gh jgrk gA vkt ftI cy''kku l s u''djh djrs gB dy ml l s dke ughapyrkA u''djh vkj 0; kikj dsvfuf'pr vkj ifjorzu'ky y{; g'rs gA d''A mu ifjorzu'ky vkj vfuf'pr y{; ard igp x; k g'' vkj l [kh g''us dk çek.k çLrç dj fn; k g'' , s k u gyk gB u vks g''us dh l Hkouk gA

e/; LFk n'klu l s fudyk tkxfr dk l kolkE eki nM gS l ek/ku vkj l ef)A ; g fuf'pr y{; gA ; g gj fdI h d'' Fey l drk gA fuf'pr y{; dsfy, tc ge l gh fn'kk eac; kl dja r'' og l Qyrk rd igpsk ghA

1/tuojh 2007] vejdl/d%

### I a e dky eav/; ; u %Hkk&1

c'u% l ekf/k ds ckn l a e ea vki us xBui wkkj fØ; k i wkkj vkj vkpj.k i wkkj d'' dS sv/; ; u dj fy; k

mÜkj%vki d'' epl s; g l puk ds : i eackr feyh gSfd es l k/kukj l ekf/k l a e fof/k l se/; LFk n'klu dh ijh ckr d'' ik; k gA ml l svki ; g dg jgsgA l a e dky ea eus xBui wkkj fØ; k i wkkj vkpj.k i wkkj d'' dS sv/; ; u dj fy; k ftI dk ijEijk ea d''A ftØ ugha FkkA vki dk ; g ftKkl k ijk g''uk pkfg, ; g ejk 'kkdkeuk gA

ejis ikl igys l s ; g d''A fopkj ugha Fkk fd es ; g

vflrRo eyd ekuo dñlñr fpru @41

v/; u d: pA i gyk epnk ; g gA l a e djusl si gysejsikl  
v/; u dk d'A ikB; Øe ughA FkkA ml l s igysl ekf/k eafus  
vi us vkkj fopkj vks bPNk d' pi g'rs nkk FkkA , s flFkfr  
eafnu ea12&18 ?k/s rd eKku g'us dlc blurtkj ejgrk FkkA  
I ekf/k eKku gyk ughA vc D; k fd; k tk, \ I ekf/k eKku ughA  
g'rk bl dk vi us l kfkh l g; "xh vks fe="ad" l Unsk nsik gA  
irkatfy ; "x&l # eafy[kk gS ; fn l a e l Qy g'rk gS r"  
I ekf/k g'us dh xokgh g' tkrh gA ml ds vkkj ij l a e djus  
ds fy, eafus vi us eu d' r\$ kj fd; kA

I a e dsckjsea'kkL="aeat" fy[kk Fkk og fl f) ek= d'  
çklr djus ds fy, gS , h ejh LohNfr gAA fl f) ; k r" l k j  
d' cD w cokus oky"ad" pkfg, A efs fl f) ughA pkfg, ; g eafus  
Lohdkjka 'kkL="aeafy[kk Fkk /kkj.kk] /; ku vks I ekf/k bu rhua  
fLFkfr; k ad" tc ge bl Øe ea, d= djrsgar" I a e g'rk gA  
ep ea; g vur%j.kk gA fd bl l # d' myVk; k tk, A os k  
djus l s'kk; n dN fudyst" bl l sfhkuu g'xkA D; k fhkuu g'xk  
ogh ml dh xokgh g'xhA bl rjg eafus l ekf/k /; ku] /kkj.kk bl  
Øe ea bu fLFkfr; "ad" , d= djus dk fu.kj fd; kA Lo; a ij  
fo'okl vks n<sup>r</sup>k djus dh çotuk ep ea i gys l s gh FkkA

eafigys/kkj.kk /; ku vks I ekf/k dh Hkje; al s xtkj gh  
Fkk bl fy, bu fLFkfr; "ad" , d= djus ea epd" d'A ej"dy  
ughagAA u gh bl ead'A T; knk l e; yxkA bl rjg eafvi us  
fpulk vks ofulk d' yxkusearRij gykA dN pkj eghus dsckn  
efcgr l kjh /ofu; k l wusyxk dA , h /ofu; k t" eafigysl uk  
ughA FkkA eafus l pk epd.ckn r" ughag" x; k gS yfdu l a e  
ds l e; dsckn , h d'A /ofu; k g"rh ughajghA ; g D; k gS ; g  
vkxs irk pyxk ; g l p dj vkxs pyA dN l e; dsckn os  
/ofu; k 'kkj g" x; hA 'kkj g" x; k , d neA 'kkj g'us ds fLFkfr

42@e/; LFk n'ku ij vkkfr l okn

eaos k gh Fkk t\$ sxgjs i kuhaMous ij vks lks [kyus ij ljt]  
i kuha vks vks kadschp t\$ k fn[krk gSoS h gh fLFkfr eafsl a e  
eafLFkfr g" x; kA

fQj /kjh&/kjhj çNfr vi us vki meM&meM+dj l keus  
vkus yxhA /kjrh vi usLo#i eavk; hA ouLi fr; k vi usLo#i e  
vk; hA tho l k j vi usLo#i eavk; kA ekuo l k j vi usLo#i  
ea vk; kA , s k g'us yxkA i gys /kjrh vk; hA fQj , h vur  
/kjfr; kA ; g d'A eghusHkj pyk g'xkA t\$ sfl uek eans[krs gS  
os sepd" l k j fn[krk jgkA bl ds vlxspus ij , d pVvku  
fQj ml dsfoLrkj eatus ij] t\$ spwuk fi ?kyrk gS og fi ?kykA  
vks fi ?ky dj ds QSyk vks QSy djds QSyrsml txg  
eavk x; k tgk og gj Hkkx Lopkfr fLFkfr eafkkA , s k eafus  
ijek.kq d" n[kk] irk yxk; kA

bl rjg l sdA phtafi ?ky fi ?ky dj ey : i eaijek.kq  
ds: i eafusd" eafusn[kk gA dN oLrjksuke eafkurk gj  
dN ds uke Hkk eaf ughA tkurkA , s pht"ad" fi ?ky dj  
Lopkfr Lo#i eafsi gpukukA ; gh i jek.kqgAB ; g eafus i gpukukA  
bl i jek.kq d" pykus oky d'A ughA gS ; g i gpukukA vuod  
ctkfr ds i jek.kqk d" 0; ki d oLrqeaMuk gyk Hkkx gyk vks  
f?kjsgq Lo#i eans[kk]

ml dsckn ck.k d"kk dsLo#i dks n[kkA ck.k d"kk ds  
ey : i ea; qxd fØ; k dsLo#i eavvi us l Eek eavkrs gq  
fp= ds: i eans[krk jgkA bl eafscgr [kjkjgkjh g"rh jghA  
bl rjg gj oLrqdk foLrkj eav/; u g"rk gS bl ds vykok  
i <usd" pkfg, gh D; kA ; gh i <usdh oLrqjghA , s k i <r&i <fs  
ekuo vk x; kA ekuo eafck.k d"kk l s jfpr 'kjhjA ck.k d"kk  
i gysli "V gq ck.k d"kk d\$ scursgA ck.k d"kk dsey eafck.k  
l # ck.k l # dsey eafif"V rRo vks jpuk rRoA if"V rRo d"

vki yx çVhu dgrsgA jpuuk rRo d" vki yx gkjeu dgrs gA vki yx og Hkk tkurs gsmI oLrqd" tkurs ugha gka oLrqd" es tkurk gA vki ifV rRo d" tkursugha ifV rRo dk uke tkursgA og ifV rRo oLrqds: i eaD; k gSog vki ugha tkursml d" es tkurk gA ml h çdkj ck.k d" lk vlx çk.k l w al s jpuKA ck.k l w adk uke vki tkurs gSog ck.k l w fdI oLrqI sdS scuk gS ml d" es nkk gA jpuuk rRo vlx ifV rRo fuf'pr vuqkr ea, d nlijs l stM+tkrs gSos sgh tS sn" i jek.kqvak , d nlijs d" igpku djds l kfk g" tkrs gA tMfs gq nkk gSeus tM+djds ck.k l w grs gq nkk gS ck.k l w cu dj jl k; u ty ea fueku jgrk gyk nkk gA jl k; u ty ea fueku jgrs gq mues 'okl yus vlx NMus dh fO; k dh 'k vkr grs gq nkk gS bl l sT; knk D; k foLrkj eanuk gS nkk gS efd" igys l s; g l c nkkus dh bPNk Fk , d k dN ugha FkA vi us vki l s; g l c nkkus d" feykA

ck.k l w ae atc 'ol u vlx ç'ol u dh cfO; k 'kq g'rh gsr" mues, d [kqkgkyh fn[kkA nsrh FkA ml [kqkgkyh ds l kfk mues, d jpuuk fof/k mtkj ds vlx tkrh FkA ml jpuuk ea os l yxu g" tkrs FkA ml ds ckn cht o{k U; k; fof/k l s mudh ijEijk cuhA ml [kqkgkyh l snl jh jpuuk fof/k fudyhA nl jh jpuuk fd,A og fQj ijEijk gyk cht o{k U; k; fof/k l A bl <x l svu jpuuk, i ck.k l w al s gAA

jlk; u rRo adseiy ea x, r" mudseiy eagsbtyA fdI h Hk /kjr h ij igyk ; fxd oLrqty gh gA ty /kjr h ij gh fVdrk gA /kjr h l sfey dj ty vEy vlx {kk cu tkrk gA fdI h fuf'pr vuqkr eavEy vlx {kk Fey dj ifV rRo g'rk gA fdI h fuf'pr vuqkr ea Fey dj os jpuuk rRo g'rs gA bl d" nkkA bl rjg ck.k l w adk cuuk nkkA ck.k l w al s

44@e/; Lfk n'ku ij vkkfjr l okn

jpuuk, i g'rs nkkA

1/tuojh 2007] vejdlvdk

### I a e dky eav/; ; u %Hkk&2

I a e dky ea dN dN txg ij es l kN r fyfi ea fy[kk gyk Hk nskkA ; g l c ckr nskus ij eafso'okl gyk ; g l a e r" i <usdh pht gS bl d" vlxsc<k, pkj'avoLFk, atc Li "V g" x; h ; g fQj n'gjkus yxkA

ç'u%; g l c ea fdruk l e; yxkA

i gys, d o"kl es bllrtkj gh djrk jgkA fQj 2&3 eghus /ofu; "adh ckr jgh ml dsckn l ekf/k ds vdkj eavkuseadN l e; yxk ml dsckn /; ku dh txg ea es tS sgh igpk ; g l c prkMoß g"us yxk! ijik tM+vlj psU; çNfr 0; ki d oLrq ea viusvki d" fdI rjg l sfujrj ik; k gA nl js; "x l a x dS s çxV gyk gA

, d fnu es l a e ea ns krk gw i jek.kq a vi us vki , d ykbu ea yx x, A , d] n] rhu] pkj] ml gae fxu l drk FkA dN l ; k dsckn i jek.kq ka dk vth.kz g'uk feyKA t" i jek.kq vi useal s dN i jek.kqvak ad" cfgxk djuk pkg jgsgsmud" es vth.kz uke fn; kA ml l s igys dN i jek.kq ka d" Hk l s i jek.kq ka ds : i ea nskkA os i jek.kq vi us ea dN vlx i jek.kq vakuad" l ek ysk pkg jgs gA bu n'uarjg ds i jek.kq ka ds e/; ea es, d , l s i jek.kqd" Hk nskk t" vi us, d vdkj ea?ke jgk gA tcfd ckdh l c i jek.kq vi uh txg ea gA tc ml i jek.kqd" , d txg ea flFk j g'rs gq nkk rc irk yxk bl dh xBu rflr g" x; h gA bl rlr i jek.kqd" xBui wzi jek.kquke fn; kA

ç'u%D; k vki us l Øe.k g'rs gq Hk nskkA

ugha I Øe.k dh dñA vof/k ughagrh bl fy, og ugha nñkA I e; foghurk dk nñkù ughagrkA I e; foghurk dk ek= vutko gñrk gñ drkj eaHñk vth.kl vñj rlr i jek.kqgñmud" nñkA yñdu I Øe.k gñrs gñ ughanñkA I Øe.k g" x; k gñ; g viuk ; X; rk yxrk gh gñ fu.kl djus eñ os s gh tñ sfdl h fØ; k d" uke nñuseagejkj ; X; rk yxrk gñ rlr i jek.kqvi us xBu ea iñk g" x; k rñk ; g vius vkdkj d" cuk, jñkA xBuiñk i jek.kqv.kqçaku vñj Hkkj çaku nñuñal seDr g" x; k vñj vñ'kk çaku l s; Dr g" x; kA vñ'kk çaku ds vñkñj i j ; g viuk iñt vkdkj cuk; kA ml vkdkj dh 'kjhj jruk I gvflrRo eaçxVu fof/k l smi yñk jgh ft l d" pykus ds fy, çofuka

thou i jek.kq d" igys eñs iñtkdj Lo#i ea nñkA ml dsckn /kj&/kj sog i jek.kqds: i ea Eeñk gñkA ml eñs nñk e/; ea, d gh vñk gñ ; g nñkusdsfy, i jek.kqfdruk cñk gñk gñxk ; g eñ ughadg l drkj ij eñ i jek.kq vñkñd" fxu l drk FkA gj ckr d" eñ l e> l drk FkA e/; ea, d vñk i gys i fjoñk ea2] nñjs ea8] fQj 18] fQj 32 bl rjg 61 i jek.kq vñkñd" eñs thou i jek.kqeñkA

bu 61 i jek.kq vñkñd" eñ i jkorù vñj çR; korù nñuñagñ i jkorù eaçdk'ku djuk curk gñ çR; korù eaLohdkj djuk curk gñ bl rjg thou ea61 i jkorù vñj 61 gh çR; korù ea fØ; k, a gñ bu dñy 122 fØ; kvñd" eñs ekuo l prukoknh euñfoKku eaLi "V fd; k gñ l a e dky ea thou dh fØ; kvñd" fxuus dk dke eñs fd; kA

l a e dky ea v/; ; u djus eñs 5 o"ñ yxA tc rd eñs ; g ughækuk fd ejk v/; ; u i jk g" x; k gñbl n"; dh iñjkoñk gñrh jghA bl l señs ekuk fd fu; fr Lo; açxVu'khy gñ bl eñdñA jgL; ughagñ vflrRo dñA jgL; ughagñs ; gñ

vñk x; kA ; g Lo; aeñfo'okl gñus i j fd ejk v/; ; u i jk gñk fQj igys tñ s gh vuñ /kjfr; k tyrk gñk l jt tñ k çfrfcfr gñrk jgkA dñ /kjfr; "ad" eññkrs jgkA bu /kjfr; "a ea l s dñA eapkj" avolFkñvñd" LFkñfi r Hkk nñkA LFkñy l s LFkñy vñj l e l e l c dñ nñkus ds i j eñs fu.kl fd; k ; gh vflrRo gñ ; gh 0; ki d ea l a Dr çññfr gñA bl ckr ea tc eñd" i jk fo'okl gñk ml dsckn eñs l a e d" cm fd; kA ç'u% vñk d" tñ k vflrRo v/; ; u gñk D; k ged" Hkk os k gh v/; ; u gñxk

Hkkñk l soñkñx; ds: i eñt" eñs çLñr fd; k gñml ds vñkñz ea tkvñks r" vñk d" ogh feyskA vñki ds i kl ml ds fy, vñkñj gñsdyiuk'khyrkA dñiuk'khyrk vñki ds i kl vñkñj gñvñkñz rd iñpus ds fy, A vñkñ vñlñrRo eñgñ Hkkñk l s t" eñs dgk gñ ml dk vñkñ vñlñrRo eñgñ

eñs; g i rk yxk ekuo thou vñj 'kjhj ds l a Dr : i eñgñ tkxfr thou }kjk nl afØ; k, a0; Dr djus ds: i eñgñ 10 fØ; kvñd" ds foLrkj ea 122 vñpj.k gñ 61 i jkorù eñ 61 çR; korù eñ bud" fxuus dsckn eñd" rñlr gñ fd l a e t" eñs fd; k Fkñ og l kfkñ gñkA l a e l kfkñ gñus dsckn ç; kl iñk g" x; kA

bl l s ; g fudy x; k ¼½ Hke eñDr gh eñk gñ ½½ vñlñrRo eaifjorù gñmriñk ughagñ

½tuojh 2007] vej dñ/dñ

### l a e dky ea v/; ; u %Hkñx&3

rlr i jek.kq d" eñs iñt vkdkj eñgñrk gñk nñkA dñkñ ?ñMñ dñkñ x/k dñkñ cdjhñ r" dñkñ ekuo ds vkdkj eñ dñ

çdkj Is ; g fn[krk jgk ; g eghu" rd pykA ml ds ckn iñtkdkj dseñ eñijek.kqviuseñfLkj gqk og Hkh ckdh Hkks vñj vth.kl ijek.kvñk dh drkj ea tñ s nñkk Fkk] oñ s gh , d ijek.kqgh gñ ml eapkj ifjoñk vñj , d e/; eñvak nñkkA ; g eñ d" I e> eavk x; k %; g , d fo'ksk ijek.kqgñftlearflr gñ tc ml dh ijñh fØ; k, aejh fxurh eavk x; h ; g irk yxk ml eñijkorlñ vñj çR; korlñ nñu'agñ tc 61 çdkj dsijkorlñ vñj çR; korlñ dk v/; ; u ejk ijk g" x; k r" eñsuk ekuk ejk thou dk v/; ; u ijk g" x; kA

foxr eadgk Fkk cge Is tho txr iñk gqkA tho ds ãn; eñcge cBk gqk gñ; g fy[ñk FkkA ; g I c >B fudy x; kA bl dsfoijhr eñsik; k thou , d xBuñkijek.kqgñ t" 'kjhj d" pykrk gñ ekuo 'kjhj dsI kfk , d fo'kskrk nñkk thou dh dyiuk'hyrk vñj deLorañk d" bl dsI kfk njy njy rd QSYrk nñkkA ; gñ rd eñsnñk fy; kA

I ekf/k I sckgj fudyus ij eñthou Is I Ecñ/kr ckr d" eñviuseñv/; ; u djrk gh jgkA gñr&gñrsirk pyk thou gh Hkeo'k cñku eñhñMr gñrk gñ thou gh tkxr g" dj cñku Is eñr g" tkxr gñ Hkfer g"usI scñkuA Hke eñr g"usI stxfrA Hke vfr 0; kflr] vuk0; kflr vñj v0; kflr nñ"k gñ fQj Hkk"kk r" ejñ ikl igys Is Fk'Mk Fkk gh ml dsI kfk ifjHkk"kk dsI kfk eñl e) gqkA /khs/khs bl ckr d" eñññ j"ad" crkus eñl Qy gqkA

ç'u%; ki d oLrqdsikjxkeh vñj ikjn'kñg"usdk vki us dñs vñk fd; kA

tM+vñj pñU; 0; ki d oLrqI sf?kj gñ; g eñsnñkkA Mck gqk gñ; g nñkkA Hkxk gqk Is ijkxkfe; rk Li"V gñA Mck gqk gñ; g fØ; k'hyrk ds: i eñigpkulA , d nñjsdk ijLijrk eñçrfcEcu gñbl Is ijknf'kñk I e> eavk x; hA çrfcEcu fof/k

I sgh bdkbñ "adñ ijLijrk eñigpku gñ 4&5 o"Kz eñ; g ckr fdruh gh ckj nñgjk; k g"xk tc rd eñrlr ugha g" x; kJ rc rd ; g nñgjkrk jgkA t" eñl kñkuk fd; k Fkk ogh bl ckr d" cuk, j[ñk , k eñekurk gñ

bl rjg I ekf/k gñrk gñ lñe gñrk gñ; sckr I R; kfir gñA ; "x] vñxe rñ mikl uk fof/k Is t" I ekf/k dh rjQ+t" b'kjk fd; k gñ og xñyr ugha gñ I ekf/k eñKku gñrk gñ t" fy[ñk og xñyr gñ

I Eiñkñ vflrRo D; "agñ dñ k gñ; g I e> eavkuk bl d" eñs Kku ekukA

thou D; "agñ dñ k gñ; g I e> eavkuk bl d" eñs Kku ekukA

ekuoh; rkiñkñ vñkpj.k D; "agñ dñ k gñ; g I e> eavkuk bl d" eñs Kku ekukA

1/tuojh 2007] vejdñdñ

### I ñe dky eñv/; ; u %Hkx&4

ç'u% D; k I ñe dky eñvki dh d"ñ iñZ Lefr; kñ Hkh dk; jñr Fkñ

mñkj%ughñ I ekf/k eñmudk fuj"/k gqk] ml dsckn /; ku] ml dsckn /kñ .kñA bl rjg I ñe dky eñejh d"ñ iñZ Lefr; kñ dk; zñr ugha FkñA

ç'u% vflrRo dñ k gñ

mñkj%vflrRo I Ükk eñl aDr tM+pñU; çñfr ds: i eñ gñ tM+çñfr jñk; u çfØ; k }jkj ckdh rhua volFkñvñk d" çdfVr djrk gñ eñyr%inkFkñ volFkk Isgh I kjk jpuñ gñ ogh

vflrRo eyd ekuo dñlhr fpru @49

i nkFkL voLFkk l s gh i jek.kq ea fodkl A i nkFkL voLFkk gh gS  
ijek.kA i nkFkL voLFkk ds ijek.kq gh fodkl Øe ea Hkks vLj  
vth.kL vLj fodfl r voLFkk eamud" rlr ; k xBuiwL i jek.kq  
uke fn; k gA

ç'u%'kjhj ea thou ds sdke djrk gA

mÙkj%thou }jkj 'kjhj d" pykusdsfy, eskl r= l e)  
g"usdh t+ jr gA eskl r= l e) gq fcuk thou }jkj 'kjhj d"  
thor cukuk curk ughagA 'kjhj vLj thou dschp eskl r=  
, d cVjh gA thou i gysbl cVjh d" ptkz djrk gA eskl r=  
d" çhkfor djus l sijk eskl r= ptkz g" tkrk gA r" 'kjhj  
thor fn[krk gA 'kjhj ck.k d"kkva l scuk rkuk&ckuk gA gj  
ck.k d"kk l Ükk eaHkhxk gA n" ck.k d"ka dschp dh fjDr LFkyh  
eal sthou xeu djrk jgrk gA xHkksLFkk eafprt fof/k l s xeu  
djrk gSvLj ml rjg f'k'kqd" thor cukrk gA f'k'kqd ds ckgj  
vkus ij thou {kprt vLj Å/okkj n"u'a fof/k; "a l s ?kerk gA  
n"u'a fof/k; "a l s l pkj d" LFkfir djdsck.k d"kkva ds chp ds  
jakkaeal s?kerk jgrk gA ml dh LiHM dh d"Å x.kuk ughadh tk  
l drhA vur xfr ds : i ea; g i tdkj gA ml dh xfr ds  
vkxs l ; k gkj tkrh gA fdI h Hkh fof/k l s thou dh xfr dk  
l ; kdj.k ughaf; k tk l drkA

ç'u%vflrRo D;"agA vflrRo dk ç;"tu D;k gA

mÙkj%vflrRo dk y{; l gvflrRo ea ekuo }jkj Kku  
voLFkk eaçekf.kr g"ukA bl y{; k ç;"tu ds fy, vflrRo  
gA n"js 'kCn'a ea; gh vflrRo dk ç;"tu gA bl y{; k  
ç;"tu ds fy, vflrRo ea Lo; a LQrl çxVu fof/k gA Kku  
voLFkk ds çekf.kr g"us ds y{; l s gh l gvflrRo fof/k l s  
vflrRo eaçxVu gA vflrRo eaçxVu gS i nkFkL voLFkk çk.k  
voLFkk tho voLFkk vLj vr ea Kku voLFkkA Kku voLFkk ea

50@e/; Lfk n'kü ij vLk/fjr l økn

l gvflrRo dk ije çek.k çLrp g"rk gA

1/ tuojh 2007] vejdvd%

### v/; ; u dh fof/k

ç'u%ge t" vuHkoxkeh fof/k l sv/; ; u dj jgsgr D; k  
ged" ogh l e> ea vk, xk t" vki d" vk; k gA

mÙkj%ejis l Eek t" çNfr çLrp gA Fk] ogh vki dsfy,  
v/; ; uiød çkLR g"us okys l k{kRdkj eaçrk gA eft" vki ds  
l Eek çLrp g" jgk gLef, d çNfr dk vLk gh r" gA vki Hkh  
çNfr dkj çNfr l sgh v/; ; u dj jgsgr l kLuk l elk/k l æ  
iød ejh vgzk cu x; h ft l l s çNfr ejis l Eek v/; ; u ds  
fy, çLrp g" x; hA vc vki ds l keushh ogh v/; ; u djusdh  
l EHkkouk gA

ç'u%vuHkoxkeh fof/k ea v/; ; u fof/k D; k gA

mÙkj% i fjHkk"kk l s vki 'kCn ds vFlk d" viuh dYiuk ea  
yks gA ifjHkk"kk vki dh dYiuk'hyrk ds fy, jkLrk gA ml  
dYiuk ds vLk/kj ij vflrRo eaolrqd" vki igpkuus tkrsgA  
vki dh dYiuk'hyrk olrqd" NwLdrk gA olrqd" thou gh  
l e>rk gA thou l e>rk gS r" og l k{kRdkj gh g"rk gA  
vflrRo eaolrqd" igpkuus ij olrq l k{kRdkj g"rkA olrq ds  
: i eaolrq l k{kRdkj g"rk gS 'kCn ds : i eaughag"rk gA , l s  
l k{kRdkj g"us ij og c"/k vLj l dYi ea tk dj vuHko eyd  
fof/k l siççek.k c"/k ea vk tkrk gA çek.k c"/k ea vk tkus l s  
fu'p; u g" tkrk gSfd ; g olrq , l s gh gA

v/; ; u dh 'k#vkr l gvflrRo l s djuk l gh gA  
l gvflrRo eagh thou g"jkl k; fud Hkfrd fØ; k gA l gvflrRo  
l k{kRdkj g"uk] fQj ml ea thou l k{kRdkj g"uk] thou l k{kRdkj  
g"us ds ckn vth.kL vLj Hkks i jek.kq l k{kRdkj g"ukA l k{kRdkj

vfLrRo eiyd ekuo dñlhr fpru @51

rd gh vki dh yxu dh t+jr gA l k{kkRdkj güs ds ckn  
c/k vks vutko eal e; ughayxrkA og rRdky gürk gA njh  
ml dsfy, rskj eayxrk gA

vgzk ds fcuk dñA pht çekf.kr ughagürkA l R; d"  
l e>us dh vgzk vks l R; d" çekf.kr djus dh vgzk v/; ; u  
l sgh vkrh gA l Hkh oLrqk d" vfLrRo eadYiuk'hyrk olrqd" igpkuus  
dsfy, vk/kj gA dYiuk'hyrk dk ç; "x djrsqä gesolrqd"  
igpkuuk gA olrqd" l e>sr" ml dk l k{kkRdkj gykA l e> e  
vkus dk çek.k gs l k{kkRdkj gükA ged" l k{kkRdkj ughavFkkr~  
ge v/; ; u ughafd, gA

I e>us ds l # gfsu; e] fu; #.k] l ryu] U; k; ] /kez vks  
l R; A 0; k[ ; k : i eapkja volFkk, agst" çkñfrd xokfg; k gA  
pkj a volFkkvka dk : i] xqkj Lohkk vks /kez gs; g l e>us dh  
oLrqgA çkñfrd xokfg; "adk gh v/; ; u gA vfLrRo D; "agß  
ds k gs; g vki d" l e> eavkuk gA l gvflrRo ead0; kid oLrq  
Hkh gß, d&, d oLrqHkh gA 0; kid oLrqdk olko gsikjxke; rkj  
ikjnf'kz rk vks 0; kid drkA bu rhu Lo#i eatc 0; kid l e>  
eavkrk gsrc bl eal ekA gA vur çñfr ged" l k{kkRdkj g"  
tkrk gA

e#d" ts sv/; ; u gyk vki d" Hkh g" xkA

1/2007] vejdvd%

I e>us ds fy, tc iñfkfedrk cu tkrh gs  
rHkh l e> eavkrk gs

ç'u% vki dh ckr rdz l xk gsvks ejh dYiuk eah  
vkrh gA dc es; g fuf'pr : i l sdg l drk gweibl ckr d"  
l e> x; k gk

mÜkj% vki dh dYiuk'hyrk 'kñn l soLrqrd igprh gA  
l gvflrRo gh l e>us dh oLrqgA oLrqd" thou }jk igpku  
yuk gh l e> gA dYiuk'hyrk l e> ughagA dYiuk'hyrk gj

52@e/; Lfk n'kù ij vkkfjr l okn

0; fDr dk vf/kdkj gA thou eadYiuk'hyrk olrqd" igpkuus  
dsfy, vk/kj gA dYiuk'hyrk dk ç; "x djrsqä gesolrqd"  
igpkuuk gA olrqd" l e>sr" ml dk l k{kkRdkj gykA l e> e  
vkus dk çek.k gs l k{kkRdkj gükA ged" l k{kkRdkj ughavFkkr~  
ge v/; ; u ughafd, gA

l e>us ds fy, tc çkñfedrk cu tkrh gs rHkh l e> e  
vkrh gh gA çlrko d" l qus ds ckn vki dh dYiuk ead0; k yx  
l drk gsfld vki l e> x, ! dYiuk eadLrq>ydrk g" xk rHkh  
vki eku yrs g" fd vki l e> x, ! tcfld olrqd" l e>us ds  
ckn ml ds l k{kkRdkj güs dk [kdkl vHkh cpk gh gA

vki ds thou eadYiuk'hyrk l s t" lo#i curk gß ml ds eiy eadYiuk'hyrk l s t" oLrq gß og thou tc  
Lohdkj ysk gß rc vki d" og l k{kkRdkj gürk gA ts spikuhs  
, d 'kñn gA ikuh og gs t" l; kl cprkrk gß /kjrh dh o{kadhl  
tho adh vks ekuo dh l; kl A ; g l qus ds ckn vki ds eu e  
iku h oLrqdsckj eadYiuk vkrh gA ml dYiuk ds l gkjs vki  
/kjrh ij iku h oLrqd" igpku yrs g" A iku h d" igpku fy; k r"  
iku h vki d" l k{kkRdkj gykA ml h rjg HU; k; B] p/keB vks p/ R; B  
rhu 'kñn gA ; s 'kñn fuf'pr oLrqk d" bfxr djrs gß t"  
vfLrRo eadLrfodrk gA vki tc mud" l Vhd igpku yrs g"  
r" vki d" os l e> eavk tkrsqA p/ R; B l s l gvflrRo gh bfxr  
gA l R; l e> eavk x; k vFkkr~ l k{kkRdkj ijk gykA l k{kkRdkj  
ijk güs ds ckn c/k vks vutko eanjh ughagA og rRdky gh  
gürk gA

ç'u% iku h d" vHkh ge tho pruk eadYiuk'hyrk gß D; k  
bl dk eryc gSD; k ged" iku h dk l k{kkRdkj gyk gß

mÜkj% ugha tho pruk eadYiuk'hyrk l eko mls vi usfy,  
mi ; "x ds vFkkr~ l k{kkRdkj ijk gykA l k{kkRdkj  
ijk güs ds ckn c/k vks vutko eanjh ughagA og rRdky gh

vflrRo eyd ekuo dñlñr fpnu @53

I kfk vi us I EcUkj ikuh dsLoHko vlg /kez d" ugha i gpkurkA ; gh dkj.k gñekuo tho psuk ea thrs gq ikuh ds I kfk vi us dr; d" ughafuHkk ikrkA I e>nkjh dsckn ekuo d" ikuh ds I kfk vi us dr; dk c/k gñrk gñ ikuh d" I jfkr djus dk nkf; Ro fuokg I e>nkjh dsckn gh gñrk gñ

1/2007] vejdñdñ

### v/; u rñlr dk ekxZ

c'u%thou e/; Lfk n'kü dsv/; ; uiñd dñ srñr gñrk gñ bl d" fl yfl ys I sfoj I scrkb; A

mñkj%Hkfer fLFkfr eaHkk thou eau; k; ] /kez vlg I R; dh viñkk jgrh gñ e/; Lfk n'kü }kjk U; k; ] /kez I R; dk iLrko 'kñn ds: i eafojk eaigpkA bl I sU; k; ] /kez I R; dh viñkk dh if"V gñA bl 'kñn I sI Ecñ/kr oLrqogk ughajgkA 'kñn }kjk I gvflrRo pg"uñ ds: i eaLohdkj g" tkrk gñ yñdu thus tc tkrsgr" 'kñn Hkj i ; klr ughag"rkA bl gvflrRoß 'kñn I sbñxr oLrqD; k gñ I gvflrRo dsckjseñçklr I puk dsvk/kj ij ge I gvflrRo oLrqd" igpkuus dk ç; kl djrs gñ

I gvflrRo dsckjseñpuk dk i fj'khyu djusge fpñk ea x; A ftI ds Qyu ea I gvflrRo fpñk ds fpnu {k e/ I kñRdkj gñrk gñ v/; ; u dh 'kñvkr fpñk I sgh gñ I kñRdkj dk ; Flkor cf) eaç/k g" tkrk gñ cf) ea t" c/k gñk ml dk rjg vuñko g" gh tkrk gñ

vkrek ea gq vuñko dk ijkorlu cf) ea vuñko çek.k c/k g" tkrk gñ ml ds I kfk çekf.kr gñus dk I dñYi ijk gñrk gñ ml h ds vuñkj fpnu vlg fp=.k gñrk gñ ml h ds vuñ i ofñk ea u; k; ] /kez I R; iwlñnf"V; al sçek.k iwlñryu gñrk gñ ftI I soñk I rñV g" tkrh gñ; gh U; k; gñ ; gh /kez gñ ; gh I R;

54@e/; Lfk n'kü ij vuñko fof/k I okn

gñ bl ds fy, vuñko vko'; d jgkA bl çdkj vuñko eyd fof/k I srgy u eñU; k; ?kñh ctkus yxk] /kez?kñh ctkus yxk] I R; ?kñh ctkus yxkA bl fo'yñk.k ds vuñ i eu ea vñloknu gñk eñV; "adk vlg mu eñV; "ad" çekf.kr djus ds fy, eu p; u djrk gñ vc eu ea t" I ñonukvñ I s t" I puk gñ og bl ea fu; f=r g" x; hñ ml ds fy, dñA ckgj I scy ughayxkuk i MñA eu ea eñV; "ads vñloknu ds vuñkj ij tc p; u djus yxs r" çekf.kr gñus yxkA çekf.kr djus ds fy, , d rjQ+I dñYi cf) ea vlg nñ jh rjQ+eu eap; u A ; snñuñfey dj çek.k ijEi jk cu x; hñ

bl ijñh ckr d" vPNs I svi us ea I qñ<+cukvñs bl d" ; fn çekf.kr djuk 'kñ dj fn; k vki uñ fQj t" gñuk gñog g" gh tk; skA vi useñçekf.kr gñus dsckn vi usvñks t" gñusokyk çfØ; k gñog gñxk ghñ ml ds fy, ged" vyx I s I "pus dh t+ jr ughagñA bl rjg NñMñs i dñMñs dk ijk >aV gh I ekir g" x; kA I e> dsdjusge tñ sgh tkrsgr" çek.k gh çokfgr gñrk gñ

; g t" eñs I e>k; k ; fn vki d" I e> ea vñkrk gñ ml ea vki dk fu"bk gñrk gñr" fQj ml d" vuñko djuseñvki d" D; k rdyñQ gñ vuñko dsckn çekf.kr djus dk t" gekjk çofñk curk gñml ds vuñkj gekjk vñpj.k curk gñ vuñko dsckn vñpj.k ea u vñk, , k dñA clyk ughagñA vñpj.k ea ml d" vñkuk gh gñ

1/vejdñd] vxlr 2006½

### vuñkoxkeh fof/k

c'u%I a e dsckn vki us vuñkoxkeh fof/k d" dñ srñkj fd; k

mñkj%bl l s i gys eñs vki d" crk; k Fkk l k/kuk] l ekf/k] l æ e us vutko ds ; "X; ik=rk d" eøs r\$ kj dj fn; k QyLo: i vflrRo eæs vutko g" x; kA vutko g"us dk çek.k 0; fDr gh g" l drk g\$nljk dñ g" ughal drkA vutko l illu g"usdsckn eñs l "pk gj 0; fDr l k/kuk r" djxk ugha gj 0; fDr dsfy, l k/kuk djus dsfy, mnñs; gh ughacu l drkA gj 0; fDr dsfy, l ekf/k l æ e fof/k l s xçtjus dsfy, l Hkkouk Hkk ugha gA bl dh vko'; drk gh ughacurk r" l EHkkouk Hkk ugha curkA , k r; djusdsckn bl Qy dsy'd0; ki hdj.k dsfy, D; k fof/k g"\

vutko eiyd fof/k l s 0; Dr g"us vñs vutkoxkeh i ) fr l sm l s i gpkv yñs ij v/; ; u ijk g" tkrk gA , k eñs Lo food l s l "pkA bl eñfdl h nñjs dk l ykg ughajgk vñs ml orñku eñdñ , k ?Vuk ughajgk t" eøs, k djus dsfy, l pk; A ; g eñs vi us Lo food l s gh r; fd; kA

ekuo tkfr iBu rd r" igp pdh g\$; g r" eøs irk FkkA fucñk dFkk bfrgkI ; s l c iBu djrsqg nñk gh Fkk eñs bl dsfy, ejs ifjokj ijEijk eñJfrß dsuke l sonñk; kl djrs gh jgA bl l s eñs fu'p; fd; k ekuo tkfr iBu rd v/; ; u dk; zñ Lohdkj gA bl dsckn ã'ojoñh fof/k l sñ fof/k; k iuh Fkk l k/kuk vñs vñ; kl A bl d" ri] mikl uk] l k/kuk] ti] vñ; kl vñfn uke fn; k gA vc ejseu eñ; g ckr vñ; h D; k iBu djuk vñs i<kuk bl l svutko g"rk g\$ bl eñfudyk ugha iBu dñA vutko dk vñkjk ugha g" l drkA iBu , d l puk dk mPpkj.k ek= g"xkA l puk dk mPpkj.k çek.k ugha g" l drkA vñkjk ge ftrusñk fdrkc i<rs gñs døy l puk dk mPpkj.k gh gA vñkjk vki vñs ge t" l økn dj jgsgñog Hkk l puk ds: i eñgh g"xkA çek.k ugha g"xkA çek.k vñneh gh g"xkA , k eñs;

56@e/; Lfk n'kù ij vñkjkfjr l økn

fd; kA eñ l k/kuk l ekf/k l æ e iñd t" vñkjk d" ik; k r" ml dk çek.k eñgh gñu fd ejs }jk fy[kh gA dñA fdrkcA fdrkc døy l puk gA

bl rjg ejs }jk ; fn dñA 0; fDr v/; ; uiñd bl Qy d" ikrk g\$ r" og Lo; agh çek.k g"xkA bl fu"d"l ij eñvk x; kA eñs t" dñ Hkk fy[kk g\$og fdl h oLrqd" bñxr djus ds fy, gA og oLrqd keus0; fDr ds l e>us dsfy, gSu fd døy i<us dsfy, ! thou l e>rk gA thou d" l e>us dsfy, D; k pkfg, \ bl dk 'k/k djus ij fudyk 'kjij ds l kfk t" mPpkj.k djrs gñ Hkk"kk dk ml ds l kfk i fñHkk"kk d" Hkk i<us ds fy, çko/kfur dj fn; kA i fñHkk"kk fof/k l soLrqdk o.kù Lohdkj g"rk gA gj 0; fDr ds ikl t" dYiuk'khyrk g\$og ml o.kù ds l kfk t"mfrk gA og t"mñs l s dYiuk'khyrk ml o.kù l s t" vñkjk fu"lñjrk gA ml vñdkj rd eu d" igpk nsrk gA ml vñdkj dh oLrqd" tc vflrRo eñeu igpkuus tkrk g\$r" ml svflrRo eñolrqds: i eñikrk gA t" spikuñ , d 'kñn g\$vñs ikuñ , d oLrqgA pikuñ 'kñn l s ikuñ d" s k g\$ ml d" eu rd igpkusdh 0; oLFkk gA eu rd igpus ds ckn eu ikuñ d" vflrRo eñigpku yñk gA l; kl cñk nsrk gA

dYiuk l sge oLrqd" vflrRo eñigpkuus tkrk gA oLrq fey x; k r" çek.k g" x; kA ughafeyk r" dYiuk gh jg x; kA gj 0; fDr dYiuk'khy gA ; g çñfr çññk gA

igpkuus dh oLrqan" rjg dh g\$ dñ os g\$ t" bñlæ; "a }jk vñkjk : i eñigpkuh tkrk gA bud" bñlæ; x"pj uke fn; kA nñjñ osolrqagat" Kku }jk gh i gpkuh tkrk gA bud" Kku x"pj uke fn; kA

ikuñ iññ&iññ iRFkj vñfn oLryka d" ge bñlæ; "a l s çklr l ønukvñks vñkjk ij igpkurs gA piuh l s l; kl cñk

gß ; g Klu ged" bflæ; x"pj fof/k I sgyk gA , h cgj I h pht"adk Klu ekuo d" g" ppdk gA yfdu t" oLrqadøy Klu fof/k I s igpkuh tkrh gAos djhc&djhc I Hk h ekuo dh igpku I s jg x,A t\$ s þthouß Klu fof/k I s gh igpuk tkrk gA 0; ki d Klu fof/k I sgh igpuk tkrk gA oLryvadk Lohkk vlg /kez Klu fof/k I sgh igpuk tkrk gA

ç'u%bflæ; x"pj fof/k I s t" oLrqaecko usigpkuh D; k mudk Klu ml ea ijk g" x; k

mÙkj%ugh døy I ñonukvadsvflzeagh mudh igpku gA og 'kjbj I j{k.k dsfy, i; klr gykA 'kjbj dsfy, ftu oLryvadk vko'; drk Fk h ml rjg I s jh gA fdrq thou dh t" vko'; drk jgh ml dsfy, Klu x"pj fof/k I s igpkuus dh vko'; drk jghA og Hkkx pj gh jgkA Klu x"pj fof/k I s t" oLryvad" igpkuuk Fk og ijEijk ea igpku ea ugha vk; k bl fy, thou rflr dh ckr çekf.kr ughagA thou rflr D; k gß ml d" eñsn[k gA og gS l [k] 'kkur] I r""k vlg vkuñA ; g eñsn vuñko iñd ik; k

vudlyrk çfrdlyrk bflæ; x"pj gA

I [k] 'kkur] I r""k vkuñ Klu x"pj gh gA

bl dh vki d" t: jr gS; k ugh igys; g r; gh dj y! fQj bl ij I pk tk,] ppkz fd; k tk,] fu"d"l fudkyk tk,A bl ea; gh fudlyrk gSgj 0; fDr I [k] guk pkgrk gh gA

ç'u%Klu x"pj okyk Hkkx ekuo tkfr dsigpku eavkus I s dñs NW x; k

mÙkj%ml rjQ+ekuo x; k gh ugh Klu x"pj okyk i{k gh çek.k I s l Ecf/kr gA çek.k d" yd foKku us; d" vi uh fo}rk dk çek.k ekukA ml I sekuo dV x; k A'ojoknh fof/k I s

fo}rk dk çek.k fdrkc d" ekukA ml I sHkh ekuo dV x; kA Klu vlg fo}rk dk /kphdij.k vlg rd ; a vlg fdrkc ds I kfk gh gyk gA ekuo ds I kfk fo}rk dk /kphdij.k vlg rd gyk gh ughA ; g ; g ppkz gh ughagA! tcfd vknreh dk gh vf/kdkj gS Klu x"pj fof/k! I [k] 'kkur] I r""k vkuñ dh vi sikk ekuo eagh gA fdruk ge cøju I s pys gA ukyk; fd; r I s pys gA ; k cf) ekuh I s pys gA vki gh I "p"!

gj 0; fDr vlfn dky I s l [k] g"usdh vi sikk j [krk gß ij ekuo d" çek.k dk vlg/krj ughaekukA

; g fdrus cmvijk dk vlg/krj gyk gSvki I "p y!   
 1/tuojh 2007] vejda/d½

### izkf.kr gkus ds fy, v/; ; u vko'; d gS

ç'u%þesl [k pkgrk gA ; g r" eþsfuf'pr gA esl [k gh gA ; k ugha; g eþsirk ugha fujrj I [k r" ughagA bl txg I s vlxsdñs cñs cñs

mÙkj%'kñ] Li 'k] xñk jI vlg : i bflæ; "a eal [k t\$ k HkkI rk r" gSij I [k jgrk ughagA I [k ml ea jgrk ughagA I [k ; fn ml ea Þg"rkß r" ml dh fujrjrk g"rhA ; g dl vlg gA bflæ; "a I s ged" ftruh Hk h pht"a ea I [k HkkI rk gS muea vudlyrk çfrdlyrk gh g"rh gA buesl [k ughag"rkA vudlyrk d" ge I [k eku yss gA ij og bl [k jgrk ughagS ; gh og LFkyh gS tgk I kjk vknreh tkf cøwruk gA cøwru dh nñjh ÅpkA gScodQ g"ukA rhl jh ÅpkA gSvijk/k g"ukA bu rhu'a Åpkb; "a eagh [kMgS l Hkk!

; fn I [k pkfg, r" Klu x"pj oLryvad" igpkuus dh t+ jr gA ekuo ijLijrk eafo'okl Klu x"pj gA I cñk adk ç; "tu Klu x"pj gA /kjrh dh v[ kMrk Klu x"pj gA vknreh

vflrRo eiyd ekuo dñlhr fpru @59

ds thus ds vf/kdk'k Hkkx Kku xpj gñ; ure Hkkx bñlæ; xpj gñ

vñlh vki I gefr ns jgs gñ Kku xpj oLrqai gpkv eñ  
vkuh pkfg, A yñdu I gefr gñuk Hkj i; klr ughagñ I gefr ds  
I kfk fu"Bk gñrk gñrc ge çek.k ds i kl vk; gñ; g vñlk gñrh  
gñ tñ sj"t pkj fdy"ehVj nñMusdsfy, I c y" x" adh I gefr  
gñ I drh gñ yñdu dñ y" x ughanñM+ikrs gñ bl eñvñkerk  
0; Dr djrs gñ dñ y" x py Hkh i krs gñ ml h rjg Kku xpj  
Hkkx dsçfr I ger gñrs gñ Hkh ml dñ yñdj py ugha i kus dh  
det"jh y" x" aej [kñ gh gñ

I gefr ds I kfk ; fn fu"Bk ughagñrh gñrc ge çek.k ds  
i kl dñ svk; gñ; gñ dñyuk Hkh ughafd; k tk I drkA I gefr  
ds I kfk fu"Bk tñ Mus i j gh v/; ; u gñkA v/; ; u gñus I s  
I PpkA dñ geus i gpkv fy; kA I PpkA dñ i gpkus dsckn geljs  
thus dsfy, I jy ekxñfudy x; kA ml dsckn dñ #drk ugha  
gñ I gefr ds I kfk fu"Bk gñuk gh tñ Mus dh LFkyh gñ fu"Bk gñus  
ij ge ; fn v/; ; u eayx x, rñ elfu, ge çxfr Øe eajñ

v/; ; u eayxuk gh fu"Bk dk çek.k gñ çekf.kr gñus ds  
fy, v/; ; u vko'; d gñ v/; ; u dsfcuk ge çekf.kr ughagñ  
I drs gñ

1tuojh 2007] vej dñ/dñ

### ekuo vñj izfr

ç'u%ekuo vñj ckdñ I kjh çñfr eñD; k Qdz gñ

mñkj%ekuo vur vñj vñ he vflrRo ds I kfk I "puñ  
I e>us vñj thus; X; oLrqgñ ckdñ I c oLrqacxVu Øe eñ  
þgñuñ ds: i eajñ bl rjg ekuo gh vflrRo eññ"Vk gñ ekuo  
gh vflrRo dñ I e>sk 0; k d dñ I e>sk vñj Lo; a dñ Hkh

60@e/; Lfk n'kñ i j vñlkfjr lñkn

I e>skA QyLo: i ekuo dk vflrRo eñþguñ dk ckr cuñkA  
vñlh ge u Lo; a dñ I e>sgñ u vflrRo dñ I e>sgñbl fy,  
thus dk jklrk gh cñ gñ x; kA vñfn dky I s vñlh rd ekuo  
vi us þjguñ ds Lo#i dñ i gpkv ugha i k; kA

ç'u%vñlh rd ekuo thrk ughajgk D; kA

mñkj%ekuo vñlh rd tho pruk eñft; k gñ tho pruk  
eñthrs gñ Hkh tho"al s vPNk thus dsfy, I "pkA D; "fd ekuo  
dñ dñyuk'khyrk deLorñrk fojkl r eñfeyk gh FkkA ml h ds  
jgrs ekuo us I kekñ; vñdkñ [vñkgkj] vñkñ ] vñdkñ½ vñj  
egRRokdkñ [vñjJo.k] nijn'kñ nijxeu½ I cñlh I Hkh oLrykadñ  
çklr dj fy; kA bl rjg ekuo viuh ifjHkkñ ds vuq i  
eukdkñ dñ I kdkñ djus ds pñkv eñvk x; kA eu%LoLFkrk dk  
pñkv VV"yk rñ nñlk [kkyh i Mñ gñ eu%LoLFkrk dñ yñdj ge  
fnokfy; k gñ eukdkñ dñ I kdkñ djus ds i {k eage I e) gñ  
; g vñt rd dh I ehñlk gñ fcuk eu%LoLFkrk ds eukdkñ dñ  
I kdkñ djus ds Øe eañh ; g /kjrh chekj gñ pñph gñ vñks dh  
i hñkñ dgñ jgñkñ eu%LoLFkrk dk pñkv dñ sHkjñkñ blighaç'uñ  
ds mñkj eñ ; g fodYi gñ

ç'u%ekuo dsþgñuñ vñj þjguñ I s D; k vñlk; gñ

mñkj%ekuo vi us þgñuñ dñ dñyuk'khyrk iññl i gpkv  
pñlk gñ dñ sjguk gñ ; g rñ; ughadj ik; k gñ ekuo eñl kdkñ  
i jEijk ds vuq i gh þjguñ curk gñ ekuo dk jguk bl rjg  
tho"al s vñlñlu gñ tho"aeaoñk i jEijk ds vuq i jguk cu tkrk  
gñ ñekuo i jEijk tñ h dñ pñt gñrh gñ ; g tñxfr I s i gys  
Hkh Lohñfr jgrh gñ ij ekuo i jEijk dñ dñ sjguk gñ ; g  
tñxfr dsckn gh gñrk gñ

1tuojh 2007] vej dñ/dñ

**gj ekuo I e>us ; k; gS**

ç'u% vki Hk;] çyHku vlg vklfk ds Lfkku ij vkr  
fo'okl Is thus dh ckr djrs gA ysdv vkt dh fLFkfr ea  
fo'okl dh iEijk ughacuh gA , s seaD; k ge vi us okrkoj.k  
dsçfr foj//HHKKI ea thus dsfy, ck; ughag" tk; xk

mÙkj%bl ea e>nkjh d" dñnzesykusdh vko'; drk gA  
ifjokj ea, d vkneh d" çelf.kr g"uk g"xkA ml vkneh dsçfr  
I cd" fo'okl g"rk g\$fd b; g vkneh Bhd g\$B ; k bbl vkneh  
dsçfr ged" d"Ã 'kdk ughag\$B ejk mnkgj.k yar" esigyk  
vkneh Fkk ejk thuk jguk I Hkh dsfy, fo'okl dk vklkj cu  
x; kA ; g bl vklkj ij gS tc tkxfr g"rh g\$ r" ml Is  
okrkoj.k cnyrk gA okrkoj.k gekjs vuq kj cny tkrk gA  
gekjk thuk ; fn cny tkrk g\$ r" ml dk çHko g"rk gh gA  
ge tkxfr iwd ; fn thrsgr" D; k ifjokj egejk d"Ã foj//k Hkh  
drk gA

tkxfr iwd thuk ¾ I el/ku] I ef) iwd thukA bl  
ij çgkj d"u dj I drk gA bl ij vfo'okl d"u dj I drk  
gA ; g vkneh Is curk gh ughagA tkxfr d" viuk,a ; k u  
viuk,a ; g njs dh LoPNk ij fuHkj gA viukvl pkgs u  
viukvl bl dk foj// ; k bl ij vfo'okl r" d"Ã dj ugh  
ik; xk!

vk/kkjHkr dke ; gh Is gS t" eñs Åij dgk t" 0; fDr  
ml eñVd ikrk g\$ og vk/kkjHkr dke dj I drk gA t" fVd  
ughai krk og vk/kkjHkr dke r" ughadjsxkA ijijk dk <kpk&[kpk  
cuus ds ckn r" I Hkh I ger g"rs gh gA lefiñ g"rs gh gA  
ijEijk cuus ds ckn gj 0; fDr I lefiñ g"rk gh gA

ç'u% I e>nkj g"us eñokrkoj.k dk D; k ; "xnku gA

62@e/; Lfk n'kù ij vklkjfr I økn

mÙkj%gekjh LohÑfr; k gh gekjk okrkoj.k gA ekuo  
fdl I e; dS s I e>nkjh ds fy, djoV ys y\$ bl dk d"Ã  
vñktk ughayxk I drkA vkt xyrh djus okyk dy fdruk  
I gh g" I drk gS bl d" d"Ã I p ugha I drkA

vr%vkneh ds I dkjusdh I EHkkouk I nk&I nk cuk gh gA  
gj voflk eañ cuk gh gA ge ; fn I Vhd jgrs g\$ r" gekjk  
okrkoj.k Hkh çHkkfor g"rk gA ge ; fn I Vhd ughajgrsr" gekjk  
okrkoj.k ge ij ncko Mkyrk gh gA ; g Hkh ml h fof/k I sgSpx#  
eñ; eay?kqeñ; I ekrk g\$B

ç'u% vki gekjh ft I Hkh ckr dk mÙkj nss g\$ ml d"  
ekuo Is yk dj t" Mfs gA , s k D; "A

mÙkj% I gvfLrRo #ih vflrRo Is I cf/kr d"Ã Hkh ckr  
g"xh r" ml d" ge crk, xA ml d" v/kj ea N"MK ugha tk  
I drkA I gvfLrRo d" I e>us okyk ekuo gA bl fy, ekuo d"  
N"MK ugha tk I drkA bu n" /kpa ds chp eagh I kjk n'kù gA  
, d rjQ+I gvfLrRo Lo: ih vflrRo nñjh rjQ+tkxr ekuoA  
I gvfLrRo dk n"Vkj drk Kkrk vlg HkDrk tkxr ekuo gh gA

ç'u% I e>us dh çfØ; k eñ I e>us vlg I e>us okys ds  
chp I Eçsk.kk I gh g"uk t: jh gS

mÙkj% I Eçsk.kk Bhd g"us eñn" eñ vko'; drk, ag%

1½ I e>us okyk viuh ijh I e> d" çdkf'kr dj I da

1½ I e>us okyk 0; fDr ml d" xg.k dj I da

; snüag"us ij gh I Eçsk.kk ijik g"rk gA ijseu IsI çus  
dsfy, vki vk, g" ; g ejk LohÑfr gA

gj ekuo I e>us ; X; gA gj ekuo I e>uk pkgrk gA  
bl ds I kfk gh gj ekuo fdI h vk; qds ckn vius d" I e>nkj

## vflrRo eyd ekuo dñlhr fpru @63

eku yrsk gA þesl e>nkj g" x; k gþ tc ; g eku yrsk gþ rc ml dsfy, I e>us ds njoktscn g" tkrs gA bl dsckn I Vhd ckr ml rd igpus eardyhQ g"rh gA , s h fLFkfr ea og 0; fDr tþ k ml us viuk thus dk rjhdk cuk; k gþ ml ds vudy ckr ad" I þrk gsvkj t" ml ds vudy ughagA mud" vius l gfiy; r ds vuq kj rtþk dj yrsk gA

c'u%0; ogkj dh I hek D; k gþ

mþkj%0; ogkj dh I hek gSI Ecl/kA I cakaeaU; k; çekf.kr g"ukA I Ecl/k dk ç; "tu ds vkkj ij igpku g" tkuk ml dh Äekunkjh ds I kfk fuokg g"uk ijLij ev; a dh vutlk g"uk ijLij rk ea mudk ev; kolu g"uk Qyu ea mikk; rflr g"ukA 0; ogkj ea mikk; rflr gh eki nM gA

fu; fr fof/k oþko ¾ U; k; A

I Ecl/k fu; fr fof/k I sg"rsgA I Ecl/k d" vkneh i þik ugha djrkA vkneh døy I cakad" igpku I drk gA U; k; ea þl cakad dh igpkuß ds ckjs ea dgk gA þl cakad dk fuelzkß ugha dgk gA I cakad" ç; "tu ds : i ea igpkuk ogka I sU; k; dk 'þvkr g"rk gA ç; "tu ¾ I gvflrRo ea çek.kA

c'u%vutlk I si gys gel svU; k; u g" D; k ; g I EkkA gþ

mþkj% ughA vutlk I si gys ijLij rk ea dgla u dgla vU; k; g"rk gh gA tlxfri ds igysU; k; dk d"Ã Lfkku gh ughA gA

vkt dh fLFkfr ea, d Nr dsuhps vud y" x g" tkrs gþ I kfk ea jg ughai krA viuk ijk; k dk nhokj cuk gh jgrk gþ pkgsN"Vk g"] ; k cMk g" A Fk'Mk nhokj c<+x; k r" }þk Hkk fn[krk

64@e/; Lfk n'ku ij vkkfjr I okn

gA de nhokj jgrk gþ r" }þk fn[krk ughagA vutlk ds igys d"Ã U; k; ughagA d"Ã I ek/ku ughagA

1/tuojh 2007] vej dVd½

## vflrRo eyd ekuo dñær fpruß dk eryc

c'u%vi usçLrfr d" vflrRo eyd ekuo dñær fpruß uke nsus ds eyi ea vki dk D; k vkk'k; jgk\

mþkj% bl ds igys n" rjg ds fpru vk, igyk jgL; eyd Ä'oj dñær fpru( nþ jk) Hkrdokn ; k vlfkjrk vfu'p; rk eyd oLrq dñær fpruA Ä'oj dñær fpru jgL; I s vkkEhk g"rk gsvkj jgL; eagh vr g"rk gSbl fy, ml d" fo'kþ.k fn; k þjgL; eydBA jgL; I s d"Ã I ek/ku feyrk ughagA ekuo ea dYi uk'khyrk g"usI sjgL; d" ydij vud çdkj dh phtafy[k nh x; hA Hkrdokn usfl )kr : i ea vlfkjrk vfu'p; rk d" çfrikfnr fd; k gA

vc ; g t" eþI s çxV gyk bl s Hkk r" d"Ã uke nsuk FkkA eþus vflrRo eagh I c dN nþkk FkkA vkj eþus ekuo dh gSbl ; r I sgh nþkk FkkA vflrRo eyi eþgsvkj ekuo nþku@I e>us okyk gSbl fy; sþvflrRo eyd ekuo dñær fpruß uke fn; kA

c'u%bl d" þe/; Lfk n'kuß vki us uke D; afn; kA

mþkj%bl eae/; Lfk I Ükk e/; Lfk cy] e/; Lfk 'kfDr vkj e/; Lfk fØ; k dk o.ku gSbl vkkj ij bl d" e/; Lfk n'ku uke fn; kA

çÑfr ea rhu rjg dh fØ; k, axokfgr gþl e %cuuk ; k c<ukh] fo"ke %xjuþ ?Vukh vkj e/; Lfk %cusjguk/A tþ s i M+ c<fk gþ cusjgrk gsvkj , d fnu ej tkrk gA cdjh dk cPpk iþk g"rk gþ thrk gsvkj , d fnu ej tkrk gA cusjgus dh

i jEijk gřh gA

i jEijk ds : i eaqjd oLrq l nk&l nk jgus ds fy, gS  
bl d" igpkuus dh vko'; drk gA e/; LFkrk ds vklkj ij l e  
vls fo"ke dk Hkh v/; ; u fd; k tk l drk gA

1/tuojh 2007] vejdl/d%

### Hkar vHkar

ç'u% vutko l Ei luktur ds ckn ekuo ekuo in ea Ro  
l ilu jgrk gA ekuo in d" vki us pHkar vHkarB Hkh dk gA  
pHkar vHkarB dk D; k vFlz gS

mükj%pHkarB ekuo fc; ] fgr] ykk nf"V; "al sfopkj djrk  
gS dk; l djrk gA fuHkarB ekuo U; k; ] /ke] l R; nf"V; "al s  
fopkj djrk gS dk; l djrk gA fuHkar g"us ds ckn d" A Hkar okys  
dkc djrk ughagA fuHkar g"us ij pHkarB D; k gS; g irk pyrk  
gh gA ; g os sgh gS tc ged" l gh D; k gS; g irk py tkrk  
gS r" xyr D; k gS; g Hkh irk py tkrk gA xyrh ds fy, d" A  
vyx l sv/; ; u djuk ugh i MfkA

Hkar vHkar l svk'k; gS t" fuHkar g" dj Hkar vls fuHkar  
n"adk n"Vk g" A ; g bl fy, vko'; d gS D; "fd xyrh d"  
l jk us ds fy, xyrh d" n"k i ktk vko'; d gA ; g rHkh rd  
gS tc rd i jk ekuo i jEijk tkrk eafjofr ughag" tkrhA  
pHkar vHkarB vutko l ilu 0; fDr gh gS t" ekuo in eaqA Hkar  
vHkar dk eryc ; g ugh gS vutko l ilu 0; fDr eafHkar Hkh  
jgsk vls fuHkarB vutko l jgskA

I gh d" l e>k gS ml d" xyrh djus oky k xyr fl )  
ughad j i krkA /kj&/kjxyrh djus oky k l gh l e>us dh txg  
ea vk tkrk gA l ghi u fd l h , d 0; fDr l s'kq g"rk gA

66@e/; LFk n'klu ij vklkjfr l okn

ç'u% bl l si gys pl glß gryk fd ughA  
mükj%pl glß dsckjseakU; rk jgh gA l gh dk çek.k gryk  
ughA

pl glß dñl g"rk gS, l h ekU; rk jgh gA ij l ghi u dh  
i jEijk ughacu ik; hA l ghi u dh i jEijk l svk'k; gS l e> t"  
vkpj.k ea vk, ] l fo/kku ea vk, ] f'k{kk ea vk, vls 0; oLFkk ea  
vk, A e/; LFk n'klu l ghi u dh çek.k l fgr i jEijk ds fy,  
çLrko gA ml h ds fy, ge ç; kl jr gA

1/tuojh 2007] vejdl/d%

### fopkj igyj vpkj.k ml ds ckn ea

foxr ea l vkn'kkn u%crk; k vpkj.k igyj fopkj ckn  
ea vpkj.k ds fu; e crk; s ; g dj] ; g er dj'A og l c  
: f< "ae aifjofr g" x; kA

tcfd e/; LFk n'klu ds vu l kj fopkj igyj vpkj.k  
ml ds ckn ea fopkj eage LoLFk g" tkrsg" r" vpkj.k ea  
LoLFk g"rs gh gA pdj] u dj" ; g : < h gS l e> ughagA l "p  
fopkj ; fn ijk g" tkrk gS vutko eyd g" tkrk gS r" og  
vpkj.k ea vkrk gh gA fopkj ea l ek/kku LFkkfir gq fcuk d" A  
ekuo h; rki wkl vpkj.k ugha djskA ml ds fy, v/; ; u gh , d  
ek= mik; gA

1/tuojh 2007] vejdl/d%

### dS l qA

t" dgk tk jgk gS mruk gh l qam l ds l kf feykoV  
ughad; k tk, A feykoV djus l sge #d tkrsgA vul qh djus  
l sge #d tkrsgA vunlh djus l sge #d tkrsgA

vflrRo eiyd ekuo dñlhr fpru @67

; g dñ feyk dj tlxr ekuo ds : i eaqus ds fy,  
I pko gA bl dñ /; ku lslqus dh t+ jr gA  
vunlh ughfd, eryc /; ku nsuk 'kq dj fn,A  
feykoV ughfd, eryc lrdzjguk 'kq dj fn,A  
vul qh ughfd, eryc ,dkxrk vk x; hA  
bl iTrko dñ ijk l e>us ds ckn fu.kl yift; s bl ea  
D; k deh gA l e>us ds igys gh ge bl ea deh fudkyus yx  
dN bl dsckjseafu.kl ysxsxr" vul qh vki vunlh g" xA  
bl dñ l e>us ds ckn fopkj dlft; s ; g gekjs fy, fdruk  
l Fkld g\$ mi dkjh g\$ t+ jr gA fQj dñ foj"/kkkl yxrk g\$  
r" ePscrkb; A gj l #] gj fcUnqekuo ea ekusdsfy, gh gA  
dN Hh foj"/kkkl ea tkrk gh ughgA

1/tuojh 2007] vejdl/d%

### Hkkk ls Kku rd

/ofu ds ,d rjhds dñ ge Hkkk dg jgs gA bflæ; "ads  
l Fk 'kcn r\$ kj g" rk gA 'kcn vrr" xRok Hkkk ds uke l svk; kA  
Hkkk gSHkkk ukA 'kcn ds vFk l soLrqdk Hkkk g" ukA 'kcn ds vFk  
l soLrqdk Lo#i dYi uk eavkukA vi uh dYi uk eavkusdsckn  
og l kRRdkj g" tk,A og vulko eavk tk,A og çekf.kr g"  
tk,A çekf.kr g" uk vFkk~thus e c" yus e l e>kus eavulko  
çekf.kr g" ukA

t\$ sPKkuß ,d 'kcn gA Kku og l e> g\$ t" ekuo ds  
thus ea l kejL; rk ds : i eaçekf.kr g" rk gA igys pkj fo"k; "a  
dñ gh Kku eku fy; k x; klr u g" us ij i kp bflæ; "ads  
}jk g" us okyh Lohñfr; "adñ Kku eku fy; kA og Hh i; klr u  
g" us ij ml dñ Hh udkjk x; k vki g" uk D; k pkfg,] bl ij l "pk

68@e/; LFk n'klu ij vklkfjr l okn

x; kA eñs bl fcUnq l s'kq fd; k FkKA eñs t" ç; kl fd; k og  
l Qy g" x; kA eñs Kku dñ igpku fy; k t" ekuo ds thus ea  
l kejL; rk ds : i eaçekf.kr g" rk gA

bflæ; x"pj oLryk dk Kku ekuo dñ g" x; k gA Kku  
x"pj l c cpk gyk gA e/; LFk n'klu Kku x"pj oLryk dh  
igpku djkusds vFk eaqgA t\$ sthou Kku x"pj gA ekuo eW;  
fo'okl ] l Eeku] vlfn Kku x"pj gA ; s Kku x"pj oLrqg; fn  
l kRRdkj g" rk g\$ r" vulko g" rk gh gA

1/tuojh 2007] vejdl/d%

### vFk dñ l e>uk gj 0; fDr ds cycirs dk g\$

thou eaLo; e-l s dñ pht Nijk ughgA 'kjhj dñ tc  
rd thou ekusjgrsg] thou Nijk gh jgrk gA thou dñ thou  
ekuus dh vko'; drk gA ,s k g" us ij /kjjs /kjjs çekf.kr g" uk  
curk gA gekjs fopkj] bPNk l dYi dh rf"V vki çek.k dk  
igpku bl <x l sge dk; Zdjuk 'kq djrs g] rc thou eavFk  
c" k g" uk l gt g" rk gA gekjs l kjs l "p fopkj dñ bl eafLFkj  
djrs g] r" vulko g" us dh l EHkkouk cu tkrh gA

epeavk'kk dh rf"V pkfg, A bl rf"V dñ D; k uke fn; k  
tk; s uke ,d gh g" rk g\$ l ek/kkuA eu ea l ek/kku g" tk; s  
fopkj aeal ek/kku çxV g" tk; A gj bPNk ea l ek/kku l ek tk; A  
gj l dYi ea l ek/kku Li"V g" tk; A ,s h fLFkfr ea ge  
l ek/kfur g" tkrs g] vulko eiyd fof/k l svfHk0; fDr bruk gh  
g" rk gA

vFk ds l Fk r\$kr g" us ij ged" c" k g" rk gh gA  
rRdky geafpük ea l kRRdkj dh rf"V g" tkrh gA QyLo: i  
vulko g" tkrk g\$ bruh gh ckr gA vulko ds ckn ge dgh  
#dus okys ughgA ; g fdI h nñ js rjhds l s ughg" rkA

vflrRo eyd ekuo dñlhr fpru @69

I Hkh y'x 'kñads#i eagh çxV gñka ml ds vFlz d'' gj 0; fDr I e>rk gñ vFlz d'' I e>uk gj 0; fDr dk I keF; Zgñ vFlz gh oLrq gñ oLrq gh vFlz gñ I Eiwz oLrq vflrRo eñ gñ I Eiwz vflrRo I gvflrRo Lo: i eñgñ ; g I Eiwz vflrRo pkj voLFkvñds#i eñçxV gñ I Eiwz oLrqdk uke gñ og uke ge I ñrs gñ uke I ñdj vflrRo eñ oLrqd'' i gpkuk gñbruk gh gñ

ekuo usgh gj oLrqdk ukedj.k fd; kA uke I sgj oLrq dk igpkuk gñrk gñ ; g çfØ; k gj 0; fDr eñfufgr gñ dñy bl çfØ; k d'' ç; "x djus dh ckr gñ I ñnu'khyrk dsfy, ç; "x fd; k I Qy gjA vc I Kku'khyrk dsfy, bl dk ç; "x djuk gñvñ I Qy gñuk gñ bruh gh ckr gñ

I ñnu'khyrk I sge I Qy gñks; k I Kku'khyrk I s ignys bl d'' Hkh r; dj y'! I Kku'khyrk ds fy, >dekjñ gñ I ñnu'khyrk I svijk/k eñr gñuk curk ughagñ viuk ijk; k I s eñr gñuk cusk ughñ

WxLr 2006 vejdl/d½

### vFlz vflrRo eñ oLrqgs

I ñuk Hkk'kk gñ

Hkk'kk I s I e>uk vFlz gñ

vFlz vflrRo eñ oLrqgñ

oLrq I e> eñ vkrk gñr'' ge vFlz I e>rs gñ

I e> t'' gñog vñlko gñ

'kñ vñlko ughagñ

dñ fof/k; a I s ge NW&NW ds pyrs jgñ mud'' t'' Mus dh fof/k vñlko gh gñ

70@e/; Lfk n'kñ i j vñlko fñjñ I økn

og fof/k gñ vflrRo eñ oLrq ds #i eñ vñlko djukç  
çekf.kr djuk bruk gh gñ

çekf.kr djus eñekuh; rki wñl vñpj.k vñrk gñ vñpj.k  
vñkus I s0; oLFkk eñthus gñrk gñ I kjsolrq0; oLFkk ds vFlz eñgñ  
I exz 0; oLFkk eñthus dk I # curk gñ

ge ftruk thrs gñml ds vñxs dk I # vius vñki thou  
I s fudyrk gh tk jgk gñ

I oññekñ I ek/ku d'' eu%LoLFkrk ds #i eñ eñus vñlko  
fd; k gñ

WxLr 2006 vejdl/d½

### fp=.k I kñRdkj vñgñ c''/k

Vñlko I s ignyñ fpñk eñ t'' fp=.k gñrk gñml I s  
I Kkuh; rk çekf.kr ughagñrkA I ñnuks ds #i eñgh 0; Dr gñrk  
gñ

v/; ; ui ñd cñ) eñt'' c''/k gñrk gñ; gh fpñk eñl kñRdkj  
gñ og vñlko eyd fof/k I s çek.k çLrq gñrk gñ

fpñk eñ l kñRdkj gñus ds ckn cñ) eñc''/k gh gñrk gñ  
c''/k gñus ds ckn vñlko eyd fof/k I s iñ%çek.k c''/k cñ) eñ  
gñrk gñ çek.k c''/k dk I ñYi gñrk gñ çekf.kr djus ds fy,  
I ñYi gñrk gñ I ñYi gñus I sml dk fpru gñrk gñfpñk eñ  
fpru ds ckn ml dk fp=.k gñrk gñ ml sfp=.k }jkj ge vñxs  
çdkf'kr djuk 'kñ dj ñrs gñ

vñlko xkeh fof/k eñ l h/kk I kñRdkj c''/k gñrk gñfp=.k  
ughagñrkA ryu I s l h/kk I kñRdkj] I kñRdkj I s l h/kk c''/k  
ml ds ckn vñlko vñgñ fQj vñlko dk ijkorñ cñ] fpñk ofñk  
vñgñ eu ijA vñlko ds ijkorñ fof/k I s fp=.k gñrk gñ

vflrRo eyd ekuo dñnr fpru @71

ekuo dh dYi uk'khyrk dk rflr fcñq l gvfLrRo eagh  
gA dYi uk'khyrk dh jCkuh ea v/; ; u djus okys fo | kFkZ dks  
I kkkdkj c/k g" x; kA vulko dh jCkuh v/; ; u djkus okys  
v/; ki d easuk gh jgrk gA QyLo: i v/; ki d ds vulko dh  
jCkuh eafo | kFkZ dh dYi uk'khyrk foy; g" tkrh gA vulko dh  
jCkuh fo | kFkZ eaçkkoh g" tkrh gA

WxLr 2006 vejdu/d%

U; k; ] /ke] I R;

U; k; ] /ke] I R; iñd ryu djus dh ckr ofuk eaj [k  
guk gA ml I s I c/k 'kñn ge I ñrs gA 'kñn I s I c/k oLrq  
'kjbj eyd fof/k I s ofuk ea vkrk ughagA ofuk ea I gvfLrRo  
g"us ds#i ea 'kñn I s Lohdkj g" tkrk gA U; k; ] /ke] I R; d"  
jgu# ds#i ea igpuuk 'kñk jgrk gA "kñn\* I s bruk mi dkj  
guk fd U; k; ] /ke] I R; g"usds#i ea Lohdkj g" x; kA tc dk; Z  
#i eax, r" 'kñn i; klr ughaguk A I R; 'kñn I st" I gvfLrRo  
bfxr gSog D; k gS bl txg eage igprs gA ; g g"us i j  
I gvfLrRo fpük eagh I kkkdkj g"rk gSfpru {k= eA I kkkdkj  
g"usij c/k g"rk gh gA c/k g"usdsckn çek.k c/k cf) ea i g"  
g"rk gA vulko çek.k c/k g"us ds ckn cf) fpru ds fy,  
ijkofr g"rh gh gA QyLo: i ml ds vuq i fp=.k g"rk gA  
, k fp=.k g"us I s I keusokys0; fDr d" c/k djusdsfy, oLrq  
feyus yxhA

I ñYi çekf.kr g"us dk xokgh gA

fpru fp=.k dk i "BHKie gA

I ñYi çekf.kr g"us ds fy, cht gS ml ds fy, fpru  
, d vko'; d cfØ; k gA rkfd ofuk rlr g" I dsfd ; gh U; k; gS  
; gh /kezgS ; gh I R; gS ; g g"usfd fy, vulko vko'; d jgkA

72@e/; LFk n'kù ij vkkfjr I okn

bl rjg vulko eyd fof/k I s I R; ryu ea ?k/h ctkus  
yxk! /kez ?k/h ctkus yxk! U; k; ?k/h ctkus yxk! QyLo: i  
I ñnuk I s t" I þuk feyh og bl ea fu; f=r g" x; hA vi us  
vki ! bl eadÃ cy] iñ k; k fu; e yxkus dh t: jr ughagA  
Lokkkfod #i ea; g g" tkrk gA bl çdkj fopkj ea; k; ] /ke]  
I R; I elkgr g" tkrk gA

bu fopkjads vkkj ij eu eae; t" Li "V gq mudk  
vkLoknu eu eaqykA eu eaqq bl vkLoknu ds vulko p; u  
djusyxsr" ge thuseçelk.kr g"usyxçelk.kr djusdsfy,  
, d rjQ cf) ea I ñYi vkg nñjh rjQ eu eap; uA ; snüa  
feydj çek.k ijajk cu x; hA

f'k{k fof/k I sv/; ; u

v/; ; u fof/k I sc/k

c/k fof/k I svulko

vulko fof/k I çek.k

çek.k fof/k I çek.k c/k dk I ñYi

çek.k c/k I ñYi I sfpru vkg fp=.k

fpru vkg fp=.k I s ryu vkg fo'ySk.k

ryu vkg fo'ySk.k ds vkkj ij e; adk vkLoknu vkg  
ml h ds fy, p; u

WxLr 2006] vejdu/d%

v/; ; u djusdsfy, d"Ã vfrokñ djus dh  
vko'; drk ughag

tho pruk eage ftruk Hkñ djrs gS ml dk xE; LFkyh  
I fp/kk I xg gh gA I fp/kk I xg ea igpuuk vPNk r" yxrk gS

vflrRo eyd ekuo dñlñr fpru @73

fdñrqbl dk d'Ä rflr fcññqughagA I fp/kk I ãg dk rflr fcññq u vñh rd fdl h d" feyk gß u vlxsfeyus dh d'Ä I EHñkouk gA bl fu"d"l ij ; fn ge i gp tkrsgr" I e>" ekuo pruk dh geeavi gA cu x; hA

ekuo pruk d" ikusdsfy, t" gekjk eu yxrk gß ml s ge /; ku dgrsgA /; ku nsuk ¾ eu yxukA v/; ; u ea; fn eu yxrk gß 'ku% 'ku% ge ekuo pruk dsçfr Li"V g"rs tkrsgrA , d fnu , d , k fcññqvkrk gß tc og gekjk LoRo ds#i ea g" tkrk gA ml h fcññq l stlxfr çxV g"rh gA

/; ku vñg vñh; kl vñfn dh ijajkxr t" Hñh fof/k; k gños bl d" Nñrh Hñh ughagA mu fof/k; "a I s Lo; e~dk ç; "tu vñg nñjads fy, midkj nñuafli ) ughag"rkA v/; ; u ea/; ku I e; k jgrk gA

v/; ; u eaeu yxuk ; fn i jñ Äekunkjh dsI kfk g" tkrk g"sr" ; g i jñk g" tkrk gA ekuo pruk eaçoñk g"usdsfy, i jñk jkLrk cuk nsuk gA ml dk çek.k gS nl "afØ; kvk dk çekf.kr g"ukA

v/; ; u djusdsfy, d'Ä vfrokn djus dh vko'; drk ughagA v/; ; u djrs l e; vñh vki thfodkiktu dsfy, t" dj jgsg" ml dsçfr d'Ä R; kx] ojkk; dk ckr vkrk ughagA vki v/; ; u ; fn djrs jg] d'Ä , d h txg vk; xh] d'Ä , d k {k.k vk, xk tc ekuo pruk vki dsfy, Lohdkj g" tk; xhA ml fcññqrd v/; ; u gA

ftI rjg i ñk i dusdsckn oñk I sLor%gh fxj tkrk gß ml h çdkj gekjh I kjh fujFkdrk; a vi usvki fxj tkrh gA i ñk r"Msuvñg i ñk fxjuseafdruk QdZgSvki gh crkvñk ; g , d

74@e/; Lfk n'kù i j vñkñfjr I økn

{kfr eØr çfØ; k gA

I e>nkjh ds ckn ; g ryukRed fo'yñk.k g"rh gß ge ftI rjg I snuk ikuh iñk djrs gß ml I s l nñV g" I drs gß ; k ughA rgyu dsckn ; fn ge i krsgäfd oržku dk gekjk nkuk ikuh vftñ djusdk rjhdk Bhd gß r" fdl d" D; k rdyhQ gß ; fn vuþly ughai krsgäfrsrgy u dsckn nñjk i k#i viusvki I s gh g" tkrk gA nñjk i k#i d'Ä u; k vñneh ugha djxkA I e>usdsckn thusdk nñjk i k#i viusvki I smñkj vkrk gA

mnkgj.k dsfy, nñk ; Txd fof/k I sçk.k I #æadß s viusvki I su; k jpuh fof/k mñkj vkrh gß ge tc rlr g"rs gß r" rlr g" dj thusdk i k#i viusvki I s ge eamñkj ds vñ tkrk gA , d gh i k#i I sgj 0; fDr ft; xk ; g Hñh codQ'a dh dFkk gß , d i k#i eal Hñh vñneh th ughaik; xkA gj vñneh dsI kfk i k#i cnyskA bl ea, d pht /k jgsñ Lokoyeu dh fLFkfr vñkñ ~ viusifjokj dh vko'; drkvñl s vf/kd mRi knu dj yñkA ifjokj dsI Hñh 0; fDr; "ads'kjñj i "k.k] I j{k.k] f'k{k] nhñk vñg I ekt xfr eñHñkxhnkjh dk ççlk g"brusdsfy, gh r" I k/ku pkfg, ! mrusdsfy, I k/ku gj ifjokj eaJe i ñd iñk fd; k tk I drk gA

Je i ñd Lokoyeu dk i k#i vki viusvki I s gh fufet dj"xa , d gh i k#i eal Hñh mRi knu djxk ; g Hñh eñkirk dh ckr gA bl rjg ekuo , d e'ku ugha gA ekuo , d I ñsu'khy vñg I Kku'khy bdkA gA I Kku'khyrk ea I ñsu, a fu; f=r jgrs gß QyLo: i ge 0; oLFkk ea th dj çekf.kr g" I drs gA bruk gh r" I # gA bl I # d" ; fn ge Bhd rjg I smi ; x dj yñsgäf" I k j ds mi dkj djusdh txg eñvk tkrs gA

vflrRo eiyd ekuo dñlñr fpru @75

; FkkfLFkfr d" cuk, j [krsgq] v/; ; u ij /; ku nsus dh vko'; drk gA vkošk ea vkus l sv/; ; u #d tk, xkA

WxLr 2006] vejdñ/dñ

### v/; ; u çek.k ds l kfk gh gs

fdrkc l s l puk gA v/; ; u ekuo dk ekuo ds l kfk gh g"rk gA n" 0; fDr dsfcuk çek.k dk ç'u gh ughagA l Kku'khyrk vlg l oñnu'khyrk dk ; fn çek.k g"uk g\$ r" n" 0; fDr; "adk g"uk gh gA l Kkuh; rk çekf.kr g"us ds fy, n" vknfe; "a ea , d l e>kus okykl , d l e>us okyka l e>us okyk l e>us ij vlg l e>kusokyk l e>k ikus ij Lokkkod #i eal Kkuh; rk çekf.kr g"rh gA

l Kkuh; rk çekf.kr g"us dsckn ml d" dk; l #i eaykus eadghaHh vMþu ughagA t\$ seþsejh ckr d" çekf.kr djus ea vHh rd r" d" vMþu ughagA þge l þaks ugha vlg þge djks ugha blghan" dkye ea y" x [km\$ g\$ vHhA fdñrq bl dk foj" / dkuk fdI h l scurk ughagA

Hkk"kk dk ç; "tu gs l puk igpukA Hkk"kk v/; ; u dk vlgHkd Hkkx gA

l þus ij] n[kus ij vki d" l puk g"rk gA l þus ij l okl/kd l puk igprk g\$ ml l sde n[kus ij] ml l sde vlg ckdh l oñulkvka l A

þeþçekf.kr g\$ ; g vki dsLohdkjus ij vki çHkfor g"rs gA ml l sigysrd vki ftKkl qcusjgrsgA v/; ; u djus dh bPNk çxV djus rd vk tkrs gA v/; ; u rHh g"rk g\$ tc Lo; e-e; g Lohdkj g" tkrk g\$ fd v/; ; u djkusokyk çekf.kr gA ; gh þ0; fDr çek.kß dk vlgHkj gA

76@e/; LFk n'klu ij vlgHkjfjr l okn

v/; ; u vdsyse aughagA v/; ; u çek.k ds l kfk gh gA bl d" gkA ykbV djus dh t: jr gA vkt dh nfu; k dsfy, ; g , d tcjnLr epnök gA vHh rd ; sekurs g\$ fd dku ea v/; ; u gA dku l st" l þkA i Mfk g\$ ml dsvFkzeav/; ; u gA

jkl k; fud Hkkod oLrqal Hkk dkhxjh fof/k l s ged" l e> eavkrsgA t\$ stky l sdjat dscht cVj dsykuk , d dkjhxjh gA ml dk rsy cukuk vlg fQj ml dk Mhty cukuk , d dkjhxjh gA bu l cd" feyk dj ge xfr ; k ; krk; kr ds fy, ç; "x djrs gA

thou d" ge v/; ; u fof/k l s l e>rs gA 0; ki d d" ge v/; ; u fof/k l s l e>rs gA

ekuo ds ikl dYi uk'khyrk gA

ekuo l PpkA d" pkgrk gA

ekuo d" l PpkA dk Hkk ] vHhki g"rk gA

bl vlgHkj ij iBu l sv/; ; u dh çofuk curh gA

vc t\$ svki d" l puk feyh fd l R; g\$ U; k; g\$ l ek/ kku gS

; gh rhu ç/kku epnüs g\$ vflrRo eA bu ç/kku epnüs ds vlgHkj ij e/; LFk n'klu dh l kjh l puk, agA bu l pukvksdvk/ kj ij gesyxrk g\$ l R; d" pht g\$

v/; ; ui oñd ge bl txg ij igp tkrs g\$ fd l R; , \$ k g\$

v/; lkReokfn; "aus Hkk l R; dk dN çfriknu fd; k 'kññ'a eaml l s dN l PpkA Hkk h rHh r" ml dsfy, U; "Nkoj gq g\$ os y" xA

vfLrRo eiyd ekuo dflnr fpru @77  
vc ; gk çfriknu gSBI gvfLrRo gh ije lR; gBA  
I gvfLrRo güs ds vkkj ij] çÑfr vks 0; ki d olrq  
I rr-güsdsvk/kj ij] ekuo d' v/; u djusdh I Ekkouk cu  
x; hA  
igys %/; Reokfn; "au% cge lR;] txr feF; k crk; k  
FlkA vks feF; k lR; d' v/; u dS sdjsk djdsjLrk cn FlkA  
vc e/; Lfk n'ku dgrk gSfLFkfr iwlk l Ükk eafLFkfr'ky  
çÑfr l EiDr gA iwlk ds vfk ea l EiDr gA  
%xLr 2006] vejdvd%

### vVdko dk dkj.k gSvki vkk rd t's ft, gS ml ds dN fcUnyka d' vPNk ekus jguk

Hke effDr dk çek.k vijk/k effDr gA viuk ijk; k l s  
effDr gA bl txg ij vkus ds fy, ; g çLrko j[ksgA ; g  
çLrko vki d' Bhd yx jgk gA ; gk vkus l s igys vki t's sHk  
ft,] ml l s l r'V ughafeyh ij vPNh rjg l s thus ds vjeku  
eavki ft,A

vc ; g çLrko vki ds vf/kdkj eavkuseaFkMk vkkdkuh  
djrk gA bl vVdko dk dkj.k gSvki vkk rd t's ft, gS  
ml ds dN fcUnyka d' vPNk ekus jgukA

vc bl ckr l s ; g i rk yxrk gS ge pkgs fdrus Hk  
fcUnyka d' vPNk eku ya og dy feyk dj Hke gh gA tho  
pruk fof/k l s, d Hk fcUnyka Bhd ughagA gekjk fdUghafcUnyka d'  
Bhd eku ysk tho dh nl "a fØ; kvka ds dke djus ea ck/kk  
djrk gA ge bl fy, dN fcUnyka d' Bhd eku yrs gSD; "fd  
t" dN Hk vkk rd % tho pruk ea% dj jgs gS og vPNs thus  
dh vi sk l s gh gA vc ml l s vPNk gyk ugha rkk r" vki ea

78@e/; Lfk n'ku ij vkkfjr l okn  
ftKkl k gA gA  
ç'u%; kuh vkkh efi fokj eatS s thrk gD; k o" xyr  
gS  
mÜkj%xyr gS ifokj ge tS k Hkh i k#i vkkh fd; sgog  
Bhd ughagA ge , d Nr dsuhpsg'uk l h[ksgA jguk ugha l h[kA  
ç'u%efatS s [kkk gJ jgrk gJ u'djh djrk gD; k og  
xyr gS  
mÜkj%xyr gS tho pruk ea ge ftruk Hkh vPNs l s  
vPNk i k#i cuk; k l c xyr gA

vki y" x'aeafgEer dghau dghal s tMk gSojuk ; g t"  
eis vkkh c"yk ml d' l p dj fVds jguk vkl ku r" ughagA  
tho pruk ea thus okyk ekuo ejh bl ckr d' l pdj gtkj  
d'l nj Hkkuk pkfg, !

vc vki bl çLrko ds ikl viuh etcijh o'k vk; gA  
tho pruk ea vPNs l s vPNk eku dj ge cgr dN djrs gA  
t's soñnd fopkj vks ij ijk d' bruk eñJkBre eku dj pyk  
ij ml l sd'A Hkh l ek/kku ughafudykA y" x'adh riL; k eadeh  
ughajgk ij fudyk Hkh Hkk ugha l kekU; 0; fDr; "adu vk'kk  
mul scuh jghA l k jk bu y" x' al sdN feyrk gS feyrk gS l "p  
dj ç.ike fd; kA y" x ç.ike djus yxj r" vi us d' eku fy; k  
fd geus l c dN nsfn; k! bl rjg l svgerk; ac<MA

vki d" y" x ç.ike djus ek= l s vki dk ; g l "puk fd  
vki cmg" x, ; g xyr gS

v/; ; u] ri] vlfn l s; fn dN feyrk gS r" og f'k{k el  
l fo/kku ej vkpj.k ea vkk pkfg, A 0; oLFkk ea ml dh l #  
0; k[; k g"uh pkfg, A bu pht'a dk ç; "tu gS vi us ijk; s dh

vflrRo eiyd ekuo dñlhr fpru @79

nhokj'adk [k̄e ḡukA ekuo] ekuo dh ḡsI ; r I s , d nñjsdh i ḡpku eavkuk pkfg, A bl dsfy, e/; Lfk n'kū l si ḡys%ekuo bfrgkl eñ dñ A l # ughafudykA

vutko l si ḡys0; ogkj eafu'p; rk vlpj.k eafu'p; rk vñ fujrjk ughacurhA vutko l si ḡysvkneh chl "avorkj"ae th ysk gA , d gh vkneh , d l e; eacgr 'kñ fn[krk ḡs oḡ vkneh nñjsl e; eaJki ns nsrk gA ; g dc rd pyxk ; g thou ds vi us vki ea l rñV u ḡus dsdkj.k gA 'kjhj l rñV dk dkjd ḡrk ugh ḡsbl fy, v/kjki u gh yxrk gA

vxLr 2006] vejdñ/dñ

### rflr dñ s ykñ tk,\

fç; ] fgr] yñk ryu eajgrsfç; ] fgr] yñk dk gh fp=.k jgrk gA bl vñkkij ij og fpru&{ks= eatkrik gh ughagA 'kjhj eiyd ckr d" fp=.k l svkxsc<k; k ughatk l drkA ml eadøy l ñnuk, agñvñ l ñnukvñ d" jkth djus dh çofuk gA bl d" l ñnuk'hyrk dgkA 'ñnuk\* bl fy, dgk D; fd l qk HkkI rk gñ l qk fujrjk jgrk ugha gA ; g d"V cuk jgrk gA ; g ñnuk vrflr dk dkj.k gA bl fy, fp=.k eackj&cckj nñk n[ky djrk gA fcxkM+dk l dñs fp=.k eavkrk gh gA og ekuo dsfy, l dñV gA ml l seDr iuk ekuo dk dke gA Hk; ] çyñku o'k ge dñ djrs Hk gñml l s dñ l gh g" tkrk gñ dñ xyr g" tkrk gA bl eal st" bl gññ okyk Hkkx gñog 'kjhj l s l eñkr gA þxyrhñ okyk Hkkx pkj'avoLFkkvñl s l eñkr gA 1D; fd l gh dh i ḡpku 'kjhj eiyd fof/k l s gh dh x; h FkbA ft l l s pkj'a voLFkkvñds l kfk xyrh gñrh gñbl <x l sge l ghi u dsckjs eage døy 'kjhj rd gh l hfer g" x, A 'l ghi u\* d" igpkuus dk {ks= bl rjg fl dñ+x; kA 'xyrl\* dk {ks= c<+x; kA xyrh

80@e/; Lfk n'kū ij vñkkfjr l økn

dk {ks= c<us l s xyrh dh vñnr c<rh x; hA dñiuk'hyrk deLorærk jgk ghA eukdj d" l kdkj djus ds fy, dñ A Hk vijk/k d" ge oñk eku fy, A

vc bl rjg ge pyr&pyrs; gñ rd igps tc vki ds l keus ; g l gvflrRo dk e/; Lfk n'kū dk çLrk vñ x; kA bl l svki j"ekipr gñ A D; fd vki dh cf) dh fp=.k ds l kfk l gefr feyñA

cf) dh fp=.k ds l kfk l gefr gñus ij j"ekipdrk r" gñ ij rflr ugha gA

rflr dñ s ykñ tk,\

ryu eñU; k; ] /ke] l R; d" ç/ñku ekuk tk, A U; k; ] /ke] l R; d" ge pkgrsr" gñghA ; g gj 0; fDr eaqñA eu eahh U; k; ] /ke] l R; ds l kfk l gefr gA bl rjg ge ftruk Hk tkus gñ ml l s; g nñkuk 'kñ djrsgñfd ; g dgñ rd U; k; gñ D; k ; g l ek/ñku gñ ; g dgñ rd l Ppkñ gñ ; g ftKñl k djus l s ge viuh ojh; rk d" U; k; ] /ke] l R; eafLfkj dj nrsgñ ; gh rjhdk gñ U; k; ] /ke] l R; d" Lo; aea çHkkó'hy cukus dkA Lo; a dh U; k; ] /ke] l R; ds vñkkij ij tñp djukA ; g tñp gñus ij ge Lo; aea U; k; ] /ke] l R; dh çkfledrk d" Lohdkj yñs gA ; g Lohdkjus ds ckn ge U; k; D; k gñ /keZD; k gñ bl [kñt eñ tkrsgñ

bl eñtkus ij irk pyrk gñ l gvflrRo #ih vñlrRo gh ije l R; gA ; g cf) d" cñk gñrk gA bl l scf) dsLo; aea l rñV gñus dh l EHkkouk cu tñrh gA cf) d" l pñko igpk fd l gvflrRo #ih vñlrRo l R; gñ l ek/ñku : ih /keZgñvñ eñ; a ds : i eñU; k; gA ; g cf) d" Lohdkj gñrk gA cf) d" tc ; g Lohñr gñk r" rjg vutko eñ vñ tkrk gA bl rjg

I gvfLrRo eavukko g'uk g" tkrk gA

c/k rd v/; u gA ml dsckn vuñko Lo; aLQñz gA

vc vuñko eiyd fof/k I çek.k c/k g'usyxrk gA çek.k  
c/k g'usyxrk g" r" gekjs vlpj.k eavkus yxrk gA

vc rñgh crkvksbl d" eñl R; ekup; k vñj dñ d" I R;  
ekuj

WxLr 2006] vejdñdñ

### çek.k ds I kfk gh I e> ijk g"rk gA

Hñfer flfkfr eahh vki I R; dh viñk djrsjgA I R;  
dh viñk vki eal ekA jghA ml dsckn vki d" I puk feyh dh  
; g viñk thou eagA thou eal gvfLrRookn dh I puk d"  
I pus x, r"; g vki dsryu eavk x; kA bl rjg I puk ds  
: i eñl; k; ] /kezvñj I R; vki dsryu eavk x; kA vki dk ryu  
bl çdkj 'kA gA r" vki dsfpük eal kñRdkj g'uk 'kA g"  
x; kA fpük eal kñRdkj ijk g'uk c/k ds igys t+jh gA  
I kñRdkj ijk g'us dsckn gh c/k g"rk gA I gvfLrRo c/k g"  
x; k; r" vuñko eiyd fof/k I sog çek.k : i eavkus yxrk gA

'kjbj dk fØ; kdyki thou ds I kñpkj fØ; k eagh ijk  
g" tkrk g" vuñko rd igpusdk bl ead'A oLrqjgrk ughagA  
U; k; ] /ke] I R; I puk ds : i eavph r" I kñRdkj 'kA g"  
x; kA vuñko g'us dsckn] vuñko çek.k I fgr ge iñçlñr g"  
ikrs gA

Hñfer volfk eabruk rd jgrk g'sfd ryu g"rk gA gj  
0; fDr fc; ] fgr] yñk dk ryu djrk gh gA bl fy, ge d"; g  
Lohdkj g"rk g'sfd U; k; ] /ke] I R; dk Hñh ryu g"rk gA ; g ckr  
geesek; rk ds : i eajgrk gA tc ge çekf.kr g'usyxrs gA

82@e/; Lfk n'kü ij vñkkfjr I økn

r" bl eageafø'okl g"rk gA

U; k; ] /ke] I R; d" ekU; rk dsvk/kj ij 'kñn ds }kjk tc  
ge Lohdkj rs gñr" ml dk I kñRdkj vius vki I sfpük eag"rk  
gA fpük eal kñRdkj g'usdsQyLo: i c/k c/k dsckn vuñko]  
vuñko ds QyLo: i çek.k QyLo: i çek.k c/k ; gk rd  
igpus dsckn ge fpru inđl ge çekf.kr djus ; X; g" tkrs  
gA

çek.k ds I kfk gh I e> ijk g"rk gA

vuñko dsfcuk I e> ijk ughag"rkA rc rd 'kñn gh  
jgrk gA

ekU; rk vñj vñLFk ds I kfk ge v/; u 'kA djrsjgA  
çek.k ds vñkkj ij ge çekf.kr g" rk gA

WxLr 2006] vejdñdñ

### I se I asnak

ekuo dk eu rhu fn'kkvka, d I kfk dke djrk gA eu  
t" rhu fn'kkvka, nMrk gñml d" dYiuk Hñh dg I drsgA eu  
dh xfr Hñh dg I drsgA p; u djusdsfy, nMrk gñeuA vñl;  
0; fDr D; k dj jgk g" ds k fn[krk g" D; k pkgrk g"; g eu }kjk  
p; u eavkrk gA ; g gekjs eu eavkrk g" D; k pkgrk g"; g  
vñkkj ij ge nñjs0; fDr I seay eñh inđl ckr dj I drsgA

nñjs0; fDr d" I Vhd i<+i kusdh {kerk eñl; fDr&0; fDr  
ea vñrj jgrk gA nñjs0; fDr ds vñk; d" i<+i ksk , d  
iñj iñk I vuñko I Eiñurk dh ckr gA ml ea iñki u gA gekjh  
viñkkvka I s ynk g"k gekjh eu ijk ftKkI k ugha dj iñrkA  
vius eu d" [kñh djus ij gh I keus okys dk eu i<us ea  
vk, xkA I keus okys D; k pkgrk g"; g iñk pyrk gA D; k djrk

gS; g i rk pyrk gA D; k g"rk gS; g Hkh i rk pyrk gA [kkyh eu eafopkj dk Hkh çfrfcEc jgrk gA [kkyh eu gh çfrfcEcu ds fy, fuxfVo 1Q V"xtQh t\$ \$gA ml I sgekjsfy, I keus0; fDr d" I e>usdsfy, enn g" tkrk gA ml ds i gys I sgekjs i kl ; g" X; rk jgrh gSfd g"uk D; k pkfg, \ djuk D; k pkfg, \ vlg jguk D; k pkfg, \ bl d" I kfk eaydj nli jsdh vi \$kk dsvuq kj vi uh ; X; rk dk Hkh Lo: i ea i gokus tkrs gA ftI I s nli js dh ckr I Vhd igp tkrh gA

; gh I Ecşk.kk dk x# e# gA ; gh I qe I oñuk gA bu I oñukvadsI kfk ; fn ge I "pusyxrsg" çölk g"rsgär" gekjk cgr I kjk I Ecşk.kk I Qy g"us yxrk gA

vutkoeyd fof/k I s thus ea; g Lohkkfod g" tkrk gA vutkoxkeh fof/k eahh /; ku nsus dh vko'; drk gSrkfd I puk Bhd xg.k g" I dA

[tuojh 2007] vejdl/d%

### dñs I qasfd I e> eavk,\

1/1 ge fdI y{; I sI qjsgsI e> eavkuk ; k ughavkuk] ml ij fuHkj djrk gA  
ge t" dN Hkh I qj ml s ekuo I gt y{; 1/1 ek/kku] I ef) ] vHk;] I gvflrRo 1/1 ds I kfk t" M+ dj I qj r" ged" vFlz I e> eavkrk gA ekuo y{; d" N" M+ dj I qjsgsI r" ge rdZ I s tM+tkrs gA I e>usd" N" M+nrs gA

thusdsy{; I sI qusI sgh I e> vkrk gA døy I quk gS thuk ughagSbl rjg I s ijk I quk Hkh ughag" ikrkA y{; I xk Jo.k I sI e> eavkrk gA

rdZ I xk Jo.k I sI e> eavghavkrk gA  
1/2 bl çLrk d" I qusI s i gys vki t\$ s Hkh ft,] I h[ks fd,] ml dh dN I dkjkRed vlg dN udkjkRed Lefr; k vki ds I kfk gS gkh mu iDz Lefr; "ads I kfk t" M+ dj ; fn bl çLrk d" I qusdk ç; kl djrsgär" ; g I e> ughavkrkA t" ftruk dgk tk jgk gS døy ml sgh I qk tk, ijkusfdI h vklkj ds I kfk bl su I qk tk,A  
vki vkt rd 'Hk pkgrsjgsvc ; g I oZ Hk dk çLrk vki ds I Eek gA bl çLrk d" 'køf% I qusI sgh ; g I e> eavkrk gA  
1/3 bñl e> I drk gñvlg I keusokyk I e>k I drk gB] bl fo'okl ds I kfk vki I qrs gS rHkh vki d" I e> vki I drk gA bñl e>k I drk gñvlg I keus okyk I e> I drk gB] bl fo'okl ds I kfk ; fn vki çLrq gñksrHkh vki I keusokysd" I e>k ik, aA ekuo dh gS ; r I sgh bl n'klu d" I e>k vlg I e>k; k tk I drk gñbekuo dh gS ; r I sgh eñbl si k; k gñB  
; fn bl fo'okl ds I kfk ugha pyrs fQj ; k r" vki fdI h d" gñdrsjgsk ; k nlijk vki d" gñdrk jgskA  
I keusokyk ugha l e>k I drk gB , k eku yñs i j ge ml 0; fDr I sI e>usdk vi uk jkLrk gh cm dj nrsgA  
bñl e> ugha l drk gñ ; k eñfdI h Hkh 0; fDr I sde gñ , k eku yñs I s Hkh ge I e> ugha i krA  
I keusokyk ugha l e> I drk gB , k eku yñs i j ge ml 0; fDr d" I e>usdk vi uk jkLrk gh cm dj nrsgA  
ml dh txg bñl e>k ugha i k jgk gñ , k I "pus i j vki eñl e>usdk u; k rjhdk vi usvki I sgh mnxf

vflrRo eiyd ekuo dñlhr fpru @85

gürk gA ñeñl e>k l drk gA , d k vki rñkh ekuñs tc  
vki l e> d" thuseal ek/ku] l ef) ds: i eaçekf.kr  
dj ppsgA ml l sigysvki viusvf/kdkj d" Li"V  
djrsqg l puk r" nsgh l drs gA

1/4½ Hkk"kk bl çLrko d" l çs"kr djusdk , d ek; e gA bl  
çLrko d" bl Hkk"kk l s l e>k tk l drk gA Hkk"kk  
ifjofrl djrsqg r" vFlz l çs"kr ughag"rkA foxr dh  
fdl h dyiuk l stk dj ; g çLrko xM&x"cj g" tkrk  
gA

Hkk"kk dfBu vki d" yxrh gSeryc vki d" l e>uk ugha  
gA ; g oñ k gh gS t\$ s foKku ea H<sub>2</sub>SO<sub>4</sub> l s , d vEy  
bfxr gürk gA vc ; g Hkk"kk vki d" dfBu yxrk gS r"  
cny nhft; sbl d"! vki ç;kl djdsnf[k; s vFlz bfxr  
ughag"xlA

l gvflRookn dsbl çLrko dk l jyhdj.k bl dh Hkk"kk  
cnyus l suglag"xlA bl d" thuk gh bl dk l cl señy  
fo'yk.k gA ; g çLrko thusdsfy, gh gA

I Hkh Hkk"kkvka dk vFlz , d gh gA l Hkh Hkk"kkvka d" dkj.k  
xqk] xf.kr ds l aDr : i eaigpku dj l Hkh Hkk"kkvka ea  
bl çLrko dh l puk d" l çs"kr fd; k tk l drk gA

1/4tuojh 2007] vejdl/d½

vki t" dgrsgäfd vki us l ekf/k l a e iññ çÑfr ea  
i<k ml dk D; k vFlz gS

çÑfr viusgj iññs d" [kyIA t\$ k çÑfr gSos k gekjs  
l Eeñk çLrT gykA t\$ s vHkh ge nñk jgs gSos ghA l e>uk  
vki nñkuk , d gh pht gSeñisigysvki d" crk; k gA esl e>us

86@e/; Lfk n'kü i j vklkfr l økn

; X; <k l sçLrT gyk ft l l sçÑfr Lo; agekjs l Eeñk çLrT  
gürk jgkA oñ sgh t\$ s vHkh eñ vki ds l Eeñk çLrT g" jgk gA  
eñHkh r" çÑfr dk , d vñk gh r" gA t" eñdg jgk gñog vFlz  
; k okLrfodrk vflrRo eñg"uk gh vki eaLohÑr gürk gA ejs  
}jkj t" vFlz vki eaigprk gSog vflrRo eñg"gh gA vflrRo ea  
vki d" c"l djkusdh cfØ; k eñs'kq dj fn; kA bl d" vñkoxkeh  
dgkA eñt" çLrT gürk gñml d" vñklo eiyd dgkA

vHkh vki çÑfr ea l sgh i <+jgs gA vHkh eñ , d 0; fDr  
ds : i ea çÑfr gA ejs l Eeñk l exz çÑfr jghA l k/kuk  
l ekf/k l a e dk eryc ; gh gA og l c djus l s ; g gykA  
bl d" eñs vñk dñk uke fn; k gA vki t" dj jgs gSog 'k/k  
fot/k gA

1/4tuojh 2007] vejdl/d½

l k/ku vkg l k;

dhpM+ea [kmk vñneh d" irk yx x; k fd ; g dhpM+gA  
bl l sckgj fudyuk gS ; g irk yx x; kA ckgj fudyus dk  
jkLrk v/; ; u gS; g irk yx x; kA

fopkj etar g"r&g"rsbl l sij yxusdk jkLrk igpku  
gh yss gA

oržku ea t\$ sHkh gA t\$ sHkh py dj igpsgj oržku ea  
gekjs i kI t" dN Hkh gSml d" l k/ku : i eñekuk tk,] l k;  
u ekuk tk,A bruk gh ckr gA

l k/ku : i ekuus l s gekjs ckgj fudyus dk jkLrk cu  
tkrk gA l k/; eku yss l s gekjk ckgj fudyus dk jkLrk curk  
gh ughagA ckyk yx tkrk gA

oržku ea mRI kfgr d\$ s jgA ge t" dN Hkh dj jgs gA

vflrRo eiyd ekuo dñlnr fpru @87

og bl I svkxsfudyusdsfy, jklrk cukusdsfy, dj jgs gA  
u fd bl eMicus vkg M c dj ejusdsfy, A bl ckr d" vki  
Lohdkj I drsggj 0; fDr Lohdkj I drk gA D; fd gj 0; fDr  
51% Isvf/kd I gh gA

1/2 tuojh 2007] vejdl/d%

### KkukoLFkk dh i ja jk fof/k

þejk thuk vki ds fy, n'ku gA ejk vkpj.k ejf fy,  
n'ku gA ejsvkpj.k d" esfeturk ekurk gbl fy, ; g ejk ejf  
fy, n'ku gA ejsvkpj.k d" t" vki n[ksrgg vki dsfy, cjk  
: i eaog n'ku gA v/; ; ui odl ; g cjk vki dk LoRo curk  
gA vki dk tc ; g LoRo cu tkrk gsrc ; g vki dk n'ku g"  
x; kA bl rjg KkukoLFkk dh i ja jk fof/k cuhA þ

1/2 v/; ; u eiyd fof/k Is ge I k{kkRdkj rd igprsgA

1/2 ifjHkk fof/k Is ge 'kun ds vfk d" viuh dYiuk e<sup>a</sup>  
ykrsgA

1/2 ml dYiuk ds vkkj ij vflrRo eaoLrqd" igpkuus  
tkrsgA dYiuk'hyrk I e> ughagA dYiuk'hyrk I cdk  
vf/kdkj gA dYiuk'hyrk dk ç; "x djrsgq ged" oLrq  
d" igpkuuk gSA ifjHkk vki dh dYiuk'hyrk dsfy,  
jklrk gA vki dh dYiuk'hyrk oLrqd" NwI drk gA  
oLrqd" thou gh I e>rk gA thou I e>rk gsr" og  
I k{kkRdkj gh girk gA

1/2 vflrRo eaoLrq igpkuus ij og oLrq I k{kkRdkj gvkA  
oLrqds: i eagh oLrq I k{kkRdkj girk gs'kun ds: i e<sup>a</sup>  
ughagrkA

88@e/; Lfk n'ku ij vkkfjr l okn

1/2 , s I k{kkRdkj gus ij og c/k vkg I dYi e<sup>a</sup> tk dj  
vukko eiyd fof/k Is i pçek.k c/k eavk tkrk gA

1/2 çek.k c/k eavk tkusl sfu'p; u g" tkrk gSfd ; g oLrq  
, s gh gS

1/2 I gvfLrRo igys I k{kkRdkj g"ukA ml ds ckn thou  
I k{kkRdkj g"ukA thou I k{kkRdkj g"us ds l kfk gh vth.kz  
vkg Hkks i jek.kqHkh I k{kkRdkj g"ukA ged" ts sgwkJ os s  
gh g"uk vki d'A rHkh vki dk v/; ; u gwkJ ft l Is vki  
ge çekf.kr g"akA

1/2 v/; ; u ,d fuf'pr i)fr gA fuf'pr y{; d" ydj  
; fn vki ead" voj"/k ughagSr" vki d" I e>useal e;  
ughayxska l or"ekh l ek/ku l illu g"uk gh v/; ; u  
dk y{; gA l or"ekh l ek/ku l illu g" dj tc ge  
thus dsfy, tkrs g"r" I ef) Lohdkfod : i eavkrk  
gA jklrk fudyrk gA I ef) dsfy, vud fof/k; k gA  
l or"ekh l ek/ku eaviusd" çekf.kr g"uk gSbruk Hkj  
y{; j[kus l s gh vki ijk I e> l drs gA

1/2 tuojh 2007] vejdl/d%

### gekjk vdsyki u nij k dks xyr pkgs okys eku ysus ds dkj.k gskk gS

vdsyki u dsey e<sup>a</sup>; g ek; rk gSþefl gh gbl l kj xyr  
gsvkg I gh djus; "X; ughagB vdsyki u vI gvfLrRooknh gA  
vdsyki u l gt ughagA bl ckr dh I PpkA d" vi useatpus  
dh t+jr gA

vdsyki u d" nj djusdk bykt gþ bl ckr dh I PpkA  
d" Lohdkj ysk fd pl kj I gh 1/2PNkA d" gh pkgrk gB þef

vflrRo eiyd ekuo dñlnr fpru @89

vPNk pkgrk gA ; g LohÑfr ge eaqrh gh gA I dkj d" Hk tc vPNk ds yxkonj ds : i eaqtc ge Lohdkj yssgAr gekjk vdyki u Hkkx tkrk gA I dkj Is fo'okl djus dk I # fey tkrk gA

I e>us ds Øe eafo | kfKz "a ds chp eafo'okl dk I #  
¶ e> y{; dh I ekurk gA bckdh fo | kfKz tu Hk ejh rjg  
I e>uk vlg I e> dj thuk pkgrsgAvlg ml h dsfy, ç; kl jr  
gAB ; g Lohdkjus ij gh I kfKz "a ds chp fo'okl vlg Lug dk  
I # fudyrk gA ; g Li /kz sfcYdy flfkr gSbl eaijLij  
ijdrk gA

Lo; e~I e>sgus ij I dkj d" I e> I dus; "X; ekuus  
ij gh ge I dkj ds I kfKz 0; ogkj dj I drsgA I dkj d" iki h  
vKkuh Lokfkh eku dj ge fdh h d" dN I e>k ugha i k; ~~gA~~  
¶ e>kus dh ftEenkjh d" ge I dkj ds I kfKz bl rjg fo'okl  
djusdsckn gh Lohdkj I drsgA ; gh n; k Ñik vlg d#.lk dk  
I # gA

1/11/2008] vejdl/d%

### thou gh thou dks dñ s nñkrk 1/1 e>rkh gS

eu dk n"Vk ofuk g"rk gA eu eafujrj vklOknu dh  
fØ; k py jgh gS ml d" ofuk nñkrk gS eW; kfdr djrk gS  
fo'ykr djrk gA ekuo eadYiuk'kyrk ds Kku I EiUurk d"  
Nusdk igyk ?kV ; gh gA Lo; aeafujrj vklOknu fØ; k g" jgh  
gSbl d" nñk iuk ekuo eagh I EiUurk gA tho tkuoj bl rjg  
ughanñk ikrA bl fy, tho tkuoj vius'kjhj oåk dh 0; oLFkk  
ds vuq kj fo"k; "aeatrsjgrs gA

ofuk dk n"Vk fpuk g"rk gA ; g ekuo eadYiuk'kyrk ds  
Kku I EiUurk d" Nusdk nñjk ?kV gA ofuk }kj eu dk fd; k

90@e/; Lfk n'ku ij vklkfr l okn

x; k fo'yk.k dgk rd Bhd gyk dgk rd U; k; gS dgk rd  
/kezgS dgk rd I R; gS fpuk eamijDr dk eW; kdu g"rk gA  
; gh v/; ; u gA U; k; ] /kezvlg I R; d" vflrRo eaoLrfodrkvka  
ds : i eaqigpuus dk ç; kl gh v/; ; u gA

bl Øe eacf) fpuk dk n"Vk g"rk gA vFk~cf) fpuk  
dsfØ; kdyki dk n"Vk jgrk gA I gvflrRo lgt v/; ; u dh  
LohÑfr cf) eagh g"rk gA cf) eac/k g"us dsfy, I ol yHk  
fot/k v/; ; u fot/k gh gA v/; ; u dsfy, eu d" yxk nsuk gh  
vH; kl gA

vkrek cf) dk n"Vk g"rk gA v/; ; uiob cf) eaqtc  
c/k i wklgus ij vkrek dk I gvflrRo eavutko djuk Hkkoh g"  
tkrk gA thou dk e/; kdk vklrek vutko djus ds; "X; jgrk  
gh gA cf) eac/k dsckn vrek I gvflrRo Lo: ih vflrRo eavutko  
djrk gh gA tc vrek vflrRo eavutko djrk gS r"  
I kjk thou vutko eahkx tkrk gA eu ofuk ej ofuk fpuk ej fpuk  
cf) ej cf) vrek eavlg vrek I gvflrRo eavutko djrk gA

1/11/2006] vejdl/d%

### Kku vlg ekuo

bdkbz "adh ijLijrk eaqkyh LFkyh tñs t" fn[krh gS  
og [kyh ughagS Åtkz gA ; g Åtkz I c bdkbz keai kjkxkeh gS  
ijek.kqvak Is/kjrh rd eA

ijkxkeh g"us dk xokgh gS bdkbz "adh Åtkz I EiUurkA  
ekuo eÅtkz I EiUurk Kku ds : i eaqgA

ekuo eaqKku rjg Lo: i aeadjus ds : i eaqxV g"rk  
gA

pkj fo"k; "adk Kku 1/vkgkj] fuæk Hk; ] eFkup%

vflrRo eiyd ekuo dñlhr fpru @91  
ikp I oñukvædk Kku ¼kñ] Li'kj : i] j1] xñk  
rhu Ä"k.kkvædk Kku ½i fñsk.kj foñsk.kk vñkj y'dñsk.kk  
vñkj mi dkj dk Kku ½ e>s gq d" I e>ukj I h[ks gq  
d" fl [kkuk] fd, gq d" djukuk ½

Kku dsfcuk ekuo ea; g I c ughag"rkA pkj fo"k; "ad"  
I e>fcuk ge mud" mi ; "x ughadj I drA ikp I oñukvæd"  
I e>s gq fcuk ge mudk mi ; "x ughadj I drA ml h rjg  
Ä"k.kkvævñkj mi dkj d" I e>fcuk ge mud" ughadj I drA  
og I e>uk gh Kku gA

ekuo eä0; ki d Kku ds: i eägA mij"Dr rjg Lo: i a  
ea t" Hk ekuo dke djrk gñml dseñy eäkku jgrk gA buea  
I s pkj fo"k; "ad" igpkuus dh ckr tho I a kj ea Hk gA tho  
tkuoj pkj fo"k; "ea thus ds vFkZ eäikp I oñukvædk mi ; "x  
djrksgA ½t\$ s tho tkuoj xñk d" bLrækj djdsvi us vkgkj  
d" [k'trs gA½ tcfd ekuo ikp I oñukvæd" jkth j[kus ds  
fy, fo"k; "ad" igpkurk gA ½t\$ sekuo vi uh jl &bfæ; "ad"  
jkth j[kus ds fy, vkgkj <þrk gA½ ; g I oñukvæd" jkth  
j[kus dh ckr ekuo eägj t" tho'eaughagA ; g ekuo vñkj tho'a  
eaeiyd vñrj gA

ekuo t" dñ Hk djrk gñml dseñy eäbPNk yxuñ dh  
bPNk gA I cl si gysekuo d" I oñukvæaegh vPNk yxrk gA  
; gh ekuo dh dYi uk'khyrk vñkj deLora rk dk igyk çñkko gA  
bl vñkj i j ekuo d" Kku voLfk eadgk gA ekuo dk I kjk  
fØ; kdyki I ñk dh vi ñkk eägS ; gh I sekuo dk v/; ; u 'kj  
g"rk gA bl fof/k I stc ge ekuo dk v/; ; u djus tkrs gA  
; g foxr ds bfrgkI eä t" dñ Hk gñkj ml I s tñrk ughagA  
bl ds I kfk foxr dk I kjk bfrgkI [ReA ekuo ds v/; ; u dk

92@e/; LFk n'kj i j vñkkfjr lñkn  
vñkkj fcñq ; g gñkj u dh foxr dh d" Ä Hk phtA  
½xLr 2006] vej dñd½  
**y{; ds fy, iñkkfedrk r; djus dk mik;**  
; g dy feyk dj JSB D;k gñbI d" r; djus dh ckr  
gA

tho pruk eäge ftruk Hk djrs gA ml dk xE; LFkyh  
I fo/kk I akj gh gA I fo/kk I akj eäigpuk vPNk yxrk r" gñij  
bl dk d" Ä rflr fcñq ughagA I fo/kk I akj dk rflr fcñq vñk  
rd fdI h d" feyk ughagA vñxsfeys dh I EHkouk Hk ughagA  
bl txg eäged" igpuk gñA ; gñ ; fn igp tkrs gA r" eku"  
gees ekuo pruk dh vi ñkk cu x; hA ekuo pruk d" iku ds  
fy, gekjk eu t" yxrk gA ml sge þ/; kuß dgrsgA /; ku nsuk  
¾ eu yxukA v/; ; u eä; fn eu yxrk gA r" 'ku\$&'ku\$& ge  
ekuo pruk d" yðj Li"V gñrs tkrs gA , d fnu , ñk fcñq  
vñrk gA tc og gekjk LoRo g" tkrkA ml h fcñq l stlxfr çxV  
g"rh gA

/; ku] vñ; kl vñfn dh t" ijEijkxr fof/k; k gñosbl d"  
ughñNirhA bu fof/k; "al sLo; adk ç; "tu vñkj nñj adk mi dkj  
nñu"afñ ) ughag"rkA

½xLr 2006] vej dñd½  
**thou eavrfir dñsvkof'kr fØ; kdyki I sHkj ughal drs**  
thou eavutko I si gysvrflr ½/kjki u ; k [k'kjki u½  
jgrk gh gA bl vñflr ds jgrs gekjh I rgh ekufi drk ½ kñ  
pkj fØ; kñ eñthrs gq Hk thou vñkof'kr fØ; kdyki d" ijyk  
LoLdkjrk ughagA t\$ s I fo/kk I akj eaxtr yñkñlekn eaprys  
pyrs fdI h txg i j igp tkus ds ckn þ; g I gh gA , ñk ge

eku ugha I drA ckdh n'ua vkoška ds I kfk ½dkle'ekn vlg  
 Hk'x'ekn½ ds I kfk Hkh, s k gh gA ; g bl fy, gSD; "id thou ea  
 fuogr vrflr d" bu mlekn'a I s fdI h rjg Hkj ugha tk  
 I drkA dN nj pyus ij [kyhi u fQj dp"Vusyxrk gA ; g  
 I Hkh ds I kfk gA ; gh thou ea PpkA dsfy, 'k/k dk L=r gA  
 bl [kyhi u ds I gkjs ge v/; ; uiød mlekn'adspØ 0; g'a s  
 cpd I drs gA bl [kyhi u d" Hkjus dk , d ek= mik;  
 I gvflrRo eav/; ; u gh gA

WxLr 2006] vejdr/d%

### I e> ds djks

v/; ; u eaeu yxuk ; fn ijh bekunkjh ds I kfk g" tkrk  
 gS rc ; g ijk g'rk gA v/; ; u djusdsfy, d"v frokn djus  
 dh vko'; drk ughagA

; FkkLFkfr d" cuk, j[krs gq v/; ; u ij /; ku nsu dh  
 vko'; drk gA bl fLFkfr eavk tk, j dh vxhy fLFkfr vkt dh  
 fLFkfr I s T; knk vPNk gS ; g ged" Hkh Lohdkj g"uk vlg gekjs  
 ifjokj d" Hkh Lohdkj g"ukA

þdjuk ughadjukb ; g eik cf) dh ckr gA

þg"uk ughag"ukb ; g fopkj cf) dh ckr gA

þ; g t+jr gS ; g t+jr ughagB ; g fo}rk iwlcf)  
 dh ckr gA

þg"uk D; k gB bl ckr ij I "pukA þg"uk D; k gB ; g  
 Li"V g"uk pkf, A þg"ub dsVFkzeD; k djuk gB D; k ughadju  
 gS ; g fu.kz g" tkrk gA

igysy{; dsçfr Li"V gyk tk,A Kku fuf'pr g" tkrk  
 gS QyLo: i djuk fuf'pr g" tkrk gA djuk fuf'pr djds

94@e/; Lfk n'ku ij vklkfjr l okn

Kku fuf'pr g'rk ughA

I e>usdk vf/kdkj gj 0; fDr ds i kl gj voLFkk ejj[  
 gyk gA pkgs vijk/lh ekurs jg\$ pkgs jktk ekurs jgs I cd"  
 I e>usdk vf/kdkj I eku gA I e>usdk vol j ; x'a; x'ackn  
 vkt vk; k gSe/; Lfk n'ku dsvuq alku ds I Qy g"us i jA I Hkh  
 i fijfLFkfr; k I e>usds fy, vuply gA ; fn viuh i fijfLFkfr; a  
 d" cnyus ds pDdj eajgys i Msr" c[kMse a tk; xA gj 0; fDr  
 ds fy, gj i fijfLFkfr eajek/ku rd igpus dk jkLrk gA  
 I ek/kfur g"us ds ckn I ef) dk ik#i vi us vki ea I s gh  
 mnxkfer g'rk gA I ek/ku çkFkfed gA I ek/kfur g"us ead"Ã  
 vejhj xjhch vMpø ughagA ; fn I ek/ku vki dk y{; curk gS  
 r" gj i fijfLFkfr vki ds vuply gh curh g\$ çfrdy curk gh  
 ughA bl ckr dh efgek ; gh gA

I ek/ku ejk çkFkfed y{; gS tc ; g epea rdilwz  
 fu'p; u g'rk gS rc v/; ; u eaejk eu yxrk gA ughar" eu  
 ughayxrkA

Kku I Ei Uurk ds ckn gh thusdk rjhdk i Ddk g" tkrk  
 gA thus ds rjhdk I s Kku Li"V ughag"rkA foxr eapdj ds  
 I e>B ij t;j fn; k x; kA ml h d" ri ekukA vc vki ds I keus  
 ; g çLrko gS bI e> ds dj"AB bl I s "dj&dj ds n[k\$ okyh  
 I kjh cfkk gh I ekir g" x; hA "dj&dj ds n[k\$ eaupl ku dh  
 fLFkfr Hkh vk I drh gA I e> dsdj" ijh rjg Qk; nem gA bl  
 rjg bl ckr ds I kfk PN'Mu&i dMuB dk >V gh I ekir g"  
 x; kA igysl e> y" fQj fu.kz dj] D; k N'Muk gSD; k i dMuB  
 gS

I e>usead"Ã þek=kB ughag"rhA T; knk I e>sde I e>s  
 t\$ h d"Ã ckr ughag"rhA ; k r" I e> ; k I e>us dh vi\$kk  
 jghA n'k fØ; k ea I e> ; k< spkj fØ; k ea I e>us dh vi\$kk

vflrRo eyd ekuo dñlhr fpru @95

jghA I e>uk ¾ c"/k c"/k viwlz ughag"rkA  
1/xLr 2006] vejdl/d½

### n"Vkj nf"V vkj n";

n"Vkj I e> vkusI snf"V dh ckr Li "V g"rh gA thou gh  
n"Vkj gA

thou I k<spkj fØ; k eafdruh ckr"adk n"Vkj gSvkj n'k  
fØ; k eafdruh ckr"adk n"Vkj gS; g e/; Lfk n'kj uLi "V fd; k  
gA I k<spkj fØ; k }jkj thou I oonukvladk n"Vkj gA n'k fØ; k  
dsI kfk I Kkuh; rk i oöd I gvfLrRo ean"Vkj gA døy tc 'kjhj  
Kku dsI kfk thrs gA r" I k<spkj fØ; k eagh thrs gA ml dk  
vflre y{; gS I oonukA 'kñn] Li 'kj jI ] xdk : i bflæ; "ad"  
jkth j[kukA

thou Kku] I gvfLrRo n'kj Kku vkj ekuoh; rkivk  
vkpj.k Kku dsfcuk I Kkuh; rk fl ) gh ughag"xa

1/xLr 2006] vejdl/d½

### v/; ; u eargyu i oöd I hkk I k{kRdkj gh gkrk gS

v/; ; u eargyu i oöd I hkk I k{kRdkj gh gkrk gA fp=.k  
ughag"rkA fpük eafpru {ks eagh I k{kRdkj g"rk gA fp=.k {ks  
ea Lefr; k gA iBu dk; l ea fp=.k g"rk gS Lefr ds : i ea  
v/; ; u eaçLrko ds Lej.k dh vko'; drk gA

I k{kRdkj Øfed : i Isgrk gS t" I gvfLrRo ea iwlz  
g"rk gA I gvfLrRo ea I k{kRdkj iwlz g"us ij cf) ea c"/k g"rk  
gA cf) ea c"/k g"us ij çekf.kr djus dk I adYi g"rk gA  
çekf.kr djus ds I adYi ds I kfk gh vkkRek vflrRo ea vukko  
djrh gA I k{kRdkj iwlz g"us dsckn vukko g"usrd ead"ñj  
ughayxrhA

96@e/; Lfk n'kj i j vkkfjr I okn

I kjh nj I k{kRdkj ijk g"usrd gh yxrh gSA nj yxus  
dk dkj.k gSv/; ; u dsfy, gekjh çkfedor ughag"ukA Hkfer  
fLFkfr eathrsgq ge dñ i {kad" I gh ekusjgrsgA tcfld tho  
psuk es, d Hk i {k I gh ughag"rkA ftu i {kad" ge I gh ekus  
jgrs gS muds çfr gekjk opkfd fpidko cuk jgrk gA bl  
fpidko ds dkj.k v/; ; u ea/; ku ughayx ikrkA v/; ; u ea/  
; ku nsusdh vko'; drk gA vukko i oöd /; ku cuk gh jgrk gA  
1/xLr 2006] vejdl/d½

### n'kj okn vkj 'kk=

n'kj ¾ fLFkfr xfr ¾ Kku i ekk.k  
vukko dsLo: i d" Li "V djuk ¾ n'kj

vukko I illu ekuo eavvkkRek eacht : i ea vukko jgrk  
gS t" ijLijrk eanljsd" c"/k djokusdsfy, I ej"kr g"rk gA  
t" s 0; ki d ejs vukko 1/vkkRek eik ea jgrk gS vkj ml dk  
I k{kRdkj ejs fpük ea g"rk gA ; g vg"rk eip ea gA ftI ds  
QyLo: i 0; ki d olrqdh efgek i k jxkfe; rk vkj ikjnf'kj rk  
d" eiviusfpük ea fpf=r dj I drk gA ejk bl rjg fp=.k  
djus ij og vki dsfy, v/; ; u dk L=r cu tkhk gA bl  
rjg 0; ki d olrqd" ydj t" eic"yrk g"i og vki ds eu ea  
igprk gS fopkj ea igprk gS fp=.k ea igprk gA ; fn ejh  
çLrfr vki d" Lohdkj g" tkhk gSrc vki eaog c"/k vkj vukko  
g" gh tkhk gA bl çdkj 0; ki drk vki ds vukko eahh vkk tkhk  
gA

vukko eyd fof/k I sge ppkz I okn Hk dj I drs gA  
bl fy, poknB Hk fy[kA poknB ea QSYk dj fy[kk x; k gA vkt  
ds ifji{; I st" M+dj vlxsn'kj dsfy, I hkh yxkA x; h gA  
'kk= vkpj.k dsLo: i d" fpf=r djrs gA dkf; d]

vflrRo eiyd ekuo dñlnr fpru @97

okfpd vñj ekufi d : i eaeft" dñ Hñ djrk gñ og ejk vñpj.k gñ ekufi d vñpj.k d" ekuo l prukoknh eu"foKku ea fy[kñA dkf; d vñpj.k d" vñorñ'khy vñkñ kñL= ea fy[kñA okfpd vñpj.k d" 0; ogkjoknh l ekt'kñL= ea fy[kñA

ekuoh; rki vñkñ vñpj.k eñKku] foos vñj foKku çekf.kr gñrk gñ ekuoh; rki vñkñ vñpj.k gh ekuoñr 0; oLFkk dk vñkñj gñ ekuoh; rki vñkñ vñpj.k #i h çek.k pkj"avoLFkkvñds l Fk tñk gñ pkj"avoLFkkvñds l Fk eñkuo dk 0; oLFkk : i eñ0; Dr gñuk gh Lokutñkli u gñ

1tuojh 2007] vejdlvñd

### Pthuñ ds vñkñj kd Hñkx eñpdjuñ gñ

vkt dh fLFkfr eñvnreh ds i kl ñdjuñ dk cks T; knk gñ pñ "puñ dk cks ml l s de gñ pñ e>uñ dk cks 'kñ; gñ ; g cks thou eñbPNñB dsLo#i eñgñ; a"ad" l pkfyr djus d" ñdjuñ ekuk gñ ml ds fy, l "p t" gñog yñkñ glfu ds vñkñj ij ryu gñ iñs ds vñkñj ij yñkñ glfu d" igpkukA vkt dh fLFkfr eñpdjuñ d" gh Pthuñ ekufi; k x; k gñ vñkñ ij kñk rñ vñj ijk 0; oLFkk rñ ñdjuñ d" gh Pthuñ ekufi djds py jgk gñ ft l ds ey eñ yñkñ glfu d" yñdij ryu fo'yñk.k gñ

e/; Lfk n'kñ dk çLrk vkt dh t" fLFkfr gñ ml l s fcYdy mYVñk gñ vkt dh fLFkfr eñpdjuñ gñ vñj ñdjuñ ds fy, gh pñ "puñ gñ ; g rjhdk pñ e>uñ rd i gprk gh ugñgñ e/; Lfk n'kñ eñpñ e> ds ñdjuñ dk çLrk gñ pñ e>ñ iñd gh ifjokj eñviuh vñkñ'; drk dk fu/kñ.k gñrk gñml ds fy, D; k vñj dñs ñdjuñ gñog fu/kñ.k gñrk gñ fu/kñ.k gñq pñ fopkjñ ds fy, pñ e>ñ iñh jgrh gñ

98@e/; Lfk n'kñ ij vñkñfjr l økn

pñ e>uñ ij gh Pthuñ dh fof/k vñrh gñ l e>nkjh l s; gñ fudyrk gñPthuñ ds vñkñj kd Hñkx eñpdjuñ gñ

pñ e>uñ dh t+ jr d" ijk djus ds fy, e/; Lfk n'kñ dk çLrk gñ e/; Lfk n'kñ eñtus dh fof/k ds fy, çLrk gñ l ek/kku l Eiñurk iñd l ef) ds l kfk xfrA

l ek/kku pñ e>ñ fcuk gñ ughñ l drkA

1tuojh 2007] vejdlvñd ½

fu; e

e/; Lfk n'kñ ds vñuñ kj%fu; fr fof/k gh fu; e gñ l Eiñkñ fu; e vflrRo eñgñghñ fu; e l s gh vflrRo eñ iñkñLkñLFkk l s çk.kñLkñLFkk çk.kñLkñLFkk l s thokoLFkk vñj thokoLFkk l s KkukoLFkk çxV gñA

Hññrdokn ; k foKku us viuh gol ds vñuñ kj fu; e çfriñfnr fd, ; k cuk fn, A tcfld fu; e gñrsñ cursugñgñ ; s t" fu; e cuk, os fu; fr fojñkñ Fkñ mu ij pyus l s /kñrh chekj gñ x; hñ bu fu; e" dsjgrsekuo dk /kñrh ij cusjguk [krjseñgñ

ml ds i gys vñkñ'kñkn us pñ'ojh; fu; eñ crk; A l Hññ A'ojh; fu; e , sgh gñ'oj ds vñkñku eñjgñ A'oj d" fj>kñkññgñjk dñY; k.k gñ'xk! A'oj D; k gñ ; g iñkñ r" crk; k pñpñ l e>ñxsugññB ijEiñk eñl kekl; vñneh dk Qñ koV ; ghñ jgkA

vc e/; Lfk n'kñ l s mij"Dr nñuñfopkj /kñkñvñkñ dk fodYi vñk; k ml l s ; g Li"V gñrk gñ

çkññfrd : i eñxokfgr jguk gh fu; e gñ

çkññfrd : i eñçekf.kr jguk gh fu; e gñ

çkññfrd : i eñorñku jguk gh fu; e gñ

vflrRo eiyd ekuo dñlhr fpru @99

v/; u ds fy, bu rhua ckr'a d" vklkj eej [kuk vko'; d gA i nkFkLkLFkk ck. kkoLFkk vlg thokoLFkk fu; e d" xokfgr] çekf.kr vlg orélfur djrh jgrh gA KkukoLFkk ds ekuo d" Hh viusfu; e" d" igpuusdh vko'; drk gA ekuo KkukoLFkk eag"usdsdkj.k ekuo eakku gh xokfgr] çekf.kr vlg orélfur g"xlA I e>nkjhl Äekunkjh ftEenkjh vlg Hkkxhnkjh ; s pljatxg ij tc ekuo ijk gyk rHh ekuo usvi ul xokgh d" çLrq fd; kA bl fof/k I sekuo dk KkukoLFkk eag"usdk iek.k ijk g" tkrk gA

1/tuojh 2007] vejdl/d½

### I k{kkRdkj vlg iekf.kr gusdh bPNk

; g vki d" igys l fpr gyk gS thou eanl fØ; k, a gA ft l eafpük Hkkx eafpru vlg fp=.k uke l sn" fØ; k, al akfnr g"rk gA fpru {k= ea l k{kkRdkj g"rk gA l k{kkRdkj D; k\ Hkk"kk l s t" crk; k\ Hkk"kk ds vfkz ea t" oLrq dyi uk ea vka ml dk l k{kkRdkj g"rk gA og l k{kkRdkj gq fcuk vutko g"rk ugh gA

I k{kkRdkj g"us ds fy, U;k; ] /ke] I R; d" thus ea çekf.kr djusdh bPNk l ekfgr jguk vko'; d gA çekf.kr djus dh bPNk ughag] r" l k{kkRdkj g"rk ughag çekf.kr djuk thus ea dlf; d] okfpd] ekufi d] Nr] dlfjr] vuqfnr uks Hksa l s g"rk gA çekf.kr g"usdh bPNk d" gVk djdsge l k{kkRdkj dj yl vutko dj ya; g gusokyk ughagA fdl h d", s l k{kkRdkj] vutko ughag"xl bl /kjrh ij!, d Hh vknch d" ughag"xlA

vHh FKM vf/kd vk; qokyads l kfk , s k g" osdl @h ea ykuseafu".kkr gA ftEenkjh dsfy, osfu".kkr ughajgrsgA pge dl @h eadl dj gh vi uk l j bl eamkyka l k{kkRdkj g"rk gS fd ughans[k yrs gA fQj n[ks vutko g"rk gSfd ughans[k yrs

100@e/; Lfk n'ku ij vklkjfjr l okn

gA vutko g"rk gS r" ml ds ckn ea l "pøAB tcfd çekf.kr djusdh vi sk dsfcuk Jo.k ek= l s; g vutko rd igprk gh ughagA Jo.k l sdYi uk dk foLrkj ryu rd g" l drk g"fdq; fn bl ryu ds l kf ge çekf.kr g"usdk mnøs; ughaj [ks r" og l k{kkRdkj ea igpsk gh ugh

Jo.k ds l kf euu g"rk gSft l l sofuk earyu g"rk gA D; "aryu djA bl ckr dk Li "V mÙkj g"us ij gh ryu l Qy g"rk gS vlg l k{kkRdkj g"rk gA çekf.kr djusdsfy, ryu djA r" l k{kkRdkj g"rk gA vU; Fkk Jo.k døy Hkk"kk dk gh g"rk g" vfkz feyrk ughagA , s earyu] døy ryu dsfy, g" tkrk gA bl ea l e; 0; rhr g" tkrk gA l e; d"; fn cpuk gS r" Åij t" ckr crk; h x; h g"ml rjhdsd" vi ukusdh vko'; drk gA

1/tuojh 2007] vejdl/d½

### I nskj l pukj fQj v/; ; u

I nskj l pukj fQj v/; ; uA v/; ; u ds ckn #drk ugha gA vki gekjschp ea l ns k vlg l puk g" x; h gSvc v/; ; u dh ckjh gA v/; ; u eage fdruk xfr'khy g" ik; s; g l "pusdk emnk gA v/; ; u dsfcuk d" 0; fDr fo)ku g" x; k\ vPNki u çekf.kr g" x; k; g g" ughal drkA bl dsvykok hvPNki uß d" 0; Dr djusdh n" txg g"bl okb vlg Jeß ds: i eA T; knk l s T; knk cf<+k l ok dj l drs gA; k Je dj l drs g"bl l s T; knk dN ugha dj l drA bl ea Hh Je'khyrk d" y"xa us vPNk okLro ea ekuk ughagA Je d" vPNk dgk Hh g"xl r" vlg pkfjd : i eadgk g"xlA ; gk rd fd Je djusokyk Hh ; g r; ugha dj ik jgk gSfd Je djuk vPNk dk; Z g" ; k cjkA bl e>nkjhs dk dN vrk&irk ughagA bl fy, ml dh J"Brk dh d" A ckr gh ughagA

vflrRo eiyd ekuo dñnr fpru @101

bl fy, I e>nkjh d" tuekul ea Mkyus ds fy, , d ç; "x r" fd; k tk, ! cckjh ds fy, vkn eh us brus ç; "x fd, g, d ç; "x vcknh ds fy, Hkh fd; k tk, A ; gk l s ge 'kq fd, A bl ds fy, bl n'kd eage dñl dk e fd, A djus ij irk pyk gekjs Fk'M+djus ij gh T; knk Qy g"rk gA vcknh dk Qy T; knk foLrkj g"rk gB cckjh dk Qy I her g"rk tkrk gA ; g /kjrh dh gh efgek gA vkn eh /kjrh ds l kfk bruk cckjh fd; k fQj Hkh /kjrh gj nñuk d" N"Vc cuk dj N"Vc+nsh gA bl fy, gj nñuk l qj l drk gB bl txg eage vkrsgA bl l se; g vklk djrk gA /kjrh ea vHkh Hkh l qjus dh rkdr fd l h u fd l h vkl ea j[kh gA bl fy, /kjrh dh bl rkdr d" cyn djus ds fy, vi us vcknh ds ç; "x ad" cyn fd; k tk, A

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### PI R; B dk vklk;

c'u%PI R; B 'kñn l sD; k vklk; gA

mñkj%I R; d" eñs vñko fd; k gA l gvflrRo : i ea I R; d" eñs i gpkukA l gvflrRo gh ije I R; gA l gvflrRo d" eñs, l k nñkk gS0; ki d oLrqea, d&, d oLrq a ¼tM+vkl pñl; ½Mñch gA Hkhxh gA vkl f?kjh gA gA Hkhxh g"us l sgj oLrq dk Åtkl l allu g"uk l e> eavk; A ; g e; ckr gA gj oLrq Åtkl l allu gB bl dh xokgh gSml dh fØ; k'khyrkA gj oLrq vi us i jekf.od Lo: i ea Lo; aLQñl: i eafØ; k'khy gA pkgs og Hñrd oLrqg] jkl k; fud oLrqg] ; k thou oLrqg A thou d" gh ge pñl; oLrqdg jgsgA Hñrd vkl jkl k; fud i nkFk d" ge tM+oLrqdg jgsgA Hñrd vkl jkl k; fud oLrqads ey ea i jek.kLo; aLQñl fØ; k'khy gA thou Hkh vi us Lo: i ea , d i jek.kgh gA ; g bl vuñlku dh , d cgr xfjek l allu mi yfck gS t" A'ojo knh ugha i gpku ik; s vkl Hñrd okn Hkh

102@e/; Lfk n'kñ l ij vklk fjr l okn

ughai gpku ik, A i jek.kq dh ppkz Hñrd okn; "aus cgr fd; kA A'ojo okn; "ads i kl i jek.kq dk ppkz djus dk d" A eknk ugha jgk ; g eñekurk gA

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### e/; Lfk fØ; k dk eryc

vflrRo eaqj fØ; k ¼okLrfodrlk½ ds rhu pj.k gñ iñk g"uk ¼mnñko½ cusjguk ¼okLrfodrlk½ vkl foy; g"uk ¼cy; ¼A ; g gj fØ; k ds l kfk gA tS sd A /ku iñk g"rk gB cuk jgrk gSdN l e; rd] fQj [kn cu tkrk gA d" A tho iñk g"rk gB dN l e; rd thrk gB fQj ej Hkh tkrk gA d" A ekuo Hkh iñk g"rk gB dN l e; rd thrk gB fQj ej Hkh tkrk gA

bu rhu pj.k aeñpcusjguß dspj.k eaoLrqdh mi ; fxrk gA pcusjguß dk Lo#i gh oLrqdk þvkpj.kB gA oLrqds cusjguseagh ml dk oñko gB ft l dh bi jEi jk g"rh gA ogh e/; Lfk gA oLrqdh mi ; fxrk fl ) g"uk gh ml dh ñe/; Lfk rB gA iñk g"uk ¼mnñko½ pj.k mi ; fxrk þds fy, B gA foy; g" tkus ds ckn og mi ; fxrk ughai jgkA

e/; Lfk n'kñ dk eryc gSvflrRo eaoLrqdh mi ; fxrk d" l e>ukA ekuo gh ; g l e>rk gA l e>us i j gh ekuo vflrRo ea Lo; a dh mi ; fxrk d" fl ) dj i krk gA ekuo dh mi ; fxrk ; k oñko fl ) g"rh gSekuo i jEi jk eA ekuo i jEi jk ds vklk &LrEhk gB vkpj.k f'kñl fof/k ¼ fo/lku½ vkl 0; oLFkA

1kñi ky] vDVñj 2008½

### Hher ekuo ea thou dh fLFkfr

c'u%vki usfy[kk gSþefñfukker voLFk ekvRek givvkl Hher voLFk ekvRek givvkl gñ ml dk D; k eryc gA

mÙkj% Hkfer volFkk ea 'kjhj d" gh þeß ekus jgrs gA tkxr g"us ij thou d" þeß ds : i ea tkurs vkj ekurs gA thou ,d xBuiwkijek.kqgA ft l dk e/; lk vkrEk gA

ç'u%Hkfer ekuo eabl e/; lk dk D; k dk; l : i g"rk gA

mÙkj%Hkfer ekuo eae/; lk þg"uß ds : i eaqß þjguß ds : i ea ughA þg"uß çkÑfrd fof/k l sg" x; kA þjguß tkxfr fof/k l sg"rk gA cf) ds l kfk Hkh oß sgh gA fpùk eaU; k; ] /ke] l R; ryu n"V; "ads l kfk Hkh oß sgh gA thou eadYi uk'khyrk deLorark o'k Hkfer fLFkfr eaHkh Kku dk vißk cuk jgrk gA

ç'u%d"Ã vknch xyrh djrk gß ml d" fQj cjk yxrk gS; g dß sg"rk gA

mÙkj%ge vPNk g"uk pkg jgsgß ij vPNk g" ughai k jgs gßbl fy, g"rk gS, kA

ç'u%þvPNk g"uk pkguß dh ckr dgk l svk x; hA

mÙkj%vPNk g"uk pkgus dh ckr gj ekuo eaqß vPNsg"us dh dYi uk thou dh l kspkj fØ; k eagh g" tkrh gA ge vius ?kj ifjokj] xk] nsk ds y"xa l s vPNk g"uk pkgrs gh gA ; g l kspkj fØ; k eaqß dYi uk gh gA ; g vPNk g"uk pkgu g h vks v/; ; u dk vklkj gA

ç'u%v/; ; ujr ekuo ds l kfk cf) vkj vkrEk dh D; k fLFkfr gA

mÙkj%v/; ; u dky ea l kdkj iød cf) l ghi u d" Lohdkjrk gA vutko ea i gp dß vkrEk vkj cf) gh çek.k : i eaçxV g"rh gA

### Hkj caku vkj v.kçaku

ç'u%Hkj caku vkj v.kçaku D; k gA

mÙkj% i jek.kvkj v.kvkj vkj mul s jfpr jpukvka ea l afBr g"us dh çofük gSogh Hkj caku gA l KE; l Ükk 10; ki d½ ea l aDr jgus l si jek.kqvákæapfcdh; cy l Ei Urk jgrh gA bl dsdkj.k muea, d nñ jsds l kfk tMüsokyk xqk gß ft l d" þHkj cakuß dgk gA vud i jek.kvkj ds Hkj caku iød , d v.kq ds : i ea l afBr g"us l s þv.kq cakuß gA v.kq caku l s l kjh çkÑfrd jruk, i gß tß s feVVh iRFkj] ef.k vkj /kra; s l Hkh jruk, i 0; oLFkk ds vFkZ eaqß

tM+txr eaHkj caku vkj v.kçaku dh mi ; fxrk gA thou xBuiwkijek.kqgß bl fy, og bl caku d" udkjrk gA thou l kef; d : i ea %kjij ; k=k ds nqku½ tM+txr dh mi ; fxrk d" Lohdkjrk gS vkj lo; aHkh ml dsfy, ij d g"rk gA

Wkiky] vDVc] 2008½

### vflrRo eaçxVu ifjorl gß mRifük ugha

vflrRo fLFkj gßml ea d"Ã ?kv&c<+ughagA d"Ã pht u; k ughacu jgk gA vflrRo eaçxVu gß mRifük ughagA tß s inKFkkLFkk eaçk. kkoLFkk d" çxV djus dh ckr l elÄ gh jgrh gA vflrRo dsçxVu Øe ea ifjorl ¼qkRed vkj ek=kred½ gß yðdu d"Ã mRifük ; k fouk'k ughagA vflrRo þg"uße vkj þjguß gA þg"uße çkÑfrd gA þjguß çxVu gA çxVu l gvflrRo eaðodkl Øe] fodkl ] tkxfr Øe vkj tkxfr dsLo: i eaqß

; g bl /kjrh dh gh ckr ughagß vur /kjfr; aij , k gh gA

vflrRo eiyd ekuo dñnr fpru @105

i nkFk volFkk eagh, d tyusokyk oLrqvls, d tykus  
okyk oLrq; s n'ufey dj ; Fxd fof/k l s l; kl cokus okyh  
oLrq v kuh d' çtDV dj fn, A dS s bl l gvfLrRo l gt  
çkñfrd xokgh d' Nijk; k tk,] dS s bl d' çxV djus ea  
'kje; k tk,\

e/; Lfk n'ku çkñfrd xokfg; adk gh v/; ; u gA  
Miki ky] vDViçj 2008½

### I ek/ku vlj i eL;k

gj 0; fDr viuh l e>nkjh ds vlkkj ij l "p fopkj  
cukrk gA ml l "p fopkj ds vlkkj ij ; "tuk cukrk gA ml  
; "tuk ds vlkkj ij dk; l "tuk cukrk gA ml dk; l "tuk ds  
fØ; klo; u ij Qy ifj. kke g"rk gA og Qy ifj. kke l e>nkjh  
ds vuq i g" x; k eryc I ek/ku g" x; kA ; fn ml dsfoijhr  
tkrk gS r" l eL;k g" x; kA

Miki ky] vDViçj 2008½

### fØ; k'khyrk vlj vkpj.k'khyrk

I Ükk eal iDr g"us l sgj bdkA fØ; k'khy gA fcuk Åtk  
ds fØ; k'khyrk g" ugha l drhA l Ükk gh og Åtk gS ft l ea  
, d&, d l iDr g"us ds dkj.k fØ; k'khy gA gj bdkA dh  
fØ; k'khyrk gh ml dsfuf'pr vkpj.k ds : i eaçxV g"rh gA  
tS s n" vâk dk ijek.kq vi us ea fØ; k'khy gS vlj og vi us  
fuf'pr vkpj.k d' çxV djrk gA oS sgh , d o{k Hkh vi us ea  
fØ; k'khy gS vlj og vi usfuf'pr vkpj.k d' çxV djrk gA  
ekuo dsl kf, l k ughagA ekuo fØ; k'khy r" gS ij vkpj.k'khy  
ughagS eryc vHkh rd ekuo vi usfuf'pr vkpj.k d' çxV  
ughafd; k gA vc bl d' dS s l ikjk tk, l fufoj/k i ñd dS s  
fdl d' l ikjk tk, l foj/k i ñd d' l ikjk g"rk ughagA neu

106@e/; Lfk n'ku ij vlkkj jr l økn

i ñd Hkh d' Å l ikjk g"rk ughagA foj/k dk foj/k vlj foj/k dk  
neu vkneh djdsnS k pøk gS bl l sd' Å l ikjk g"rk ughagA  
; gk ge dg jgs gS foj/k dk fot; A ; g , d l ikjk .k ckr gA  
bl eafo'k k uke dh d' Å pht ughagA

Miki ky] vDViçj 2008½

### I Ükk eal iDr idfr

0; ki d] 'k; t" bdkbZ a ds chp [kyh LFkyh ds : i ea  
fn[krk gS; g D; k gS ; g dN Hkh ughagS ; g cguk ughacurk!  
; gk ; g crk jgs gS ; g 0; ki d l E; Åtk gA çÑfr dh l Hkh  
bdkbZ k bl ea l iDr Moch] Hkhxh vlj f?kj h/ gA 0; ki d Lo; a ea  
fØ; k u g"rsgq Hkh l Hkh fØ; kvkakd vlkkj gA ; g l gvfLrRo  
dk ey Lo: i gA ; g ey ckr l e> eavkus ij gh l gvfLrRo  
dk ijk olko l e> eavkrk gA

bdkbZ a dk olko gh e/; LFkrk gA olko dh gh ijEijk  
curh gA tS s n" vâk dk ijek.kq dk , d fuf'pr vkpj.k gA  
l Hkh n" vâk ds i jek.kq dk olko gA oS s gh uhe dS vke ds o{k dk  
vkpj.k fuf'pr gA Hkkyj cl?k vlj xk; dk vkpj.k fuf'pr gA  
ekuo dk vkpj.k fuf'pr g"uk vHkh ckdh gA ; gh ej; epnk gA  
ekuo dk fuf'pr vkpj.k l e>nkjh dsfcuk v, xk ugha

bdkbZ k fØ; k'khy gS; g l e> eavkrk gh gA l E; Åtk  
vi usead' Å fØ; k djrk ughagA Kku] food] foKku gS; svius  
vki ea d' Å fØ; k ughagA Kku d' fØ; kfllor djuk fØ; k gA  
Kku d' ijk fØ; kfllor Kku volFkk dk ekuo gh dj l drk gA  
Kku t" gS og rjg fcunyka ea l ek; k gA pkj fo"k; a Mkgkj]  
fuæk] Hk; ] eSkj½ dk Kku i kp l øsnukvka ¼ kcn] Li 'k : i j1 ]  
xk½ dk Kku rhu , Sk.kkvla dk Kku ¼ fSk.kk] foÙkSk.kk y"dkSk.kk½

vkj midkj dk KkuA

bl eal s pkj fo;k; "adk Kku tho tkuoj Hkh çdkf'kr djrs gA mueaf o;k; "adk Kku gSrHkh r" ml d" çdkf'kr djrs gA tho tkuoj ikp I önukvka dk mi ; "x djrs gA bu pkj fo;k; "ae thus dsfy, A ekuo tc /kjrh ij çxV gyk r" ml ea I qk dh pkgr tletkr jghA I önukvka ekuo d" I qk HkkI ka ekuo us dYi uk'khyrk vkj deLorark o'k ikp I önukvka d" jkth j [kus dsfy, I kjk djrr 'kq fd; kA bl Øe eavkgkj] vkokl ] vydjkj d" ydj tho tkuoj aI sfcYdy fHku thuk 'kq dj fn; kA I kfk eanijJo.k] nijn'klu vkj nijxeu ds reke I kku ad" çklr dj fy; kA bl Øe eavko us vi us d" tho tkuoj aI sT; knk vPNk eku fy; k! ij , d k ekuus I s ekuo dk vPNki u d"çekf.kr ugh gykA Kku dsckdh pkj Hkkx vKkr jgus ds dkj.k ekuo us /kjrh ds I kfk vijk/k fd; k] ckdh rhu'a voLFkkvka ds I kfk vlrnyu fd; k vkj ekuo tkfr ds I kfk Hkh vU; k fd; kA ; g I c dsprys, d h flFkfr eavip x, dh vkt /kjrh gh chekj g" x; hA

bl fy, ekuo d" Kku dsckdh pkj i{ka d" igpkuus ah vko'; drk gA ; fn /kjrh ij cusjguk gSr! bl dsfy, e/; Lfk n'klu dk fodYi çLrqt gA t: jr gA r" vi uk, xk vkneh tkr!

1/xxLr 2006] vejd/ d%

### I Ükk eal aDrkk o'k i dfr fØ; k'khy gs

çÑfr fØ; k gA çÑfr I Ükk eal aDr gA I Ükk fØ; k ugha gA I Ükk 0; ki d gA ikjxkeh gS vkj i jn'kz gA I Ükk gh tM+ çÑfr dsfy, eiy Åtkz gA ; gh pñU; çÑfr dsfy, Kku gA

I Ükk eal EiDrrk o'k gh tM+vkj pñU; çÑfr fØ; k'khy gA I Hkh fØ; kvka dk vklkj I Ükk gh gA

108@e/; Lfk n'klu ij vklkjfjr l ökn

tØ s fu; e d"çekf.kr fØ; k ugha gA i nkFlz voLFkk fu; e I EiUurk I sfØ; k'khy 1/akpj .k'khy 1/gA pfu; eB 'kcn I gvflrRo d" gh bñxr djrk gA

Kku d"çekf.kr fØ; k ugha gA tkxr ekuo Kku I EiUurk I s fØ; k'khy 1/akpj .k'khy 1/gA pKuB 'kcn 0; ki d d" gh bñxr djrk gA

eavkuk 3/4 I Ükk eavçÑfr dñr d" e>us dh vko'; drk gA ; g I e> eavkuk 3/4 vflrRo eavkuk 3/4 oLFkk dk I e> eavkuk 3/4 Lo; e~ dk 0; oLFkk eavkuk 3/4 exz 0; oLFkk eavkuk 3/4 Hkkxhnkjh djus dk Lo: i I e> eavkukA

bl I e> I s thuk gh bl dk i jh{k.k gA vki ds thou eavko' ; dYi uk'khyrk ds : i eavkuk 3/4 vki ds 'kjhj eavkuk 3/4 0; ki d Åtkz I EiUurk ds : i eavkuk 3/4 vki ds 'kjhj eavkuk 3/4 0; adk fujh{k.k i jh{k.k djus I sgh vutko g" xkA

dYi uk'khyrk ds vklkj ij gh ge Kku rd igprs gA gj ekuo eadYi uk'khyrk çkÑfrd fof/k I s, d vf/kdkj gA ml vf/kdkj d" v/; u dsfy, ç;"x djus dh ckr gA

I e>nkjh I s I ek/ku vkj Je I s I ef) çekf.kr g"rh gA

1/liky] vDVcij 2008%

### ekuo /kez ,d] I ek/ku vu

ç'u%þekuo /kez ,d] I ek/ku vu dß dk D; k vFlz gA

mÙkj% I ek/ku I or"er{k g"rk gSD; "fd ekuo cge{kh vflkO; fDr gA I Hkh fn'kvvka eal ek/ku pkfg, A bl fy, I ek/ku

vflrro eyd ekuo dñnr fpru @109

vud gA I Hh I ek/ku thou eaeu%oLFkrk I s tMgA thou  
eal [k gh gS t" ekuo /kez gA bl fy, ekuo /kez ,d] I ek/ku  
vuda

I [k dk vutko djusokys thou }jkj I ek/ku thus ea  
çekf.kr gürk gA

WxLr 2006] vejdlid%

### Şk.kk, avkj midkj

ekuo pruk earhu'a, Şk.kkvads I kfk ekuo thrk gA ; s  
rhu , Şk.kk; ag%

1/1½ i fŞk.kk

1/2½ foÜsk.kk

1/3½ y'dŞk.kk

i fŞk.kk ¾ tu cy dkeuk ¼ ekuo ijEijk ds/kjrh ij  
cusjgus dsfy, oåk of) dsfy, dkeuk i fŞk.kk gA½

foÜsk.kk ¾ /ku cy dkeuk ¼ ifjokj ds/ef) i ob thus  
ds fy, çÑfrd I Eink ij Je fu; "tu I s /ku dh dkeuk  
foÜsk.kk gA½

y'dŞk.kk ¾ ; 'k cy dkeuk ¼ vi us vPNs dk; k dsfy,  
y'xæviuh igpku dsfy, dkeuk y'dŞk.kk gA ½

ekuo ijEijk d" Kku I allu cukuk gh midkj gA nñjs  
'kon'a eal e>sgq d" I e>kuk] I h[ks gq d" fl [kkuk vkj fd,  
gq d" djuk gh midkj gA

ekuo pruk earhu , Şk.kkvads I kfk ekuo midkj djrk  
gA no pruk eay'dŞk.kk ds I kfk midkj djrk gA fn0; pruk  
eadoy midkj djrk gA

110@e/; Lfk n'ku ij vklkjfr l ökn

, Şk.kkvadsfcuk ekuo ijEijk d" s g"xl\ ekuo ijEijk  
discusjgus dsfy, i fŞk.kk foÜsk.kk vkj y'dŞk.kk vko'; d gA  
Wki ky] vDVej 2008½

### I Ükk gh Kku gS

ç'u%bl Ükk gh Kku gß bl çfriknu d" d" s l e>

mÜkj% Åtkl I EiUurk çÑfrd gA Åtkl I EiUurk o'k  
I Hh tM+Åfrd jkl k; fud½vkj pñl; ¼thou½bdkbz k fØ; k'hy  
gA

dYiuk thou fØ; k gA thou fØ; k'hy gß eryc thou  
Åtkl I allu gA thou Hh I Ükk eaMckj Hhbxkj f?kjg gA I Ükk gh  
Kku gS ftl dh I EiUurk o'k thou ¼xBuiwz i jek.kj dYiuk  
djrk gA

vki dYiuk djrsg" ; k ugha d" sdjrsg"\ ; g bl dk  
mÜkj gA bl d" I e>us dsfy, vki vi us Lo; adh xokgh d"  
eku'A ; g eiy ckr gA ; g I e> eaughavkrk gß r" vks dN  
Hh I e> eaughavk, xka

ç'u%bl d" fQj I s l e>kb; §

mÜkj% Åtkl I EiUurk dsfcuk dN dke ughadjrka Åtkl  
I EiUurk gSgh I c eå ekuoÜkj çÑfr eå ; g Åtkl fØ; k'hyrk  
ds : i eå gA ekuo çÑfr eå ; g Kku'hyrk ds : i eå gA  
Kku'hyrk dk çkFfed : i dYiuk'hyrk gA ml h l sgh ekuo  
dk; zdjrk gA vc vki dk; zd" nñk i krsg"] dk; zdsey eat"  
Åtkl Kku½gß ml d" ughas[k ik jgsg"! og n'ku vki ear§ kj  
g"] , h eå dkeuk djrk gA

ç'u%d" s r§ kj g"xl\ D; k djøftl l seø eaoog n'ku

rş kj ḡxk̄

m̄kj% fØ; k'khyrk ds ey eÅtkz I Eiñurk ḡ bl  
 fof/k I s i jke'kz djrs tkrsgr̄ r̄ og ḡ tkrk ḡ vñko e; gh  
 I e> eavkrk ḡ vñko dk t̄ ukjk yxk jgsgñml e; gh I e>  
 eavkrk ḡ vñko dsfy, /; ku nñ 1b1 çLrko dñ gjd 'kñ  
 I s l puk ḡ 'kñ dk vFkzḡrk ḡ vFkzds ey eat̄ oLrqḡrk  
 ḡ og I e> eavkuk vñko ḡ vñko ds vñkkj ij çek.k ḡ  
 çek.k ds vñkkj ij lks lñ kj d̄ I e>kuk curk ḡ çek.k ds  
 fcuk I e>kuk ughacurkA geLo; açek.k Lo: i ḡuk ḡxk̄ rñk  
 ged̄ nñjs d̄ v/; ; u djkus dk vf/kdkj ḡ

Wkiy] vDVicj 2008%

### rdz dk ç; "tu

ç'u%rdz D; k ḡ rdz dk ç; "tu D; k ḡ

m̄kj%rdz dk eryc gSD; "avkj dñ sdk m̄kj ns ikuA  
 , k rdz , d çj.kk ḡ rdz I eer vñk; fDr oLrqrd igpkus  
 dk , d l sñḡ rdz Lo; aed̄ A oLrqughaḡ

vñk vñneh tkfr rdz dsfy, rdz djrk ḡ D; " dñ s  
 iñus d̄ rdz eku fy; k ḡij , k ḡrk ughaḡ bl pxy I s  
 Nñus dh vñko'; drk ḡ

rdz I xfr fp=.k rd tkrk ḡ fpru eatk rk ughaḡ  
 fpru ead̄ A rdz ughaḡ c̄k ead̄ A rdz ughaḡ vñko e  
 d̄ A rdz ughaḡ vñko çek.k ead̄ A rdz ughaḡ

Wkiy] vDVicj 2008%

çekf.kdrk ds vñkkj ij gh U; k; ḡ /keZ ḡ I R; ḡ

çekf.kdrk ds vñkkj ij gh U; k; ḡ /keZ ḡ I R; ḡ

112@e/; Lfk n'kù ij vñkkfjr I økn

vñko ds d̄ A Lrj ughaḡ vñko ij k gh ḡrk ḡ vñko e  
 ifjorž ughaḡ tc dñk h U; k; I e> eavkrk ḡ /keZ vñj I R;  
 hñk I e> eavkrs ḡ /keZ vñj I R; dsfcuk U; k; çekf.kr ḡrk  
 ughaḡ I R; dh jkñkuh eagh /keZ çdkf.kr ḡrk ḡ U; k; çdkf.kr  
 ḡrk ḡ I R; r̄ Lo; açdkf.kr ḡghA

ekuo pruk fof/k I s tc ge rhu , Sk. kkvñks ds I kfk thrs  
 ḡrc ge U; k; ç/kku fof/k I sthrḡ I kfk gh /keZ vñj I R; d̄  
 çdkf.kr djrsjgrs ḡ mi dkj djrsjgrs ḡ ç/kku : i eñru  
 , Sk. kk; agh jgrh ḡ rhu'a, Sk. kkvñkd̄ ydj ds mi dkj djrs ḡ

ml dsckn nñ ekuo iñ eñfölk sk. kk vñj i ç/kk d̄ x©k  
 djds y'dsk. kk d̄ ydj pyrs ḡ bl çdkj nñ ekuo /keZ  
 ç/kku fof/k I sU; k; vñj I R; d̄ çekf.kr djrk ḡ I R; çekf.kr  
 djus dk eryc ḡ mi dkj djukA

fn0; ekuo mi dkj ç/kku fof/k I s /keZ vñj U; k; d̄  
 çekf.kr djrk ḡ

ekuo tkfr dk m)kj ¼ju&rkj. kñbl fof/k I sḡ bl I s  
 fdI d̄ D; k rdyhQ ḡ

WxLr 2006] vejdñdñ

### fojfDrokn vñj vñl fDrokn dk fodYi

tkxfr ds i gys eu 'kjñj ds ræi ḡdj 'kjñj dk n"Vñ  
 cuk jgrk ḡ 'kjñj d̄ gh thou ekuk jgrk ḡ ml h ds vuq i  
 fc; ] fgr] yñk nf"V; "a l s ryu djrk ḡ U; k; ] /keZ I R; Nñk  
 jgrk ḡ fc; ] fgr] yñk nf"V; "a l s ryu ds vñkkj ij gh  
 fo'yñk vñj fp=.k ḡ tkrk ḡ ; gh HñfDrokn ḡ t̄ tho  
 pruk ea thuk ḡ , s ea Hñk tho a l s vf/kd vPNk thus dh  
 dñiuk, i curh ḡ blñgñdñiuk vñl ds pyrs fudys fojfDrokn  
 vñj vñl fDroknA

vflrRo eyd ekuo dñnr fpru @113

fojfDr l sD; k fey x; lk ; g ekuo ijEijk d'' vkt rd  
irk ughapkyA

vkl fDrokn l sHx&vfrHx eax, vkj /kjh chekj g''  
x; hA

e/; Lfk n'ku fojfDrokn vkj vkl fDrokn nu'adk fodYi  
gA

1/xLr 2006] vejdl/d%

### v/; ; u fof/k l scf) eackk glrk gs

fy[kuk l puk gA i<uk 'kun gA

'kun dk Lej.k v/; ; u ughagA

'kun ds vFlz d'' l e>uk v/; ; u gA

'kun dk vFlz geljk LohNfr g''rk gs; g Lej.k ughagA  
LohNfr cf) eac''k : i eagrk gA 'kun dk vFlz tc cf) ea  
vkrk gs'rc ge l e>sgA 'kun dk vFlz cf) eagh LohNfr g''rk  
gs'ml ds igys Hk ughagA ml ds ckn Hk ughagA

vFlz d'' l e>us ds ckn cf) eagh ml d'' çekf.kr djus  
dh çofük g''rh gA cf) eac''k l gvflrRo c''k g''rk gs'rc vkrk  
eaLo; adh çofük jgrh gs'vfLrRo ea vukko djus dhA cf) ea  
c''k g''us ij vkrk dk vflrRo ea vukko djuk Hkkoh gA ml ds  
fy, d''A cf'k k.k dh t+ jr ughagA thou dk e/; lk vukko  
ds; x; jgrk gh gs'bl fy, cf) eac''k ds ckn vkrk vukko  
djrk gh gA

cf) eac''k g''us ds fy, l olylk fof/k v/; ; u fof/k gh  
gA v/; ; u ds fy, eu d'' yxk nsuk gh vH; kl gA

vukko ds QyLo: i çek.k c''k cf) eagrk gA bl

114@e/; Lfk n'ku ij vklkfr l okn

vukko eyd çek.k c''k d'' çekf.kr djus ds Øe ea fpük ea  
fp=.k ofük eaU; k; ] /ke] l R; ds vFlz earyu@fo'yş.k vkj  
eu ml h ds vuq i vklknu p; u ds: i eaçekf.kr g'' tkrk  
gA bl <k l svukko ds ckn thou vukko ds l kfk rnkdkj g''  
tkrk gA

1/xLr 2006] vejdl/d%

### dYiuk'hyrk ds iż lk l s Kku rd igpus dk jkLrk gs

dYiuk'hyrk çñfr çnük gA dYiuk'hyrk thou l s  
ekuo 'kjhj }jkj cxV gA dYiuk'hyrk ?Vrk c<fk ughagA ; gh  
dYiuk'hyrk thou ea xqkkred fodkl iwd Kku l Eiurk  
rd igprk gA

dYiuk gh Kku rd igpus dk jkLrk gA dYiuk ughagS  
r'' Kku rd igpus dk d''A jkLrk gh ughagA dYiuk'hyrk ds  
ç; "x l s l gvflrRo Lo: i h l R; d'' l e>uk gh Kku ds fy,  
jkLrk gA bl ds fy, /; ku nsuk g''rk gA /; ku nsuk eryc eu d''  
yxkukA ge t'' p; u vkj vklknu djrs g''ml olrqdk uke  
gseua; sn'' fØ; k djusokyseu d'' vukko ds i fk eayxkus d''  
/; ku nsuk dgkA eu tc yxrk g''rc fopkj vkj bPNk Hk ml ds  
l kfk jgrs gh gA eu fdI ckr ea yxkuk gS bl dh çkfkfedrk  
bPNk eagh r; g''rh gA ftI bPNk d'' ge çkfkfed Lohdkjrs gS  
ml h ds fy, dke djrs gA vukko dh vko'; drk tc rhore  
bPNk ds lrj ij igp tkrh gs'rc eu yxrk gh gA eu yxrk  
gs'r'' v/; ; u g''rk gh gA

ekuo thou vkj 'kjhj dk l aDr Lo: i gA ekuo ea  
dYiuk'hyrk thou l s gS 'kjhj l s ughagA dYiuk'hyrk gh  
thou ea Kku l Eiurk dk Hk Lo: i gA dYiuk'hyrk thou  
dh rkdr gA ; gh dYiuk'hyrk xqkkred fodkl fof/k l s Kku

vflrRo eiyd ekuo dñnr fpru @115

I Ei ñurk rd igprk gA I gvfLrRo Lo: ih IR; dh I e> gh  
Kku gA rkrod : i ea Kku 0; ki d gh gA

14DVicj 2008] Hkiky%

fi Nyh i h<ñ dsçfr ÑrKrk vñj I Eku dk vñkkj D; k gñ\

ç'u%vi uh fi Nyh i h<ñ vñkr&fi rk vñfn%dsçfr ÑrKrk  
vñj I Eku dk BñI vñkkj D; k gñ\

mñkj% gekjs ekrk&fi rk us ged"; g 'kjñj fn; k 1/4tñe  
fn; kñ bl vñkñ eage mudsçfr ÑrK gA nñjsos tñ sñHñ jgs  
gñ gekjs vPNs gñus dsfy, os l nk vñkk cuk, jñksbl dsfy,  
ge mudsçfr ÑrK gA ; snñuætyd ckragn; sVyus okyh  
ckraughagñ rhl jscpiu eosgekjñ lñk fd, gñml dsfy, ge  
mudsçfr ÑrK gA

bu rhu fcñnykañ D; k fevk; k tk I drk gA budsfy,  
dñy ÑrK gh gyk tk I drk gA bl rjg ged" fi Nyh i h<ñ  
dsçfr ÑrK gñus dk L=r fey x; kA

I Eku djus ds ckjs ea gekjs vñkkñod gekjk 'ñk gh  
pkgrs jgs gñ mñgñus ejk v'ñk ughapkgk gñ bl vñkkj ij ge  
mudk I Eku dj I drsgñ bl ea fdñ d" D; k rdyñQ gA

cñkñ d" ge fl [kkus I e>kus dh ckr Lolu ea Hñh u  
I "pk tk, ! gel sd'ñ cñkñ Z I h[ñk ughñ gekjsfirktñ gel sr"  
I h[ñkusokysughañ firktñ dk ge I Eku dj I drsgñ osgekjñ  
'ñk pkgrs jgs bl vñkkj ijA

vñkk vkt dh f'ñkñ çklr cPpñadk I "p , k tk gñ  
gekjscñkñus vi us0; I u ds vñkñ eal rku d" iñk fd; k! ; gñ  
ys x, A þvkñfudñ foKku I ñkj usged"; gñ yk dj [ñkñ dj  
fn; k gA bl eaD; k U; k; gñxk vki crkvñ cgn d"Vnk; d ckr

116@e/; Lfk n'ñkij vñkkñfjr lñkn

gñu ; gñ , s d"Vnk; d dl ñVh ij tkus ds ckn gekjk txg  
dgñ gñ D; k djuk plfg, ] D; k ughadju plfg, \ bl ekufi drk  
lñl "pusij cñkñdh lñk djus ds Lfku ij mul s?k. lk djuk  
curk gA tcfd I gvfLrRooknh fof/k I sñs svkl kuh I sñrKrñ  
vñj I Eku eñ; "ads vñkñ eav i uscñkñdh lñk djus dk jkLrk  
fudy tkrk gA

14tuojñ 2007] vejdañdñ

### 'ñkñdkeuk dk dk; z : i

ç'u%ge nñjsdsfy, t" 'ñkñ dkeuk, adjrs gñ ml I s  
D; k dñ gñrk Hñh gñ

mñkj% gekjh 'ñkñdkeuk I keus0; fDr ds iq; I sgh Qfyr  
gñrh gA iq; dk eryc gñdkf; d] okfpd] ekufi d : i I s  
ekuo t" U; k; djrk gñ I ek/ku d" çLrñ djrk gñ ml I sgn  
'ñkñdkeuk I keus0; fDr d" 'ñkñ djus dsfy, mñl kfgr djus ds  
vñkñegñ ml I sT; knk dñ ugñ 'ñkñdkeuk bl rjg I s'ñkñ ds  
fy, cñ . lk nsus ds : i eaqñ bl dk Lohñkñfod : i bruk gh gA  
; fn bl eaFñMñ Hñh dñ vñj gñrk r" vñkñ Ro dh Lo; aLQñkñ  
dsfu; e dk guu gñrk! çñfr eabl dsvykok vñj d"ñ 0; oLFñk  
gh ughagñ Jki vñj vuqñ ds pDdj ea I ñkj fdruk ijsñkñ  
gyk ; g vius vki ea, d bfrgkI gñ

'ñkñdkeuk gñrk gñ; g I gh gA

'ñkñ ?kfVr gñrk gñ; g Hñh I gh gA

'ñkñ dsfy, ekuo I; kls gñ; g Hñh I gh gA

vc ; gñ dg jgsgñl e>nkjñ ds vñkkj ij dk; z 0; ogkj  
djus I sgh 'ñkñ ?kfVr gñrk gA

bl <x I s ; g ckr I kekñ; g" x; hñ I e>nkjñ d"

vflRRo e~~nd~~ ekuo d~~f~~lnr fpru @117

v/; k0; ol kf; d ¼v/; u ; k f'k(k½ fof/k I s çekf.kr djus dh  
vko'; drk Fkh ml eaešl Qy g" x; k! bl ckr dk y" d0; ki hdj.k  
Hkysgh /khj&/khjsg" yfdu brusear" ešl Qy g" x; kA v/; u  
fof/k I svkneh I e>nkj g" I drk gŠbl txg ešr" ešvk x; k  
g

1/4tuojh 2007] vejdy/d½

vPNk yxukj vPNk gksuk ughaqS

þvPNk yxukþ fc;] fgr] yHk nf"V; "a l s 0; fDrokn dh  
vkj ys tkrk gA eþ d" ; g vPNk yxrk gþ vki d" d"Ã nþ jk  
gh pht vPNk yxrk gþ bl I s d"Ã jkLrk ughafudyrkA vPNk  
g"us dh gh ijEijk g"xh] vPNk yxus dh ijEijk ughag" xhA vHkh  
I kjs 700 dj" M+vknfe; adk ix þvPNk yxuþ dh txg ij gh  
py ik; k gA þvPNk g"ub d" yd , d ix j [kus dh txg Hkh  
ughacukA tcfld ekuo ijEijk d" /kjrh ij gq gtkj"ao" kchr  
pds gA fdruk elfeld ckr gþ vki gh l "p y!

ekuo t\$ sc<sup>c</sup>[kyk x;k gA D;k c"yus l s vPNk yxsk]  
bl txg eavk x;k gA T;knk y"xa d" t" c"yus l s vPNk  
yxrk q\$ og c"y nsrk qA PvPNk q"uk<sup>b</sup> r" gok eaqA

I e>nkjh i n̄d l ek/kku l a llu ḡus l s gh vPNs ḡus dh  
'k#vkr ḡA ml dk çLrko vki ds l keusv/; ; u dsfy, vk pdk  
ḡA

1/4 tuojh 2007] vejd\vd1/2

vulko dks crk; k tk l drk qS

n'ku fLFkfr xfr gA fLFkfr ea vu<sup>h</sup>ko gA xfr ea fopkj  
vk x; kA vu<sup>h</sup>ko ds Lo: i d" Li "V dj ikuk ; g n'ku gA  
vu<sup>h</sup>ko dh vf<sup>h</sup>kO; fDr] I E<sup>h</sup>C<sup>h</sup>.kk vk<sup>h</sup> çd<sup>h</sup>k'ku ds l kFk fp=.k jgrk  
qh qA vu<sup>h</sup>ko cht : i ½LFkfr½ ea jgrk q<sup>h</sup> I E<sup>h</sup>S<sup>h</sup>.kk xfr : i ea

118@e/; LFk n'ku ij vklkkfjr l økn

jgrh gA

vut<sup>ko</sup> | Ei llurk d<sup>s</sup>ckn v<sup>k</sup>Rek ea t<sup>"</sup> cht : i e<sup>a</sup>vut<sup>ko</sup>  
g<sup>s</sup>og ekuo dh ijLijrk ea l<sup>ç</sup>"kr g<sup>ü</sup>rk g<sup>A</sup> þ; g vut<sup>ko</sup> dk  
e<sup>n</sup>nk g<sup>ß</sup>; g v<sup>x</sup>y<sup>h</sup> U; kl g<sup>ü</sup>rk g<sup>A</sup> t<sup>s</sup> s 0; ki d oLrq vki d<sup>"</sup>  
c<sup>"</sup>/k djkusdsfy, e<sup>p</sup>d<sup>"</sup> l<sup>ç</sup>"kr g<sup>ü</sup>uk gh i M<sup>ø</sup>kkA 0; ki d oLrqdk  
vi usfp<sup>ù</sup>k e<sup>a</sup>fp=.k djusdsfy, ej si kl vut<sup>ko</sup> g<sup>A</sup> 0; ki d oLrq  
dh efgek djus tkrk g<sup>w</sup>r<sup>"</sup> ml d<sup>"</sup> vi usfp<sup>ù</sup>k e<sup>a</sup>fpru djus dk  
eknnk ej si kl g<sup>A</sup> t<sup>s</sup> s i k j x k f e; rk v<sup>k</sup>j i k j n f' k r k dk fpru  
djus dk eknnk ej si kl g<sup>A</sup> 0; ki d vut<sup>ko</sup> dk e<sup>n</sup>nk g<sup>A</sup>

e§0; ki d oLrqdskjseac"yrk g§ vki l §ursg§ l §us  
l s0; ki d oLrqdskjseavki dYiuk djrsg§ 0; ki d oLrqdh  
ikjxlf; rk v§ ikjnf'irk d" tc e§ Li "V djrk g§ r" og  
vki dseu e§igprk g§ fopkj e§igprk g§ fp=.k e§igprk g§  
bl dk l k§Wrdkj vki earyu i§d g§rk g§ ft l dsLoHñr g§us  
ij vki eac" /k v§ vutko g§ gh tkrk g§ bl rjg 0; ki d  
vki ds vutko ea vkl x; kA

vulko d" crk; k tk l drk gA vulko d" crkus dk  
ç; "tu qsekuo i jEi jk d" tkrx djukA

1/4tuojh 2007] vejdi/d½

fodYi dks I e>uk

igys l̄s ge dN [kkdk cuk, jgrs ḡ ml̄ ds l̄ kfk bl̄  
çlrko d̄ t̄ M&r̄ M+djus dk ç; kl̄ djrs ḡ ftruk t̄ M+i krk  
ḡ ml̄ d̄ ge Lohdkj djrs ḡ t̄ t̄ M+ugha i krk ḡ ml̄ ij  
'kkdk djrs ḡ oghavVd tkrs ḡ tcfd tho psruk vlḡ ekuo  
psruk ds chp t̄ M&r̄ M+djus dk d̄ LFku gh ugha ḡ tho  
psruk ds LFku ij ekuo psruk d̄ viukus dh ckr ḡ ; gh  
fodYi dk eryc q̄

vflrRo eiyd ekuo dñnr fpru @119

, d ckr d" r" ged" fueñ : i eaLohdkj djuk i Msk  
fd ged" tkxfr iñd gh thuk gA

I e>nkjh g"usrd I Hkh Lorll= gñviuseu dh djusds  
fy, A I e>nkjh dsfy, 0; fDr dk pkgr tc çcy g"rk g"srHkh  
v/; u dh rjQ+vkrs gA I e>nkj g"us ij] I e>nkjh ds I kFk  
thus ds fy, Äekunkjh Lo; a LQñZ g"rh gA ftEenkjh Lohdkj  
g"rh gA Hkxhnkjh ds: i eaçekf.kr g"rh gA , k g"uk I Hkh dh  
viñk gA

WxLr 2006] vejdl/d½

### fu; e] fu; æ.k] I ryu

pkj"avolFLkk ea fu; e] fu; æ.k] I ryu çdkf'kr gA  
inkFLkk ea muds xBu ds vut kj vkpj.k gh fu; e  
gA  
ifj.kke vut; rk gh fu; æ.k gA  
ijdrk mi ; fxrk gh I ryu gA  
çk.kloLFkk ea mudk I kjd ekjd vkpj.k gh fu; e gA  
chtkut; rk gh fu; æ.k gA  
ijdrk mi ; fxrk gh I ryu gA  
thokoLFkk ea mudk Øij&vØij vkpj.k gh fu; e gA  
odkut; rk gh fu; æ.k gA  
mues thus dh½ vñk I s mudh ijdrk mi ; fxrk gh  
I ryu gA  
KukoLFkk ½ekuo½ eaU; k; gh fu; e gA  
/keñ gh fu; æ.k gA ekuo I ek/ku 10; oLFkk½ iñd gh

120@e/; Lfk n'ku ij vñk/fjr lñkn

fu; f=r jguk nñk tkrk gSA I ek/ku ¾ 0; oLFkk ¾ lñk ¾  
ekuo /keñ

I gvflrRo Lo: ih I R; gh I ryu gA I ryu gh çek.k  
gA

xf.kr U; k; ] /keñ I R; ] fu; e] fu; æ.k vñk I ryu d"  
Nirk Hkh ughagA vñk foKuh xf.kr dh enn I s; æ dsfy, t"  
ik#i cukrk gñ ftI I s; æ ckj ckj og h djrk jgrk gñml d"  
fu; e dg nrk gA tcfd og fu; e ughagA I Hkh fu; e fu; fr  
I gt gA

WxLr 2006] vejdl/d½

### iæ.k dsfcuk ijEijk ughagS

gj ekuo dYiuk'ñhyrk vñk deLorñrk ds vf/kdkj I s  
I illu gA ml vñk/kj ij ekuo LokHkkfod : i ea I ñk g"uk  
pkgrk gA tkxfr dsfcuk I ñk g"uk curk ughagA r" I ñk g"us  
dsfy, thou ckj&ckj 'kjbj ; k=k vñkEHk djrk gA tc 'kjbj  
; k=k ea; g ç; "tu çekf.kr ughag"rk r" nñk g"rk gA

vc vki ds I keus Lo; adh tkxfr d" igpkuus ds fy,  
, d çLrko vk x; k gA bl ds igysvñk rd d"ñ çLrko ughagS  
t" f"ñkñ fof/k I svk; k g"ñ bl I si gysfoxr eadgk Fkk pI k/kuk  
fof/k I s dY; k.k g"rk gññ og 0; fDr ds I kFk gh pyk x; kA  
I k/kuk fof/k I s t" Hkh mi yfñk gñk og ekuo ijEijk d" ugha  
igpka d"ñ 0; fDr Hkh igpka Fkk ; k ugha bl dk Hkh d"ñ çek.k  
ugha gñkA ge ekurs jgs og ckr vyx gA tkxfr ds fy,  
i #ñkFkz ¼ i #ñkFkz ¾ tkxfr ds fy, ge t" Hkh ç; kI djrs gA½

tkxfr ds ckn ijekFkz ¼ jekFkz ¾ thus ea çek.k çLrç  
djukA½

çek.k dsfcuk ijEijk ughagA eV; kdu dk vklkj çekf.kr  
g'uk gh gA

tkxfr ekuo d" çktr djuk vkh 'kçk gSbl deh d"  
ekuo gj 'kjbj ; k=k i ; r egl fd; k jgrk gSfd vI Qy gjA  
ml dk dkj.k gSekuo ijEijk ea tkxfr dk u jgukA bl fy,  
ekuo ijEijk ea tkxfr dsL=r d" t'Mus dh vko'; drk gA  
bl dk eryc tkxfr d" vkpj.k ej 0; oLFkk ej I fo/kku ea vkj  
f'klik eafof/k d" Lfkfir fd; k tk,A bu pkjatxg ij ijEijk  
cuusdsLo: i eacuk fn; k tk,A ml h ds vFkZea/; Lfk n'ku  
I gvflRrookn dk çLrko gA

WxLr 2006] vejdl/d%

### fu'p; rk I sgh Lorark gS

Hker 0; fDr deLdjuseLor= gS yfdu Qy Hxus ea  
ijra= gA

tkxr 0; fDr deLdjuseHh LorU= gS vkj Qy Hxus  
eaHh LorU= gA

Hker 0; fDr deL Qy ds çfr fuf'pr ugha g'rk gS  
bl fy, og Qy Hxus ea ijra= gA tkxfr ds ckn gj deL  
fuf'pr gS vkj ml dk Qy Hh fuf'pr gA tkxr 0; fDr deLQy  
ds çfr fuf'pr gS bl fy, LorU= gA

fu'p; rk I sgh Lorark gA

WxLr 2006] vejdl/d%

### I ef) inD thusdk rjhdk I e>nkjh I sgh vkrk gS

ge tc ijk I e> tkrs gA rc ged" vius ea I ef)  
inD thusdk rjhdk I e>nkjh I svk gh tkrk gA ml I sifjokj

122@e/; Lfk n'ku ij vklkj jr l okn

tu"adl I rV g" tkrh gS bl fy, ge vPNs dke djuseayx  
I drs gA ; g ckr gj 0; fDr dh idM+eavk I drk gA

fojfDr fof/k I sef I k/kuk ea jgkA ml I s t" vHko gq  
mul seSi hMf ughagykA 'kkL=aefy[kk Hh gSi hMf u g'uk gh  
ik=rk gA vHko I sef i hMf ughagyk eryc vHko ij fot;  
g" x; kA I k/kuk dsI EcUk eat" 'kkL=aefy[kk gS og viDgS  
dYi ukrhr fof/k I sfy[kk gS I k/kuk dsQy eat" efsfeyk og  
irk yxk fd ; g vdys dh I Eink ughagA ; g r" ekuo tkfr  
dh I Eink gA bl d" ekuo tkfr d" vii" djuk pkfg,A ; g  
Lohdkjus ds ckn efs; g ik; k vkh rd t" esfojfDr ck: i ea  
t" pyk og r" d" ck: i ughagA I gh ck: i I ek/kku I ef)  
gh gA I ek/kku vutko inD ejsikl g" x; k Fkk I ef) dk Nf'k  
x"iky vkj vk; ph I s t xkM+dj fy; kA

ml ds ckn ; g vk; k tgk ik; } ogk ds y" x" a d" bl s  
I e>kvks; k dghanj tk dj I e>kvks U; k; r" ; gh gStgk  
ik; } ogk ds y" x" a d" I e> k n'A bl ea ejk I gefr cu x; kA  
bl fy, I ef) d" çekf.kr djus dh fu" Bk cuhA turk ds i s  
dh ejh d" viSkk ughajghA I ek/kku vf/kdkj ea ije[ki Skk  
Ynls ds nku dh mEhn% LohNir ughagrkA I el; k I s xfl r  
ekuo gh ije[ki Skk djrk gA

ekuo tkfr ea vkt rd 'kk I s thus dh viSkk r" jgh  
ij 'kk dk Lo: i fu k ugahjgkA vc og ck: i vk x; k gA  
Lo; arlr g" us ds ckn ml d" çekf.kr djus dh ckr jgrh gA  
çekf.kr djus ds Øe ea cgr I s y" x 'kk dk Lokxr djus ds  
fy, cBsgA cgr I s y" x 'kk d" ydj 'kk dk djus ds fy, Hh  
cBsgA bu n" puy ea vki d" vkn eh feykk ghA t" ftI puy  
ea tkuk pkgrk gS tk,A bl ea d" tcjnLrh ughagA ftI dh  
igys t+jr gS og igys vk, xk ftI dh t+jr ml ds ckn

vflrRo eiyd ekuo dñlnr fpru @123

curh g§ og ml dsckn vk, xlA ; g , d çLrko g§ vko'; drk  
dsvul kj gh ; g Lohdkj g"xlA

gj 0; fDr l e>nkj g"us ; X; gA

gj 0; fDr l qh g"uk pkgrk gA

l e>fcuk d"Ä l qh g"rk ughagA

l qh g"us dh pkruk ftl dh çkfledrk eaigysvkrk g§  
og tYnh l e>skA ftl dh çkfledrk ea ckn ea vkrk g§ og  
ckn ea l e>skA

1/xLr 2006] vejdl/d%

### vKkr vlg Kkr

dN ckra ged" l e> ea vk; h g§ os Kkr gA t" ckra  
ged" l e> eaughavk; h g§ os vKkr gA t" ckra ged" Kkr g§  
mud" ge thus eäçekf.kr djrsgh gA v/; ; u vKkr d" Kkr  
djus dsfy, gA t§ s&

1/½ l qk ge pkgrs g§ ; g Kkr gA l oñukvka ea l qk dh  
fujrjrk ughag§ ; g Hh Kkr gA l qk dh fujrjrk dk  
fcUnq vKkr gA

1/½ 'kjhj u'oj g§ ; g geskk cuk ughajgsk ; g ged" Kkr  
gA 'kjhj d§ sthor jgrk g§ thou oLrqds: i eaD; k  
g§ ; g vKkr gA

1/½ ekuo 0; ogkj djrk g§ ; g Kkr gA 0; ogkj dh l hek D; k  
g§ 0; ogkj dsfu; e D; k g§ ; g vKkr gA

1/½ /kjrh chekj g" pph g§ ; g Kkr gA /kjrh d§ schekj gA  
vlg bl dh fujrj LoLfrk d§ sg"Xh ; g vKkr gA

1/½ rflr dh ep eavi qk g§ ; g Kkr gA rflr fcUnqD; k g§

124@e/; Lfk n'ku ij vklkfjr l økn

; g vKkr gA

1/½ es dYiuk djrk gw ; g Kkr gA ejh dYiuk'khyrk dk  
rflr fcUnqD; k g§ ; g vKkr gA

v/; ; u dsfy, viusea; sñ vklkj fcUnqD; l Vhd  
igpkuuk cgr t+jh gA ge dgk [kMg§vlg dgk ged" tkuk  
g§tc rd ; g Li "V ughag"Xh r" gekjk vlxspusdk dk; ðe  
d§ scuskA

v/; ; u djkusokys0; fDr d" igpkuuk t: jh gA çekf.kr  
0; fDr gh v/; ; u djk l drk gA çekf.kr 0; fDr ds vutko ds  
çdk'k eagh fo l kfkl v/; ; u dj l drk gA ; fn vki Hh ugha  
tkur§ es Hh ugha tkurk r" ge n"u'a , d n"js ds l kfk  
l gkutl r" dj l drsgl enn Hh dj l drsgl ij v/; ; u ds  
L"r ughacu l drA

v/; ; u dh fof/k d" Bhd l e>uk Hh t+jh gA v/; ; u  
'kñ l s vFlz rd igpus dh fof/k gA 'kñ dYiuk'khyrk dk  
l gkjk gA 'kñ vFlz d" bfxr djrk gA l kñRdkj rd 'kñ g§  
ml dsckn vFlz g§ vFlz dk c"/k 0; fDr d" gh g"rk gA c"/k iwlz  
g"us rd v/; ; u gA

1/xLr 2006] vejdl/d%

### rr&l kflu/] rnkdjk vlg ræi

oLrqdk eryc g§ t" viuh okLrfodrk d" çdkf'kr  
djA n" rjg dh oLrqagA bdkbz k; k çñfr ftud" ge fxu  
l drsgl vlg n" jh 0; ki d ftl ea l Hh bdkbz k Michl Hhxh f?kjh  
gA bdkbz "dh okLrfodrk pkj vk; ke"ea g§ : i] xqk Lohko  
vlg /keA 0; ki d 1/ñ; 1/ñ dh okLrfodrk rhu vk; ke"ea g§ i kjxlf; rk  
i kjnf'krk vlg 0; ki drkA 0; ki d ea l idr çñfr gh vflrRo  
l exz gA e/; Lfk n'ku vflrRo ds v/; ; u dk çLrko gA

çLrko 'kñæagA 'kñ dk vFk gürk gA vFk ds ey ea vflrRo eaoLrqgürk gA v/; ; uñd olrqdk vFk 0; fDr d" c" k g" tkrk gA

rr&l kfllu/; ¾ d" h olrq l kfllu/; ¼ kl eaq'ukl es gh fn[krk gA 'kñ I s bñxr olrq dk l kfllu/; g" tkuk ¾ rr&l kfllu/; A t\$ s p; g [kkyh LFkyh gh 0; ki d olrq gB] bl rjg vñyh U; kl g" tkuk 0; ki d dk rr&l kfllu/; gA p; g olrq inkfkkLFkk gB] bl rjg vñyh U; kl g" tkuk gh inkfkkLFkk I s rr&l kfllu/; gA

rnkdkj olrqij /; ku nsis soLrqdsvkdkj eac gekjk Kku gürk gB rc ge olrqd" I e>A ; gh rnkdkj dk eryc gA rnkdkj fof/k I s ge , d , d olrq d" igpkurs gA v/; ; u fof/k I s thou , d, d olrq ea rnkdkj gürk gA çñfr dh bdkbz "ads l kfk rnkdkj gusdk eryc muds: i] xqk Lohko vñ /kez d" I e>ukA : i vñ xqk ds l kfk eukdkj gürk gA Lohko vñ /kez dk c" k vñ vuñko gürk gA

0; ki d olrqdk doy vuñko gürk gA

ræi 0; ki d vñ Kku eñhn l ekir g" tkuk gh ræi gA 0; ki d olrq l sgh rnkdkj thou ea Kku gB ; gh vuñko iñd iek.k gA

rnkdkj fof/k I sv/; ; u ds iñk gusij thou ræirk ea Lo; ad" ikrk gA ræirk eagh çek.k gA

1/çSy 2008] vejdñdñ

dYiuk'hyrk dh efgek o'k gh ekuo vflrRo eav/; ; u dk l kgI tñk ikrk gS

fu; fr l gt fof/k I s ekuo 'kjhj jruk /jrh ij cxV

gA inkfkk voLFkk I s çk.k voLFkk ck.k voLFkk I s tho voLFkk vñ tho voLFkk I s Kku voLFkk dk çxVu gykA ekuo 'kjhj jruk , h gA fd thou ml ds }jk viuh dYiuk'hyrk d" çdk'kr dj ik; kA ; fn dYiuk'hyrk ughag"rh r" ekuo Kku ds fy, ç; Ru gh ugha djrkA dYiuk'hyrk deLoraërk dk çdk'ku gh ekuo vñ thoaeaey vñrj gA dYiuk'hyrk dh efgek o'k gh ekuo vflrRo eav/; ; u dk l kgI tñk ikrk gA

dYiuk'hyrk dk Huk : i thokoLFkk eathusdh vñ'kk ds Lo#i eaqA thus dh vñ'kk ds çdk'ku ds : i ea tho tkuoj p; u fØ; k l akfnr djrs gA p; u fØ; k dk Huk : i çk. kkoLFkk ¼ M+i 9kñ eaqA viusfy, vko'; d jI æ0; "ad" tMñp; u dj ysh gA

çk. kkoLFkk dh jruk, j eñr%çk.k d" f'kdkvka I s cuh gA çk.k d" kaeçk.k l # gA mu çk.k l #æajruk fof/k gB ft I ds vuq i çk.k d" lk, ajruk dk; Zeal yku g"rh gA jruk fof/k ea xqk Red ifjorž gus l sck.k l #æau; h rFkk vñ I e) jruk fof/k Lo; aLQñfudy vkrh gA ft I su; h rjg dh jruk rñ kj g"rh gA bl rjhs l smñkj Ükj fodfl r çk.k voLFkk dh jruk, j rñ kj g" x; hA

çk. kkoLFkk dh 'kjhj jruk vñsldñ espyk; ekurk g"rs gq hkh thou mud" ughapykrkA t\$ sdnñsedMñ tñd] vñfnA mu thoaea thou gB ftuea ¼½ I lr /kryk l sjfpr 'kjhj g] ½½ I e) eñkl g] ½½ t" ekuo ds l drñad" igpkurs gA

'kjhj jruk eñfodkl Øe ekuo 'kjhj jruk rd igpkA ekuo 'kjhj jruk eñeskl iñk l e) g" x; kA l ef) iñk l eskl }jk thou ekuo 'kjhj dsekl; e l sdYiuk'hyrk vñ deLoraërk d" çdk'kr djuseal eFkgykA bl dYiuk'hyrk vñ deLoraërk ds pyrsekuo tñy ; x] f'kyk ; x] /kñrø; x] xñe dchyk ; x]

vflrRo eiyd ekuo dñnr fpru @127

jkt ; k l spyrspyrsvkt rd igp x; kA bl l sekuo viuh ifjHkk ds vuq i eukdkj d' l kdkj djusea l Qy g" x; kA yfdu eu%LoLFkrk dk i{k vHk rd ohjku iMk jgkA

eu%LoLFkrk ds i{k d' Hkjus ds fy, ekuo vuq dkku djrk jgkA bl vuq dkku Øe eavkn'kbn vlj Hkrdokn vk, A e/; Lfk n'klu dk vuq dkku Hk bl Øe eagh gykA ; g vuq dkku l Qy g" x; kA bl vuq dkku us eu%LoLFkrk ds Lo: i d' igpku fy; k vlj thus ea çekf.kr dj fn; kA vuq dkku d' v/; u xE; cukus ds fy, bl d' 'kna ea çLrq fd; k x; kA 'kna dYiuk'khyrk ds fy, l gijk gsvFk rd igpus ds fy, A f'kfk fof/k l s bl vuq dkku ds y'd0; kihaj.k ds fy, ç; kl tkjh gA

1/çS 2008] vejdl/d%

### v/; ; u l qe gs

vKkr d' Kkr djus dh rhoz bPNk eP ea FkA ml ds fy, eis20 o"kl l ekf/k dsfy, vlj 5 o"kl l ae dsfy, yxk; kA l ae dky ea çNfr us vius ,d ,d illus d' [kyuk 'kq fd; kA t k çNfr çLrq gyk] eisos k gh v/; u fd; kA vki fdrkc [ky dj çNfr dsckjseai<rs g'A l ae dky ea çNfr usviusvki d' [ky dj eP d' i<k; kA igysl gvflrRo d's s gß D; ags; g vk; kA ml dsckn fodkl Øe d's sgß D; ags; g vk; kA bl ds l kfk Hkrd jkl k; fud jpuk ds Lo: i ea 'kjbj] ml ds ey ea çk.k d'"kçk.k l #; g l c vk x; kA ijh 'kjbj jpuk ds ey ea çk.k l #; g ijh Hkrd jpukvl ds ey ea v.k&i jek.kgA foj fodkl %Buiwkrk d's sgß D; ags; g vk x; kA thou vlj 'kjbj ds l aDr : i ea tho Hk vk x; kA thus dsey ea thou gs; g Li "V gykA bl rjg çNfr earhu rjg dh fØ; k, agsHkrd fØ; k jkl k; fud fØ; k vlj thou fØ; kA es

128@e/; Lfk n'klu ij vlkkfjr l økn

Lo; aD; "d's s dke dj jgk gwbl txg ij igpusij vius þthouß dk v/; u fd; kA

thou fØ; k dsfoLrkj eatkusij ml ds122 vlpj.kad" igpkukA ½t\$ \$ eu dh fØ; kvk d' eis nkk gA thou ds eu ifjošk ½pTkk ifjošk/e'a'kjbj l ønuk iød g'usokysvyx&vyx vlloknu'adhl igpku djusokyh fØ; kvk d' eis igpkukA bl rjg thou dsv/; u ds l kfk ekuo dk Hk v/; u gykA thou vlj 'kjbj ds l aDr : i eaefusekuo dk v/; u fd; k gA thor 'kjbj l fgr eis thou dk v/; u fd; kA l Hk esaøs gh thou g\$; g LohdkjkA bl d' pfl WkqfcUnqU; k; B dgkA vdsysthou dk gh v/; u g'rjk ekuo ½thou vlj 'kjbj dk l aDr Lo: i½ dk v/; u ughag'rjk r" ekuo tkfr ds fy, bl ckr dk ç; tu ughafudyrkA thou dk v/; u ekuo ds thus ds vFkZ eagh gA

eis t" v/; u iød vuHko fd; k og ejs vdsys ds ifjJe dk Qy ughag\$; g l exz ekuo tkfr ds iq; dk Qy g\$; g eis LohdkjkA fy; kA bl fy, bl d' ekuo tkfr d' l kus dk nkf; Ro eis LohdkjkA eis t\$ k v/; u fd; k os k gh ml d' 'kna ea ejk us dk d'f'k'k fd; kA 'kna ijEijk ds g\$ ifjHkk eis nh gA

vHk rd ekuo ijEijk eat" dN Hk v/; u ds vkkj g\$ os ekuo }kjk gh çLrq fd, x,A mu vkkj a l s rF; rd igpus dk d' Å jklrk ughafeykA çpfyr l Hk vkkj ad" N'M+ dj ds; g ckr gA ijEijk xr vkkj a ij pyus l sekuo tkfr U; k; ] /ke] l R; rd ugha igpk Fkk bl fy; s Hke eDr vlj vijk/k eDr ughagyk FkkA bl fy, ; g u; k vkkj vuq dkkur gykA es bl u, vkkj dk ç.krk gA vki bl d' tkp djds n\$[k; s ijk i Mfk g\$; k ugha tkpus dk vf/kdkj gj 0; fDr ds ikl j[kk gA

v/; u fof/k l s i gys ; g vki ds l k{kkRdkj eayuk gA  
 l k{kkRdkj g" l drk g\$ ; gk rd vki i gpA l k{kkRdkj g" x; k  
 gS ogka vki d" igpuk gA ml ds ckn vuñko g" x; k gS ogka  
 igpuk gA ml ds ckn çek.k g" x; k ogka igpuk gA v/; u  
 çkFkfedrk eavkrk g\$ r" ge tYnh igp l drsgA v/; u ; fn  
 f}rh; &r rh; çkFkfedrk eajgrk g\$ r" ge /kj&/kj s igprs g\$  
 bl eAD; k rdyhQ g\$ çkFkfedrk eAtc rd ; g ughavkrk g\$  
 rc rd nj gh fn[krk gA bl ckr ds v/; u eadghavgerk  
 curk ugh dghad" A foj" k g" rk ughabl l sT; knk D; k l jerk  
 [tk tk,\

1/4çS 2008] vejdl/d%

### I ek/kku gh l çk gs

- 1/1½ v/; uiñD cf) eal gvflrRo c" k g" rk gA l gvflrRo  
 dsvykok cf) eac" k g" usdsfy, vlg d" A oLrqgh ugh  
 gA
- 1/2½ c" k iwl g" us ij vkrEk l gvflrRo eavukko djrk gA  
 l gvflrRo d" NM+dj vuñko djus dh d" A txg gh  
 ugh gA
- 1/3½ l gvflrRo eavukko gh thou eal l çk dk Lo: i g\$  
 ft l dh fujrjrk g" rh gA
- 1/4½ thou e g" us okyk l çk ekuo ds thus e dk; l vlg  
 0; ogkj l s tMfk gA
- 1/5½ vuñko eiyd dk; l vlg 0; ogkj gh thus eal ek/kku gA
- 1/6½ I ek/kku gh l çk gA
- 1/7½ vuñko dh 0; k[; k thus eagh g" rh gA

1/4çS 2008] vejdl/d%

### I e>nkjh dh ?kk. kk dk eryc

I gvflrRo Lo: ih vflrRo dh okLrfodrkvñd" vki us  
 l Vhd igpkuk g\$ bl dk çek.k vki ds thus eagh vki, xkA 0; fDr  
 dsçekf.kr g" usdk eryc ml 0; fDr }kjk vU; y" x" ad" l e>k  
 nsukA çekf.kr g" usdk Lo: i g\$ l e>sgq d" l e>kukl l h[ksqg  
 d" fl [kkukl fd, gq d" djkukA l e>nkjh dk vlg d" u l k  
 çek.k g" l drk g\$ vki crkvñl l e>k nsuk gh l e>s g" us dk  
 çek.k g" rk gA

c" u% vki us vuñlku iñD l e>k ml e sijk l e>us ds  
 ckn gh nlj" ad" l e>kus dh ckr jghA yfdu ge t" v/; u  
 fof/k l s py jgs g\$ ml eavki dgrs g" ftruk l e>s g"] mruk  
 l e>krslh py" A bl d" l e>kb; A

mñkj% l e>kus l s vi uh l e> d" ijk djus dk mRI kg  
 curk gA t\$ svki us FkMk l k l e>k ml d" nlj" sd" l e>k; k  
 ml l svki eavlg vlxks l e>us dk mRI kg curk gA ; g Ekkdk  
 xyr ugh gA ; g l e>us dh xfr c<krk gA geamRI for Hkh  
 jguk g\$ l PpkA d" l e>uk Hkh g\$ vlg l PpkA d" çekf.kr Hkh  
 djuk gA dN y" x ijk l e> ds gh l e>kuk pkgrs g" og Hkh  
 Bhd gA dN y" x l e>r&l e>rs l e>kuk Hkh pkgrs g" og Hkh  
 Bhd gA y{; g\$ l e>nkjh g" tk,A l e>nkjh ds fcuk çek.k  
 g" rk ugh gA l e>nkjh ds ijk gq fcuk þthukB r" cuñk ugh  
 ; gh dl vñl gA þthukB cu x; k r" l e>nkjh ijk gvk l e>kuk  
 cu x; kA ml ds ckn mRI kfgr jgus ds vykok vlg D; k g\$ vki  
 crkvñl

bl e 0; fDrokn t" Mk r" vdMekth g" us yxrh gA  
 vdMekth g" rk g\$ r" ge iHnsg" tkrsgA 0; fDrokn t" Mts l s  
 fi NMuk gh gA

vflrRo eiyd ekuo dñnr fpru @131

ç'u%0; fDrokn dspDdj l scpus dk D; k mik; gS  
mùkj%Lo eW; kdu d" geskk /; ku eaj [kk tk, A nñ jad"  
tkpus tkrsgr" fnDdr gA t" Lo; ad" ikjär ?kf'kr fd; k gS  
ml sgh tkfp; A tS seus vi us d" Kku ea ikjär ?kf'kr fd; k  
gS vki efd" tkp gh l drs gA efd" tkpus ea fdI h d"  
f>d ughag"uh pkfg, A efd" ml l sd" fnDdr ughagA

ç'u%1 e>nkjh dh ?k"kk dk D; k eryc gS

t" Lo; ad" l e>nkj ?kf'kr fd; k gS ml ds ijh(k.k l sgh  
v/; ; u djus okys d" viuh l e> dh if"V feyrh gA ?kf'kr  
fd, fcuk vki d" d"Ã tkpus tk; sk ugh

e&igyk 0; fDr gwftl us Lo; ad" l e>nkjh dk çek.k  
?kf'kr fd; kA , d vkhneh ds , l s ?k"kk fd, fcuk bl dk; Øe  
ead"Ã xfr g" gh ughal drh FkA fdruk cMk Hkjh [kjk vks+  
fy; k gS vki l "p! bl ds cktm e&futk gJ ejd"Ã vkrad  
ugh d"Ã 'kdk ugh fdI h rjg dk çfrfØ; k ugh D; k ckr gS  
; g\ D; k pht gS; g\ ; g , d l "pusdk e&fuk gS vki dsfy, A  
e&us t" l e>nkjh dsçek.k g"us dk t" igyk ely dk iRFkj j[k  
dj t" jkLrk 'kq fd; k og Bhd gwk , l k e&ekurk gA

1/2008] vejd&1/2

### Lohkko xfr eagh v/; ; u girk gs

l e>us ds Øe ea; Fkki Lohkko xfr d" cuk, j [k  
Lohkko xfr eagh eay e&h g"rh gA vko'kr xfr e&eay e&h  
ughag"rhA csg"k jgus eahh ughag"rhA rhl jsppyrk cusjgus  
eahh Lohkko xfr ughag"rhA

Lohkko xfr eagh v/; ; u girk gA

eu l yrs l e; HkVdrk gS b/kj&m/kj Hkxrk gS rc

132@e/; Lfk n'ku ij vklkfjr l økn

Lohkko xfr ughag"rhA eu d" , d gh l e; eahhu txg jgus  
dk vf/kdkj gSbl fy; sv/; ; u dsfy, eu d" , d txg fLFkj  
djus dh vko'; drk gA bl dk uke gS/; kuA ; fn vki us/; ku  
fn; k r" vflrRo ead"Ã , l h pht ughag"t" vki d" c"/k u g"A  
vflrRo eafdl h olrqij cjdik ughayxk gA vflrRo dh l Hk  
okLrfodrk, al gvflrRo Lo: i eaçxV gh gA bl fy; svflrRo  
d" l e>sgq vkhneh }kjk nñ jsd" c"/k djukuk l gt gA bl dk  
uke þcc"/kuß gA cc"/ku d" l þusokyk þohkko xfrþ eagh xg.k  
djrk gA xg.k djusdsckn ; fn d"Ã ckr l nf"V ughans i krk  
gS ml fLFkjf eal þusokyk þft Kkl kb djrk gS l nf"V g"us ds  
fy, A bl çdkj l þkus okys vks l þusokys ds chp eay e&h  
iød l kjscr Li"V g" l drk gA l þusokysvks l þusokysd"  
oLrqI eku : i l sLi"V g" x; h r" n"u"adschp d"Ã vllrj ugh  
jg x; kA bl d" þvull; rk; k þceß dgk gA

ce ; k vull; rk ds ckjs ea ijEijk eauo/kk HkfDr vukjn  
HkfDr l n"u"dh ckr fd; k x; k gA bl eaeks l hf<+ al sxatjus dh  
ckr dgk x; k gA dc mu u" l hf<+ ad" d"Ã ijk djxkj fdI h  
d" irk ughapyl!

1/2006] vejd&1/2

### I gvflrRo n'ku Kku

l k/kuk l ekf/k l æ e iød t" e&us v/; ; u fd; k ml ea  
l oçFke I gvflrRo d" n"u"ka n"u"ksdk eryc gS l e>kA bl l s  
þik g"rk gSvks ejrk gB bl foink l sNw x, A ifjorl g"rk  
gS i fj. kke g"rk gS; g irk yxkA jruk dh fojruk g" l drh gA  
ejrk dN ughag"t" s'kjh dh jruk xHkz k; eagh gA 'kjh  
dh fojruk Hk g"rh gA l Ùkk ea l aDr tM+p"ll; çÑfr d"  
I gvflrRo Lo: i eañkk ; gh ije l R; gA fur; orku ; gh  
gA e&us t" l k/kuk dh Fk l ml ds ey eftKkl k Fk þl R; l s

vfLrRo eyd ekuo dflnr fpru @133

feF; k dS s i h̄k ḡrk ḡS mI dk m̄lkj feyk vfLrRo eadN Hkh  
vI R; ugh̄gA vfLrRo I gvfLrRo Lo: ih gA I gvfLrRo ea  
vI R; dh d̄A txg gh ugh̄gA þcge I R; txr feF; k̄ t̄  
'kkL=a eafy[kk ḡS og xyr fl ) ḡ x; kA mI dh txg ḡuk  
pkfg, þcge I R; txr 'kk'orþA

1/4t uojh 2007] vejdu/d ½

çc<sup>oo</sup>/ku

çc"/ku dk eryc gSifjiwkirk ds vFkze 'kcn"ad" 0; Dr djukA çc"/ku dk ç; "tu gS lkeus 0; fDr d" c"/k g"ukA c"/k g"us ds ckn ogh 0; fDr ftl d" c"/k gyk vuHko iD iD % çc" f/kr djxkA bl <x ls; g , d lsnl jseavrfjr g"rk gA fdrusHk ylkseavrfjr g"usij Kku u de g"rk g"u T; knkA u Hkkx g"rk g"u foHkkx g"rk gA ftruk ge n"j"ad" c"/k djkrs g"gekjk çl llurk mruk gh c<rk gA bl çl llurk ls vks y"xa d" c"/k djkusdk mRl kg curk gA bl ls ekuo Fkdusokys xqk ls Dr g"rk gA l R; c"/k ftul sgyk mudsçfr Nrk jguk gh curk gA ml dk çfrQy ogh gA bl ls T; knk ml dk çfrQy g"rk Hk ugha gA

e<sup>œ</sup>ky e<sup>œ</sup>sh dsfcuk çç''/ku | Qy g<sup>œ</sup> gh ughal drkA e<sup>œ</sup>ky  
e<sup>œ</sup>sh i<sup>œ</sup>bb ge , d n<sup>œ</sup>l jsij fo'okl dj | drsg<sup>œ</sup>A | <sup>œ</sup>pusokysv<sup>œ</sup>k<sup>œ</sup>  
I <sup>œ</sup>pusokysn<sup>œ</sup>u<sup>œ</sup>A ogħ g<sup>œ</sup>sl aħhrA | aħhr fof/k | sgh | E<sup>œ</sup>sk. kk g<sup>œ</sup>rk  
g<sup>œ</sup>A | <sup>œ</sup>pusokys d<sup>œ</sup>; g fo'okl g<sup>œ</sup> fd | <sup>œ</sup>pusokys k<sup>œ</sup> Äekunkjh | s  
I <sup>œ</sup> jgk g<sup>œ</sup>sv<sup>œ</sup>k<sup>œ</sup> ml d<sup>œ</sup> c<sup>œ</sup>/k g<sup>œ</sup>xkA | <sup>œ</sup>pusokys d<sup>œ</sup>; g fo'okl g<sup>œ</sup>  
fd | <sup>œ</sup>pusokys k<sup>œ</sup> Äekunkjh | s I <sup>œ</sup> jgk g<sup>œ</sup>sog Lo; ac<sup>œ</sup>yh tk jgh<sup>œ</sup>  
ckr ea i kjar g<sup>œ</sup> çek.k g<sup>œ</sup>A

14xLr 2006] vejdyd

134@e/; Lfk n'klu ij vk/kkfjr l økn

I gvfLrRo eaçxVu'khyrk Lohkkod gs

I gvfLrRo pkj voLFkkvls ds : i eaçxV güs ds fy,  
rhu çdkj dh fØ; k; a g§ Hkfrd fØ; k jkl k; fud fØ; k vlg  
thou fØ; k ckNfrd : i eaçxVu dsckn ijEijk g§ eryc  
d'Å voLFkk tc çxV g'r h g§ rc ml ds cus jgus dk lo: i  
ijEijk ds : i eaLFkfir ckNfrd : i ea g" tkrk g§ buea  
þ?lkuk&c<ul§ Hkfer ekuo dh çofük vlg dk; z0; ogkj I sg"rk  
g§

i nkFkZ voLFkk gh çk.k voLFkk d" ; Çxd fof/k I sçxV  
djrk gA ; g Lo; aLQırz fof/k I sgürk gA bl d" d" Ä ck gjh  
rkdr ugha djrkA foxr ¼/kn' kbn½ eacrk; k Fkk þ; g i jekRek  
dh djuh gAB e/; LFk n'klu us i jekRek d" 0; ki d Lo: i e a  
i gpukukA i jekRek 10; ki d½ dk çxVu e aþdju s okyß ds : i e a  
d" Ä j" y ugha gA i jekRek 10; ki d½ tM+pþU; çÑfr e açj .kk ds  
Lo: i e aqSgh! tM+çÑfr i jekRek 10; ki d½ e aHkkxsg"us I scsjr  
gß ft I I s fØ; k'khy gA ; g çj .kk fuR; gA ; g çj .kk ?kVrk  
c<rk ugha gA olrqdh fØ; k I s0; ki d e a d" Ä {kfr g"rk gh ugha  
gA 0; ki d e açj .kk vHkk feyk ckn e a ugha feyk vHkk T; knk  
feyk ckn e a de feyk , k dN ugha g"rkA

i jek.kqvák Hkh bl rjg Åtkl iuu gsvkj ?kukū xfr ds : i eafØ; k'khy gA l Hkh ijek.kqvák , d tS sga ijek.kq dh çtkfr; "eaHkn mudsxBu eal ekfgr g"usokys i jek.kqvák ads vuq kj gA l Hkh rjg ds i jek.kqçtkfr; "adsçxV g"us ds ckn Hkfrd l a kj rlr g" tkrk gA ml ds ckn gh og ; ¶xd fØ; k eaçoÙk g"rk gA Hkfrd fØ; k earflr dsckn gh ; ¶xd fØ; k ea çofulk cu tkrh gA fQj Lo; aLQurzfofk l s ; ¶xd çxVu g"rk gA ; ¶xd çxVu dsfy, l eLr çdkj dshkfrd i jek.kq l gk; d %ijd% g" tkrs gA ; ¶xd çxVu ds fy, þHkfrd i jek.kq Hkh

I gk; d ḡ pvt.h.k̄ i jek.k̄ Hk̄ I gk; d ḡ ; Fxd fof/k I s  
I očfke ty gh cxV gykA

I gvfLrRo eaqxVu'kyrk Ldkfod ḡ bl cxVu'kyrk  
ds vLkk i j ck.k voLFkk LFkkfi r ḡ x; hA ck.k d''k eafufgr  
ck.k I aea mūkj̄ Ukj xqkkRed fodkl I s u; h jruk fof/k dk  
cxVu ḡrk ḡ bl Øe eaq.k voLFkk ds I Hk̄ o{[ ouLifr]  
vLkkf/k cxV ḡus ds ckn ck. kLoLFkk rlr ḡ x; hA ck.k voLFkk  
rlr ḡus ds ckn tho voLFkk dh jruk, i 'k̄ ḡA tho voLFkk  
Hk̄xh dM̄lont I akj̄ I s 'k̄ ḡ dj vMt vLj̄ fiMt n̄  
çdkj dh çtkfr; kA LFkkfir ḡA muea I s typj] Hk̄pj vLj̄  
uHk̄pj rhuaçdkj ds tho gqA 'kkdkgkjh tho aeäctuu fØ; k  
}jk̄ çtuu xqku T; knk ḡrk ḡ elk̄ kgkjh tho aeävi qk̄Nr  
de çtuu xqku ḡrk ḡ 'kkdkgkjh I akj dh I ; k eal ryu  
djusdsfy, elk̄ kgkjh I akj dk cxVu gyk ; g efd I e> ea  
vk; kA thokoLFkk ds I Hk̄ oák ijEijk, aLFkkfir ḡusdsckn ekuo  
'kj̄j̄ jruk dk cxVu gykA

ekuo 'kj̄j̄ jruk I očfke fdI h tho I sgh çkj̄k gyk]  
ml dsckn ekuo ijEijk 'k̄ ḡA ty] I ?ku ou] I Hk̄ çdkj ds  
tho tkuoj cxV ḡusdsckn gh ekuo dk cxVu gykA bLghads  
chp ekuo iykA ekuo 'kj̄j̄ dsçxVu ds I kFk gh thou vi uh  
dYiuk'kyrk vLj̄ deLorark cxV djusdh txg eavk x; kA  
I gvfLrRo I gt cxVu fof/k I sbruslc Je dsckn ekuo dk  
cxVu bl /kjr̄ i j gykA

ekuo us vi uh dYiuk'kyrk ds pyrs i gys ou'a dk  
I gkj djuk 'k̄ fd; kA foKku ; p vkusdsckn [kfut I akj dk  
I gkj djuk 'k̄ dj fn; kA tcfd ou vLj̄ [kfut ds I ryu I s  
gh \_rqI ryu ḡrk ḡ fcuk \_rqI ryu ds ekuo tkfr dk  
/kjr̄ i j cusjguk I Eko ughaḡ bl ckr d' vkt ds I akj ds

I keusmtkxj djusdh t+jr ḡ ; g t'' esl e>k jgk gw; g  
0; Fk̄ ugha tkuk pkfg, A

ekuo us vi uh dYiuk'kyrk dsç; "x I sviuh ifjHk̄kk  
ds vuq i eukdkj d' I kdkj djusdk dk egr vPNs I s dj  
fy; kA eu%olFkrk dk [kdk ohjku i M̄k jgkA ekuo dsçxV ḡus  
I s igys tho psuk tho voLFkk }jk̄ çxV ḡ pph Fk̄A ekuo  
us igys tho a t̄ sgh thusdk ç; Ru fd; k̄ fQj tho a l svPNk  
thusdk ç; Ru fd; kA tho a l svPNk thusdsfy, ekuo us tho  
psuk dk gh ç; "x fd; kA bl I s PvPNk yxuš rd ge igp  
x, A PvPNk ḡuk̄ bl I s cuk ugha PvPNk yxuš dh nM̄e  
I fo/k̄ I aq y{; cuk dj /kjr̄ dk 'k''k.k fd; k vLj̄ ekuo  
ijLijrk eavijk/k fd; kA bl dspryrs/kjr̄ gh chekj ḡ x; hA  
vc fodYi dh vko'; drk vk x; hA ml h vFk̄ eae/; Lfk n'k̄  
v/; u dsfy, çLr̄ ḡ e/; Lfk n'k̄ ekuo tkfr dsfy, tho  
psuk I sekuo psuk eal Øfer ḡusfy, çLr̄ko ḡA ekuo psuk  
i ožl gh ekuo ijEijk /kjr̄ i j cuh jg I drh ḡ vLj̄ fdI h  
fof/k I sugh

1/ tuojh 2007] vejdvd/

### psuk fodkl

psuk fodkl I se/; Lfk n'k̄ dk D; k vLj̄k; ḡ

psuk fodkl I svLk; ḡ tho psuk I sekuo psuk e  
I Øfer ḡukA tho psuk dk vFk̄ gS%fc; ] fgr] yk̄k nf'V; "a l s  
fopkj djrs gq pkj fo'k; "a /vkgkj] fuækj Hk; vLj̄ eBq̄u/ vLj̄  
ik̄ I oñukvka/ k̄n] Li 'k̄ : i] j1] x1/ dsfy, thukA ekuo  
psuk dk vFk̄ ḡ Kku 1/ gvfLrRo n'k̄ Kku] thou Kku]  
ekuo; rki vLj̄ vkpj.k Kku/ vLj̄ ml I s vuçf/kr food vLj̄  
foKku ds vuq kj thukA Kku food foKku dy feyk dj ekuo

vflrRo eiyd ekuo dñnr fpru @137

psuk dk foLrkj gA e/; Lfk n'klu ekuo psuk eal Øfer gus  
dsfy, v/; ; u fof/k ½{k½ d" çLrkfor djrk gA

1/tuojh 2007] vejdl/d½

### foxr dh ekl; rkvladk fodYi

0; ki d eaçñfr cij.kk iku; ; X; fLFkfr ea gA çñfr  
0; ki d eaLo; aLQñzfof/k l scj.kk ikrk gh jgrk gA 0; ki d Åtk  
Lo: i eagA çñfr 0; ki d eal idr gus dsdkj.k Åtk l i lu  
jgrk gh gA bl l EiDrrik dsdkj.k gh çñfr eafØ; k'khyrk gA  
; g fØ; k'khyrk i bl gh l gvflrRo l gt fu; fr Øe dk çxVu  
gA fu; fr Øe gSfodkl Øe] fodkl ] tlxfr Øe] tlxfrA

I gvflrRo d" u igpkuus l } thou d" u igpkuus l }  
ekuoh; rki wkl vkpj.k d" u igpkuus l s bl ds foijhr dñ  
ekl; rk, ajgrh gA bu ekl; rkvladk ijlj d"Å rkyes y u cñus  
l sekuo tkfr d" d"Å fuf'pr l e>nkjh gfk yxk ughft l l s  
U; k; çnk; h {erk LFkfr dh tk l dñ l gh dk; Z0; ogkj fd; k  
tk l dñ l R; c" k djk; k tk l dñ foxr dh ekl; rkvladk sbud  
yñdj ekuo tkfr Kkuh vKuh vKu foKkuh l oEkk vI Qy jgA  
; g Qy ge vius ea ugha dj ikrk gA r" bl çLrkko ds  
v/; ; u eage vlxsc<+ughal drA foxr dh fdl h ekl; rk ds  
l fk bl çLrkko dk xM&x"cj gh djxk

1/tuojh 2007] vejdl/d½

### v/; ; u Øe eaviuuk ew; klu

v/; ; u Øe eaviuuk dh l kspkj fØ; k, an'k fØ; rkvl  
d" ijk djusdsik eajgrh gA v/; ; u ijk djusdsckn gh  
nl "afØ; rkvladk çek.k g" ikrk gA

c'u%v/; ; u djrsle; Lo; ad" l kspkj fØ; k eekus

138@e/; Lfk n'klu ij vklkfjr l okn

; k ml l s vf/kd\

dgkj eku l drsgSI kspkj l svf/kd\ ; gh dg l drsgA  
l kspkj fØ; k l st" ç; "tu Fkj og ijk g"rk tk jgk gA l ksp  
pkj fØ; k i bl vki Hfer i gys th jgsFkA ogkj vki d" vuþku  
gyk , l s thuk i; klr ugha gA ml ds ckn vki d" nl "afØ; k; a  
pkfyr djusdk L=r e/; Lfk n'klu ds: i eafey x; kA ml ds  
v/; ; u eavki yx x, A v/; ; u Øe eavki d" yxk dñ Hkx  
vki d" c" k g" x; k gS dñ c" k g"uk 'kñk gA rc rd vki ds  
thou dh l kspkj fØ; rkvladk l eizk n'k fØ; rkvladk dsfy, g"  
x; k fd ugha bl l s l kspkj fØ; k l smRFkku dh vki xfr gA  
mRFkku g" x; k rc ekuas tc nl "afØ; k; açelf.kr gykA

v/; ; u Øe eal kspkj fØ; k; an'k fØ; rkvladk ijk  
djusdsfy, l efi l jgrh gA xqkRed ifjorl dsfy, l efi l  
g"uk ftKkl k ds vklkj ij vkrk gA ftKkl k dñ svk; k l tho  
psuk eal thus l s t" /Dds [k jgs gñml l svk; k! tho psuk eal  
thus l svl gefr Lo; aeag"us dsckn l gh D; k gS b l dsfy,  
Lo; aeafKkl k mn; g"rh gA l gh dk v/; ; u djrsq q ged  
ftruk l r"V feyrh gñml d" ge rrRdky çdkf'kr djrsq gA  
bl <k l sgñvi us l thou fo | k l ifjokj eal Hk vktA ; g xyr  
ughaykA bl l smi dkj ; g gyk l d k j eab l çLrkko dh , d  
/ofu r" igpusyxh! y" x"ads/; ku vkl"lk dsfy, ; g /ofu  
igpuk t: jh FkA

1/çy 2008] vejdl/d½

### opkjfd Qd koV dk fodYi

ekuo tkfr dh opkjfd Qd koV n" txg gA

1/½ 'kjhj d" thou eku ysk

1/½ jgL; e; rk dks l R; eku ysk 1/½ kLFk½

'kjbj d" thou eku yus l s'kjbj I sg'usokyh I oñukvka d" jkth j [kusdsfy, Hkfrd I kku adh g'M+ 'kj g" tkrh gA thou dh v{k; vi {kk, al kef; d 'kjbj I oñukvka l s'jbj g" ugh I drh pkgs fdrus Hkh Hkfrd I kku bdbBk dj yA 'kjbj d" thou eku yus l s'jbj l xg gh thou dk y{; cu tkrk gA I fo/kk l xg dk rflr fcññqfeyrk ughagA fdlh , d 0; fDr d" Hkh ugh feykl u vkxs fdlh d" feyus dh I Ekkouk gA ; gh Hkfrdokn dh opkfjd Q1 koV gA bl dk funku ; gh gS'kjbj d" 'kjbj tkuk ekuk tk,] thou d" thou tkuk ekuk tk,A 'kjbj thou dk I kku gA

jgL; e; vklfk dk eryc gSfcuk tkursqg eku yskA jgL; dk intk dj"! vklfk dj"! 'kL= eAT" fy[kk gSog eku y"! vkkikyu] minsk Hk"k.k d" eku y"! vklfk dsvk/kj ij thuk vkt Hkh tul keku; d" I fo/kk l xg dh ryuk eAT; knk vPNk yxrk gA ysdv vPNk yxus ek= l s vPNk gyk ugh vklfk dk çek.khdj.k ugh gykA ge vklfk gh djrs jg x,A ; gh vkn'kbn dh opkfjd Q1 koV gA bl dk funku gSekusqg d" tku y"! tkusqg d" eku y"! fcuk tkusqg eku ysk : < gA tku dj ekursqg thuk çek.k gA

e;/ Lfk n'ku Hkfrdokn vlg vkn'kbn n'uadsfodYi ds Lo: i ea çlrq gyk gA bl ea çlrkfor gS&l e>nkjh l s l ek/ku] Je l s l ef) A

1/1çsy 2008] vejdl/d%

### I Ppkb; k dh Lohdkfr

c" /k ea l Hkh I Ppkb; k gh Lohdkj g"rh gA I Ppkb; "adk LohNfr cf) eagh g"rk gA Hk"kk dh l hek eaughag"rkA /ofu er l s LohNfr ughagA olrqer l s gA I gvfLrRo Lo: i ea l Hkh

I Ppkb; k j [kk gA I Ppkb; "adk rhu [kkdk gS I gvfLrRo n'ku Kku] thou Kku vlg ekuoh; rki wlz vkpj.k KkuA I gvfLrRo ea gh thou gSvlg ekuoh; rki wlz vkpj.k gA I gvfLrRo eagh inkfkl volfk] çk.k volfk] tho volfk vlg Kku volfk yekuo½ gA I gvfLrRo dk ey : i 0; ki d eal i Dr çñfr gA ; g ikp l waa ds : i eagS I gvfLrRo] I gvfLrRo eafodkl Øe] I gvfLrRo eafodkl ] I gvfLrRo eatkxfr Øe] I gvfLrRo eatkxfrA ; gh ikp l waa vultko eyd fof/k l s çekf.kr g"rs gA

I e> thus ea gh çekf.kr g"rh gA I e> x, gS vlg þthus dsfy, ç; Ru dj jgs gA ; g , d [kkdk gA nlljk [kkdk gSç; Ru ijk g" x; k gS vc çekf.kr gA ; sn" gh [kkdk gA bl ds vylkok vlg d"Ä rjhdk gh ughagA ; g gj 0; fDr ds l kfk çk.k l dV gS ; k l ¶¶¶; gS 'kjbj ds l kfk ojh; rk djrs gS"r" çk.k l dV gA 'kjbj ds l kfk ojh; rk N'Mrs gS"r" l ¶¶¶; yxrk gA

1/1çsy 2008] vejdl/d%

### ekuo bfrgkl e/; Lfk n'ku dsnf"Vdkl l s

ekuo tc /kjrh ij l cl s igys çxV gyk r" tho tkuoj adh rjg gh ft; kA tho pruk eakuo ft; k ij tho a l s vPNk thuk pkgkA ekuo eadYi uk'kyrk vlg deLorark gS bl fy, og tho a l s vPNk thuk pkgkA ; g b vPNk pkgukB ekuo ea xqkkRed ifjorlu dh l gt vi {kk dk gh çn'ku gA

ekuo usvi uh dYi uk'kyrk deLorark dspyrsvkgj] vkokl] vydkj] njJo.k] njn'ku] njxeu dh l Hkh olryk dk blrtke dj fy; kA b vPNk pkgukB ds vFk es olryk dk r" blrtke dj fy; k ij viuh vko'; drk dk fu.kj ughag"us l s olryk ds ihNs ikxyiu c

vflrRo eiyd ekuo dñnr fpru @141

dYi uk'khyrk d" nñ jh vñj ekuo usþjgL; ß dsfy, Hñ  
çk; kñtr fd; kA þvPNk pkguß dsfy, gh; g fd; kñ bl ean" jk;  
ugha gA jgL; okn 0; ogkjfd ugha gA

bl rjg nñarjg l sekuo d" flFkjk fu'p; rk dh  
txg ughafeyhA bl fy, ekuo vkokjk g" x; kA vkokjk gA  
euekuh djrk gh gA euekuh djusdsifj.lke gekjs l keusvk gh  
x, gA /kjrh chekj g"us l sekuo dh xyrh mtlxj g" x; hA vc  
fodYi dh vko'; drk cu x; hA

ekuo bfrgkl d" eñ, l si gpkurk gA vñk ekuo bfrgkl  
d", l sd" A i gpkurk ughagA ?kVuk Øe d" bfrgkl crkrsgA  
; g ?kVuk gA fQj nñ jh ?kVuk gA bl d" vñk bfrgkl crkrsgA  
ekuo eaqñRed ifjorl dh l gt viñk ; fn ughag"rh r"  
ekuo pruk ds bl çlrko d" çlrq djus dh txg gh ugha  
g"rhA /kjrh dk chekj g"uk Hñ ekuo pruk ea l Øfer g"us dh  
vko'; drk d" gh bñxr djrk gA viñk vñj vko'; drk ds  
l kfk vc l EHkkouk dk Hñ mn; g" x; k gA e/; Lfk nñk ds  
vñlñk iñl ekuo tkfr dh tkxfr dh l EHkkouk mn; g"  
pñh gA ; g , d , frgkfl d ?kVuk gA

1/1çy 2008] vejdl/d%

### thus nk ft; ks

ekuo d" pkj a voLFkkvñ ds l kfk l rjyfjgus dsfy,  
vko'; d fu; e gSþthusn] ft; "A bl h Øe eafu; e] fu; æ.k]  
l ryu] U; k; ] /ke] l R; iekf.kr gsk gA

Kku voLFkk 1ekuo½ ds l kfk l Ecl/k ea þthus nñß dk  
eryc gSÜ; k; A U; k; iñl gh ekuo l çakaeal ryu çekf.kr  
g"rk gA U; k; dk eryc gsekuo l çakaeç; "tu adh i gpkuj  
ew; "adk fuokj vñj mlk; rflrA bl rjg thusnsij gh ekuo

142@e/; Lfk nñk ij vñk kñfjr l okn

vius thus dk çek.k çLrq dj i krk gA

tho voLFkk ds l kfk l Ecl/k ea þthus nñß dk eryc gS  
tho a ds þthus dh pkguß /keZ ds çekf.kr g"us ea ijd g"uk  
ml eaqñLr{ki ughadjuA

ouLifr l ñ kj] j l k; u l ñ kj vñj Hñfrd l ñ kj ds l kfk  
l Ecl/k ea þthus nñß dk eryc gS mud" þjgus nñkA mudh  
çkñfrd 0; oLFkk ea ijd g"ukA

bl ds foijhr Hñfrdokn dk çfri knu gSþvfr cyoku  
d" gh thusdk vf/kdkj gA eryc l cd" [k i h dj gte dj"!  
e/; Lfk nñk dsþthusn] ft; "B vñj Hñfrdokn dsbl çfri knu  
ea fdruk njh gS vki gh r; dj"! vki ejsdgusij dñ dj"  
, l k eaqñLr{ki gA eaqñLr{ki vijlk eñr thusdk jkLrk crkrk  
gA vki d" vijlk eaqñLr{ki thuk gSr" ml dñ r" ijk nñk gh [k yk  
gS /kjrh chekj g"us l s; g ckr r" mtlxj g" x; h gSfd /kjrh  
ds l kfk ekuo }kj T; knrh gA gA ; g r" vc l kekU; vñneh d"  
Hñ irk py x; k gA

1/1çy 2008] vejdl/d%

### fopkj dk ew : i

ç'u%fopkj dk ew : i D; k gA

mñkj%fopkj dk ew : i gSryuA ryu gh xfr : i ea  
gSfo'yñkA ogh fopkj gA ryu dsfcuk vñneh , d dne vñks  
ugha j [k l drkA tñ sfc; ryu ds vFlz ea Bhd yxukj fgr  
ryu 'kjhj LoLFkrk ds vFlz ea Bhd yxukj yñk ds vFlz ea Bhd  
yxukj fQj ml h dsvuñkj fo'yñk g" tkrk gA dYi uk'khyrk  
vñj deLorñrk ds rflr fcññq feyus ds ç; "tu l s gh ekuo  
fo'yñk djrk gA ekuo ds l çk dh ew pkguk dsfy, ryu  
djuk cgj vko'; d gA l çk dh ew pkguk dsçekf.kr g"us ea

vflrro eyd ekuo dñnr fpru @143  
U; k; ] /ke] I R; iñd ryu ḡrk ḡ ; g e/; Lfk n'kū dk  
çfriknu ḡ

ç'u%D; k Hkk'kk ds l kfk gh fopkj ḡrk ḡ  
fopkj thou eaqSghA 'kñ@Hkk'kk ekuo ijEijk eaopkj a  
dh I Ecšk.kk ds fy, ek/; e ḡ Hkk'kk ds ey eahkoß ḡrk ḡ  
e/; Lfk n'kū us phkoß ds ey ea thou fØ; kvk d i gpukA  
vk'kk fopkj] bPNk] I dYi vkg vuiko ; shko Hkk'kk }jkj I c's'kr  
ḡrs ḡ 'kñ }jkj I Ecšk.kk dk ç; "tu ḡsnljs0; fDr d' fdI h  
fØ; kç; "tu] oLr] ?Vuk dk c/k djukA

vkn'kófn; "ausphkoß d' ikp I ñnukvka dh I hek eagh  
i gpukA Kku gh piwzHkkob gS, k crk; kA HkfDr ofkn; "ausft I  
nøh nørk d' ekurs ḡ ml dk Lo: i gh piwzHkkob gS; g crk  
fn; kA og l c jgL; ḡ x; k çek.k ughagvka

Hk'rdoknh phkoß d' ughækurA t' crk ; k=d fof/k l s  
çelf.kr ughagrk ml d' os dñyifud crkrs ḡ

e/; Lfk n'kū ds vuñ kj thou dh nl fØ; k, a%LFkfr ea  
ikp vkg xfr eaikp%gh Hkk ḡ blughHkk eagh I Hkk eW; fufgr  
ḡ ekuo ijEijk ea thou dh nl fØ; k, agh ePyd : i ea0; Dr  
ḡus dh oLrqgA

%çSy 2008] vejdl/d%

### thou Klu dk igyk fl )kr

vf/kd cy vkg 'kfDr] de cy vkg 'kfDr dsek/; e l s  
çxV ḡrk ḡ thou Hk'rd jkl k; fud jpuk ¼kjh½ l s vf/kd  
cy vkg 'kfDr l illu ḡ bl fy; s thou 'kjh dsek/; e l sçxV  
ḡrk ḡ t\$ sctyh vius l s de cy 'kfDr okyh oLrq ds  
ek/; e l sçxV ḡrk ḡ bl ckr d' vPNs l s l e>uk i MskA

144@e/; Lfk n'kū ij vkg'kfjr l økn  
thou Klu dk ; g l cl si gyk fl )kr ḡ  
thou vkg; cy vkg vkg; 'kfDr l illu ḡ bl eade  
T; knk ḡus dh ckr gh ughagA l Vhd ḡus dh ckr ḡ l Vhd  
ḡus ds fy, xqkkRed ifjorl ḡ  
%çSy 2008] vejdl/d%

### thou eaew; kdu

eaew; kdu dk eryc l Eiwz i gpukA 'kjhj dk igpuk eu  
djrk ḡ eu 'kjhj dh i jh ḡl ; r d' igpkurk ḡ

ç'u%þeu 'kjhj dh i jh ḡl ; r d' igpkurk ḡ bl dk  
D; k vFkz ḡ

mÜkj%Hkfer ekuo dk eu 'kjhj fØ; kvk vkg 'kjhj eaqus  
okyh ikp l ñnukvka ¼kñ] Li 'kñ : i] j1] xkk d' igpkurk ḡ

eu eaekU; rk dk vf/kdkj j [kk ḡ 'kjhj eat' l ñnukvka  
d' igpkuk r' 'kjhj d' gh thou eku ysrk ḡ ; gh Hke dk  
vk'kk ḡ eu us t\$ k igpkuk ofuk l ger ḡ dj] fpük  
eafp=.k l ger ḡ tkrk ḡ oghard vVdk ḡ vHkkA

ofuk eu d' igpkurk ḡ vFkz~ofuk eu dk eW; kdu  
djrk ḡ eu us l ñnukvks d' t' igpkuk ml ea gh xyr D; k  
gyk ; g ryu@fo'yšk.k ofuk ea ḡrk ḡ vuiko l s igys  
l ñnukvks vFkz eagh fc;] fgr] ykk nfV; 'al s; g l gh xyr  
d' ryu djuk curk ḡ eu eat' l ñnukvks dh igpuk ḡ  
ml ds vuñnu eagh ofuk earyu vkg fpük eafp=.k ḡ tkrk  
ḡ bl rjg ofuk 'kjhj eyd nfV; 'al seu dk n"Vk cuk jgrk  
ḡ

fpük eaofuk dk eW; kdu ḡrk ḡ fpük bl ckr dk n"Vk  
ḡrk ḡsf d ofuk eaD; k ryu gykA ; g fp=.k eatkrk ḡ 'kjhj

eiyd thus eafp=.k I s vlxds dh d'Ä ckr gürh ughagA

thou eiyd thus eavutko I s'kq djrs gA og eu I s'kq ughagürkA vuuko ds vuq i cf) fpük ofük vñj eu g" tkrsgA eu ds } kjk 'kjhj ds lFk çek.k gürk gA bl rjg 'kjhj ds } kjk thou vius vki d" çekf.kr djrk gA bl rjg ofük ea fc;] fgr] ykk dsLFkku ij U;k;] /ke] I R; nf"V; adsvk/kj i j rgyu gürk gA c"/k ea lgvfLrRo dh LohNfr jgrh gA fpru i id U;k;] /ke] I R; d" çekf.kr djus dh fof/k vk x; hA ; g"us I s thou dh nl "afØ; k, açekf.kr g" x; hA

thou eiyd fof/k I s thus eaoLrqdh ijh igpku ¼ i] xqkL Lohkko vñj /kez rFk I gvfLrRo dh ijh igpku gürh gA  
1/1çS 2008] vejdl/d½

### Kku

0; ki d gh Kku gA Kku ea lHk voLFkvvk dk Lohkko vñj /kez fuogr gürk gA fØ; k ea: i vñj xqk jgrk gA Kku vñj fØ; k dk I gvfLrRo gA

Lohkko vñj /kez I e> eavkusdsckn ekuo d" I gvfLrRo ea c"/k g"uk cu tkrk gA I gvfLrRo ea c"/k g"uk eryc ijk vflrRo gh I e> eavk tkukA

pkj"avoLFkvvk Lohkko vñj /kez Kku Lo: i eaq g" tks vkpj.k ds: i ea iekf.kr gksk gA ; g eaf d" I e> eavk; kA vHk rd ; g u Hkrdoknh fof/k I s lQy gvk Fkk u vkn'kbnh fof/k I A vkn'kbnf; "aus txr d" feF; k crk dj Vky fn; kA Hkrdokfn; "aus ; & ea ys tkdj yVdk fn; kA bl rjg ge Bl e> B I s pñl x,A vc fof/k ; gh gS ijk I e> vñj I e> ds vudkj ft; A

1/1çS 2008] vejdl/d½

### rdz dh I hek

rdz I k{kkRdkj rd i gpus ds fy, I k/ku gA 'kñn dk vFlgürk gS; gk rd rdz gA vFlk ds lFk d'Ä rdz ughagA bl dk uke gS l{k{kkRdkj A vFlk dk eryc gSvflrRo eaoLrA vFlk ds lFk D; k rdz dj" xA 'kñn dk vFlk I e> eavk; k ¾ I k{kkRdkj gvkA I k{kkRdkj ds ckn c"/k gh gS vuuko gh gS vuuko çek.k c"/k gh gS çekf.kr g"us dk I dYi gh gA brus rd ead'Ä rdz ughagA vuuko eiyd fof/k I s fpru djrs gq çekf.kr g"us ds fy, t" fp=.k djrs gSogk I sfQj rdz dk mi ; "x gA I Eçsk. lk dk rdz I Eer g"uk vko'; d gSrlHk og f'k{k eavk I drk gA

I k{kkRdkj gürk x; k r" vuuko dh I EHkkouk mn; gürk x; kA I k{kkRdkj ijk g"us ij c"/k vñj vuuko gürk gh gA I k{kkRdkj g"us I s rflr dh I EHkkouk mn; g" tkrh gA rflr vuuko dsckn gh gA nl "afØ; k, açekf.kr g"us ij gh thou rflr gürh gS bl I s i gys ughA

1/1çS 2008] vejdl/d½

gksuk D; k pkfg, \ bl dk mÙkj nsdj bl çLrko dksudkj; s

I gvfLrRookn ds bl çLrko ij rdz I s Nñ djus dk d'Ä txg gh ughagA ; g ijk çLrko rdz I Eer gA

nijj bl ckr d" udkjus dh d'Ä txg ughagA

ckdh cpk uQjr! uQjr djusdk vf/kdkj gj 0; fDr ds ikl j[kk gA vki bl I s uQjr dj I drs gA

ef vflrRo D; "a vñj d\$ k gS bl ds fy, viuk vuuko vki ds lkeus çLrko : i eaj [krk gA

þge vki dh ckr ughakurAB , d mÙkj vkrk gA

vfLrRo e<sup>iy</sup>d ekuo d<sup>il</sup>nr fpru @147  
 vki dh ckr f'kj<sup>"/kk</sup>; Zg<sup>ß</sup> ij g<sup>ü</sup>uk D; k pkfg, \ esdg<sup>r</sup>g<sup>A</sup>  
 bog ge ugh<sup>a</sup>tkur<sup>AB</sup> cnyse<sup>a</sup>tokc vkrk g<sup>A</sup>  
 bl rjg d<sup>N</sup> y<sup>"x</sup> viuk jkLrk bl çLrk<sup>o</sup> dsfy, cn  
 djds c<sup>B</sup>s g<sup>A</sup>  
 g<sup>ü</sup>uk D; k pkfg, bl d<sup>"</sup> crk dj bl çLrk<sup>o</sup> d<sup>"</sup> udkfj; A  
 nf[k; s bl çLrk<sup>o</sup> dk ykd0; ki hdj.k vkl ku r<sup>"</sup> ugh<sup>a</sup>g<sup>ß</sup>  
 ij t+jh g<sup>A</sup> vkl ku ugh<sup>a</sup>g<sup>ß</sup> D; "id ge bruk 0; Fk<sup>z</sup> ds rdz ea  
 Q<sup>z</sup> x, g<sup>A</sup> t<sup>"</sup> ftruk Q<sup>z</sup> k gyk g<sup>ß</sup> ml d<sup>"</sup> mruk gh ef<sup>t</sup>dy  
 yxrk g<sup>A</sup>

1/1çŞy 2008] vejdi/d%

### v/; ; u dh ifjHkk

v/; ; u ¾ vut<sup>ko</sup> dh jksuh ea vf/k"Bku ds I k<sup>kh</sup> ea  
 Lej.k i<sup>nd</sup> fd; k x; k I Hkh fØ; kdyki

vf/k"Bku ds I k<sup>kh</sup> dk eryc g<sup>S</sup>vkRek dk I k<sup>kh</sup>A vkRek  
 t<sup>"</sup> thou dk e/; k<sup>k</sup> g<sup>A</sup> e/; k<sup>k</sup>fujrj vut<sup>ko</sup> dk l; kl k jgrk g<sup>A</sup>  
 vut<sup>ko</sup> dh jksuh ea t<sup>"</sup> ge vfLrRo dh okLrfodrkv<sup>la</sup> d<sup>"</sup>  
 i gpkurs g<sup>ß</sup> ml d<sup>"</sup> pØ; kdyki<sup>ß</sup> uke fn; kA vut<sup>ko</sup> d<sup>"</sup> çekf.kr  
 djuk gh vut<sup>ko</sup> dh jksuh<sup>ß</sup> g<sup>A</sup> es t<sup>"</sup> vut<sup>ko</sup> e<sup>iy</sup>d fof/k I s  
 çLrr<sup>g</sup> jgk g<sup>ß</sup> ml d<sup>"</sup> vki tc Lohdkjrs g<sup>S</sup> r<sup>kkh</sup> vki dk  
 v/; ; u g<sup>A</sup> es t<sup>"</sup> I ç<sup>kr</sup> fd; k og vut<sup>ko</sup> dh jksuh esfd; kA  
 vki us t<sup>"</sup> xg.k fd; k og vut<sup>ko</sup> dh l; kl 1/1i<sup>kk</sup> esfd; kA l; kl  
 g<sup>ß</sup> bl fy, xg.k djrsg<sup>A</sup> es t<sup>"</sup> I e>krk g<sup>ß</sup> og vi usvut<sup>ko</sup> dh  
 jksuh es l e>krk g<sup>A</sup> vki esvut<sup>ko</sup> dh l; kl g<sup>ß</sup> e<sup>iy</sup> esvut<sup>ko</sup>  
 dk L=rr g<sup>A</sup> bu nuads l a<sup>"</sup>x esv/; ; u g<sup>A</sup> bruk gh g<sup>A</sup> bl es  
 d<sup>"</sup> ?kVkus c<kus dh t+jr ugh<sup>a</sup>g<sup>ß</sup> vki vut<sup>ko</sup> ajus ds ckn  
 tc fdl h rhl jsd" I e>krsg<sup>"]</sup> r<sup>"</sup> og vki ds vut<sup>ko</sup> dh jksuh

148@e/; Lfk n'k<sup>u</sup> ij vklkfjr l<sup>okn</sup>  
 es l e>krsg<sup>A</sup>

1/1çŞy 2008] vejdi/d%

### vkRe fo'okl vkg fo'okl

vkRe fo'okl dk eryc g<sup>S</sup> vut<sup>ko</sup> ea fo'okl A vkRe  
 fo'okl dk e<sup>iy</sup> vkRek ea vut<sup>ko</sup> gh g<sup>A</sup> vkRek thou dk e/; k<sup>k</sup>  
 g<sup>A</sup> I gvfLrRo ea v/; ; u i<sup>wk</sup>g<sup>us</sup> ij gh vkRek vut<sup>ko</sup> djrk g<sup>A</sup>  
 vut<sup>ko</sup> I Ei llurk gh I e>nkj<sup>h</sup> g<sup>A</sup> I e>nkj<sup>h</sup> I s i gys fdl h d<sup>"</sup>  
 vkRe fo'okl ugh<sup>a</sup>g<sup>ß</sup>ka

vkRe fo'okl ds vklkk ij gh Lo; ae<sup>a</sup>fo'okl g<sup>r</sup>rk g<sup>A</sup>  
 vkRe fo'okl ds fcuk Lo; ae<sup>a</sup>fo'okl g<sup>"</sup> gh ugh<sup>a</sup> drkA vkRe  
 fo'okl gh vi uh çfr<sup>kk</sup> ea fo'okl dk vklkk g<sup>A</sup> vkRe fo'okl  
 gh çfr<sup>kk</sup> ds vuq i 0; fDrRo ea fo'okl dk vklkk g<sup>A</sup> vkRe  
 fo'okl gh 0; ogkj es l kekfd g<sup>us</sup> ea fo'okl dk vklkk g<sup>A</sup>  
 vkRe fo'okl gh mRi knu ea Lokoy<sup>ch</sup> g<sup>us</sup> ea fo'okl dk vklkk  
 g<sup>A</sup>

Lo; ae<sup>a</sup>fo'okl dk i jEi jk esxokgh ; k çek.k g<sup>r</sup>rk g<sup>A</sup> og  
 I c<sup>ek</sup>ad<sup>h</sup> i gpk<sup>u</sup> vkg eW; "adsfuok<sup>g</sup> esxokfgr ; k çekf.kr g<sup>r</sup>rk  
 g<sup>A</sup>

vkRe fo'okl I s thus dsfy, gh v/; ; u g<sup>A</sup>

1/1çŞy 2008] vejdi/d%

### I adz I puk v/; ; u vut<sup>ko</sup> çek.k

I k{kkRdkj I gvfLrRo] I gvfLrRo ea fodkl Øe]  
 I gvfLrRo es fodkl ] I gvfLrRo es tkxfr Øe vkg I gvfLrRo  
 es tkxfr dk g<sup>r</sup>rk g<sup>S</sup> t<sup>"</sup> vut<sup>ko</sup> es tkdj I f=rr g<sup>r</sup>rk g<sup>A</sup> I Hkh  
 fn'kk; @d".k , d fcUnqea l ekrs g<sup>A</sup> os sgh I kjh e/; Lfk n'k<sup>u</sup>

vflrro eyd ekuo dñnr fpru @149

dh 0; k vutko fcñq ea l ekrh gA fcñq dk dñA yEckA pñMñA ughagA ; g gyk l kj xg.kA QSykoV l sfclñqrd v/; ; u gA vutko fcñqgA QSyuk ijEijk gA vutko , d fcñqgsmI dk foLrkj vur nj rd QSyk gA dgħa#drk ughagSog!

/kezvutko eagh l e> eavkrk gA /kezvutko eavk x; k r l c l e> eavk x; kA bl fcñq dñ i dñus dh t+ jr gA ckdh l c rdz l xfr l s l e> eavk gh tkrk gA : i vlg xqk rd fp=.k 1efr½ eajgrk gA Lohko dk c/k ḡrk gA vutko çek.k c/k ḡuk 1vutko eyd fof/k l 1eryc] /kez c/k ḡukA bl rjg /kez vlg Lohko tñ+x; kA ogh fpñk dsLrj ij vk dj : i vlg xqk l s tñrk gA bl dh tc rdz l xk 0; k[; k djus tkrsgr" og QSyusyxrk gA bl rjg ge /kez dh 0; k[; k djus ; x; g" tkrs gA

v/; ; u fof/k l svutko , d l snijs eavrñjr ḡrk gS , k eñ 'kq fd; k gA vutko vrñjr ḡus ij gh l kj dk dñY; k.k gñ l ozñk gA bl ea l ekurk dk Lo: i fudyrk gA vxj , d gh 0; fñr vutko dj l drk r" l ekurk g" gh ugha l drh FñA vutko ds ckn l Hñh l eku gA

vutko rd v/; ; u gA ml ds igys l puk gA ml l s igys l idz gA

l idz ds ckn gh l puk gA fcuk l idz l kls l puk ds nñx

l puk ds ckn gh v/; ; u gA fcuk l Vhd l puk ds v/; ; u dñs s djñx

v/; ; u ds ckn gh vutko gA fcuk v/; ; u fd, vutko dñs s djñx

150@e/; Lfk n'ku ij vklkjfr l okn

vutko ds ckn gh çek.k gA fcuk vutko ds cekf.kr D; k djñx

1/çy 2008] vej dñdñ

### igpku vlg fuokg

gj olrqvur dñ.k l illu gA gj olrqgj dñ.k l sfn[krk gA gj olrqfdl h u fdl h dñ.k l snijs olrq l stñk gh jgrk gA bl rjg gj olrqnljsij çfrfciscr gA gj olrqfu; fr Øe eaviu h vofLFkfr ds vuñkj nñl js olrqds l kfk vius l Ecl/k dñ igpkurk gsvlg fuokg djrk gA

ekuo dñst" l Ecl/k l e> eavk x; k ml dñ og igpkurk gsvlg fuokg djrk gA l Ecl/k t" l e> eavhavk; k ml dñ u og igpkurk gsu fuokg djrk gA ekuo dñ pkj"avoLFkkvñks l kfk vius l Ecl/k dñ igpkuus dh t+ jr gñ rñk og Hñe vlg vijk/k l señr g" ikrk gA ekuo tc Hñe vlg vijk/k l señr ḡrk gñrñk /kjrh vius vki dñ LoLFk dj l drh gA vijk/k djrsjgxsr" /kjrh ij vknex r" ughajgxkA

1/çy 2008] vej dñdñ

### v/; ; u dk egRro vlg v/; ; u dh olrq

v/; ; u dñseñsij t" eñs vutko fd; k gñv{kj} 'kññ' okD; "ad" iñuk v/; ; u ugha gA ; g ijk dk ijk piBuñ gh dgyk; kA eñs , s ifjokj ea 'kjhj ; k=k 'kq dñ ft l eayk[kññ \_pkvñk" eñLFk dj] oki l c"y dj fn[kk, gA yk[kññ \_pkvñk"! bl l sT; knk dñ dgk ughatk l drkA ; s l c djus dsckotñ bl l sge l ozekuo ds 'kññ dsfy, , d l # Hñh çLrñ ughadji k; A bl dñV dñ fevkus dsfy, eñs ipkl o"ññç; Ru fd; kA bu ipkl o"ññdk t" vutko gñ og eñvki ds l keus j[kus tk jgk gA

gj 'kñn dk vFk g'rk gSfdI h Hk Hk'kk eag! I dk ej vuñd Hk'kk, i r\$ kj gyk gA I dk ej dh I Hk Hk'kk vks dsev eavFk fudkyus tk, j r"; gh gSfd bl R; HkI uk pkf, BA I PpkA nñ j'a rd igpuk pkf, A nñ j'a ds vñr%dj.k ea I PpkA çosk g'uk pkf, A ; g ckr pñk'kk dsvFk leaged" bfxr g'rk gA ; g viñk I c eagA d" A Hk'kk esvki l s l pñk r" d" A I PpkA eñs ekye g'xk , dk ejh viñk gA eñl s d" A nñ jk Hk'kk l pñk r" ml dh Hk ; gh viñk g'xh fd d" A I PpkA eñl s ml d" l pñus d" feyskA ; g ckr I ceal eku gA bl vl/kkj ij l kjs on'adh jpuñ gAA rhua on I PpkA d" crkus ds fy, çfrKk fy; kA I PpkA dsckjseavr eacrk; k fd I PpkA v0; Dr gß vfuñpuñ; gA vfuñpuñ; eryc 'kñna l sft l d" crk; k ughat k drkA ; g ejsd"V dk dkj.k gykA vlj l cdsfy, ; g d"V dk dkj.k gyk ; k ugha ; g eñughadg l drkA ejsfy, ; g rdyhQ dk dkj.k gykA l R; Hk g] l PpkA Hk g" ij v0; Dr Hk g] vfuñpuñ; Hk g" r" ckdh opuh; D; k gykA bl rjg opuh; l c feF; k g" x; kA bl rdyhQ d" nj djusdsfy, eñsç; Ru fd; kA

ml ç; Ru eñs vius d" l Qy ekurk gA

eñt" vñtko fd; k gyml d" eñfou; gh dj l drk gA ml d" l e>uk gj 0; fDr dh ftEenkjh gA vlj ml ftEenkjh ds l kfk j[kh gSlorarkA pkgs l e>]; k u l e> bl ckr dh eñp eñLohNfr gSeñst" irk yxk; k gSml eñl PpkA d" ckj is p<+dj] fpYk dj c"yk tk l drk gSvPNs l s vlj l PpkA , d l snñ jsd" l e> eavk; xh!, dk ejk fo'okl gA ; gk l señ'kq fd; k gA

bl vl/kkj ij v/; u dsenñs ij vki d" bfxr djuk pkf, pgj 'kñn dk vFk g'rk gAB og vFk 'kñn ughagA vFk ekuo

d" l e> eavkrk gA nñ jsfdI h d" l e> eavk, xk ughA iRFkj d" ge c"yksog l e> sk ughA 'kñn dk çhkkO iRFkj ij Hk g'rk gA ouLifr; aij Hk g'rk gA tkuoj aij Hk g'rk gA ekuo ij Hk g'rk gA ekuo ij g'us ds ckn ml dk vFk [k'tus dh bPNk ekuo eñcuñ gA gj ekuo eñdYi uk'khyrk vlj deLorañrk çhkkO'khy gA vkt iñk gq cPps eñHk vlj dy ej tkus okys o) eñHk ; g çhkkO'khy gA dYi uk'khyrk vlj deLorañrk bl ds vklkj ij gj ekuo eñdgs x, 'kñn ds vFk rd igpus dh bPNk cuñ gA ; gh , d 0; fDr l s nñ js 0; fDr d" v/; u djusdk L=r gA l oñFke ekuo eñv/; u djusdk L=r cuk gSfd ugha ; g l puk ejk nkf; Ro FkA ml eñirk yxk gj 0; fDr eñ ; g inth j[kh gA gA D; k inth dñ Hk l pñk r" inñsk bl dk eryc D; k gA bl vlj tkusdk vf/kdkj l ceaj[kk gA l oñekuo eñj[kh gA bl dYi uk'khyrk deLorañrk dh inth d" l e> djdsgh eñs v/; u g'us ij fo'okl fd; kA

bl gvflrRo ije l R; gAB t\$ s ; g v/; u dk , d eñnk gA bi je l R; B dk eryc D; k g'rk gA l R; ogh gS t" fujrj vlj , d l k cuk jgrk gA g'us ds : i eñ0; ki d gSvlj vur , d&, d oLrq a gA dñHk Hk 0; ki d oLrq l s , d&, d oLrq avyx&vyx g" ugha l drk vyx g'us dh l Eñkouk ugha gA vyx g'us dk r\$ & rjhdk vflrRo eñughagA çkñfrd : i eñHk ughagSvlj vçkñfrd : i eñt" ekuo ç; Ru djrk gß oñ s Hk ughagA u g' al drk gß u vñHk rd gyk gA bl rjg ekuo l gvflrRo d" ije l R; dsLo: i eñl e> dj] l gvflrRo eñ 0; oLFk d" igpkurk gA ekuo usftrus Hk l gvflrRo foj"/k dk; l fd; k lo; a l eL; k eñQd x; kA

l eL; k eñQd uk ekuo ds nñk dk dkj.k gykA bl ds fy, v/; u ds fy, l # fn; k%

I eL; k ¾ n[ck]

I ek[ku ¾ I [ck ¾ ekuo /kez

n[ck I s i hMk g[rk gA i hMf 0; fDr Lo; ae LoLFk jgrk ugha gS n[ j'a dk midkj r" Lolu ea Hkh ugha djxkA i hMf vknreh døy n[ j'ad sfy, i jskuh i sk djxk vlg dN ugha djxkA ; g vki d" Hkh I e> ea vkrk gS eP d" Hkh I e> ea vkrk gA

; g I e>us ds ckn ge vu[ku dj I drs gS pLoLFk vknreh Lo; e~Hkh LoLFk jgrk gS n[ j'ad" LoLFkrk nsdk ç; Ru Hkh djrk gAB Hkys gh ; g vkt I dkj eacpfyr u g] ge bl ckr d" vu[ku : i ear" Lohdkj dj gh I drsgA LoLFk vknreh Lo; aLoLFk jgrk gS vlg I dkj d" LoLFk djusdsfy, gfk i j ekjrk gh gSpkgs I Qy g]; k vI Qy g] vkt rd ds vPNB vknreh; "adsgfk i j ekjusd" efsbl : i eafudky fy; kA cgr vPNs vknreh I dkj d" midkj djusdsfy, dghau dghad'f'k'k fd; k gA bu d'f'k'kae d'A deh ugh mu ij d'A 'kdk ugh d'A d'i .krk ugh i j I Qyrk dk vkydu djus tkrs gS r" ged" irk yxrk gS; s I Qy ugha g[i k; A D; "a I Qy ugha g[i k; ; g i Nus i j irk pyrk gS pmidkj D; k gS ; g /kphNr ugha g[ykA

vHkh ge t" v/; ; u djrs gS ml eai gys; g /kphNr g[rk gS fd midkj D; k gS I e>sgq d" I e>kuk gS i gyk midkjA I h[ks gq d" fl [kkuk gS n[ jk midkjA fd, gq d" djuk gS rhl jk midkjA bl eal s I h[kus fl [kkus vlg djus djkus ds ckjs eavknreh cgr dN fd; k gA ij I e>us I e>kus dk Hkh v/kj jg x; kA bl dk dkj.k ; g jgk ofnd fopkj I syd j Hkfrdoknh fopkj rd ge ; g eku dj pys gS fd pdjds I e> AB ekuo tkfr vlfn dky I s pdjds I e> B fof/k I spyk gA tcfd ekuo

154@e/; Lfk n'ku ij vklkfjr l okn

tkfr eadjds I e>uk ughag[rkA tho tkuoj ae adjds pyus dh ckr g[rh gA djds tho tkuoj I e>rs ughag[ døy pyrs gA gj dke d" i hNs tho ½ak½ ea t\$ sfd; k Fkk os sgh djds pyrk gA ekuo d" tc pdjds I e> B dgk x; k r" ml I sdjds djuk gh cuk] I e>uk ughacukA I h[ks gq I sdøy I h[kk g[yk gh jgk I e> d'A ml I si sk gA ugh fd, gq I sdjrk gh jgk I e> ml I sd'A i sk gA ugh

I e> B D; k pht gS ; g vHkh rd ½e/; Lfk n'ku ds vu[ku I s i gyg /kphNr ugha g[ykA

I e> B D; k pht gS bl dk mukj e/; Lfk n'ku e 6 fcUnyka eamYyf[kr gA

fu; e] fu; æ.k] I ryu] U; k; ] /kez vlg I R; A

ijk I e> bu 6 fcUnyka I sbfixr gA bl I svf/kd I e> g" ughal drh bl I sde eavknreh midkj r" ughag" xkA bl d" efs vPNh rjg I s tkpk gS th dj n[kk gA vknreh d" bu 6 egn" aei ijkjr g" us dh vko"; drk gA bl dk uke gS v/; ; uA

fu; e , d okLrfodrk gA fu; æ.k , d okLrfodrk gA I ryu , d okLrfodrk gA U; k; , d okLrfodrk gA /kez , d okLrfodrk gA I R; , d okLrfodrk gA

bu okLrfodrk vla ds ckj se aijk v/; ; u g" uk ml ea ijkjr g" uk vlg çekf.kr g" uk ; s rhu fLFkr; k gA ekuo tkfr tc dHkh Hkh bl d" I e>us rd igpsk] ge I epk; pruk ea ft; x s ugha ekuo pruk eagh ft; xA I epk; pruk tho pruk d" bfixr djrk gA ekuo pruk I kolk e pruk d" bfixr djrk gA bl rjg tc dHkh Hkh ; s6 ckraged" I e> eavk tkrh g] ge I kolk e pruk ea thus yk; d g" tkrs gA bl gha 6 ckr" ad" I e>kus ds fy, ejk I kjk ç; Ru gA

vflrRo eiyd ekuo dñnr fpru @155

bu 6 ckrad" I e>kusdsfy, ikp I # fn, &

1/1 I gvfLrRo

1/2 I gvfLrRo eafodkl Øe

1/3 I gvfLrRo eafodkl

1/4 I gvfLrRo ea tkxfr Øe

1/5 I gvfLrRo ea tkxfr

tc eßbu ikp I # ad" I e>kusx; k r" ejſfe= y" x" aus  
dgk ; g fdI h d" I e> ugha vk, xk] bl dk foLr̄ : i ea  
0; k[ ; k djuk g" xkA I f̄r djuk g" xkA rc eis bl d" n'ku]  
fopkj 1okn½ vks 'kkL= : i ea0; Dr fd; kA ; gh I e>dj djus  
dk vf/kdkj gA

r" dy feyk dj 6 fcñnyad" I e>uk gA I e> x, gA  
bl dk D; k çek.k g" xk]

I e>k iuk gh I e>sjgusdk çek.k gA ; fn I e>k ugha  
ikrs gA r" vki ds I e>g" us dk d" Å çek.k ugha gA

v/; ; u dh efgek gSokLrfodrk d" I e>uk] I R; rk d"  
I e>uk] ; FkkFlirk d" I e>ukA

d" Å Hh oLrqftI sbdkÅ ds: i eavkneh i gpku I drk  
gSmI eapkj ckrafufgr gA: i] xqk] Lohko vks /keA bdkbÅ "ads  
chp ea [kyh LFkyh d" ge 0; ki d : i ei igpkursgA 0; ki drk  
ml dh efgek gSgh ml dsI kfk i kjxke; rk vks i k jnf' krik efgek  
d" eisn[ka tS svki vks ge ; gk cBsgA ; g 0; ki d oLrqdk  
LFkyh gA bl eage f?kjs Hh gA Mcs Hh gA bl eahhxHh gA bl dk  
çek.k gA gekjse Åtkz I Ei Uurk cuh gA gA eäckr dj jgk gA  
; g ejſÅtkz I allu g" usdk çek.k gA eäthfor fn[krk gA; g ejſ

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Åtkz I Ei Uurk dk çek.k gA bl rjg ge I Hh Åtkz I allu gA  
bl ckr d" ge Lohdkj I drs gA

; g Åtkz 10; ki d½ gh ekuo ds }jk Kku gA I e> gA  
I e> ds I kfk gh ekuo Åtkz I allu gA ekuo dk vi us vdkj  
eag"uk Hk j i ; klr ughagA ekuo dk Kku I sI allu g"us ij gh  
ml ds Åtkz I allu g"usdk çek.k gA I gvfLrRo Lo: ih vflrRo  
n'ku Kku ea tc ge ikjär g" tkrgfrc ge Kku I allu gA  
ml h dk , d Hkx gS thouA thou Kku ea tc ge ikjär g"  
tkrgfrc ge Kku I allu gA ml h dk , d Hkx gSekoh; rki wkz  
vkpj .kA ekoh; rki wkz vpkpj .k Kku ea tc ge ikjär g" tkrgfrc  
ge Kku I allu gqA bl çdkj Kku flFkfr I sydj 0; ogkj  
rd Nwx; kA Kku ds; srhu vk; ke gA rhu"avk; ke"ea tc ge  
ikjär g" tkrgfrc çek.k g" tkrgfrc ge Kku I allu gqA bu  
rhu"apht"ea ikjär g"us rd ge vH; kl djekA vH; kl djus  
dk vf/kdkj gj 0; fDr ds ikl gA gj N"V\$ cM\$ cws ds ikl  
vH; kl djusdk vf/kdkj j[kk gA d" Å Hh vH; kl dj I drk gA  
Kku I allu g"uk gh ekuo dh efgek gA

v/; ; u dh efgek gS Kku I allu g"us ds fØ; kdyki ea  
çekf.kr g"ukA

I exz vflrRo d" igpkuuk gS ekuo d" igpkuuk gSvks  
v/; ; u djuk gA I exz vflrRo dS k gS bl dk v/; ; u ijk  
g"ukA vks ekuo dk v/; ; u ijk g"ukA

ekuo dk v/; ; u djus ij eä 'kjhj vks thou d"  
I e>kA

ekuo 'kjhj jkl k; fud æ0; "a I s jfpr , d jpuk gA  
jkl k; fud æ0; "a I s ekuo 'kjhj dS s cu x; kA bl dk bfrgkI  
s scuk gA I oçfke ikuh , d jkl k; fud oLrqdk çxVu g"ukA

ikuh ea t" ey oLrqgS, d tyus okykl , d tykus okykl ; s n"ufey dj l; kl cokusokysolrqg" x,A tcfd ey oLryka ea; g xqk ughaFkkA ; g rhl jk xqk vk x; kA bl rjg ; g l e> eavkrk gS; Qxd fof/k l su; k xqk i hik g" l drk gA bl çdkj vlxsvuèku dj l drs gS gj ; x&l a "x l sfdl çdkj vud u; h jpu,} vkpj.k vks xqk i hik g" x,A bl Øe eamùkj"lkj xqk Red fodkl g"rsgrsekuo 'kjhj dk çxVu /kjrh ij gvkA

n! jk gS thouA thou vius Lo: i ea ,d xBuiwlz i jek.kqgA ; g fujrj ,d l k gh cuk jgrk gA bl rlr i jek.kq ds l nk ,d l k cus jgus ds djk.k ge thou d" bvejß dg l drsgA ; gh pSÜ; bdkA gA thou 'kjhj d" pykrk gA thou ds vejRo d" igpkuuk ekuo rflr dk L=r gA

vkn'kbn us ekuo d" bthoß dh l Kk fn; kA ekuo tho gS ; k ekuo ekuo gh gS ; g igpkuus dk i gyh ckj eñus ç; Ru fd; kA ml eñepirk pyk ekuo Kku volFkk dh bdkA gA Kku volFkk ds ey ea D; k gS bl dk mÙkj gS dYiuk'khyrk vks deLorärkA ; g l c ekuo a ds ikl gA dYiuk'khyrk vks deLorärk l Hkh ekuo a ds ikl g"usdsdkj.k ekuo d" eñus Kku volFkk dh bdkA ds : i ea igpkuukA

bl dYiuk'khyrk ds vkkj ij ekuo l gvflrRo d" l e> ikrk gA l gvflrRo eñekuo d" l e> ikrk gA ekuo d" thou vks 'kjhj ds l aDr Lo: i ea l e> ikrk gA thou d" xBuiwlz i jek.kq ds Lo: i ea l e> ikrk gA i jek.kqeHkh vud i jek.kq vdkal s xfBr g"uk l e> ikrk gA ; g t" l e> vks yxrk gS bl dk uke gS v/; ; uA

l e> nkjh ds fy, igys l gvflrRo d" l e> uk gA l gvflrRo gS l Ükk ea l aDr çÑfrA çÑfr n" Hkkx eaqStM+vks pSÜ; A tM+çÑfr gS i nkFkkolFkk vks çk.k volFkkA i nkFkkolFkk

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ea kfut g"rs gS ck.k volFkk eouLifr g"rs gA ; sn"ufey ds tM+l a kj gA tho l a kj vks ekuo l a kj fey dj pSÜ; l a kj gA ; g tM+pSÜ; çÑfr l Ükk ea l aDr gA

l Ükk ea l aDr tM+pSÜ; çÑfr l gvflrRo lo: i ea fuR; orèku gA l nk&l nk ds fy, orèku gA l nk&l nk ds fy, dk; Zkhy gS fLFkfr'khy gA fLFkfr'khy g" vks xfr'khy Hkh gS ml dk uke gSporèkuBA ; g ,d cgr çek ckr gSfLFkfr eahkh g"] xfr eahkh g"] ft l dh fujrjrk g" A ml dk uke gS l gvflrRoA ; g ijk l gvflrRoA ; g ijk l gvflrRo fuR; orèku gA v/; ; u dh ey oLrq l gvflrRo gh gA

l Ükk ea l aDr çÑfrB vki us l qkA l qus ij , l k yxrk gS l e> eavk x; k! ysdv ml dseñey eapys tkrs gSog l e> us dk eñepirk gA ts } y"gk y"gs dsckj seage l "pus tkrs gS ml ea : i] xqk l ohkko vks /kez cuk gh jgrk gA bu pkj"ahkx"ad" l e> uk ; g v/; ; u gA csy o{k vki d" vks l sfn[krk gA csy o{k d" nsk dj ml dk vki fp= cuk fn; k og csy o{k dk l e> ughagA csy o{k ds: i] xqk l ohkko vks /kez d" l e> uk v/; ; u gA bl <ak l sgj tM+pSÜ; oLrqds: i] xqk l ohkko vks /kez d" ge ; fn l e> rs g"r" ge l e> nkj gq!

bruk l c dñsl e>k tk,\ ; g r" cMñ Hkkj h tfVy ckr g" tk; skh , l k Hkh , d ç'u curk gA bl dsfy, fl )kr fn; k bfl U/kq fcUñq U; k; BA pfl U/kq fcUñq U; k; B dk eryc gS cgr cMñ , d l eñep gS ij ijs l eñep dk ikuh dñk gSog ml ds, d fcUñq ds ijk.k dju s l sge l e> l drsgA i nkFkk volFkk ds, d y"gs ds VñpMsdk ijk.k dju se= l sge l Ei wlz y"gs l a kj d" l e> tkrs gA feVh ds, d Hkkx d" ijk.k dju se= l sge feVh l a kj d" l e> tkrs gA i RFkj ds l kfk vks ef.k ds l kfk Hkh , l k gh gA ml h çdkj ouLifr l a kj eahkh , d i gksdk ijk.k dju

I sml ijsl k j dk ijhk.k g" x; kA bl Øe eage ekuo ds v/; ; u rd igprsgA bl <> I sge vi usv/; ; u d" ijk dj ikrs gA

ejsvud kj iRFkj dk v/; ; u d\$ sdjuk g\$ ; g l c r" djhc&djhc g" pdk gA ekuo dk v/; ; u d\$ sfd; k tk, ogkj #dk gyk gA ml dskjseav/; ; u dh oLrqds: i eaeekuo gs ghA fcuk ekuo d" l e> v/; ; u fd, ge py ughai k; gA py ughai k jgs gA vksughapy iku dh fLFkfr eage vk pdsgA

xBuiwz i jek.kqd" thou uke fn; k gA , k thou tho 'kjhj d" Hk pykrk g\$ ekuo 'kjhj d" Hk pykrk gA ekuo 'kjhj vkg tho 'kjhj eaeoyd vlrj ; g g\$ tho 'kjhj eae thou dh dYiuk'hyrk vkg deLorark çxV g"us dh 0; oLFkk ugha gA ekuo 'kjhj eae dYiuk'hyrk vkg deLorark çxV g"us dh 0; oLFkk gA ; g çñfr çnuk gA fu; fr çnuk gA fu; fr dk eryc gs l gvflrRo] l gvflrRo eafodkl Øe] l gvflrRo eafodkl ] l gvflrRo eal tkxfr Øe vkg l gvflrRo eal tkxfrA ekuo eal dYiuk'hyrk vkg deLorark dk çxV g"uk bl fof/k l svk; k gA bl d" d" A'ojus okyk ugha gA A'ojoknh fof/k l st" crk; k x; k g\$fd pA'oj dsdjus l sg"rk gB og >B g" x; kA

A'oj okfn; "a us A'oj d" gh n"Vl drk vkg Hk Drk crk; k gA tcfid A'oj u djrk g\$ u Hk xrk g\$ u n"Vl gA

0; ki d oLrqea vutko djusij ekuo n"Vl in eavkrk gA ekuo gh vutko djsk vkg d" A'ojus okyk g\$ughA ekuo ds vfrfjDr bl vfLrRo eavkg d" A'ojus okyk g\$ughA vutko djA bl fy, eus ekuo d" Kku voLFkk eai gpkukA

I ekf/k dh fLFkfr d" eusns[k] l a e fd; k l a e dky ea

v/; ; u fd; k v/; ; u eal tM+p\$U; çñfr d" 0; ki d oLrqea Mrcs Hkhx f?kjs gq nskka v/; ; u dh oLrq l gvflrRo gh gA l gvflrRo eagh thou g\$ 'kjhj gA tM+çñfr g\$ p\$U; çñfr gA gj 0; fDr bl eal ikjxr g" l drk gA ml dsfy, e/; Lfk n'ku l gvflrRookn okle; r\$ kj fd; kA l puk ds: i eal kjs okle; d" eus r\$ kj fd; kA l kjs okle; d" e\$bl pukB gh ekurk gA l puk l svf/kd d" A okle; ugha g\$ vfLrRo eal

; fn ejsvud zku l sekuo vki ge d" igpku eavkrk g\$ r" ge , d vPNk dke dj l drs g\$fd l ijeijk dk d"u l k xHfk ekuo d" igpkuusdsfy, fdruk dke fd; k l bl egnisij 'k/k dj l drs gA ; g vlfn dky l svHk rd ds bfrgk l dk , d vPNk v/; ; cu l drk gA bl eavkxsfo}ku Lo; al "pA bl eaeijk d" A ç; Ru ughajgsxkA ejk dfku bruk gS l Hk i kou xHfk 'k d" pkgrs gq 'k d" 0; Dr djuk ugha cuka 'k d" 0; Dr djusdsfy, 0; fDr d" l r\$V nusdsfy, dN dgk Hk g"xl l epk; dh vkk Hk i sk fd; k g"xa vHk rd bruk gh gA l kjs i kou xHk adk dke bruk gh gA ml eal s dN xHfk vko" k okyh ckr Hk djrs g\$ r" dN vfg d vkg l gu'hy g"us dh ckr Hk djrs gA ; snuackra gA bu nua rjg dh ckr a d" ysdj vkn eh pyk gA ml rjg tgk t" igpuk g\$ igpk gA ; snuafof/k; k vki d" /kjr h ij fn[krk gh gA i kou xHk adskjseadguk bruk gh gA

bu l c i kou xHk al seep d" D; k çj .kk feyH pA'oj] i jekRek cgeB bu l c uke"al st" dN Hk dgkA 0; ki d g\$ bl ckr d" ged" fn; kA , d 'kcn gS; gA 0; ki d oLrqd\$ k g\$ D; "a g\$ bl d" eus vutko fd; kA vutko djus ij irk pyk l oE fo | ekurk ds vkkj ij gS 0; ki dA l kjh çñfr bl eal Mrcs Hkhx f?kjs jgus ds dkj .k l s; g cge gA cge dk eryc g\$

QSYk gykA 0; ki d l nk QSYk fn[krk gA

ekuo çÑfr gh cge d' igpkurk gA foxr ecrk; sFks cge gh n"Vk drk Kkrk HkDrk gA bl eamyVk gyk ekuo gh Kkrk g§ drk g§ n"Vk g§ HkDrk gA

, d egRroiwkZ fl )kr gS bI gvflrRo fuR; orëku o çHkkoh gAB l gvflrRo d' NM+dj ge d'Ä çek.k çLrqt ugha dj ik; gA

'kjbj }jk k Hkh thou thou ds l kfk ckrphr djrk gA ; g I PpkA gA thou vdsy e d'Ä ckr ugha dj l drkA thou thou ds l kfk gh ckr dj l drk gA ; g Hkh l gvflrRo dsfuR; çHkkoh g'us ds vklkj ij gA

thou dk tkxr g'uk 'kjbj ds l kfk ekuo ijEijk eagh g' l drk gA thou ekuo 'kjbj dsfcuk vius vki d' tkxr ughadj l drkA ekuo 'kjbj dsfy, çÑfr e0; oLFkk gA ; g Hkh l gvflrRo dsfuR; çHkkoh g'us ds vklkj ij gA

ekuo ijEijk ds tkxr g'us dsfy, f'k{k eal gvflrRo d' l e>kus dh 0; oLFkk vko'; d gA vHkh ds f'k{k ds Lo: i eal l gvflrRo d' l e>kus dh d'Ä 0; oLFkk ugha fn; k x; k gA bl d' vPNh rjg l s l "p ds fu.k yus dh vko'; drk gA

l gvflrRo eapkj voLFkkvad" eal e>kA inkfkl voLFkk ç.k voLFkk tho voLFkk vlg Klu voLFkk

i fj.ike vutak fof/k l s l c inkfkl dk vkpj.k fuf'pr vlg 0; oLFkr gA iRFkj ] y"gl feVVH ef.k budk vkpj.k fuf'pr gA bu pkj oxlae inkfkl voLFkk d' ijk n§kk tk l drk gA i fj.ike ds vuq kj vkpj.k djrk gyk inkfkl voLFkk pfunkk gA

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ouLifr l dk j evuod çtkfr; k g"rh gA mudk vkpj.k fuf'pr gA vke dk vkpj.k fuf'pr gA cy dk vkpj.k fuf'pr gA /krjjs dk vkpj.k fuf'pr gA d'Ä , l ouLifr ugha g§ ft l dk vkpj.k l foijhr g] okn fookn g] v0; oLFkk g'A , l dk dN ughag l cdk vkpj.k fuf'pr gA cht vuqk; rk fof/k l s vkpj.k djrk gyk ck.k voLFkk pfunkk gA

ml h çdkj tho a e Hkh l Hkh vkpj.k fuf'pr gA tho l dk j okn ds vuq kj vkpj.k djrk gyk pfunkk gA

ekuo ea vHkh vkpj.k fuf'pr g'uk 'k'k gA l gvflrRo l gt l e>nkjh i odk gh ekuo dk vkpj.k fuf'pr g' l drk gA ekoh; rki wkl vkpj.k D; k g§

ekoh; rki wkl vkpj.k eW; ] pfj= vlg usrdrk dk l aDr lo: i gA l aDr vfhk; fDrA l aDr çxVuA l aDr çLrfrA l aDr çek.khdj.kA bruk pht , d l kfk gA

eW; ] pfj=] usrdrk d' dS s l e>k tk, \

eW; dk çek.k l cdk a eagh"rk gA ekuo eadYi uk'kyrk vlg deLora rk dsjgrs l cdk ad" igpkuus dh {kerk} l cdk ad" igpkuus dh 0; oLFkk j [kh gA bl 0; oLFkk ds vklkj ij gh ge l cdk ad" igpkuus gA bl Øe eaecko ds l Ecl/k d' iRFkj l § y"gs l § ouLifr; "al svlg tho a l s igpkuus gA ekuo ds l kfk l cdk a ds vyx&vyx uke g' x, A ekuo a dk l Ecl/k , d gh lo: i eauhag l vud lo: i eags t§§ ekrk&fir rk ds: i ej Hkh&cgw ds: i ej x#&f'k"; ds: i ej i & i & h ds: i ej l cdk a ds uke rks ge ik x, gA bu l cdk a ds uke ds vuq kj ç; "tu'a d" ugha igpkuA t§§ ekrk&fir rk ds l kfk l Ecl/k dk ç; "tu g%if"V l j{k.k l fgr 0; oLFkk dk çek.kA 'kjbj ea'kjbj if"V vlg thou eKku if"V food if"VA n'uarrjg l s if"V

fey\$ ml dsckn 0; oLFkk eathuk 0; oLFkk eathuk rc g\$ k tc  
I cikad" igpkuk vlg eW; "adk fuokg fd; kA

eW; D; k g\$ I kE; eW; g\$fo'okl A I cikad dh fujrjrk  
ge cuk dj j[krs g\$ r" fo'okl dk ge fuokg fd, A I cikad"  
ge fujrjrk ughans i krs g\$ r" fo'okl dk ge fuokg ughadj  
ik; A vc bl dk vki viu&viuse'k/k dj I drsg ft I d"  
geusfe= : i eai gpkuk D; k og I nk&I nk fe= : i eajgk t"  
ge ekrk&fir k d" igpkuk D; k I nk&I nk ml dh fujrjrk jgh HkkA  
d" t" igpkuk D; k I nk ge HkkA ds I kfk HkkA ds: i eath  
ik; & bl dksfujh{k.k dj I drsg ijh{k.k dj I drsg 'k/k dj  
I drsg e/; Lfk n'ku ij vkkfjr f'k{k dh i gyh nsu ; gh g\$

& I cikad dh igpu

& eW; "adk fuokg

& eW; kdu

& mkk; rflr

bl I s fdI d" vki fuk g\$ crkb; & 700 dj M+ vkneh ds  
I keus bl ckr dk vki fuk g\$ uk cgr ef'dy g\$

bl dsckn vkrk g\$ppfj=B A pfj= dsckjseaeus; g n[kk  
g\$Lo /ku] Loukj@Lo iq "k vlg n; k iwl dk; Z0; ogkj djus l s  
gh ekuo pfj= g\$ eW; g\$ ifjokj eathus ds fy, A pfj= g\$  
I ekt eathus ds fy, A usfrdrk jkT; 10; oLFkk eathus ds fy,  
g\$

eW; ifjokj eathus l s l qk nsrk g\$ pfj= I ekt eathus  
l s l qk nsrk g\$ usfrdrk 0; oLFkk eathus l s l qk nsrk g\$ thus  
eal ek/ku g\$ rk g\$ bl fy, l qk g\$ rk g\$ eW;] pfj= usfrdrk  
bu rhu pht"ad" igpkuusij ge bu rhu txg 0; ki d g" tkrs

g\$ fo'kky g" tkrs g\$ ifjokj eage I ek/kfur g" tkrs g\$  
QyLo: i l qk g\$ rs g\$ l ekt eage v[km l ekt i ob  
I ek/kfur g\$ rs g\$ QyLo: i l qk g\$ rs g\$ l kolk 0; oLFkk eage  
I ek/kfur g\$ rs g\$ QyLo: i l qk g\$ rs g\$

ekuo; rki wkl vkpj.k gh D; " , s gh D; "a thuk g\$  
ifjokj eathuk gh g\$ ; s l c l Ecl/k dk fuokg djuk gh g\$  
D; "fd bud" NM+dj l qk g\$ usdk d" A çek.k ughag\$ ifjokj  
dsckn] v[km l ekt eathuk gh g\$ bl Øe ea0; oLFkk eathuk  
gh g\$

bl f'k{k l svHkh rd ekuo tkfr ofpr jgkA Hkrdoknh  
fov/k l svHkh ekuo dk v/; ; u ofpr jgkA A'ojochnh fov/k l svHkh  
ekuo dk v/; ; u ylr jgk ; k l ylr jgkA

f'k{k dh eiy olrqrlhu g\$%

1/4 l gvflrRo #ih vflrRo n'ku Kku dk v/; ; u

1/2 l thou ds Lo: i dk v/; ; u

1/3 l thou vlg 'kjhj dsI aDr : i eekuo vlg ekuo; rki wkl  
vkpj.k dk v/; ; u

vHkh dsI e; eage ft I d" 0; oLFkk ekus tk jgsg\$ml dk  
Lo: i d\$ k g\$ bl ckjseavki d" dN dguk pkgrs g\$ vHkh  
dh ijs fo'o eaftrus Hkh jkT; vlg /kez dgyk; s tk jgs g\$ os  
p'kfr dfer 'kkl uß fov/k l s'kkl u l fo/ku g\$ /kez l fo/ku Hkh  
'kkl u ds gh i{k eag\$ D; k ; g l e> eavkrk g\$ ; g l cd"  
l e> eavkuk pkfg, A

'kkl u ds i{k eal fo/ku fy[kk x; k g\$ l fo/ku ea'kkl u  
dh edkk ds vut kj pyusoky'ad" ge l qtk dgrs g\$ 'kkl u  
dh edkk ds fo#) 0; fDr d" ge vijk/kh ekurs g\$ l fo/ku ea

vflrRo eiyd ekuo dñnr fpru @165

vijkf/k; "ad" nM nsusdk çko/kku gA /kez l fo/kku eaxyrh djus  
oky'a ds fy, çk; f' pük djus dk çko/kku gA bl rjg l s  
l fo/kku fy[ks x, gA bu l fo/kku a ij vklkfjr g'r h gS 'kfDr  
dñer 'kk u 0; oLFkkA

p'kfDr dñerß dk D; k eryc gS MMk ctk dj viuh  
ckr euokukA ml dsfy, xyrh d" xyrh l s j" dusdk ç; kl ]  
vijk/k d" vijk/k l s j" dusdk ç; kl vkg ; ) d" ; ) l s j" dus  
dk ç; kl A , d 0; fDr vijk/k djrk gSml d" j" dusdsfy, 10  
y" x" d" vijk/k ea ijkxr cukuk g'r k gA gj nsk ea, h gh  
0; oLFkk j[kk gA vc vki crkvksbl rjg vkneh vijk/k çofük  
dsfy, r\$; kj gyk ; k U; k; dsfy, \ bl rjg ge Qd pdsgA  
vkneh Qd k gA vkneh d" pykusokyk vkneh Hh Qd k gA ; gh  
vekuoh; dk; Øe gA nñ js 'kñna ea tho pruk ea thrs gq  
foo'krk iød fd; k gyk dk; ØeA bl ea, d pykusokyk g'r k  
gS ml d" uke fn; k pjkkj ekuoBA nñ jk pyusokyk g'r k gS  
ml d" uke fn; k pi 'kqekuoBA jk{kI ekuo pykrk gS i 'kqekuo  
pyrk gA

tho pruk l sekuo pruk ea ifjofrj g"us ij gh ge  
ekuo; 0; oLFkk d" ikrsgA ekuo; 0; oLFkk gS 1/2 ifjokj] 1/2 v[kM l ekt] 1/2 l kolkA 0; oLFkkA

ge Hk; o'k gh l ok/kd ueu fd, gA iñt fd, gA çkfkuk  
fd, gA gekjh çkfkukvka ea; g >ydrk gA pgekjh vkg gekjs  
fe="adh j{kk dj"] gekjs 'k=ylak dk uk'k dj"AB ; g l c gh gekjh  
çkfkukvka ea fn[krk gA bl d" efus cgj dñ i<+dj nñkk gA  
ml l sejjkth ughag" ik; kA pkgsml dk vki d" Hh dkj.k crk  
nñft; sHk; ij vklkfjr iñt] ueu] i=h epd" iVk ugh ; gh  
ey emñsds: i ea iñfopkj djusdsfy, rRijrk bPNk ç; Ru

166@e/; Lfk n'klu ij vklkfjr l økn

vkg ç; Ru dk l Qy g"uk vkg ml h Øe eavkt vki ds l Ee[k  
esigp x; kA

vc vki ds l Ee[k l gvflrRo dsv/; u dk çLrko gA  
dYiuk'khyrk vkg deLora=rk iød gj ekuo ea  
l gvflrRo Lo: i l srnkdkj djusdh 0; oLFkk gA t" çLrko l s  
bfxr gSml earnkdkj g"us ds vf/kdkj dk tc ç; x g'r k gS  
rc ekuo l e> ikrk gA v/; u eaeu rnkdkj g'r k gS rc ge  
l e> ikrsgA

v/; u vuøe dk g'r k gA inkfkl volFkk l s ck.k  
volFkk dk çxV g"uk vuøe gA ck.k volFkk dk cht : i  
inkflz volFkk eaFkk bl fy, ck.k volFkk çxV gAA ml h Øe ea  
tho volFkk vkg Kku volFkk çxV gAA , d dñh l snñjh dñh  
tñh g"us dk Øe vuøe gA

bl l s fuEu fl )kr fudyk%

vfxe volFkk dk cht : i fi Nyh volFkk eajgrk gh gA  
; gh fl )kr vuøe dk vklkj gA ekuo dk çxV g"usdk  
cht tho volFkk eaFkk bl fy, ekuo dk çxVu gykA vc  
ekuo dsçxV g"us dsckn ekuo eavutko g"uk Hh vuøe l sgh  
g'r k gA

vuøe l s çxVu] fQj vuøe dk vuñkoA

vuøe l s g"us okys ije çek.k d" vuñko dgk gA  
vuñko ije çek.k gA

vuñko çek.k gh 0; ogkj ej vuñko çek.k gh ç; x ea  
çk; ftr g'r k gA QyLo: i ge l ek/kku ikrsgA l ef) ikrsgA  
vkg vuñko çek.k ds vuq i th ikrsgA bl çdkj gj ekuo

vflrRo eiyd ekuo dñnr fpru @167  
vius i ~~qññ~~; d" igpku l drk gñ lohdkj l drk gñ th l drk  
gñvñ midkj dj l drk gñ  
1/22 vDViçj 2005] el jñh/

### ekuoh; rki wñz vkpj.k

ç'u%ekuoh; rki wñz vkpj.k D; "aughadj ikrsgñ  
mñkj% l fo/kk l xg vñj HkfDr fojfDr y{; ds l kfK  
ekuoh; rki wñz vkpj.k çekf.kr ughag" l drkA l fo/kk l xg d"  
vki y{; eaj [kavñj Kku food foKku çekf.kr g" tk, , k g"  
ughal drkA l fo/kk l xg dsLFkku ij l ek/kku] l ef) y{; cuk  
dj ç; Ru djus l s ekuoh; rki wñz vkpj.k çekf.kr g" tk; xkA

I ek/kku] l ef) y{; eaj l s l ek/kku ojh; gñ l ek/kku  
y{; dsfy, Kku food foKku d" yñj li "V g"uk gñ ; srhu'a  
Hkkx tc li "Vr%v/; ; u g"rk gñrc ekuoh; rki wñz vkpj.k ds  
çfr fo'okl g"us yxrk gñ vkpj.k dsçfr fo'okl g"rk gñr"  
ge vkpj.k djrs gh gñ vkpj.k djus yxrs gñ r" l ek/kku]  
l ef) dh rjQ+gh tk; xkA ekuo dsv/; ; u vñj vflrRo dsbl  
çLrko ds v/; ; uiñd l e> vkus ij vki thus tkrs gñ r"  
ekuoh; rki wñz vkpj.k gh g"xñ l ek/kku] l ef) gh çekf.kr g"xñA  
l e>us dsckn ; gh g"rk gñ

i gys eñ HkfDr fojfDr ds i{k eñ gh FkkA HkfDr fojfDr  
fofk l sgh eñs l k/kuk fd; kA l k/kuk ds QyLo: i thou l e>  
eñvk; k ekuo l e> eñvk; k vflrRo l gvflrRo Lo: i eñl e>  
eñvk; k bl l c dsvuñ k j ekuo dsvuñ i thus dh ckr l "ph  
r" ekuoh; rki wñz vkpj.k dk gh Lo: i fudykA vuñko iñd eñ  
l ek/kku l aüu r" g" pñdk Fkk ml eñJe iñd eñs l ef) d"  
t'M+fy; kA l ek/kku l aüu g"us dsckn l ef) d" t'Musdsfy,  
eñscgr fnu cjckn ughadjuñ iñkA bl rjg cgr vPNh rjg

168@e/; Lfk n'kù ij vñkñfjr l økn  
thus dh l Hkk i fjdyi uk, aijh g" x; hA  
thoka l s ñvPNh rjg thus dh ifjdyi uk, a cgr jgh gñ  
HkfDroknh fof/k l s Hkk vñj HkfDroknh fof/k l s HkkA ij ñvPNh  
vñkneñ D; k gñ ; g u HkfDroknh fof/k l sr; gñkA u HkfDroknh  
fofk l sgñkA u HkfDr l s u fojfDr l s u l fo/kk l s xg l A  
[kñ l fo/kk dk tñkñ+dj yñr" ge vPNs g" tk; xñ ; g ugha  
çekf.kr gñkA ge bruk l xg dj yñr" vPNs vñkneñ g" tk; xñ ; g  
Hkk ugha fudykA tc HkfDr fojfDr l s ugha fudykA r"  
l fo/kk l xg l s D; k fudyuk gñ bu n"u'a vñkñj al s tc dñ  
mi yfc/k ugha fudykA r" ekuo vius euekuh jkLrs cukrk jgkA  
euekuh fof/k l s HkfDr fojfDr vñj l fo/kk l xg y{; "ad" yñj  
pyrk jgkA og l kfkd ugha gñkA fQj ñU; ure l fo/kk vñj  
þçkfKfed vñj'; drkñ tñ h Hkkñk, jyxusyxñ budk dñf' pr  
vñdkj+çdkj ughacurkA l fo/kk l xg dk ñU; ure vñj vf/kdre  
dk dñf' eryc ugha fudyrkA ftruh l hek cukrs gñ ml l s  
vf/kd gh pkfg,A bl <x l sge HkVd x, gñ

HkVds gñ d" ekxñ l ij ykus dh fof/k ; gh gñ ge ç; Ru  
djds viuh l e>nkjñ d" ijk djñA v/; ; u djus ij] vuñko  
g"us ij l e>nkjñ ijk g" tkrk gñ v/; ; u l svuñko dk jkLrk  
curk gh gñ vuñko eñyf fof/k l s tc ge l "prs gñ r"  
l oñ"ekñ l ek/kku vñk gh tkrk gñ ml ds vñkñj ij l ef) d"  
çekf.kr djuk curk gh gñ l ef) iñkñ; k midkjñ gñ vius  
cycrs ij tc l ef) d" ik yñs gñr" midkjñ ds vykok dñ  
vñj djuk curk gh ughagñ

1/tuojh 2007] vejdñdñ

### l fo/kk l xg ; k l ek/kku] l ef)

e/; Lfk n'kù dk çLrko l ñukA l ñuseal ger g"uk ; g

i gyh ckr gA

I e>us dh d'f'k'k djuk ; g nñjh ckr gA

I e> eavkusdsØe eathusdh bPNk ; g rhl jh ckr gA

bl çLrko d" thusdh bPNk ds Øe eavki ikrsgat" vki us igys lsrkj rjhdk cuk; k gS thus dkj ml ea; g I ekrk ugha gA vki t" igys lsrkj rjhdk cuk dj j[ks g] og I fp/kk I xg ds [kkds eagh fd, gA vc vki d" I ek/kku] I ef) ds [kkds eaf'k]V g"uk gA bruk gh I kj fcñqgA

I ek/kku] I ef) pkfg,\ ; k I fp/kk I xg pkfg,\ ; g ged" fu.kj djuk g"xa n"adk ik#i vyx&vyx gA n"ua dk d"ey ughagA

I ek/kku] I ef) iød ft, fcuk U;k; djuk r" I EkkO ughagA

vkt dh fLFkfr e] ge vius l kFk eajgusokysy"xdh vi{kkad" /; ku eaj[krs gq] I fp/kk I xg dsy{; l sD; k dj I drsgsog ik#i ge cuk dj j[krs gq] ml h ij py jgsgA ; g fLFkfr vkt l c ds l kFk gA bl ik#i ds l kFk l rf"V n"uajgrh gA Lo; ae adN Hkkx l s l rf"V jgrh gS dN Hkkx l s vI rf"V jgrh gA bl <& l s tho pruk eathrk gryk ekuo 51 çfr'kr fQj Hkh l gh jgrk gA fcuk dN i< v/; ; u fd, ; g ckr jgrk gA Lo; ae 51 çfr'kr l sde l ghi u d" Lohdkjsfcuk vkn eh eathusdh d"rellumuk gh ughajgrhA eu"foKku dk ; g , d vklkj fcñqgA thusdh vklkj cusjguk thou dh vut; ; fØ; k gA tc thou Lo; ae l ghi u d" 51 çfr'kr l sde g"uk Lohdkj ysk gS rc thusdh vklkj dsfoijhr dk; l djuk cu tkrk gA

I ghi u d" ydj t" [kkdk Hkjuk gSml dsfy, e/; LFk n'ku dk çLrko gA I ghi u dk Lokxr thou eacuk gh gA ge t" xyrh d" I gh eku dj ml shkjrsq] og vLFkk; h gh g"rk gA gj fnu dsfy, og Hkjrk ughagA I ghi u dh Lo; aefjDrrk I ghi u l sgh Hkjus ij og 'kk'or g" tkrk gA

1/tuojh 2007] vejdv/d%

vo/kkj .kkj l k{kRdkj] c" /k vuñko çek.k

vo/kkj .kk ¾ vH; kl dsfy, çklr LohÑfr; kj

vH; kl fdI fy, \ vH; q; d" viukus ds fy,] viuk LoRo cukus dsfy, A vH; q; dk eryc gS l oñ"er[kh I ek/kkuA tS sfdI h o{k dscht d" /kjrh eage Mkyrs g] ml d" I hps g] rkfd ml dk o{k cu l dA ml h rjg vo/kkj .kk vH; q; dk cht gA

fLFkfr l R;] oLrq fLFkfr l R; vkj oLrq xr l R; dh vo/kkj .kk g"rh gA vo/kkj .kk dk l k{kRdkj g"rk gA

I k{kRdkj ¾ 'kk dsfy, ftruh Hkh l puk ¼ kcn½ feyrh gSml l s t" oLrq ½ fLk fr g"rk g] ml d" dyiuk eahkj yskA I k{kRdkj fpük eaq"rk gA

vo/kkj .kk çklr g"us l k{kRdkj g"us rd gh ekuo dk i# "kkfz gA vo/kkj .kk çklr g"us ds ckn] l k{kRdkj g"us ds ckn i jekfz gh gA fLFkfr l R;] oLrq fLFkfr l R; vkj fLFkfr l R; dh vo/kkj .kk dk cf) eac"k g"rk gA ml ds ckn fLFkfr l R; vuñko eavkrk gA l Ükk eal iDr tM+psU; çÑfr l gvflrRo gh fLFkfr l R; gS; g vuñko eavkrk gA vuñko eavkus ij bl dh fujrjrk g" tkrk gA

fLFkfr l R; ¼ gvflrRo½ eagh oLrq fLFkfr l R; vkj oLrq

vflrRo eyd ekuo dñnr fpru @171

xr I R; dk çxVu gürk gA olrqeyr%jkl k; fud] Hkfrd vñ  
thou Lo: i eaqA I EiwkLoLrqal Ükk eaHkhxh Michj f?kjh gA Hkhs  
gusl sAtkI EiUrk gB Mmsgusl sfØ; k'khyrk gB f?kjsgusl s  
fu; a.k gA ; gh I gvfLrRo gA ; gh fu; fr gA fu; fr fof/k I sgh  
ge AtkI illu gB fu; fr fof/k I sgh ge cy I illu gB fu; fr  
fof/k I sgh ge fu; f=r gA I gvfLrRo fuR; çxVu'khy gS ; gh  
fu; fr gA ekuo dk thou vñ 'kjh nñuafu; fr fof/k I s gA  
fu; fr fof/k I sgh ge I k{kkRdkj rd igprsgA

I gvfLrRo %u; fr%fuR; çxVu'khy gusl sviuscfr: i  
dsLo: i eaeuko d" çLrq dj fn; k ml dk çek.k vutko eyd  
fof/k I sgh gürk gA bl rjg bZ; k efDr] }sk efDr] vijk/k efDr  
vñ He eDr g" tkrh gA bZ; k }sk vijk/k vñ He I seDr g"  
tkuk gh vutko I illu gusl dk çek.k gA bZ; k }sk vijk/k vñ  
He I s ge I Ec) gB eryc vutko gyk ugha gA ; gh plo  
fujh{k.kB eanlus dh ckr gA

vutko dk çek.k gürk gA çek.k gSijajk eaihñ I sihñ  
vutko vñfjr gukA bl dk uke gSpvutko eyd fof/kBA çek.k  
dsfcuk vutko eyd fof/k ugha gA

I Ükk Lo; a Kku Lo: i gA pñU; çÑfr d" I Ükk Kku  
Lo: i eaqkIr gA Kku dksekuo 0; ogkj eaU; k; Lo: i eaqLrq  
djrk gB mRiknu eafu; e fu; a.k I ryu] : i eaqLrq djrk  
gA

%nl Ecj 2009 vejdñ/dñ

e/; LFk fØ; k

çÑfr dh fdI h Hk oLrqdsPcus dh dñ çfØ; k gürh  
gSml d" dgk pI eB ; k pmnHkoBA ml ds PfcxMñB dh Hk dñ  
çfØ; k gürh gSml d" dgk pfo"keB ; k pçy; BA oLrq ds Pcus

172@e/; LFk n'ku ij vñkfkj Jr l ökn

jguß dh I e fo"ke I seDr t" çfØ; k gürh gSml d" dgk  
pE/; LFk ; k pfoHkoBA

çÑfr dh gj voLFkk ds Pcus jguß ; k pE/; LFkrk dk  
, d Lo: i gürk gSft I smI voLFkk dh ijajk cuh jgrh gA  
t\$ sinkfkz voLFkk ifj.ike vñkfkz fof/k I sijajk gA inkfkz ds  
Pcus ; k xBu gusdh çfØ; k gürh gB inkfkz ds Pcus jguß ; k pE/; LFkrk dk  
Lo: i gürk gSifj.ike vñkfkz; rkA ifj.ike eyr%gSijek.kqvakä  
ds xBu dh ek=ka bl h Øe eaqck.k voLFkk chtkukah fof/k I s  
ijajk gA tho voLFkk odk vñkfkz fof/k I sijajk gA

ekuo tkfr eac c bl fl )kr d" ysx, r" irk pyrk  
gS PfØ; k iwkirk vñk fkpj.k iwkirk gh ekuo ijajk ds Pcus  
jguß dk Lo: i gA tho pruk fof/k I s euko ijajk ds Pcus  
jguß dk oñko fLFkj ughagürk gA ekuo pruk] no pruk] fn0;  
pruk fof/k I sgh ekuo ijajk ds Pcus jguß dk oñko fLFkj g"  
i krk gA Kkuktü I s iygyspmnHkoB ; k pçy; B ds i k eaeuko  
dke djrk jgrk gA Kkuktü ds ckn Pcus jguß ds Lo: i eaeuko  
ijajk orzeku gürk gA i hñ I s i hñ rd pyus okyh  
fof/k d" ge pE/; LFk dg jgs gA e/; LFkrk dk ; g Lo: i I e  
vñ fo"ke vkošk ad" I kekÜ; cukus eaqçoulk jgrk gA

e/; LFkrk fLFkfr eae e/; LFk cy gS vñk xfr eae e/; LFk  
'kfDr gA I e vñ fo"ke vkošk Hk fLFkfr eacy vñk xfr eae'kfDr  
dsLo: i eaqirk gA os sgh e/; LFkrk %vkošk eDr%Hk fLFkfr  
eacy vñk xfr es'kfDr gA inkfkz voLFkk I s Kku voLFkk rd  
, sgh gA

ekuo ds I Ünkz eaeuko tkxr gus ij vkošk eDr ; k  
e/; LFk gürk gS vñk I Hk vkošk ad" I kekÜ; cukus eaqçoulk jgrk

gA tkxr güs lsi gys ekuo Lo; avkos'kr jgrk g§ r" vkoška  
d" l kekk; cukus dk dke dñs djxk\

ç'u% l Ükk d" vki ushe/; Lfk dkg gA ml l sD; k vk'k;  
g§

çÑfr plj voLFkkvks: i eal Ükk eagA l Ükk çÑfr dh  
fØ; kvk\l sfu"çHkfor jgrk gA l Ükk i j çÑfr dh fØ; k, açHkko  
ughäMkyrh gA çÑfr dh gj fØ; k ds eiy ea l Ükk l Eiurk  
jgrk gh gA l E; l Ükk eal Eiwk\l fØ; k, aMç Hkx\l f?kjsgus i j  
Hk l Ükk ead\l vry ughavkrk gA bl fy; s l Ükk d" he/; Lfk  
dkg gA

e/; Lfk l Ükk ea l aDrkk ds Qyu ea gh çÑfr ea  
e/; Lfk rk gA çÑfr ea e/; Lfk rk ijk ds Lo: i eajxV gA  
l Ükk gh ekuo ijk ea KkuB : i eaj0; Dr g"rk gA

1/lnl Ecj 2008 vejd\l d\l

### c) vkg vRek

ç'u%Hker voLFkk eac) vkg vRek dk dk; } : i D; k  
g§

mÜkj% c) vkg vRek thou ea vfoHkT; gA Hker  
voLFkk eHker fp=.k a d" c) vLoHdkjrk gS vkg og fp=.k  
rd gh jg tkrk g§ c"k rd ughatkrkA bl l sHker ekuo d"  
þxyrh g" x; h; g irk pyrk gA c) vkg vRek , sHker  
fp=.k a ds çfr rVLfk cuk jgrk gS bl ds çHkko Lo: i ea  
dYiuk'hyrk ea þvPNkA dh pkgrB cu tkrh gA ; gh Hker  
ekuo ea'kkdeuk dk vkkj gA Hker voLFkk eac) vkg vRek  
ea'bl gh ds fy, oLrq ughajgrh ij xyrh ds fy, vLoHfr  
jgrh gA

1/lnl Ecj 2008] vejd\l d\l

### I gvfLrRo eac/k

Hke ds l Ee[k tc tkxfri çLrq g"rk gS r" Hke dh  
vuko'; drk Lohdkj g" tkrh gA ; g thou eatkxfri dh vkj  
çfjr djus oky k xfr gA

thou Lo; a d" Hk tkuus okyk gS vkg l oLo d" Hk  
tkuuusokyk gA l oLo d" tkuus i j bn"Vk i nB vkg ml d" thus  
eaçek.kr djus d" ptkxfri dgk gA l gvflrRo gh c"k dk  
l Eiwk\l oLrq gA l gvflrRo eagh thou gA l gvflrRo eagh  
thou Klu g"rk gA l gvflrRo eagh ekuo gA l gvflrRo eagh  
ekuoh; rki wkl vkpj.k Klu g"rk gA l gvflrRo he g v/; ; u  
gA l gvflrRo l sfokkfr djdsd\l v/; ; u ijk g"rk ugha gA

çek.kr 0; fDr dsþvutko dh jk\skulB eagh v/; ; u g"rk  
gA çek.k ds vkkj ij nijae vutko dh vko'; drk dkirk  
pyuk ; g l ozk\l l Eer ç; "tu gA vutko fd; k gyk 0; fDr gh  
vutkoxkeh i ) fr l sv/; ; u djk l drk gA ejsvutko ds l k\kh  
ea vki v/; ; u djrsg" A vutko ds ckn vki Lo; a l k\kh 1/lnl Vkl  
g" tkrsg" A vutko ds l k\kh eagh v/; ; u iwk\l g"rk gA

v/; ; u fof/k l s l gvflrRo Lo: ih l R; c"k g"rk g§  
Qyr% vutko g"rk gA tkuus ekuus dh l ryu fLFkfr dk uke  
gS c"kA v/; ; u fof/k l s c"k g"rk gSog vutko eiyd fof/k l s  
çek.k Lo: i eavkrk gA çek.k l srflr feyrh gA vutko çek.k  
þcht Lo: iB eag" tkrk g§ ft l d" fQj pc"; k\B tk l drk gA  
vutko , d l svud ea vrfjr g" l drk gA ; g l ozk\l gA  
l ozk\l ea Lo 'kk l ek; k jgrk gA çek.kr g"us dh rkdr Lo; a  
eacusjgus l sLo; adh rflr cuh jgrh gA ; g rflr tc fpük ds  
Lrj ij vkrh gsrc bI elkkub dgykrh gA vutko eiyd fof/k l s  
thus ij gh l elkku g"rk gA tho pruk fof/k l s thus ij thus

eal ek/kku curk ughag

rnkdjk fof/k l sfpük cf) eavutkr gürk gsræi voLFkk  
e tc fpük cf) ds vdkdj eaq" tkrk gsr" cf) eas"l fpük  
eafpru Lo: i eavkrk gA ml h dsvuq i çek.kr gusdsfy,  
fp=.k g"uk 'kq djrk gA : i vlg xqk dk gh fp=.k gürk gß  
LoHko vlg /kez l e>k jgrk gA bl çdkj fpru fp=.k ds  
vuq i ofük earyu fo'yš.k vlg eu eap; u vklonu gürk  
gA eu ofük ea vutkr gürk gseryc vutko eiyd ofük ds  
Lo: i easu g" tkrk gA bl çdkj ofük fpük ej fpük cf) ea  
vlg cf) vkrk eavutkr gürk gA vkrk l gvflrRo eavutkr  
gürk gA ijk thou vutko ds vdkdj eaq" tkrk gA vkrk ea  
l gvflrRo dk tkuuk ekuuk pl quf'prB cuk jgrk gß t" eu  
}jkj thuseafØ; kflor gürk jgrk gA bl d" ptlxfrB uke fn; kA

eW; kdu Øe eavrek cf) dkj cf) fpük dkj fpük ofük  
dk vlg ofük eu dk eW; kdu djrk gA eu 'kjhj vlg 0; ogkj  
dk eW; kdu djrk gA vutko l illu gusdsckn vkrk tkrk  
ekurk gß bl dh xokgh igys cf) eaqh g"rh gA vutko dk  
çHko igyscf) ij gh vkrk gA cf) bl vutko çek.k c"l d"  
çek.kr fd; k ; k ugha; g vkrk eaqh eW; kfdr gürk gA vutko  
l illu vkrk ; g eW; kfdr djrh g"fd vutko çek.k c"l d"  
cf) l nij; "x fd; k ; k ugha cf) dk n"Vk vkrk gA bl rjg  
vutko eiyd fof/k l sfpük dk n"Vk cf) ] ofük dk n"Vk fpük eu  
dk n"Vk ofük 'kjhj vlg 0; ogkj dk n"Vk eu gürk gA

ijek.kqgh fodfl r g" dj] xBuiwz g" dj thou in  
çfr"Vk eavkrk gA ogh thou tlxr g" dj çek.kr gürk gA  
; gh pl ek/kkuRed HkrdoknB dk eiy vklkj gA

Ynl Ecj 2008] vejd/d%

### vkpj.k gh fu; e gs

n" vlk dk i jek.kqHk , d vkpj.k d" çLrç djrk gA n"  
vlk ds ftrus Hk i jek.kq gß os gj nsk ea , d gh vkpj.k d"  
çLrç djrsgA bl çdkj ryjh vius xqkad" l olnsk ea , d  
gh çdkj l sçLrç djrk gA ml h çdkj xk; vius LoHko d"  
l Hk nsk ea , d gh çdkj l sçLrç djrk gA ftrus Hk en]  
i k"kk.k ef.k l krq gß os l Hk nsk@Lfku a eal eku vkpj.k d"  
çLrç djrsgA bl Øe eauo dk vkpj.k i gakuusdk d"fk'k  
djarksirk pyrk gß ekuo dk vkpj.k vHk rd /kphNr gh ugha  
gykA vkn'kbnh fof/k vlg Hkrdoknh fof/k l sekuo bfrgk l  
e l "pk x; k gsbu n"u"afof/k; "a l sekuo dsfuf'pr vkpj.k dk  
Lo: i /kphNr ugha gykA ekuo pruk l s gh ekuoh; rki wkl  
vkpj.k vklkj xk tho pruk ea thrs gq Hk ekuo pruk  
d" pkgrk gA ekuo U; k; pkgrk gß l ek/kku pkgrk gß 'kkur  
pkgrk gA

dYiuk'khyrk l fk ij ekuo us deLora rk dk ç "x  
fd; kA bl rjg ekuo useukdkj d" l kdkj djusdk dke fd; k  
fdllrqeu%LoLfrk dk Hkx ohjku i Mj jgkA dYiuk'khyrk dk  
rflr fcnpbl ek/kkuB gA l e>nkjh l s l ek/kku gürk gA l gvflrRo  
n'ku Kku] thou Kku] ekuoh; rki wkl vkpj.k Kku bu rhuads  
feyus l s l e>nkjh gA bu rhu eal s, d Hk pht d" gVk; k r"  
l e>nkjh ugha gA

, d 0; fDr t" l ek/kku ik; k ml s gj 0; fDr çklr dj  
l drk gA bl dk vklkj gß dYiuk'khyrk vlg deLora rkA  
dYiuk'khyrk eanrkdkj ræi gusdk xqk gA t" esçyrk gj  
ml ds vFlz d" l e>usdk vf/kdkj vki ds ikl dYiuk'khyrk ds  
: i eaqh vFlz eanrkdkj ræi g" x; k eryc l ek/kku gykA  
vutko g" x; k r" çek.k g" x; kA

I e>sgq] çekf.kr 0; fDr dsI e>kusI sI e> eavkrk gA t\$ svki vlg ej; gk cBsgA ejt" I e>krk gj og vki dsI e> eavkrk gSD; "fd ejl e>k gyk gj çekf.kr gj vlg vki I e>uk pkgrs gA dYiuk'kyrk vki ds ikl Hkh gj ej si kl Hkh gA

I a e dky eaesvi uh dYiuk'kyrk dsç; "x I sgh v/ ; u fd; k FkkA ejusI hksçñfr I sv/; ; u fd; k FkkA vki ej I s v/; ; u dj jgs gA

I ekf/k ea ejh vkk'kk fopkj bPNk pj FkhA ; k ejh dYiuk'kyrk vlg deLorark pj FkhA I a e dky ea dYiuk'kyrk vlg deLorark fØ; k khy gA rHkh r" ej v/; ; u dj ik; kA I a e dky ea ejl PpkA dsçfr rnkdkj ræi gykA , s srnkdkj ræi g"uk p/; kuß nsuk gyk fd ugha I a e dky ea ejus vlg[ks [k y dj /; ku fd; kA , s srnkdkj ræi g"usdk vf/kdkj vki ds ikl Hkh dYiuk'kyrk vlg deLorark ds : i ej [k gyk gA dYiuk'kyrk vlg deLorark gj 0; fDr ea fu; fr çnùlk fo/f/k I s g; ; k I gvfLrRo fo/f/k I sgA dYiuk'kyrk vlg deLorark I c eal eku : i I sgSpkgs vki vi us d" pKkuß dgj pfoKkuß dgj ; k pVkuß dgj bl fy; seßdgrk gj bl çLrko d" vi uk LoRo cokus ds fy, I cd" I eku : i I s ifjJe djuk g"xa

ekuo us tho pruk ea thrs gj tho al s vPNk thus ds vfk eavi uh dYiuk'kyrk vlg deLorark dk ç; "x fd; kA bl ea ekuo I Qy Hkh gykA bl rjg ekuo vkgkj] vkokl ] vydkj] njxeu] njJo.k vlg njn'klu I edkh I Hkh oLryka d" çkrl djuseal Qy Hkh g" x; kA bu I c d" djuseadYiuk'kyrk dk rflr fcñq u g"us I s ekuo pñkx dk; B ea yx x; kA pkgs i <&fy[ksg]; k vui <+g"al c Hkh xokn ea yxs gj gA

I ek/ku iød ftI fnu I s thuk 'kq djrs gj ml fnu I s þekuo prukk dh 'k#vkr gA bl d" pxqkkred ifjoruz; k

þpruk fodkl ß uke fn; kA

dYiuk'kyrk gj 0; fDr ds ikl gA vuñko djusdk vkkj ogh gA dYiuk'kyrk thou eaqg 'kjhj eaughagA bl fy, þthou tkxfrß dh ckr dh gA thou tkxfr dk fcñqþvuñkoß gA brusfnu ekuo tkfr dN Hkh djrk jgk ij ; g ughafcd; kA ekuo ds ikl ikp foHkir; k g; i] cy] in] /ku vlg cf) A ekuo usbueal spkj : i] cy] in vlg /ku dk ç; "x vi uh deLorark dsjgrs djdsn[k fd; kA þcf) ß dk ç; "x vHkh rd ughafcd; kA cf) dk ç; "x dYiuk'kyrk dh rnkdjk ræi fo/f/k d" N'M+dj g" xk ugha I e>nkjh dsI kfk ged" rnkdjk ræi g"uk gA vHkh rd tho pruk ea voßk d" oßk ekurs gj I fp/kk I xg y{; dsI kfk rnkdjk ræi jgA vc , d gh mik; gSekuo pruk d" ik; k tk, vlg ml ea rnkdjk ræi rk d" ik; k tk, A

c'u% vki us tc v/; ; u fd; k r" vki ds ikl d" iøz Lefr; k ughafkh I c dN Dyhu Lyv FkkA tcfd ge t" v/; ; u dj jgs g"r" gekjs I kfk r" cgj iøz Lefr; k g; t" bl çLrko ds i{k ea ugha gj fQj ge vki ds t\$ sv/; ; u dj I drs gj vuñko rd igp I drs g; bl ckr ij d\$ sfo'okl dj

mÙkj% vki ds ikl t" pftKkI kß gSog I ekf/k dh Dyhu Lyv I s dghacM pht gA ftKkI k] I e>us dh xfr vlg thus dh fu"bk bu rhu"ad" t"Mus I s mi yfck rd igp I drs gj thus dh fu"bk bu rhu"ad" t"Mus I s mi yfck rd igp I drs gj thus dh fu"bk bPNk 'kfDr dh ckr gA thus dh fu"bk ea deh dsejy ea vki ds iøkkg gh gA

1fnl Ecj 2009] vejdñdñ

; kf=drk ; k vuñko

vkpj.k gh fu; e gA fu; e çkñfrd gA ekuo skj çñfr

vflrRo eyd ekuo dñnr fpru @179

Lokkkfod : i eafuf'pr vkpj.k djrh gA ekuo ds vkpj.k dh fu'p; rk ds Lo: i d" l oñ nsk eñ eku : i l s i gpk iuk vHk rd l klo ugha gvkA ekuo vius vkpj.k d" le>nkjh iñd gh pI fuf'prB dj l drk gA l e>nkjh dscuk ekuo dk vkpj.k bvfuf'prB gh jgrk gA

ekuoh; rki wkl vkpj.k p; k=drk gS ; k bvuHkoB gS

; k=drk l svk'k; gS t" rdz rd gh l hfer g'A vuHko rdz dh l hek eaughagA rdz vuHko rd igpusdsfy, l gk; d gA

; Fkkfkz k] okLrfodrk vlg I R; rk tc vuHko eavkrk gS rc ekuoh; rki wkl vkpj.k g'rk gA bl ds i gys ugha g'rkA ml l s i gys t" PvPNk yxrk gB ml eayxsjgrs gB PvPNk g'uk Nwk jgrk gA

PvPNk g'uk vuHko eavkrk gA PvPNk yxuB ; k=drk eavkrk gA

; k=drk ikp Kkuñlae; a ds fØ; kdyki vlg thou eñ l kñpjk fØ; k ; k fp=.k rd gh igprk gA

vuHko eapvPNk g'uk gh g'rk gB nñjk dñ g'rk gh ugha gA

KukoLFk dk ekuo gh Kku eavvuHko dj l drk gA

Kku rdz l ar g'rk gB ij Kku rdz ugha gA Kku rdz d" l rñV nsk gB ij Kku rdz ugha gA

rdz ; k=drk rd igprk gB Kku vuHko rd igprk gA

ekuoh; rki wkl vkpj.k thou eñl afØ; kvkds l kf g'rk

180@e/; Lfk n'ku ij vkkfjr l økn

gA ekuoh; rki wkl vkpj.k Kku eyd g'rk gA Kku vuHko eyd g'rk gA vuHko eyd fof/k l s çek.k g'rk gA

çek.k dk gh ijajk curk gA ml h l s gh erHk efDr g'rk gB vijk/k efDr g'rk gB He efDr g'rk gB viu&ijk; s l s efDr g'rk gA

vuHko Kku l Eer gA ; k=drk rdz l Eer gA

ekuo ds l kjsrdz dh igp bPNk yxuB vlg pcjk yxuB rd gh gA Kku vuHko dh igp bPNk g'uB l syd j bPNk jguB rd gA

vuHko gsvuøe l sLohñfr cuukA vuøe gSI gvflrRo eafodkl Øe] fodkl ] tlxfr Øe] tlxfrA fodkl Øe] fodkl ] tlxfr Øe vlg tlxfr ; s l gvflrRo Lo: ih vflrRo eñ gA bud" ekuo Lohdkjrk gB vuHko djrk gA Lohñfr g'us dk çek.k vkpj.k eaq'rk gB ; k vkpj.k /kphñfr g'rk g'sft l d" dgk ekuoh; rki wkl vkpj.kA ft l d" çekf.kr djus dk Lo: i gS pI ek/kku] l ef) BA eñLo; a l ek/kku] l ef) iñd thrk gA

ekuoh; rki wkl vkpj.k tc ijajk eavkrk gS" pfujrjrk d" çklr djrk gA ekuoh; rki wkl vkpj.k dh fujrjrk dk Lo: i gS bñv [M l ekt vlg l kñkøe 0; oLFkWA

bl <x dk rdz bl <x dk ckphr] bl <x dk l økn D; k Hkfrdoknh fof/k l sg" i krk gA D; k , s k vkn'kbnh fof/k l s g" i krk gA

bl çLrfr ds vlxscfj i§ dk rdz pyøk ughA l kjs fo'o ds l kr l ksdj M+vkneh fey djdsrkdr yxk yafoj Hk bl çLrko dsB l iuB d" fgyk ughaik; kA ; g mi yfc/k bruñ bñ g'us ds vklkj ij gh eñso'okl fd; k fd ; g ekuo tkfr

vfLrRo eiyd ekuo dñnr fpru @181

dk I Eink gA gj eM&emps ij ; g I ek/kku çLrq dj I drk  
gS ; g fo'okl gus ij eñs I ñ kj ds I kfk tñuk 'kq fd; kA  
ml h Øe eavkt vki ds I keus i gps gA

1fnI Ecj 2009] vejdu/d%

ç'u%I k{kkRdkj gusdsckn c/k gus ij bvlj D; k8 I e>  
eavkrk gSt" I k{kkRdkj eaughavk; k Fkk ml dsckn vuñko gus  
ij bvlj D; k8 I e> eavkrk gSt" c/k eaughavk; k Fkk\

mñkj%I k{kkRdkj ea" I e> vkrk gSogh c/k vklj vuñko  
eañpi DdkB g" tkrk gA ml ds vykok dñ ughA I k{kkRdkj ea  
p: i] xqk] Lohkko /keB pkj aigprk gA : i eaHkPrd] : i vlg  
pñU;] : i ¼thouñnu'a'kley gA p: i] xqk] Lohkko] /keB I exz  
vfLrRo ea" fu; e] fu; &.k] I ryu] U; k;] /keZ vlg I R; gS  
ml d" bñxr djusdsfy, gA ml dk I k{kkRdkj g"rk gA cñ) ea  
/keZ vlg I R; i gprk gA ckdah I c I k{kkRdkj rd jg tkrk gA  
vlg fQj vuñko ea" gvfLrRo Lo: ih I R; gh i gprk gA

pkj a voLFkkvñ dk : i] xqk] Lohkko] /keZ t" I k{kkRdkj  
gvk] ml d" vuñko eiyd fof/k I sçekf.kr djus dh vko'; drk  
gA I ñ kj d" bl dh pI pukB nñs dh vko'; drk gA I ñ kj d"  
bl sñl e>kuß dh vko'; drk gA I puk fdrkc I sñrk gSekuo  
ds I e>kus I s I e> vkrk gA

gekjsgduñ djus vlg thus eafdruk vrj gSml ij  
/; ku tkus I sgh I e>usdsfy, ftKkI k Lo; aeamn; g"rh gA  
Lo fujh{k.k I sgh ftKkI k mn; g"rh gA ftKkI k dsvk/kj ij  
gh v/; u g"rk gA ftKkI k dh rhork dsI kfk v/; u djus ij  
I k{kkRdkj g"rk gA

bjgL; B I sge dñ ik ugha I drA

I xg I fo/kk I sge rñr g" ugha I drA

182@e/; Lfk n'kù ij vkkfjr l okn

y"gkj dk p"V bruk gh gA bl ds vkxs dgk  
çrhå ckflr ughagS mi ek mi yfc/k ughagA

bl ij vki I Hk I "p I drs gA viuk er0; 0; Dr dj  
I drs gA

çR; d ,d vius : i] xqk] Lohkko vlg /keZ ds I kfk  
pI Eiwkb gA bl pI Eiwkb dh xokgh gS bdkñ dk Lo; a ea  
0; oLFkk g"uk] I exz 0; oLFkk eaHkxhnkjh djukA bl ds I kfk ; g  
Hk gSekuo dk vHk Lo; a ea 0; oLFkk g"uk vlg I exz 0; oLFkk ea  
Hkxhnkjh djuk çrhf{kr gA vHk rd ekuo dñy p0; fDroknh  
vlg pI eñk; oknh fof/k I sgh ft; k gA 0; fDroknh fof/k I s ; k  
I eñk; oknh fof/k I s pI vñM I ektB ughacu I drkA

bxqkB d" e/; Lfk n'kù ea" e] fo"ke vlg e/; Lfk Lo: i  
eañguk I e>k; k x; k gA çNfr dh bdkbz k I KE; Åtkz/ñ Ùkñ  
ea" I aDr gS vlg dk; zÅtkz d" çdkf'kr djrh gA I KE; Åtkz  
?Vrk&c<rk ughagS dk; zÅtkz ?Vrk&c<rk gA I e fo"ke xqk  
pdk; zÅtkz I s I Ecñ/kr gA ekuo viuh dk; zÅtkz d" tc  
pmRiknu dk; B yekdkj d" I kdkj djukz ea yxkrk gS vlg  
pI e>kuß ea yxkrk gS ml s pI eß xqk dgkA ekuo viuh dk; z  
Åtkz d" fouk'k djusea; k Hkfer djusea yxkrk gSml sñfo"keß  
xqk dgkA Hkfer djus vlg fouk'k djuseaLo 'kfDr; "adk ç; "x  
gh bñijk/B gA

ç'u%þeñ; "adk I k{kkRdkjB I sD; k vñk'k; gS

mñkj%eñ; thou dk Lohkkofo : i I sñçxVuß gA vHk  
Hk tc ,d ekj I rku d" vius 'kjhj dk çfr: i þekuß ysh gS  
r" ml eaeerk dk viu&vki I sçxVu g"rk gA viuh I rku ds  
çfr ,d h eerk dk çxVu tho aeHk g"rk gA ekuo eaeerk tc  
p0; oLFkkB dsVFkzeal e> vkrh gS r" gh I kfkd g" ikrh gA ; fn

I rku d" 'kjhj dsçfr: i gh ekursgsr" eerk FkMsI e; rd jgrh g§ fQj I ekir g" tkrh g§

ey; "adk d" A I k{kkdkj ugha g"rk] ey; "adk çxVuß g"rk g§ vutko eyd fof/k I s thou esufgr ey; çxV g"rsgr çekf.kr g"rsgr thou eatc /kez vutko esvkrk g§ ml dsckn ey; "adk çxVu'khyrk 'kq g" tkrh g§ ekuo /kez I qk g§

, d rjQ plo; aevutko g§ nü jh rjQ p exz0; oLFkß g§ bu n"uadschp eaþey; "adk çxVuß g§

bl fy; seþckjEckj dgrk gwþpsruk fodkl B ds I kfk gh þey; f'k{kß g§

ç'u%r" D; k þey; "adk çxVuß vutko dsckn g§

mükj% vutko dsckn gh ey; "adk çxVu g§ vutko I s igys ey; "adk çxVu dgk g"us okyk g§

A"; kz }sk I s ipk gyk ekuo D; k þey; "adk çxVuß djxk viu&ijk; s dh nhokjacukrs gq D; k þey; "adk çxVuß g"rk g§ vijk/k d" oþk ekursgq D; k þey; "adk çxVuß g"rk g§

Hke dk fodYi tlxfri g§

tlxfri dsckn Hke jgrk ugha g§

Hke ugha jgrk r" thou I sey; "adk çxVu viusvki I s g"rk g§

Vutko f'kfoj 2010] vejd/d%

### çekf.kdrk gh çek.k g§

ç'u%v/; ; u c"/k Vutkoxkeh c"/k v§ vutko çek.k c"/k Vutko eyd c"/k eAD; k vrj g§

mükj% v/; ; uiød 'kñ I s vFk v§ vFk I s olrq rd igpuk curk g§ vutko eat" v/; ; uiød I Ppkb; "adk c"/k gyk Fk mI dh LohNfr g" tkrh g§ vutko eabl çekf.kr g"us ij çekf.kdrk vk x; hA ftI ds QyLo: i cf) ecek.k c"/k g"rk g§ ftI d" çekf.kr djusdsfy, cf) ] fpÜk ofÜk eu I c dke djus yxrs g§

cf) dk opLo ½tydrk c"/k gh g§ fpÜk dk opLo fpru gh g§ ofÜk dk opLo U; k] /ke] I R; dsvkkj ij ryu gh g§ eu dk opLo ey; "adk vkknu djuk gh g§ bl <x I s ijk thou p vutko e; B g" tkrk g§

v/; ; u fof/k I svutko eaLohNfr rd igprsgr vutko eyd fof/k I s çekf.kr g"us rd igprsgr t" v/; ; u djk; k ml d" çekf.kr djukA

çekf.kr g"us dh 'k#vkr vutko eyd fpru I s g§ ml I s igysn"Vki n g§ vutko iød ekuo n"Vki n eaq" tkrk g§ çekf.kr g"uk thus eaijijk ds: i eagh g"rk g§

vutko rHk g"rk g§ tc c"/k gyk g"rk g§ ds vylkok dñ c"/k g"rk Hk ugha g§ bl g§ ds vylkok nü jk dñ Hk ekuo ds vlxsvkrk g§ ml eardzQk gh ysk g§ tc rd bl ghi uß dk çlrko ekuo ds vlxsvghavkrk rc rd rdzml sviuspaky eaQk, gh j[krk g§ bl ghi uß rdzds paky esvkrk ugha g§ rHk I ghi u dk c"/k g"rk g§ I gvflrRo lo: i ea vflrRo c"/k cf) eaq"rk g§ I gvflrRo ije I R; g§ bl fy; s vutko g"rk g§ I gvflrRo c"/k g"us dsckn gh I gvflrRo eavutko g"rk g§ es t" I lkuk I ekf/k I ae iød t" pyk ml ea Hk I gvflrRo c"/k g"us dsckn gh eaq vutko gykA

v/; ; u ijk g"usij gh vutko g"rk g§ v/; ; u dh olrq

vflrRo eiyd ekuo dñnr fpru @185

I Eiwk I gvfLrRo gh gA v/; ; u ; fn ijk gürk gsr çekf.kr  
djus ds l dYi ds l kfk rjr vuiko gürk gA vuiko iñd gh  
çekf.kr djus dk l; kl rRdky cprk gA v/; ; u ijk güs dh  
fLfkr eçekf.kr güs dh rRijk curk gA

; fn vkkrek ea vuiko gürk gS r" ge Lo; e-d" çekf.kr  
djus ds ; X; g" x, A

vuiko eiyd fof/k l sgh çek.k gürk gA nñ jk dñ çek.k  
gürk ughagA

vuiko eiyd fof/k l sçek.k gh gürk gA nñ jk dñ gürk  
ughagA vuiko gh vñre çek.k gA vuiko dsfcuk çekf.kr güs  
dk gS ; r r" vk, xk ugh

vuiko dsçdk'ku dk Lo: i gSü; k; ] /ke] l R; A vlf[kjh  
ckr ; gh vkrh gS thusnuk gSvñj thuk gA güs nuk gS grsgh  
jguk gA

bl eAD; k rdz dj xscrkvñ gj thou U; k; ] /ke] l R;  
d" pkgrk gh gA tñe l sgh cPpsU; k; ds ; kpd grs gA l gh  
dk; Z0; ogkj djuk pkgrs gA vñj l R; oDrk grs gA gj cPpk  
U; k; dk ; kpd gSml eal; k; çnk; h {erk d" Lfkfir djus dh  
vko'; drk gA gj cPpk l gh dk; Z0; ogkj djuk pkgrk gSml ea  
deZ vñj 0; ogkj ds vñ; kl djuk ds vñ'; drk gA gj cPpk  
l R; oDrk gS tñ k nñkk&l pñk jgrk gS os gh c'yrk gSml ea  
l R; c/k djuk ds vñ'; drk gA

çekf.kr güs dh þcofük ekuo eägsgh! çekf.kr güs dh  
þvko'; drk ekuo ea gS gh! yñdu çekf.kr güs ds fy,  
þokLrfodrkvñ dh l e>B ekuo ea vñk rd ughakl og Li"V  
djus ds fy, gh e/; Lfk n'klu dk v/; ; u gA

tc rd vuiko ughagS rc rd rdz dk >av cuk gh

186@e/; Lfk n'klu ij vkkfr l okn

jgrk gA , k rdz þfu'p; u fof/k l s thus ds fy, ck/kd gA  
fu'p; u fof/k l s thus ds fy, vuiko gh gA l gvfLrRo fLfkr jS  
fodkl vñj tkxfr fuf'pr gA bu rhu ckr"ad" gh thus ea  
çekf.kr fd; k tkrk gA bu rhu ckr"ad" l e>kusdsfy, gh ijk  
n'kluokn 'kk= fy[kk gA ijk okn; l kñl r güs ij ikp l wñ  
ea l fñr gürk gS gvfLrRo l gvfLrRo eafodkl Øe] l gvfLrRo  
eafodkl ] l gvfLrRo eatkxfr Øe vñj l gvfLrRo eatkxfrA

vuiko eiyd fof/k l s thus dh çfØ; k gS vñkH0; fDr] l  
Eçk.kk vñj çdk'kuA bu rhu rjhd'al sekuo vi us vuiko d"  
thus ea çLrñj djrk gA çdk'ku vuiko dh T; knk 0; k[; k gA  
l Eçk.kk ea l hfer 0; k[; k gA vñkH0; fDr ea l kñl r 0; k[; k gA  
l keus0; fDr dsvf/kdkj ds vñj kj 0; k[; k g"rh gA v/; ; u dk  
y{; gSfoLrkj l s l kñl r dh vñj c<ukA Lo; acek.k Lo: i g"  
tkukA bl l s T; knk dñ gürk ughagA bl l s T; knk dh dYi uk  
Hñk ughach dh tk l drhA dYi uk dsvk/kj ij gh ekuo Klu l allu  
gürk gA fu; e] fu; a.k] l nyu] U; k; ] /ke] l R; ; s6 vk; ke"ea  
gh ekuo ds çekf.kr güs dh l hek gA bl l s T; knk ughagA

vki bl ckr d" ijk l e> dj ejscjkcj vPNk ft; "xj  
; k eñ l sT; knk vPNk ft; "xj vki dh dYi uk'hyrk vñj deLorark  
bl l e> l s tñk r" vki gel s vPNs g" gh x, ! bl l s i gys  
u Hñkrdokn , l s l "p ik; k] u vkn'kbn , l s l "p ik; kA  
Hñkrdokn dk eR; q vkj{k.k vñj fo'kñKrk ea gñkA vkn'kbn  
jgL; eatk dj Qñ x; kA bu nñadsfodYi eae/; Lfk n'klu  
çLrñj gñk gA

vnI Ecj 2008] vejdñdñ

## fLfkr xfr

fLfkr ¾ g"uk( xfr ¾ jgukA

feVvh I s ydj ekuo rd fdI h Hkh oLrqd" vki nsk yift; smI dk pg"ukß ml ds: i] xqk dsvk/kj ij nsk tkrk gß ml dk pjgukß Lohko] /kezdsvk/kj ij Li"V gkuk ik; k tkrk gß I Hkh tM+pßU; çÑfr dk g"uk&jguk ik; k tkrk gß ekuo dk fu; fr fof/k I s çxVu Øe ea/kjrh ij pg"ukß nsk tkrk gß ekuo ds vHkh rd ds bfrgkl ea ml dk tho pruk fof/k I s pjgukß ik; k tkrk gß

feVvh dk g"uk&jguk nsk dj ekuo dk ekuo; rk Lo: i ejguk cusk ugh feVvh dk g"uk&jguk ekuo dsfy, vupj.kh; ughagß tkuoj dk g"uk&jguk ekuo dsfy, vupj.kh; ughagß ekuo tho I k j ds ckn /kjrh ij çxV gykA ekuo us vi uh eTydrk d" vHkh rd igpkuk ughagß ekuo tc vi uh eTydrk d" igpkuskk rHkh ekuo pruk fof/k I s ft; skA ekuo dh eTydrk ekuo; rkß gh gß ekuo }kj viuh eTydrk d" igpku djkusdsfy, gh e/; LFk n'ku dsv/; ; u dk çLrko gß

Min Ecj 2009] vejd/d%

### fu; fr fof/k I s fu; e gß

ulfr pfu; frß I sI Ecß/kr gß fu; fr dk vFkzgSI gvflrRoA I gvflrRo fuR; çxVu'ky gß ; gh fu; fr gß

I KE; I Ükk ea I Eiwk tM+pßU; çÑfr fØ; k'ky gß Hkrd fØ; k jkl k; fud fØ; k thou fØ; k bu rhu Lo: i ea çÑfr fØ; k'ky gß çÑfr dh eiy bdkA i jek.kqgß i jek.kqgh Hkrd fØ; k vkj jkl k; fud fØ; k ea Hkx ysk gß thou fØ; k Lo; a, d xBuiwkijek.kqgß I elr çÑfr I Ükk ea Mçß Hkxß f?kjß g"us ds dkj.k Åtkl I illu cy I illu vkj fØ; k'ky gß bl vkkj ij I KE; I Ükk ea I idr çÑfr dk I gvflrRo I gt çxVu g"rk jgrk gß

çxVu ds eiy ea gß þek=kRed ifjorluß vkj þxqkkRed ifjorlußA tM+l k j eae=kRed ifjorlu dsvk/kj ij xqkkRed ifjorlu g"rk gß pßU; çÑfr ¼thou i jek.kqgß eadoy xqkkRed ifjorlu gß vHkh rd pßU; çÑfr us xqkkRed ifjorlu dk ekxz i dMk gh ughafka tho pruk eagh thrk jgkA gkfkh Hkh thrk gß ekuo Hkh thrk gß gkfkh tho pruk eagh rsqq Hkh vijk/k ds i{k eaghathrkA ekuo tho pruk eagh rsqq vijk/k ds i{k eagh thrk gß vc tho pruk ea thrs qq ekuo d" Bhd ekuk tk, ; k gkfkh d" Bhd ekuk tk, \ bl ckr d" vkrh; rk ds l kfk es vki I s dg jgk gß ekuo çÑfr vi us ijs bfrgkl ea tho pruk ea thrs qq gkI fof/k I s gh dk; l djrk jgk gß ; gh þpruk fodkl ß dh vko'; drk dk fu.kß gß vHkh rd ekuo us vi us ijs bfrgkl ea þgkI ß dk dke fd; k ; k þfodkl ß dk \ bl d" l "p dj vki gh fu.kß dhft; ;

ulfr dk eryc gh gßfu; fr fof/k I s fu.kß yskA

fu; fr fof/k I s fu; e gß fu; e gh vkpj.k gß

Kku d" çekf.kr djus okyk ekuo; rki wk vkpj.k gh ekuo dsfy, pfu; eß gß

Kku dk eryc gß I gvflrRo n'ku Kku] thou Kku] ekuo; rki wk vkpj.k KkuA bl Kku d" çekf.kr djus okyk vkpj.k gh ekuo dsfy, pfu; eß gß

Wutko f'kfoj tuojh 2010] vejd/d%

### f'kikk dsfy, fodYi

vlfndky I s gh ekuo ijajk ea f'kikk dh ckr gß ; g txy ; k I sgh gß f'kikk dsckjseakuo ppkldjrsgh vk; k gß bl Øe egekjsnß ea ofnd f'kikk dh ckr vk; hA nü jsnß ea

ckbfcy d" f'k{kk eaykus dh ckr gAA rhl js nsk eadju d" f'k{kk eaykusdh ckr gAA , sgh foftklu çdkj dh f'k{kk i jEi jk, a /kjrh ij Lfkfir gAA ; g Øe pyr&pyrs vkt ds l e; ea foKku f'k{kk dk l Hkh nskaeay" d0; ki hdj.k g" ppk gA foKku f'k{kk l svi{kk Fkh fd bl l s l cd" rflr feysh ysd u bl l s rflr feyk ughA

vHkh rd t" dN Hkh f'k{kk eavk; k] ml ds pfodYi p ds : i ea/; Lfk n'ku dk ppsuk fodkl ] eW; f'k{kk dk çLrko gA txy ; k l svkt rd vkneli tho psruk eaft; k gA ekuo us tho psruk ea thrs gq] tho a l s vPNk thus ds Øe ea 'kjrh l fp/kk l s l Ecfa/kr l Hkh oLrqacikl dj yA bl ea [kkuk&i huk di Mh edku] ; ku&okgu] nj l pkj dh l Hkh oLrq a'kkfey gA ; g l c g"us ds ckotm ekuo d" f'k{kk l s l r#V ughafeyhA bl dk eiy dkj.k ; g gS ekuo Kku volFkk dh bdkbz gS vlg ml d" tho psruk dh f'k{kk l s l r#V fey ughal drhA bl fy, pfodfl r psruk dsV/; u d" f'k{kk eaykusdsfy, çLrko gA ekuo psruk no psruk fn0; psruk pfodfl r psruk gA bl rjg th dj ekuo ñNr ñNr; B g" l drk gA ñNr ñNr; B g"us dk eryc gSekuo ft l ckr dsfy, Kku volFkk eamn; gyk gS og l kfkl g"ukA

ppruk fodkl B l svk'k; gSekuo psruk ea thusdsfy, fo'okl Lo; aeiahk g"ukA ekuo dsfy, ekuoRo gh LoRo ds: i ea igpkuus dh vko'; drk gA noRo vlg fn0; Ro J\$Brj vlg J\$Bre gA ekuoRo l s J\$Brk dh 'k#vkr gA bl vkkj ij bl dsfy, ikjär g"us dh ckr vkrh gA

ekuoRo dk fØ; k Lo: i gSekuo ds l kfkl U; k; ] /ke] l R; i o l th iuk vlg ekuo lkj çñfr ds l kfkl fu; e fu; æ.k] l ryu] i o l th iukA ; fn , s thuk cu ikrk gSr" ge ifjokj

ea0; oLFkk i o l th ikrsgA ekuo psruk i o l ekukfur g"rk gSvlg ifjokj ea l ekukf] l ef) B çelf.kr djus; "X; g"rk gA bl çdkj ekuo ds thus eafokerk l ekir g"rk gA fo"kerk l ekir g"us dk i gyk emak gSpuj&ukjh ea l ekurkpa l e>nkjh d" gh uj&ukfj; a ea l ekurk ds fcinq ds : i ea igpukuk tk l drk gA ; fn bl fcinqd" iuk gS r" ekuo psruk d" vi ukuk gh g"xa ekuo psruk ds bl çLrko d" ydij ge bl ?kj ds ckgj rd r" igp x, g"ij ; g l kj rd igp x; k eabl ij vHkh fo'okl ughajrk gA vc gekjh l Hkh dh ftEenkjh gS; g çLrko l kj ea tYnh l s tYnh dS s igpA ptYnh bl fy, vko'; d gSD; fd /kjrh chekj g" ppk gS çnlk.k Nk x; k gS vijk/k çofuk c<+x; h gS viu&ijk; sdh nfij; k c<+x; h gA

vkt dh fLFkfr ea l Hkh nskaad" ; g pskouh g" ppk gS fd bl rjg ge pyrsjgsr" /kjrh cpkk ughA /kjrh d" cpkuk gSr" ekuo dk lk eDr] vijk/k eDr vlg vi usijk; sdh nhok" a l seDr g"uk vko'; d gA vf/kdk'k y" x /kjrh d" cpkus ds i {k eagA dN y" x gh /kjrh d" u cpkus ds i {k eag"xa /kjrh d" cpkus dsfy, ekuo psruk ds çLrko d" gjd 0; fDr ds i kl ys tkus dh t#jr gA

foKku f'k{kk ds y" d0; ki hdj.k Øe ea l Hkh nskaef'k{kk l Lfk, a Lfkfir g" ppk gA bl çLrko d" f'k{kk l Lfkvka ea igpkus dh vko'; drk gA

1/4uiko f'kfoj] vejdvd tuojh 2010%

### ekuo psruk i o l o l ekuo dk l l k gksuk curk gS

ekuo ds l ekukfur g"us dsfy, ml dk Kku l illu g"uk vko'; d gA Kku gS vfLrRo d" l gvflrRo Lo: i ea l e> iukA l gvflrRo ea thou d" l e>ukA l gvflrRo eaekuo; rki wkl

vflrRo eiyd ekuo dñlnr fpru @191  
vlpj.k d" I e>ukA ; g rhu ckr I e> eavkrk gsr" pklus  
gvkA ml ds i gys Klu gvk ugh

vflrRo d" I gvflrRo Lo: i ea l e>us dk eryc gs  
I gvflrRo ean"Vl in çfr"Bl d" ikukA

ekuo gh I gvflrRo ea v/; u djrk gA v/; u dk  
ç; tu gh gs I gvflrRo ean"Vl in çfr"Bl d" ikukA 0; ki d  
vk, d&, d olrqdk I gvflrRo gA ; g pkj volfk ¼ nkfk  
volfk çk.k volfk tho volfk vlg Klu volfk½ rkj pkj  
in ¼ç.k in] Hk in] no in vlg fn0; in½dsLo: i eaçxV  
gA ; gh v/; u dh olrqgA

I gvflrRo eagh thou Klu gA

I gvflrRo eagh ekoh; rki wlk vlpj.k Klu gA ekoh; rki wlk  
vlpj.k Klu ds vkkij ij ekuo pruk dk irk pyrk gA  
I fo/kk I ag ds Klu ds vkkij ij ekuo pruk dk irk ugh  
pyrkA HkfDr fojfDr ds vkkij ij ekuo pruk dk irk ugh  
pyrkA

I gvflrRo ea Klu gus ij gh irk pyk ekuo pruk  
dk Lo: i D; k gA

ekuo pruk iob thus Is pmi dkjB ajus dh fof/k v  
x; hA mi dkj dk Lo: i Klu gus sno pruk vlg fn0; pruk  
dk irk pykA ekuo pruk Is i gys mi dkj grk ugh gB pkgs  
dn Hk dj yA

I ag I fo/kk fof/k Is mi dkj grk gB ; k 'k" k.k grk gA  
vkt ftud" I ojh fo}ku ekurs gB os mi dkj dj jgs gB ; k  
'k" k.k dj jgs gA

'k" k.k djuk gB ; k ughadju gA ; g iNrs gB r" I Hk

192@e/; Lfk n'ku ij vkkfjr l okn  
ekuo adk ; gh mukj feyrk gspughadju gAB  
ç'u% p'k" k.k ughadju gB ; g I Hk ekuo adk mukj dS s  
gA

mukj%; gh r" thou I gt gA thou ea p'k k dk pkgrB  
cuk gvk gA thou I gt : i ea'k k d" gh pkgrk gA thou  
I qk guk pkgrk gB bl fy, ekuo ls, k l dkj Red mnxkj  
fudyrk gA

ç'u% thou I gt : i ea p'k k d" gh D; apkgrk gA  
mukj%D; fd thou dh xE; Lfkyh p'k k gA  
ç'u% thou d" ¼ k ep'sirk dS spyk fd ml dk xE;  
Lfkyh p'k k gA

mukj% thou d" irk ugh gB ij , k gS vkk t" yx  
dgrs gB ge pI qk gB ; k pnuqk gsmud" irk gh ugh gS l qk  
D; k gA vkk rd dyo l onukvka dk Klu gA l onuk, atc rd  
jkth jgrh gB rc rd vius d" pI qk gB eku yss gA l onuk, a  
tc jkth ugh jgrh r" vius d" pnuqk gB eku yss gA txy ; k  
ea Øy tho tkuoj a ls nqk gus dh ckr grh FkA vkt  
vekuoh; rk l snqk gus dh ckr gB ft l d" ge p'k" k.k dg jgs  
gA l qk gus dh vi qk eagh ekuo vkt rd nqk grk vkt; k gA

ç'u% l qk gus dh vi qk ekuo eavk dS s x; hA  
mukj% l onukvka dh l hek ea thus ls ekuo d" l qk  
HkkI rk gS½ k l qk tS k yxrk gB ij og l qk grk ugh gA l qk  
ds bl HkkI ds Vwus l sekuo nqk grk gA pnuqk ughapkg, B  
; g ekuo d" irk pyrk gA ij pI qk D; k gS ; g irk ugh  
pyrkA pnuqk ughapkg, B bl ckr dk Klu ekuo d" txy ; k  
lsgh gA , s h flfkfr ft l ea pnuqk ughagB ml d" ekuo uspI qk

uke nsfn; kA bl rjg þl çk pkfg, ß ; g ckr ekuo ds i dM+ea  
vk; hA þl çk uke i dM+ea vk; kA yfdu þl çk dS sg"uk gS; g  
ekuo ds i dM+ea ughavk; kA ekuo dh ; g fLFkfr txy ; þ l s  
vkt dsvR; k/kud ; þ rd cuh gA gA vR; k/kud ; þ eaeuko  
uscgr 'kçk ekjk, þ k dj naks os k dj naks ij ml dk l çk  
g"uk lkj cuk ugh

vc D; k fd; k tk, \ ; gh i wfoþkj dh fLFkfr gA

ml h Øe ea; g vuq akku g"uk gA vuq akku i oðl irk  
pyk ekuo pruk i oðl l ozeuko dk l çk g"uk curk gA

vHk rd ekuo tho pruk eaft; k gA tho a l s vPNk  
thus dk d"fk'k fd; k gS; g lkj gA ij bl Øe ea/kjrh chekj  
g" x; kA lkfer ekuo }jkj txy vlg [kfut ds vukuikrh;  
'k"k.k l sgh /kjrh chekj gA gA /kjrh t" chekj g" x; h r" ekuo  
pruk d" vi ukuk ekuo dsfy, vfuok; z g" x; kA ekuo /kjrh  
d" rk djrsgh tk, r" /kjrh l çk dS & ekuo l e> /kjrh  
d" rk djuk cm djsr" /kjrh dk vi u&vki l çk juk cuskkA

ekuo pruk fo/f k l sou vlg [kfut dsvuikr d" l e>k  
tk,] ft l s \_rql ryu jgus dh ckr curh gA \_rql ryu  
i oðl lkfrd oLrykdk mRiknu djus l sþl ef) ß vkrh gA bl  
çdkj l ek/kku vlg l ef) i oðl ekuo dk l çk vlg 'kkfur i oðl  
thuk curk gA

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### fujrj l çk i oðl thuk

tho pruk ea thuk ¾ ikp l oñukvldh l hek ea thukA  
ikp l oñukvldh lkcn] li 'k : i] j l vlg xakl ea l s d"Ã , þ h  
l oñuk gh ughagft l s l nk&l nk vPNk yxrk jgA bl fy,  
tho pruk dh l hek ea thus l s d"Ã þl rfv fcm gh ughagA

l rfv pkfg, ; k ugha pkfg, \ ; g i Nus ij ; gh mÙkj  
feyrk gS þpkfg, AB

Kku food foKku , þ k oLrq gS t" l nk&l nk ds fy,  
gekjk LoRo g" l drk gA Kku food foKku LoRo g"us ij gekjk  
fujrj l çk i oðl thuk curk gA bl çdkj thus d" þeko  
prukB ea thuk dgkA bl rjg þl rfvB i oðl ft; k tk l drk  
gA

bl eafdl d" vki flk g" l drh gA

fdl ds þi {k eavlg fdl ds þfoi {k ea; g ckr gA

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### l ek/kku] l ef)

tkxfr i oðl gj ekuo ds thus dk lo: i curk gS  
þl ek/kku] l ef) BA

l ek/kku eaT; knk de dh xakb'k ughagA l ek/kku T; knk  
de g"us ij] ; k euekuh g"us ij l ekurk dk vklkj gh ugha  
curkA l ek/kku ds fy, Kku gh gA Kku d" d"Ã vklkj&i'uk  
fd; k ugha tk l drkA l lkj ea Kku LohÑr g"us ij] l c ea  
l ek/kku çekf.kr g"us ij gh þl ekurkB dk vklkj curk gA

l ef) eaT; knk de dh xakb'k gA n" ifjokj aeal ef)  
dh ek=k ea lkj g" l drk gA fdl h ifjokj d" de ek=k ea l ef)  
dk vukko g"rk gS fdl h d" T; knk ek=k ea l ef) dk vukko  
g"rk gA l ef) dk vukko g"uk vko'; d gA l ef) dh ek=k dk  
fu.lk ifjokj dh vko'; drk ds vuq kj gA l ef) ds fy,  
mRiknu vko'; d gA l ek/kku i oðl l ef) Lohdkj gkuk gh  
l ekurk gA

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I ek/ku] I ef) dk vupj.k

Lo; aeaf o'okl ughagS r' nñ jsi j fo'okl djuk I Ekk  
ughagA vkt ds çpfyr rjhds I s thus I s vkneh vgerk ds  
vk/kkj ij vdyk g' x; k g' tcfld okLrfod : i ea fu; fr  
fot/k I s vkneh I gvfLrRo eagA

ç'u%ekuo ds ekuo I s tñs dh fot/k D; k g'\

mñkj%igysge þJSBrk ds I kfk tñrsq; fQj pl ekurk  
ds I kfk tñrsq; b; g 0; fDr egur djds dñ ik; k g' , h  
JSBrk ds vuqku ds I kfk vki epi I s tñs g'A Kku ea I ekurkj  
fopkj ea I ekurk vlg ç; "tu ea I ekurk bu rho txg ea  
I ekurk vkus ij I ekurk ds I kfk thuk cu tkrk gA I ekurk  
iñd 0; oLFkk ea thus ds n' fcñhñ i gpkus ½½ vehjh&xjhch ea  
I ryu] ½½ uj&ukjh ea I ekurkj ekuo dsbl rjg 0; oLFkk ea  
thusdsfy, ml dk pl e>nkjß g'uk vko'; d g'; g eñsLohdkjk  
gA I e>nkjh ds igys vkneh dk 0; oLFkk ea thuk cusk ughA

ç'u% I e>nkj g'us rd D; k fd; k tk,\

mñkj% I e>nkj g'us rd I e>nkj 0; fDr dk vupj.k  
fd; k tk I drk gA , d 0; fDr vxj I e>nkj g'rk g' r' og  
dñ y'x'ad" Lohdkj g'rk gA bl ds I kfk ; g Hkh g' vñkñk'ky  
0; fDr fdI h u fdI h d" Lohdkj g'rk gh g' fd b; g JSB 0; fDr  
g'BS JSB 0; fDrRo Hkh Lohdkj g'rk gA bl fy,  
vupj.k dh I Ekkouk curh gA ftI d" çek.k ds: i eaLohdkjrs  
gA ml dk vupj.k dj I drsgA I e>nkj 0; fDr d" çek.k : i  
eaLohdkjus dh xokgh ml dk vupj.k djus eaga

ç'u%v/; ; u dky ea½ e>nkj g'us rd½ ckdh y'x'ads  
I kfk I ckkaeaD; k fd; k tk,\

mñkj%f'k'Vrk dk fuokgA esHkh I e>nkj ughagyk g'l vki  
Hkh I e>nkj ughagq gñml fLFkfr eaf'k'Vrk dk fuokg g' I drk  
gA n' ea I s , d 0; fDr I e>nkj g'rk g' r' v/; ; u vlg  
vupj.k dh I Ekkouk curh gA n'u'a ds I e>nkj g'us ij  
I ekurk iñd 0; oLFkk ea thus dh ckr curh gA

ç'u%vki dh fdI ckr dk vupj.k dj

mñkj% I ek/ku] I ef) iñd thusdkA vlg fdI ckr dk  
vupj.k dj" x; I ek/ku] I ef) iñd thuk vupj.k ; x; gA

I kñRdkj c"/k dsfy, fujrj ç; Ru djusdh vko'; drk  
gA , s ç; Ru djrsq; gekjh fnup; k Hkh ml ds vupj g'uk  
vko'; d gA vi us Þdjuß dk ; fn vi us pl "puß I s foj"/kñRdkj  
jgrk g'Sr" I kñRdkj c"/k ughag"rkA iø%ge 'kjhj eiyd fot/k  
ea gh jg tkrs gA vkoš ds I kfk v/; ; u ugha g'rkA vkoš  
v/; ; u dsfy, vMþu gA

igysjkLrk Bhd g'xl rHkh r' xE; LFkyh rd igpks  
jkLrs ij py dj gh xE; LFkyh rd igpks tk I drk gA jkLrs  
ij ge pyugha vlg ge xE; LFkyh fey tk, , k dñ s g'\  
bl dsfy, ge; g tkpusdh t+ jr gSD; k gekjk Þdjuß gekjs  
xE; LFkyh rd igpusdsfy, voj"/k r' i Þk ughadlj jgk gA  
ge tñk I "prsgñ os k djahkñ os k dgahkñ os sQy i fj.kke"  
d" ik, aHkh os k çekf.kr Hkh dj; gh þxE; LFkyh gA

tñ sge þfu; eß dk v/; ; u dj jgsgñvlg gekjk vkpj.k  
fu; e dsfoi jhr g' r' bl ea vñfoj"/k g' x; kA bl vñfoj"/k ds  
I kfk fu; e dk I kñRdkj ughag"rkA v/; ; u ds I kfk þlo; adk  
"k'k'ß pyrk jgrk gA eñt" I e> jgk g' D; k eñml ds  
vuq i th jgk gA bl d" ijk djusdsfy, gh þvupj.k  
fov/kß gA

v/; ; u , d þuf'pr I k/kuk gA v/; ; u #i h I k/kuk ds I kfk þl ek/kku] I ef) ß ds çk: i dk vudj.k fd; k tk I drk gA ; g vkn'kbn dsçLrko I s fñññ gß ft I ea l/kuk ds I kfk I keus d"Ã çk: i jgrk ughagA vkn'kbnh I k/kuk ea vudj.k djus dh d"Ã 0; oLFkk ughagA Hkrdokn ea I k/kuk dk d"Ã eryc gh ughagA

Hkrdokn eami yfc/k ; k xE; Lfkyh ds : i ea ; æ gA ; æ d" [kjhn" vñç ç; "x dj" bruk gh gA

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### v/; ; u dsfy, /; ku nsuk g"rk gs

v/; ; u ds fy, /; ku nsuk g"rk gA bl fodYikRed çLrko dsV/; ; u l sgh eþl c dññ ik I drk gñml d" þðæh; /; kuß dgkA ðæh; /; ku ea v/; ; u iwk g"rk gA

ge ; fn Lohdkjs jgrsgßfd gekjs ikl igys l sgh dñ þl e>ß gSvkß ml þl e>ß dsvk/kkj ij ged" dñ pkfg,] rhl js bl þl e>ß l sgeadñ djuk gSr" og bl fodYikRed çLrko dsLohdkj g"useack/kd g"rk gA bu rhua ij fu"kk yxrsgß ; k blgaudkj nssgßr" bl çLrko dsV/; ; u dsfy, /; ku yxrk gA ; g þvoßk d" voßk Lohdkjus dh ckr gA ; g þfu"kkß d" fu"kk Lohdkjus dh ckr gA bl rjg voßk ij fu"kk yxkus ij gekjk eu þoßß dsV/; ; u dsfy, rß kj g" tkrk gA voßk ij fu"kk ds I kfk vi uh Äekunkjh d" yxkus dh vko'; drk gA

ç'u%v/; ; u dky ea eu vñç ofRr dh D; k fLFkfr g"rh gs

mÙkj%v/; ; u l svutko dh I Ekkouk mn; g" tkrk gA ftI l seu vñç ofûk ea i gys mRl kg] fQj mRl o!

ç'u%v/; ; u dky ea viuh iñZ Lefr; "adk D; k fLFkfr jgrh gs

mÙkj% iñZ Lefr; k çkfkfedrk ea uhpsjgrs gA

ç'u%D; k /; ku dsfy, t" ijEijk xr vñ; kl fof/k; k crkA x; h gß mul sV/; ; u ea d"Ã enn feyrh gs

mÙkj%v/; ; u gh vñ; kl gA vñkkœpn yñk d"Ã /; ku nsuk ughagA ijEijk xr vñ; kl fof/k; "adk e/; Lfk n'kù ds V/; ; u l s d"Ã yñk&nsuk ughagA

1/1 rEcj 2009] vejdv/d½

### v/; ; u fof/k

1/½ Hkrfer voLFkk eadYiuk'khyrk vñkk fopkj vñç bPNk dh þvLi"V xfrß gA gj ekuo ea cÑfr çnñk fof/k l s dYiuk'khyrk gA viuh dYiuk'khyrk dk ç; "x djus dk gj 0; fDr ds ikl vf/kdkj gA bl dYiuk'khyrk dk ç; "tu gSrnkdkj ræi fof/k l svutko çfr"Bk d" ikuKA dYiuk'khyrk I Kkuh; rk ea xqkkRed ifjorù g"us ds fy, cht] : i gA dYiuk'khyrk gh xqkkRed ifjorù iñd vuutko çek.k l allu g"rh gA þgj ekuo ds ikl dYiuk'khyrk gAB ; fn ; g fu.kz ughafudyrk g"r" ekuo d" v/; ; u djkus dk d"Ã jkLrk gh ughagA

ç'u%þrnkdkj ræiB l s D; k vñk'k; gs

mÙkj%þrnß 'kñ I PpkA d" bñxr djrk gA I PpkA ds Lo: i ea dYiuk'khyrk g" tkuk gh rñnkdkj ræi\* gA vuutko çek.k thou Lo: i ea l ekfgr g" tkuk rñnkdkj ræi gA ; g V/; ; u fof/k l s g"rk gA

1/½ v/; ; u fof/k l s Øe'k% tlxfr ds fy, þl Ppkb; "adk

I k{kkRdkj ḡrk ḡ I k{kkRdkj v̄k'lk fopkj bPNk dh  
þLi "V xfrß ḡ I k{kkRdkj Øe eatho pruk I sNwusdh  
LohÑfr v̄kj ekuo pruk d" iku dh LohÑfr n̄uajgrk  
ḡ v/; ; u fof/k eaØe I sokLrfodrk, al k{kkRdkj g" dj  
c" /k ḡrh ḡ igys I gvfLrRo I k{kkRdkj g"uk] fQj  
I gvfLrRo ea fodkl Øe] fodkl ] tkxfr Øe v̄kj  
tkxfr I k{kkRdkj g"dj c" /k ḡukA c" /k iwlz ḡus ds  
QyLo: i v̄krek ea v̄uko ḡrk ḡ

: i] xqj LohÑko v̄kj /kezdk I k{kkRdkj ḡrk ḡ bl eaI s  
LohÑko v̄kj /kezdk c" /k ḡrk ḡ c" /k iwlz ḡus ij /kezdk  
v̄uko ḡrk ḡ bl rjg þI f{klrß g" dj v̄uko ḡrk  
ḡ

ç'u%eøsfal h okLrfodrk dk I k{kkRdkj ḡvk ḡ; k ugha  
bl dk eøsdc irk pyxk

mÙkj%Lo; adscöfuk; ka ij Li "V v̄uko dsckn gh irk  
pyxk ml I s igys irk ugha pyrkA v̄uko dsckn Lo; ad"  
çekf.kr dj ikrs ḡr" eryc I k{kkRdkj ḡvk ḡ ugha r" ugha  
ḡvkA

18½ v̄uko dh jksuh ea v/; ; u ḡrk ḡ v/; ; u fof/k ea  
þv̄uko dh jksuh v/; ; u djkus okys ds ikl jgrk ḡ  
x# dh çj .lk gh v̄uko dh jksuh ḡ þx#B dk eryc  
gh ḡs v/; ; u djkus okyka pftKkl B v/; ; u djus okys  
14'k"; ½ ds ikl jgrk ḡ f'k"; þv̄uko dh jksuh ij  
fo'okl djrk ḡ bl dk eryc f'k"; x# ds v̄uko  
I allu ḡus ij fo'okl djrk ḡ v/; ; u djus okyk  
v̄uko dh jksuh eadYi uk'kyrk dsç; "x I sokLrfodrk v̄k  
d" igpkurk ḡ v/; ; u djus okyk çHkkfor ḡrk ḡ

v/; ; u djkus okyk çHkkfor djrk ḡ v/; ; u djkus  
okyk ¼v̄uko eyd fof/k I ½fpru iød v/; ; u djkrk  
ḡ v/; ; u djus okyk ¼v̄uko xkeh fof/k I ½ I k{kkRdkj  
djrk ḡ v/; ; u iwlz ḡus dsckn v/; ; u djus okys  
v̄kj v/; ; u djkus okys eaI ekurk g" tkrh ḡ

v/; ; u 0; fDr ei I ½ dsfy, ḡrs gq Hh 0; fDrokfnrk  
ughagA eøu ḡuk v/; ; u ughagA v/; ; u tkxr 0; fDr dsI kfk  
þI kfkI I øknB iød ḡrk ḡ

14½ þI f{klrß g" dj v̄uko ḡrk ḡ t" þfolrrß g" dj  
QSYrk ḡ v̄uko iød dYiuk'kyrk v̄uko eyd g"  
gh tkrh ḡ bl ds v̄k'lkij ij v̄uko dk folrkj g" tkrh  
ḡ v̄uko eash : i cuusdsckn og I oñnsk v̄kj I oz  
dky eathou dsçekf.kr ḡusdk L=r cu tkrh ḡ bl  
rjg þv̄uko dh jksuhB eøgj ckr d" Li "V djus dk  
v̄f/kdkj cu tkrh ḡ

15½ I gvfLrRo ea0; ki d Lo: i eaI ükk v̄kj pkj voLfkvka  
ds Lo: i eaçÑfr I ekfgr ḡ pkj a voLfkvka ds I kfk  
ekuo I gvfLrRo d" dø sçekf.kr djø bl dsfy, ekuo  
d" þv̄uko dh t+ jr v̄k; h ughar" v̄uko dh t+ jr  
gh ughafka I gvfLrRo eaçekf.kr ḡusdsfy, gh ged"  
v̄uko dh vko'; drk ḡ v̄uko flfkfr eaøl B ḡ thus  
eaø0; k[; k[ ḡ

ç'u%vki dgrs ḡø e> ds dj"AB ge tc bl çlrko  
d" þI e>uø dsØe eøgj ml nøku viusþdjuø dk D; k fd; k  
tk, \

mÙkj%v̄uko dsfy, I e>uk ḡ v̄uko dsckn þI e>  
ds djukB gh ḡrk ḡ þI e>uø dh v̄fure&ckr v̄uko ea ḡ

vutko l sde nke eafdl h hñk epñseal rñ'v ughagrk u fdl h  
 l Ecl/k eñ u eñ; "aeñ u yñ&nñ eñ rc rd pdjuß dsfy,  
 crk; k gñvudj.kA vi us thusds iñ#i eavudj.k fof/k l svki  
 ifjorù dj l drsgñ tñ sesñ ek/ku] l ef) iñd thrk gñ  
 vki ml d" vudj.k dj l drsgñ ; fn , ñ k dj ikrs gñ r"  
 vi us fy, dkQñ l gñy; r g" x; hñ gj fnu vi us okrkoj.k ea  
 dfe; adscfr 'keñk gñus ds Lfku ij vlxsvutko dsfy, ge  
 ç; Ru dj l drsgñ , ñ k vudj.k v/; ; u dsfy, l gñ; d gñ  
 [1 rEcj 2009] vejdñdñ

tho pruk eñtc l kñspkj fØ; k dh l hek eñekuo thrk  
 gñ r" ml s yxrk jgrk gñp; g ijk ughagñB p; g ijk ughagñB  
 ; g Lo; aeñiñMñ ds: i eacj.kk iku sk vf/kdkj gñ bl piñMñ  
 d" vñr%çj.kk dg l drsgñ vutko l iñu 0; fDr ds l a" x eñ  
 vkus ij ckg; &çj.kk l spiwñrk dh viñkñ cu tkrh gñ v/; ; u  
 djus okys vñj v/; ; u djkus okys ds l a" x iñd ; g bñiñkñ  
 curh gñ v/; ; u djkus okyk v/; ; u djus okys dsfy, iñwñrk  
 dsfy, þçj.kk L"rß gñrk gñ piñwñkñ gñfØ; k iñwñrk vñj vkpj.k  
 iñwñrkA

v/; ; u djus okyk viuh dYiuk'hyrk ds ç; "x l s  
 vutko eiyd fof/k l sv/; ; u djkus okys dh çj.kk l s l R; d"  
 iñpkuus dk ç; kl djrk gñ

bl çLrko d" viuk LoRo cukus dsfy, dYiuk'hyrk  
 d" ç; "tu ds l fk yxkuk iñMñ gñ dYiuk l s okLrfodrk eñ  
 tkus dsfy, ; fn ç; Ru gñrk gñr" v/; ; u dsfy, çouk gñuk  
 gñrk gñ v/; ; u dsfy, çofuk d" fØ; klo; u djus l s l kñRdkj  
 gñrk gñ vñkñ fopkj bPNk dh Li"V xfr l kñRdkj gñ ; g  
 v/; ; uiñd gh gñrk gñ l kñRdkj ds vñkñ ij vutko dh  
 l Eñkouk curh gñ vutko ds ckn çek.kA

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dYiuk'hyrk gh vutko çek.k eñ iñjofrñ gñrh gñ  
 dYiuk eñ vutko çek.k l ekrk ughagñ v/; ; uiñd dYiuk  
 vutko çek.k eñ iñjofrñ gñ tkrh gñ bl dk uke gñþxqñkñed  
 ifjorùBA ; gh dYiuk'hyrk dk rñlr fcñnqgñ

### ekuo eñ dYiuk'hyrk l e>us dsfy, L=kñ gñ

dYiuk'hyrk ds vñkñ ij gh ge l e>rsgñ vñkñ rd  
 ekuo ds bfrgkl eñ ; k mi yñk olñe; eñ dYiuk'hyrk d"  
 l e>us ds L"r ds : i eñ ughagñ gñpuk x; kA e/; Lf k n'ku ds  
 çLrko }jk gñ dYiuk'hyrk ds L"r dh iñgpkü djkus dh  
 dñf'k'k 'kñ gñvñA l oñekuo ds iñl dYiuk'hyrk gñft l l sog  
 l e> l drk gñ

ç'u% vñkñ~þejß iñl og dYiuk'hyrk gñft l l s eñ  
 vflrRo d" l e> l drk gñ

mñkj% dñoy vki ds iñl gh ughagñ dñ pñs gh y" x" a ds  
 iñl gh ughagñ oñekuoß ds iñl dYiuk'hyrk gñ vki ds vñj  
 gekjs iñl , ñ h d" rkdr ughagñft l l s l e> geeñgh jgñ  
 gel s ckgj ughagñ tk,A nñl js ds iñl tk, gh ughagñ vñkñ  
 vñR; kñfud l ñ kj ds l fk ; gh iñskuh gñ vñR; kñfud i<kñ  
 0; fDrokfnrk d" c<krh gñþesgh yk; d gjñckdh l c cñkj gñB  
 tcfd l PpkA ; g gñl Eiñwñz vñR; kñfud l ñ kj tho pruk eñtñ  
 jgñ gñ bl Eiñwñz vñR; kñfud l ñ kj tho pruk eñtñ jgñ gñ bl  
 fu.kñ ij ged" iñgpkü iñMñkñA

l oñekuo ds iñl dYiuk'hyrk fu; fr çnñkñ fof/k l s  
 gñ ekuo us viuh bl dYiuk'hyrk vñj deLorñrk d"  
 þcuk; kñ gñ ; k piñk fd; kñ gñ , ñ k ughagñ l gñvñrRo fu;  
 çxVñ'hy gñus l sekuo eñdYiuk'hyrk vñj deLorñrk fu; fr  
 çnñkñ gñ Kku voLfkñ }jkj Lo; a d" çekf.kñ djus ds fy,

dYiuk'khyrk vlg deLorark vko'; d gA dYiuk'khyrk ds ç; "x I sge I PpkA ds lfk rnkdkj ræi g" dj çekf.kr djrs gA dYiuk'khyrk vlg deLorark dsç; "x I sgh ekuo I PpkA dk v/; ; u dj l drk gß I PpkA d" çekf.kr dj l drk gA

Hker voLFkk ea dYiuk'khyrk vkk fopkj bPNk dh vLi "V xfr gA Hker voLFkk ¾ tho prukA dYiuk'khyrk ds ç; "x I sge Pkuß rd i gprsgA dYiuk'khyrk ds vkkij ij gh ge Kluktù djrsgA Kluktù djuk ¾ 'kn ds vFk ds: i eä t" oLrqbfxr gß ml vFk eagekjh dYiuk dk rnkdkj gükA Kku d" ge rnkdkj ræi fof/k l svutko djrsgA dYiuk'khyrk iød t" ge rnkdkj gq ml d" P k{kkRdkjß dgrs gA vutko güs ij] ikjär güs ij ræi g" x, A ræi g"uk ¾ vutko dk çekf.kr gükA ; gh ekuo dk , so; zgA

vutko vkrk eaqirk gA vutko dsQyLo: i ijk thou vutko eankdkj g" tkrk gA QyLo: i vutko thuseçekf.kr girk gA ejsthous; gh g" jgk gA gj ifjfLFkfr eavutko d" çekf.kr djusdh çfØ; k ejsthous; ejpy jgh gA ej eavutko l Eiurk v{k; : i ej [kk gA , sgh gj 0; fDr vutko l illu g" tk,A vutko gh Kku l ef) dk vfure Lo: i gA l e>nkjh dh ifji vutko vutko eagh girk gSt" Pn"Vk inß gA vutko tc thus eavkrk gsmI sgh Ptkxfrß dgk gA tkxfr gh vutko dk çek.k gA

vutko eyd fof/k l sgh dYiuk'khyrk dk ç; "tu fl ) girk gA dYiuk'khyrk tc 'kjbj eyd fof/k l snMfk gsr" og vkk fopkj bPNk rd gh l hfer jgrk gA bl fy, PvLi "Vß jgrk gA vkk ekuo tkfr Hkeo'k vLi "V gA vLi "Vrk ekuo d" Lohdkj ughag"rkA Li "Vrk gh Lohdkj girk gA Li "V güsdsfy, v/; ; u djkrsgA vutko l illu 0; fDr vutko eyd fof/k l st"

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fpru fp=k fopkj dk; zdjrk gSog v/; ; u djusokysdsfy, þcj .kk g"rh gA vutko eyd fof/k l sgh thou eafpru l fØ; g"rk gA

v/; ; u fof/k l s thou dh nl "a fØ; k, a fØ; k'khy g" l drk gA ; g P EHkkouß curk gA v/; ; u ijk güs ij nl "a fØ; kvkdsfØ; k'khy güs dh fujrjrk cu tkrh gA nl "afØ; k, a fØ; k'khy g" l dusdh P EHkkouß cuusdsvk/kkj ij ekuo eä t" [kfc; k curh gj os vi us vki l sLi "V g"rh gA bl P EHkkouß l sigyst" l k<sup>spkj</sup> fØ; k ea?kuHkk jgrsFksml l sr" NW tkrs gA

vkk l Ei wkkf'k{k xnnh jkT; xnnh vlg /kez xnnh l k<sup>spkj</sup> fØ; kvkæa?kuHkk gA ekuo vi usbfrgkl eabLo foodß l s tho"al s vPNk thus dsfy, 'k/k vutko djk gh jgkA tho"al s J\$B thus dh l EHkkouk Lo; a eamn; djus ds fy, gh ; g v/; ; u gA v/; ; u iwk güs ij] vutko eyd fof/k l s tho"al s vPNk ekuo pruk fof/k l sçekf.kr djuk cu tkrk gA

l Ppkb; k t\$ & t\$ s l k{kkRdkj g"us yxrh gA vutko güs dh P EHkkouß mn; g" tkrh gA i gys dYiuk'khyrk iød l k{kkRdkj g" xk ; g l EHkkouk mn; g"rh gA fQj l k{kkRdkj iød vutko g" xk ogkj rd dh l EHkkouk mn; g"rh gA vutko güs ds ckn çek.k Lo; a LQnZ girk gsvlg ml dh fujrjrk g"rh gA

l k{kkRdkj Øfed : i l sgirk gA ijk l gvflrRo l k{kkRdkj güs ij og iwk girk gA l gvflrRo eagh fodkl Øe] fodkl ] tkxfr Øe vlg tkxfr l k{kkRdkj gükA ; g l c ; fn l k{kkRdkj g" x, r" rRdky vutko girk gA e/; Lfk n'ku dk t" ijk okje; fy[kk gß ml dk vkk; ; k ç; "tu bruk gh gA

## I e>uk vlg dk; Z djuk

'kñn ds vFlz d" ekuo gh I e>rk gA ekuo gh viuh  
I e> ds vuq kj dk; Z djrk gA

bl e>ulB vlg Pdk; ZdjukB ; sn" Hkkx gA Pdk; Zdjub ds  
i{k eatho tkuoj dN 'kñna ad' Lohdkjrs gffdrqosmu 'kñna  
ds vFlz d" bl e>rB ughagA ts sdN tkuoj ad' ; g crkus ij]  
; gk tkuk gSos ogk pysHk tkrs gA l dñ eatho tkuoj al s ukp  
dm djkrsg h gA ysdv tkuoj ad' vki bl gvflrRoB I e>kvks  
vlg os I e> tk, , k g"rk ughagA vki tkuoj ad' PthouB  
I e>kvks vlg os I e> tk, , k g"rk ughagA vki tkuoj ad' Pekuoh;  
rki wkl vkpj.kB I e>kvks vlg os ekuoh; rki wkl vkpj.k  
djus yx, , k g"rk ughagA

'kñn I sbfxr vFlz d" ekuo gh I e>rk gA 'kñn ds vFlz  
eal gvflrRo okLrfodrk ds: i eabfxr g"rk g\$ ftl d" ekuo  
gh I e>rk gA

vc ged" ; g fu.k yu k g\$ ged" tho&tkuoja ts  
Pdk; Zdjub dh I hek eathuk g\$ ; k bl e>B dh I hek eathuk g\$

I e> dj ekuo I ek/ku] I ef)] vHk; vlg I gvflrRo  
iB th ikrk gA I e> ds çekf.kr g"us dh ; gh txg g\$ vlg  
dgha Hk ugha

I e>sgir" , s th ik; &A ugha l e>sgir" , s th ugha  
ik; &A

11 rEcj 2009] vejdvd%

## I økn dk mnns; vlg e; hñk

ç'u% vki ds I kfk I økn dk mnns; D; k g"xk vlg bl  
I økn dh e; hñk D; k g"xh

206@e/; Lfk n'kñ i j vklkjfr l økn

mÜkj% I økn dk mnns; r; igys g"uk vko'; d gA  
fdl ç; "tu dsfy, ge l økn djA

gekjsl økn dk mnns; jgsk PekuoRo d" igpkuuk vlg  
ekuoh; rk dk l j{k.k g"ukAB

bl mnns; ds vrxr ge l ek/ku l ef) iB thus ds  
fy, l økn djA bl mnns; ds vrxr ge fu; e fu; a.k  
l ryu] iB thus ds vFlzeal økn djA vlg vlxsbI mnns;  
ds vrxr ge ççö rk çHk vlg çHk Ükk dsckjseal økn djA  
; s l Hk epasvyx&vyx VpMugagI bl mnns; ds Hkkx gA

; g l økn djrsgI ge bl ckr d" Hk vke=r djrsgI  
jgs t" ; g crk; s; fn foxr eaekuoRo dk igpku gyk g"]  
; fn foxr eaekuoh; rk dk l j{k.k gyk g" A gj ifjfLFkfr] gj  
l økn] gj l Eeyu ea; g fuek. k jgskA bl d" ge Hk vlg  
gekjsgl kc l j foxr dh l ehk g\$ foxr eau r" ekuoRo  
d" igpuk x; k u gh ekuoh; rk dk l j{k.k gykA u fdI h nsk  
et u fdI h dky et

ekuoRo d" igpkuuk ¾ ekuo dk v/; ; ua

ekuoh; rk dk l j{k.k ¾ ekuoh; rki wkl vkpj.k ½; ]  
pfj=] usrdrk dk çek. hñdj. kA

v/; ; u djkus okyk çekf.kr g\$ ; g Lohdkj g"us l sg  
l økn dh e; hñk gA

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## I kE; Åtk vlg dk; Z Åtk

I kE; Åtk vlg dk; Z Åtk dk v/; ; u tM+çÑfr ds  
l UnHkz ega

I KE; Åtkz I Ei ñurk o'k i jek.kv'a ea p<sup>1</sup>icdh; cy I Ei ñurk gA p<sup>1</sup>icdh; cy I Ei ñurk o'k i jek.kv'a eafØ; k'khyrk gA fØ; k'khyrk o'k ½tM½ bdkbz aedk; zÅtkz dk çdk'ku gS t" /ofu] rki vkJ fo | q ds: i eaq'r h gA I KE; Åtkz; Fkkor jgrh gA I KE; Åtkz dk 0; ; ughag'r kA dk; zÅtkz dk 0; ; g'r k gA tM+çÑfr e<sup>1</sup>t" dk; zÅtkzçxV g'r h gS ml d" ekuo vius m|e I s?kvk vkJ c<k I drk gS vkJ ml d" viusmRi knu dk; z dsfy, ç; "x eayk I drk gA ; g ekuo vH; kl i<sup>1</sup>ød fl ) dj po<sup>1</sup>k gA

MI rEcj 2009] vejd<sup>1</sup>d½

### vuk<sup>1</sup>oeyd fof/k I sçek.k] vuk<sup>1</sup>oxkeh fof/k I s v/; ; u

ekuo ijEijk eal qj foxr I s l e>nkjh I illu g<sup>1</sup>us dk I; kl cuk gh jgk gA gj i h<sup>1</sup>efdl h vk; qrd ekuo I e>usds i{k ea T; knk I s T; knk ç; Ru'khy jguk ik; k tkrk gA ; öu voLFkk rd gh I e>nkjh dk I; kl I okz/kd 0; fDr; "a ejguk ik; k tkrk gA I okz/kd ekuo I rku"ea; öu voLFkk ½yxHkx 18 o"klz rd fdl h fu"d"l eavkus dk 'k#vkr g" tkrk gA 18 o"klz rd I okz/kd 0; fDr vius d" I e>nkj eku gh yrs gA

f'k{k dk ç; "tu fi Nyh i h<sup>1</sup>ek dk vxhy i h<sup>1</sup>ek d" pI e>nkjß çokfgr djuk gA vHk rd dsf'k{k Øe eaHk; B vkJ pcy'kkuß dks gh I e>nkjh ekurs gq n{k k tkrk gA foxr dk xE; LFkyh Hk; vkJ çy'kku gh jgk gA bl eaHk; nkJ adsfy, ç; "x djuk vkJ çy'kku ds fy, Lo; ars kj jguk I ekfgr jgrk gA bl euekuh dk fØ; k: i nsusdsey eaeuko eaqÑfr çnÙk fof/k I s çko/kfur dYi uk'khyrk vkJ deLorark gh jgkA

tho pruk eaeuko dk xE; LFkyh Hk; B vkJ pcy'kkuß ds: i eaqÑfr g'uk gh jgrk gA bl eaI s Hk; B i<sup>1</sup>ød nkJ a

208@e/; Lfk n'ku ij vkJkfr I økn

d" ihMfr djusdsØe eaeuko ijEijk eaeuekuh 0; oLFkk curh x; hA ; g euekuh 0; oLFkk viu&i jk; sdh nhokj'a ds vkJkij T; knk I s T; knk Li "V gAA pijk; kß dgykus oky'a ds I kfk I okz/kd vijk/k djus dh ; "tuk djuk vkJ pviukß dgykus oky'a ds I kfk U; ure vijk/k djus dh ; "tuk djuk vkJ T; knk I s T; knk çy'kkuß Red çHkko jgrk gA bl <k I s tho pruk ea ge ekuo viu&i jk; sdh I kfk gh jgrs gA

tho pruk fof/k I s ; g r; ughag" i krk I cd" viuk d\$ s ekuk tk, ! tho pruk fof/k I s vkpj.k ea I cd" viuk ekuuk r; g'r ughagA tho pruk fof/k I s l fo/kku bl d" r; ughadj i krkA tho pruk fof/k I sf'k{k eaviu&i jk; sdh nhokj'a I seDr] ; k I cd" viuk ekuus dh I # 0; k[; k Li "V ughag" i krkA bu I Hk çHkko"ads pyrs vijk/k vkJ vijk/k dk; Øe"ads I kfk I ger g" dj pyuk ekuo dh foo'krk cu tkrh gA

ekuo tkfr eaqj uj&ukjh çdkjkj I s 'k{k pkgrk gS eu%LoFkrk pkgrk gS I qk 'k{kfr pkgrk gSyfdu foo'krko'k gh I Ei wkl vLohÑr dk; Øe"ad" dj nrk gA ; g I o{k.k ekuo ekufi drk eaBk el/kuß d" çLrq djusdsfy, vkJkfcUngA orzku eaih; h tkusokyh I Hk I eL; kvkdk I ek/ku I # ds: i eapruk fodkl eW; f'k{k d" çLrkfor fd; k x; k gA

vuk<sup>1</sup>oeyd fof/k I sekoh; rki wkl vkpj.k þeW; B] þpfj=B vkJ þuþdrkß ds I aDr] : i eaqÑfr g'r k gA bl seüsHkyh çdkj I s vH; kl i<sup>1</sup>ød çekf.kr fd; k gA

eW; dk rkri ; zgsl eakad" þç; "tu dsvFkzei gpkuuKA ç; "tu"ads vkJkij I eakad" i gpkuuus I s ç; "tu vi{k eI EcU/k fuokg fujrjrkß fufgr jgrk gh gA I EcU/k fuokg fujrjrk Lo; aþfo'okl B dk |"rd g'r k gA bl rjg fo'okl

I Hkh I eäkäeaI KE; : i eaçxV gürk gA tS sekirk&firk vñj  
I rku ds I Ecl/k eaç; "tu pi "k.k vñj I j{.k.B gA bl ç; "tu  
ds vFkZ eätc I Ecl/k fuokg dh fujrjk curh gß r" fo'okl  
I fgr eerk okRI Y; vñj ÑrKrk eW; çekf.kr gürs gA bl  
çdkj I Hkh I eäkäa d" ç; "tu'a ds vFkZ eä i gpkus ij mu  
I eäkäa dh fuokg fujrjk gük el; kdu gük vñj mlk; rlr  
gük Lohkkfod g" tkrik gA

pfj= : i eäekuo; rki wkl vkpj.k Lo /ku] Lo ukjh vñj  
n; ki wkl dk; Z0; ogkj ; g ekuo pruk fof/k I sgh çekf.kr gük  
ik; k tkrik gA

uñrdrk gj uj&ukjh }jkj vi usru] eu] /ku #ih vFkZ  
d" i gpkus dh vko'; drk gA vFkZ dk I nj; "x djuk vñj  
I j{k djuk gh uñrdrk gA uñrdrk /kezulfr vñj jkt; ulfr ds  
vFkZ eäck; "ftr gürh gA

I gvflrRo Lo: ih vfLrRo eäekuo ds Kku volFkk dh  
bdkA güsdsdkj.k ekuo eäl ek/ku] I ef) vñk; vñj I gvflrRo  
iñd thus dh vi{k I nk&l nk I s gA ekuo pruk fof/k I s  
ekuo; rki wkl vkpj.k iñd ; g vi{k ijh g" tkrik gA

vñklo eiyd fof/k I sgh ekuo ekuo pruk d" 0; Dr  
djrk gß rFkk vñkoxkeh fof/k I s v/; ; u djrk gA vñklo  
thou eäl illu gük ik; k tkrik gA tho pruk bfoo'krkß ds: i  
eäekuo ijEijk eäLi"V gük gA

tho volFkk eätho pruk oäkkutakh; fof/k I spkj fo"k; "a  
ñ/gkj] fuækj Hk; ] eñkuy dh I hek eä0; oLFkk gük nñk x; kA gj  
tho 'kjhj I EiwkZ ds I kfk Ro I fgr 0; oLFkk vñj I exz0; oLFkk  
eäHkkxhnkjh djrk gA oäkkutakh; rk dk I EiwkZ : i brus eägh  
fufgr gükA

ekuo oäkkutakh; rk dh I hek eä I hfer ugħag" ik; k  
D; "fd dYiuk'khyrk vñj deLorārk ekuo d" fu; fr çnūk  
ojnku jgkA ekuo d" oäkkutakh; rk I s NW dj fdI vñkfkj ij  
ijEijk ds: i eäokfor gük gS; g tho pruk fof/k I sfuf'pr  
ugħag" ikrkA ekuo pruk fof/k I sekuo fdI çdkj ijEijk ds  
: i eäokfor gük gS; g fu'p; u gürk gA

21oha I nh rd ekuo tkfr tho pruk I s ijh rjg  
çHkkfor jgk gA vc ekuo pruk I gt oäko dsçfr I e>nkjh  
fodfl r djus vñj çekf.kr djus dk dk; Ðe 'kj g" pølk gA  
bl sgj 0; fDr] gj ifjokj vñj I Hkh I emp; v/; ; u dj I drs  
gS vñj çekf.kr dj I drs gA

vñklo eiyd fof/k I sçek.k çLrj gük gh ekuo pruk  
dk rkri; ZgA 'kjhj eiyd fof/k I s vFkok tho pruk fof/k I s  
thou dh I k< pkj fØ; k, a fØ; kflor jgrh gA 'kš I k< ikp  
fØ; k, al lir jgrh gA ekuo pruk fof/k I s thus dsfy, ijh 10  
fØ; kvk dk çdk'ku vko'; d g" tkrik gA bl s Hkyh çdkj I s  
vñklo fd; k x; k gA

I gvflrRo fur; oržku gA I gvflrRo fur; çHkkoh gA  
vñj I gvflrRo gh ije I R; gA tc ; sruh emm ijh rjg  
Li"V g" tkrsgr" thou I gvflrRo eavvñklo I illu gürk gA

vñklo eiyd fof/k I s vñkrek eavvñklo vñj ml dsçek.k  
Lo: i eäcf) eäc"k vñj I dYi gürk gA I dYi dk rkri; ZgS  
vñklo d" çekf.kr djus ds fy, I dYi A cf) eä I dYi dk  
fpük eäfpru gürk gA bl I PpkA d" fdI fof/k I sçekf.kr  
djuk pkfg,] ; g fuf'pr güs ds ckn gh fpük eäfp=.k gük  
ik; k tkrik gA , sfp=.k tc ryu dsfy, ofük eäçLrj gük  
r" Lohkkfod : i eäfc;] fgr] yñk nf"V; k U; k; ] /ke] I R;  
nf"V; aefoy; gürk nñk x; kA , sryu dk fo'yñk.k thou

eW; "ekuo eW; "ads: i eafopkj eafuf'pr g'rk gA fopkj"ea  
sU; k; ] /ke] l R; iñd fuf'prk g"us ds QyLo: i eu ea  
eW; "adk vklOknu g"uk vkj ml vklOknu d" çekf.kr djus ds  
fy, l cakaeap; u djuk g'rk gA

bl rjg vutko eyd fof/k l snl fØ; k, aqxV g"us ds  
Øe eakuo ijEijk v[km l ekt vkj l kolk 0; oLFkk ds: i  
eavorfjr g"uk ik; k tkrk gA

t; g"! exy g"! dY; k.k g"!

AcSy 2006] vejd/d%

### /kez vkj 0; k[ ; k

b/keB 'kcn ,d on dkyhu ; k cgr çkphu dkyhu  
mi yfck gA çkphu dky l sþ/keB 'kcn dk ç; "x g'rk vk; k gA  
fofo/k çdkj l s/kezxfnn; k LFkkfir gAA bl /kjh i j ftruh Hkh  
/kezxfnn; k çpfyr g" pølh gØ os l Hkh /kezdsþy{k.k d" yd  
mu l epk; "ad" l e>k; k djrs gA bl fØ; kdyki d" þmi nsk  
dgrsgA þçopuþ Hkh dgrsgA bl rjg minsk vkj çopu nsus  
oky"ad" b/kezj{kdb ekursgA bu minsk vkj çopu d" l þus  
oky"ad" þvuq k; hB ekuk tkrk gA bl rjg /kezxfnn; a }jk  
Hkkfir&Hkkfir fof/k; "al sþvklFkk dh l hf<+ ard y" x"ad" igprk  
gyk vkj y" x"ad" igprk gyk nsk tkrk gA bl eamYs[kuh;  
ckr; gh gS/kezdsy{k.k ad" crkusokysd" Lo; a/kez dk Lo: i  
irk ughajgrk gA , h fLFkfr eavuq kf; "ad" ; k vklFkk djus  
oky"ad" /kezds l e> eavk, xk ; g ç'u ekuo l Ee[k g'rk gh  
gA bl ç'u dk l Vhd mÙkj ugha g"us ds vklkj ij , k gh  
curk gSckdh y" x tsk dj jgs gØ os k gh ged" Hkh pyuk  
pkfg, A bl vklkj ij ekuo ijEijk us vklFkk r= d" vkt rd  
cuk, j[kk gA

vklFkk, a l ønu'khyrk dh vudyrk eagh fpf=r g"uk  
0; k[ ; kf; r g"uk nsk tkrk gA l rku vi{kk} in vi{kk} /ku  
vi{kk} LokLF; vi{kk} l fo/kk vi{kk} dsfy, çkFkk g"rh g"vkJ  
mudsçklr g"us ij vklFkk cuk jgrk gA bl d" þvklFkk ijEijk  
Hkh dk tkrk gA ekuo us vi us vHkk "ad" 0; Dr djus dsfy,  
vklFkk fØ; kdyki d" l fo/kk tud ekukA ge dN Hkh c"yj l pa  
ml dscR; kjk eadN Hkh u c"yusokysLFku] efr] fp= d" vHkh  
rd vklFkk fØ; kdyki dsfy, l fo/kk tud ekuk tkrk gA , s  
LFkyh ea t" d" A Hkh çkFkk djrs gØ ; k vi{kk} djrs g"ml ds  
Qfyr g"us dk vi{kk} djuk g"rk gA , s çrh{kdky ea ?kvuk  
fof/k l s dN u dN g" gh tkrk gA ml ?kvuk d" çkFkk dk  
vklFkk dk Qy ekuk tkrk gA bl çdkj cm&cM+efunj] efLtn]  
x#}jk] pçrjk] iRFkj ij yklyek i r dj j[kuk nsk tkrk gA  
bu LFku"ad" þintk LFkyhB ekuk tkrk gA efr] k vkj fp= bu  
l cds l kfk tMh gA l axfr; k gA

bl ds vlxs þvklFkk LFkf; "B l s tMh gA xfrfof/k; "adk  
l ojk.k djus ij irk pyrk gS, h LFkf; "aij ogkj dsvkl &ikl  
dsdN y" x tk; k djrs gØ dN y" x ughaHkh tk; k djrs gA t"  
tk; k djrs gØ mudh çkFkkvka ea t" vi{kk} jgrh gS mudh  
vkfkd Hkkx ; k ijk Hkkx fdI h&fdI h ds l kfk ?kvfr Hkh g"rk gØ  
fdI h&fdI h ds l kfk ?kvfr ugha Hkh g"rk gA t" y" x bu  
vklFkkoknh txg"aij ugha tk; k djrs mudh Hkh dN vi{kk}, a  
?kvfr g"rh gØ dN ugha ?kvfr g"rhA bl çdkj ; g fu'p; djuk  
ef'dy gSd" A mi yfck intk&ikb] i=h vlfn l sgA ; k vi u&vki  
l sgA t\$ sl rku dsfy, çkFkkA t" y" x çkFkk ughaHkh djr  
mudsHkh l rku g"rk gA i\$ svkj in dsfy, çkFkkA t" y" x  
çkFkk ughadjsmud" Hkh in vkj i\$ k feyk jgrk gA fQj ; g  
emnk curk gSintk&ikb dsvklkj ij d\$ sd" A pht çklr g"rh  
gS ; g dguk ef'dy g" tkrk gA

bl d" vñg xgjkñ l s l oñk.k djär" i rk pyrk gñl Eiwñz  
voñk mi yfC/k; "ad" Hñk vklFkk dk Qyu ekuo tkrk gñ tñ s  
cgr 'k"ñk.k djds/ku bdBBk djuseal Qy g" x, r" ml d"  
viuh çkFluk dk Qy ekuo fy; kA bl fof/k l sge dgñ i gp x,  
gñ; g gekjs l keus gñ

vklFkkokn bl çdkjokn xtr gñrk x; k gñ 18oha'krknh  
l s ekuo tkfr }jkj mñeñr fopkj Øe eñ vfkok Hñrdoknh  
fopkj Øe eardz l eer fof/k l s l "puñ" l e>ukj fu.ñk djuk  
'kñ gykA foKku fof/k us Hñk rdz d" Hñkijj viuk; kA , s l Hñk  
rdz dk ç; "tu Hñk dy feyk dj l ñsnukvñd" jkth djuk gh  
jgkA l ñsnukvñd" jkth djusdsfy, l Hñk vi jkf/kd ÑR; "atñ s  
tñx" [kfut] ol; tho] ?kjsywt ho bu l cdk 'k"ñk.k ekuo }jkj  
nñ jsekuo dk 'k"ñk.k , d nñk dk nñ jsnñk dk 'k"ñk.k d" oñk  
eku fy; kA bl rjg t" Hñk fd; k x; k ml ds Qyu eñ /jrh  
chekj g" x; hñ

/jrh chekj g"us dh flFkfr eñ ekuo ijEijk dñs cuk  
jgñkñ bl rjg r" fi Nyh i tf<+aus vksdh i tf<+ads thus dh  
lfkyh vñg l ñkoukvñd" gh l ekir dj fn; k! bl flFkfr dsfy,  
i hñsdh i tf<+k t" vijk/k dsfy, l ger gq gñ; s l c çdkjñ  
l sftEenkj g"uk Lohñkñfod gñ bl flFkfr dk fujkdj.k vñk"; d  
gñ

bl flFkfr dk fujkdj.k 'k"ñk vuñkku fof/k l se/; lFk  
nñkñ l gvflrRookn ds : i eñ ekuo l Eek çLrr gñrk gñ  
bl dñey eñvflrRo eyd ekuo dñer fpru gñ bl dk eryc  
ekuo gh l e>us okyk bdkñ gñ ekuo gh çekf.kr g"us okyk  
bdkñ gñ l e>nkjñ l s l ñlu g"us ij ekuo l ekñfur gñrk gñ  
l ñk gñrk gñvñg ; gh ekuo /kez gñ

vñ/; u djus ij li"V gñrk gñ inkFkz voLFkk çk.k

voLFkk tho voLFkk vñg Kku voLFkk ds : i eñ gvflrRo #ih  
vflrRo çxV gñ orñku gñ ekuo Kku voLFkk eñus ds vñkñkñ i j l ñk g"us dh  
pkgr eñgh th jgk gñ ekuo us i kp l ñsnukvñd vFkz eñ l ñk  
g"us dsckjseal "pk vñg l ñsnukvñd" jkth j [kus dsfy, ç; kl  
fd; kA bl çdkj dsç; kl "adsØe eñeukdkj d" l kdjk djuk  
l EHñko g" x; kA eu% LoLFkrk dh viñk "kñk jgs vñk; kA pl l ñk  
g"ukß gh eu% LoLFkrk dk Lo: i gñ

l ekñfur g"ukß gh l ñk g"uk gñ l oñ"eñk l ek/kku gh  
fujrj l ñk dk L="r gñ ; gh ekuo /kez dk 0; ogkjfd l ñk gñ  
l ek/kku gh vñkko eñ l ñk gñ l ek/kku] l ef) gh vñkko eñ l ñk  
'kñfur gñ l ek/kku] l ef) vñk; gh vñkko eñ l ñk 'kñfur] l r"ñk  
gñ l ek/kku] l ef) vñk; l gvflrRo gh vñkko eñ vñkun gñ  
thou eñ l ñk 'kñfur] l r"ñk vñkun eñ; "adk vñkko g"us dh  
flFkfr eñ ekuo ijEijk ds dk; z vñg 0; ogkj eñ l ek/kku] l ef)  
vñk; l gvflrRo çekf.kr gñrk gñ vñkko flFkfr eñ l gvflrRo  
Lo: ih vflrRo dk n"Vñk g"uk ik; k tkrk gñ vñkko ekuo  
ijEijk eñ çekf.kr gñrk gñ ft l l s fuR; mñl o gñrk gñ ; gh  
vñkun dk Lo: i gñ

fodYi : i eñ ekuo ijEijk xqñkñed ifjorñ ds fy,  
Kku food vñg foKku eñikjñr g"us dh vñk"; drk gñ ; gh  
vijk/k eñr çofñk vñg dk; Øe dk l ñk gñ

%çşy 2006] vejdñdñ

U; k; vñg 0; kñ; k

U; k; dk Lo: i ekuo l çakaeLi"V gñrk gñ

ekuo }jkj viuh ijLijrk eñ l çakad" i gpkuuk , d  
l kñkj.k çfØ; k gñ pñfirñß] pñkrñß] pñkññß] pñguß ; s uke l s

vflrro eiyd ekuo dñnr fpru @215

ijLijrk eal c'ku g'rk gh gA fQj firk dsHk&cgw 1pkpkB] pcykB] ekrk dsHk&cgw 1kekekB] peq hB] ds I e'/ku'ad sfy, uke g'rk gh gA

ekuo I e>nkjh iød gh gj I Ecl/k d" ç; "tu"ads vFkz eaqgpkw ikrk gSQyLo: i eW; "adk fuokg g'rk gA

gj ekuo I rku dk vius vflkkod"ad" pi "k.k&l j{k.k ds vFkzei gpkuk Lohkkod gA tho pruk fof/k I si "k.k&l j{k.k døy 'kjhj I s I Ecf/kr jgrk gA I rku d" Hkk"kk I s I allu cukuk vks çpfyr vydj I s I allu djkus dk ç; kl cuk jgrk gA 'kjhj dh I hek rd gh fd; k x; k i "k.k&l j{k.k fdI h vk; qds ckn ux.; g" tkrk g§; k bl dh ckFkfedrk, acny tkrh g§; k dN nljh Hk"rd oLryka I s tMh ckFkfedrk, aLFkfir g" tkrh gA QyLo: i vflkkod"ad" vi {k ds vuq i rku dk 0; ogkj u g" iuk ?kVuk ds: i ean[kusd" fey jgk gA ; gh i hf<+ "ads chp dh njh 1tujšku x\$½ ds: i ean[kusd" fey jgk gA bl ?kVuk dk fujkdj.k g'uk t: jh gA ; g fujkdj.k tho pruk fof/k I s I Eko ughagA tho pruk fof/k eatho"adk gh vupdj.k djuk curk gA

bl fLFkfr dk fujkdj.k ekuo pruk fof/k I s; g gS

1½ gj ekuo I rku dk vflkkod"ad" I kfk vius I ealka ea ç; "tu"ad" Lej.k eaj[krs gq Nrk g'ukA

2½ fo'okl iød I ealkadk fuokg djukA

3½ ru] eu] /ku #ih vFkz dk mi ; fxrk] I nq ; fxrk] ç; "tu"myrk ds vFkzeavizk I eiZk dsfy, mnkj&fpük jgukA

bl rjg I ealkadk fuokg g'uk gh BU; k; B gA I ealkadk

216@e/; Lfk n'ku ij vklkfjr l økn

ç; "tu fl ) g'uk] I ealkaeaw; "adk fuokg g'uk vks mkk; rflr g'uk gh U; k; dh 0; k[ ; k gA

**fo | kfkhz fu"Bk I s I qkh g'rs gA**

fo | kfkhz fu"Bk I s I qkh g'rs gA fo | k d" iku dk fu"Bk ; fn cuk jgrk gSr" fo | kfkhz I qkh jgrk gA fu"Bk tc Vw tkrh gSr" nqkh jgrk g§ b/k &m/kj >kdrk gA fo | k dk eryc g§ Kku] food] foKku I s I allu g'ukA Kku] foKku] food I allu g"us ds fy, t" mi Øe g§ ml ea I nk&l nk vi uk /; ku yxk jgrk g§ bl dk uke g§ pfu"Bk ; fn vi uk /; ku yxuk can g" tkrk g§ ; k /; ku mpV tkrk g§ ml dk eryc fu"Bk ughagA fu"Bk ughag"us I sekuo dk fo | k I s I allu g'uk ; k Kku food foKku I allu g'uk I Eko ughagA I e>us ds fy, fu"Bk pkfg,] gekjk eu yxuk pkfg,] ged" bl ea ryuk pkfg, A fo | k I s I allu g"us dh vi {k d" cuk, j [uk pkfg, A fo | k I s I allu g"us dschp ead" A j Mk ughayuk pkfg, A chp eaj" Mk g" r" I e>uk curk ughagA bruk gh fu"Bk dk eryc gA

fu"Bk iød ge I e>us yxrs gA fu"Bk iød I e>uk I e g" tkrk gA fu"Bk ughag"us I snqk gSgh ; g r" Lohkkod gA

1/utiko f'kfoj 2006] vej dñd 1/

**c) ds I kfk pfoodB iød ge I qkh g'rs gA**

c) ds I kfk I qkh g"us dh fof/k g§ foodA vfood iød ge nqkh g'rs gA food dsckjs ge foxr e iød"aus crk; k Fkk pvlrek dk vejRo vks 'kjhj dk u'ojoRo food gA I gvflrRooknh fof/k I sge ; gk crk jgs g§ thou dk vejRo 'kjhj dk u'ojoRo vks 0; ogkj dsfu; e ; srhu feyk djdsfood gA thou ds: i eafvej gw; g I e> eavkukA 'kjhj xHkzeat\$ k jgrk g§ ckgj

oſ k ughajgrk vlg cMgus i j oſ k ughajgrk fQj , d fnu 'kjhj fojfpr Hkh ḡrk ḡs; g gekjs l keus?kfVr ?kVuk, agA 'kjhj ck.k d''kal sjfpr , d jpuk gA jpuk dk fojpuk ḡrk gh gA 'kjhj u'oj ḡs; g l e> eavkukA 'kjhj d'' fojfpr ḡuk gh ḡs r'' bl dk D; k fd; k tk, \ l n̄; "x fd; k tk, A 'kjhj dk l n̄; "x djusgrqge þ0; ogkj dsfu; eß ij tkrs gA 'kjhj ds u'ojRo dsçfr ge ijk vk'oLr jgrsgA thou dsvejRo ds çfr ge ijk vk'oLr jgrsgA 0; ogkj dsfu; eadsçfr ge ijk vk'oLr jgrsgA cf) dh rkdr bu rhuad" l e>us l s gA food inød thus l sge pl lkh ḡrs gA

vfood inød l "prsgir" 'kjhj d'' vej ekuuk 'kj djsnsgA thou d'' vej ekuus dh txg 'kjhj d'' vej ekuus i j n̄lkh ḡuk Lohñfr gA þ'kjhj dk u'ojRoß d'' Lohdkjuk fu; fr l gt Lohñfr gA fu; fr l gt dk eryc 'kjhj dk fojfpr ḡuk , d vflrRo l gt fØ; kdyki gA vflrRo l gt t'' Hkh fØ; kdyki ḡs ml d'' fu; fr l gt ekukA ekuo viuh dYiuk'hyrk vlg deLorærk o'k 'kjhj d'' vej ekuk ḡs ml l sn̄lkh ḡuk fuf'pr gh gA 'kjhj d'' thou ekursgir" 'kjhj eaq'usokyk N'Vk l k ifjorž ged" Hk; dj fo?u t's k çrhr ḡusyxrk gA bl fy; s 'kjhj d'' 'kjhj ekuus dh vko'; drk ḡs thou d'' thou ekuus dh vko'; drk ḡs thou vlg 'kjhj ds l aþr : i eaeuko l Kk eaq'us dh ckr d'' Lohdkjus dh vko'; drk ḡs bu Lohñfr; ads l kfk ge food inød thrs gA food inød thus l sge l lkh ḡrs gA

food d'' gVk; k eryc] þthou dsvejRoß d'' Hkykok ns fn; kA fQj gekjsfy, 'kjhj gh thou g'' x; kA 'kjhj d'' thou ekuus dsckn n̄lkh dk j'Mk 'kj g'' x; kA bruk gh ckr gA bl rjg l sekuo dsikl ; sikp folhkr; k ¼ i] cy] in]

/ku vlg cf) ½ l nk&l nk gA d''A vlneli ughagß t'' bu ikpals fjdR g'A vius ea bud" vutko djuk gß fd eß bu ikpals l allu ekuo gA ge l Hkh l lkh ḡus ds bPNpl gA fQj : i ds l kfk l npfj=] cy ds l kfk n; k /ku ds l kfk mnkjrk in ds l kfk U; k; vlg cf) ds l kfk food inød ge l lkh ḡrs gA bruk gh ckr gA

l ljk ekuo tkfr dk l lkh ; k n̄lkh ḡusdk bfrgkl bruk gh gA pkgsfoxr eaq"] oréku eaq"]; k Hkfo"; eaq'A rhuadky ea l lkh ; k n̄lkh ḡus dh cfØ; k bruk gh gA ; s þfu. kkh dß fof/k l s Li "V gA þfu. kkh dß eryc bl eavc rdz dñ Hkh ugha gA

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### in l s þu; k; B inød l lkh ḡsuk curk ḡs

ge ekuo us fxøl fof/k l s Kku volFkk ea gA Kku volFkk , d in gA ; g þno inø gA gekjs in ds vuq i ge U; k; dk ç; "x djus l sge in l s l lkh g'' tkrs gA U; k; inød thus l sgekj k no in ea thrs gq l nk&l nk dsfy, l lkh jguk cu tkrk gA U; k; l sge l lkh ḡrs gA vU; k; l s n̄lkh ḡrs gA ml h rjg mnkjrk inød ge l lkh ḡrs gA Ni .krk inød ge n̄lkh ḡrs gA n; k inød ge l lkh ḡrs gA fu" Bjrk inød ge n̄lkh ḡrs gA bu l c ckr"ad" viuseavPns l sxkB clyk dj j [kusdh ckr ḡsbl dk uke gß l ldkjA bu fof/k; "ad" thou eaqekf.kr djuk gh l ldkj gA

1/utko f'kfoj 2006] vejdñd½

### /ku ds l kfk ge þmnkjrk inød l lkh ḡrs gA

ru] eu vlg /ku ; s rhu çdkj l s /ku 1/vFlb½ ḡrk gA /ku l sge ds } D; k djds l lkh ḡrs gA

/ku ds l kfk ge mnkjrk iñd l qkh ḡrs ḡ

mnkjrk dk eryc ḡs /ku d̄ mi ; "x djus iñj ; "x djus vñj ç; "tu'khy cukus dh fØ; kA /ku dk ifjokj ea ñmi ; "x̄ djuk vñM l ekt eañl nñj ; "x̄ djuk vñj l koñk 0; oLFkk eaþç; "tu'khyß cukusdh fØ; k ḡsmnjrkA gj vfhkkod eañi uscPp̄adscfr mnkjrk jgrk gh ḡ l Hkh usvi uscPp̄ads çfr mnkjrk çxV fd; k ḡß Hkysgh dñl l e; rd gh D; "au ḡA ekuo ea l cñka ea mnkjrk çxV djus dh çofulk cuh ḡA ḡ mnkjrk l gt fof/k l s/ku l s l qk iku dh fof/k curh ḡ

Wutko f'kfoj 2006] vejdl/d½

**cy d̄ ñn; kß iñd ç; "x djus iñj ge l qkh ḡrs ḡ**

ekuo ds ikl rhl jh foHkr ḡsþcyßA cy D; k ḡs 'kjhj cy] eu"cyA eu dsfcuk 'kjhj ead"Å cy ḡrk ughaḡ eu"cy ds l kfk gh 'kjhj dk cy çxV ḡrk ḡ ; svki ge l cdsfy, vñkko djusdk emnk ḡA thou 'kjhj d̄ thor cuk, j[krk ḡs vñj thou gh dsdkj.k l s 'kjhj dk; ñdyki ds : i ea 'kjhj cy çxV ḡrk ḡ ; g t̄ cy çxV ḡrk ḡs ml dk ç; "x djusege dñs l qkh ḡrs ḡ vñj dñs sñqkh ḡrs ḡ

cy d̄ ñn; kß iñd ç; "x djus l sge l qkh ḡrs ḡ

ñn; kß dh ifjHkk ḡs ik=rk ds vuq i oLrq mi yñk dñkus dk fØ; kdykiA bl d̄ gj vfhkkod vñkko dj l drs ḡ gj ekuo l rku eaeuko pruk d̄ xg.k djusdk ik=rk cuk jgrk ḡA bl d̄ eñ, d ckj nñgjkrk gwþgj ekuo l rku eaeuko pruk d̄ ijk dk ijk xg.k djusdk ik=rk cuk gh jgrk gñß ; g ; fn vñk d̄ Lohdkj ḡrk ḡs r̄ t̄ , s sgj l rku eaxg.k djus dh ik=rk cuh ḡA ḡs ml eaeuko pruk d̄ LFkkfir dj nsuk gh pi=rk ds vuq i oLrq mi yñk djkuß dk rkfrod : i

220@e/; Lfk n'kü ij vñkfkjr l økn

eaçek.k ḡA rkfdñ : i eaþl ckr d̄ dgk ḡsþeukdkj d̄ l kdkj djus ds l kfk&l kfk eu%LoLFkrk Hkh çek.kr ḡ tk, AB ; gh ckr d̄ 0; ogkfjd : i eaþdgk ñn; k iñd oLrqmi yñk djk nh tk, AB

gj vfhkkod d̄ viuh l rku ds l kfk n; k djus dk vf/kdkj cuk jgrk ḡ gj ekuo vfhkkod eañi viuh l rku ds çfr n; k çxV djusdk çofulk cuh gh jgrh ḡA ml dsfy, d̄ Å vyx l sçf'k{k.k yñs dh t̄ jr ughaḡ n; k iñd ; fn þcyß ¼kjhj cy vñj eu"cy½ dk ç; "x dj ik, ar" l rku eaekuo pruk LFkkfir ḡxhA ft l s vfhkkod Hkh l qkh ḡas vñj l rku Hkh l qkh ḡxhA

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**: i ¼kjhj½ l s l qk feyus dh fof/k þl npfj=rk ḡs**

ekuo d̄ eñs l e>k ḡA ekuo ds ikl ikp foHkr; k jgrk ḡs : i] cy] in] /ku vñj cf) A bu ikp çdkj dh foHkr; "a l s gj 0; fdr l allu jgrk gh ḡA bu ikp afoHkr; "ads l kfk ekuo dñsþl qk ḡrk gñsþl d̄ eñs l e>kA bu ikp foHkr; "adsjgrs gq Hkh ekuo ds ñnqk gñs dh ckr r̄ vñfndky l s gh ḡ yñdu bu foHkr; "a l s l qkh gñuk þl e>nkjß ds ckn ḡrk ḡs þl e>nkjß ds i gys ḡrk ughA l e>nkjh ds i gys þeuekuß ḡrh ḡs vñj ml dk vius rjhds dk þ Qyß ḡrk gh ḡ t̄ 'k'or-vñj fujrj ḡxk ogh þfl ) karß ḡ

ekuo vius : i ¼kjhj½ ds l kfk ; fn l npfj=rk dk ikyu djrk gñr̄ ml s : i dk l qk ḡA ekuo tM+vñj pñU; dk l aþr Lo: i ḡA 'kjhj dk : i ḡrk ḡA thou dk : i l qe ḡrk ḡs t̄ vñk l s fn[krk ughḡ yñdu l e> eaþvkrk ḡA 'kjhj] : i dk Hñxus okyk thou gh ḡA 'kjhj : i d̄ pykus okyk

thou gh gA : i d" pykusdh fof/k BI npfj=rk gus ij : i dk I lk feyrk gA

### I npfj=rk D; k gS

ekuoh; rki wkl vkpj.k d" esik; kA esLo; aekuoh; rki wkl vkpj.k d" djrk gA ml ea ñew; B] npfj=B vkg ñfrdrk ; s rhu Hkkx I ek; sgA ml ea ñpfj=B dk t" Hkkx gSmI l s'kjhj d" I lk : i ea igpuus dh fof/k curh gA og gS Lo /ku] Lo ukjh@Lo iq "k vkg n; k i wkl dk; Z0; ogkjA bl l s'kjhj l s l lk ikuodk L=r cuk gA dghHkh bl d" d'A Hkh vkneh vktek yj 'k/k dj ysvkg ijh{k.k dj ya ekuo 'kjhj vkg thou dsl aDr : i eagh thfor fn[krk gA ; fn thou Hkkx tkrk gSr" ekuo I Kk ughajgrkA bl vklkj ij 'kjhj ds Lo: i ea t" : i gS ml l s l lk feyus dh fof/k ; gh gS l npfj=rk ds l kfk l lk

thou tc 'kjhj d" thor cukrk gSr" 'kñn] Li 'k : i j1] xlk ikp I ñnuk, aoxV grh gA foxr eaekuo ds bfrgkI ea ge dA ckj bu I ñnukvka ds i lk ea yVwq gA buds foj/k eari fd, gA yVwq usdk eryc geus I ñnukvka d" jkth djuseagh ijk 'kjhj ; k=k l efi k dj fn; kA

nW js bl dsfoijhr I ñnuk, aguk gh ughapkg, ] bl ds fy, tW i M bl d" ri ; k fojfDr dgk x; kA pfojfDrB dk eryc I ñnukvka d" udkjusdk dk; A , s fojfDroknh eu d" prib l s l allu djusdk vkl okl u 'kL=aefy[lk gvk gA bl vkl okl u d" ijh{k.k djusdsfy, cgr vPN&vPNs yx vius vki d" vfi k fd, ysdv vr ea d'A pcek. k feyk ugh fojfDr l s l ñnukvka d" udkjus dh ckr r" fpflgr gA ysdv pD; k iuk gB ; g ckr fpflgr ughagA D; k iuk gB ml dsckjs eaHkk ds: i ea ñKku d" crk; kA fQj Kku jgL; eaNj x; kA

dy feyk dj BI kek; ekuoß dsfy, u r" prib l yHk gvk vkg u gh I ñnukvka d" l nk jkth j [kuk l yHk gvkA l c yx ad" pfojfDrB fey ughal drh] u l c yx al sl ñnukvka d" int&ikB g" l drh gA l kjk ekuo dk juk xkuk ryokj pykuk vkg Qy&ekyk p<kuk bl ckr d" ysdj gA bl ckr ea ged" /; ku nsu dh t+ jr gA ; snu aHkkx ñvfronB ea fxj l r g" x; k ; gh budh l ehkk gA vc D; k fd; k tk, \ l cd" feyus okyh D; k pht g" l drk gS bl ckr ij l pk tk, ! ; g l "pus ij irk pyk BI ek/kku l ef) B iDl gj 0; fDr th l drk gA gj ifjokj th l drk gA gj 0; fDr 'kjhj] : i ds l kfk tMk gA 'kjhj ds l kfk l ñnuk, a tMh gA l ñnukvka ds l kfk l lk gus dh fof/k gS l npfj=rkA Lo /ku] Lo ukjh@Lo iq "k n; k i wkl dk; Z0; ogkj fof/k l s ged" Kku ds l kfk l ñnukvka l s feyus okyk l lk feyrk gA

Kku gS l gvflrRo n'ku Kku] thou Kku vkg ekuoß; rki wkl vkpj.k KkuA Kku ea l aVr gus ij gh l ñnuk, a fu; f=r g" i krh gA l Kku; rk ea l ñnuk, a fu; f=r jgrh gA bl d" esus vPNs l s ifj'kyu djds ; g fu" d" k fudkyk gA l Kku; rk iDl ¼ k ekuo pruk iDl ge tc l ñnukvka d" fu; f=r ikrsgsr" ge BI npfj=B g" rsgA l ñnuk, a fu; f=r g" us dscek. k eagh ge l npfj= g" rsgA bl dh t+ jr gS; k ughgS bl d" vki l Hkh l "p l drsgA ml ds vuq kj Lohdkj l drsgA

ñutko f'koj] tuojh 2006] vejdl/d%

### dk; Z dkj .k fØ; kdyki

I qj foxr l s ekuo bfrgkI ea t" yx vius d" pfo}kuß ekurs jgs os vuq fo/kkvka ea ft Kkl k' k/k vkg vuq zku djrsjgA ; g l c d" p'kñB ds vFkZ ea l ekfgr djrs

jgA þdk; Z dkj.k d" ydj 'k/k çofRr; k vlj ml ds vuq kj þfØ; kdykiß vlfn ekuo dky l sgh g"rk jgkA ; g gj ekuo ea g"usokyh dYi uk'khyrk vlj deLorark dsvk/kkj ij g"rk jgkA bl Øe eaekuo þhk; B l seDr g"us vlj þcy"lkuß l srir g"us dsç; Ru djrs vl; kA ; g Øekxr fof/k l souLFkyh ; k] nlljk \_f"kdjy ; k] rhl jk x#dy ; k ds: i eaijyffkr g"uk ?Vuk Øe fof/k l sLi"V g" x; kA

kkjr ea; g Øe vc pyr&pyrs Hkfrdoknh ; kß ds : i eaijpkuk tkrk gA bl dsim; k ad' þvkn'kbnh ; kß ekuk x; kA pkgs Hkfrdoknh fof/k l s g"] ; k vkn'kbnh fof/k l s g" þekuo dk v/; uß vHkh rd vlj>y jgk gA

; fn vki ge vPNs rjg l sfujh{k.k ijh{k.k djar" irk pyrk gSþekuo ijEijk 0; fDrokn vlj l epk; okn l seDr ugha g" ik; kAB 0; fDrokn vlj l epk; okn gh viu&ijk; sdh nhokj'a dk dkj.k gSft l l s vuq çdkj ds erHkn vlj Hk"kk osk ds vlk/kj ij ekuo foHkftr g"rk x; kA vkn'kbnh fof/k l sekuo tkfr d" viu&ijk; sdh nhokj'a l seDr fof/k l s l "pu; l e>us vlj djus dsfy, d" A l # 0; k[; k gkfk ughayxk gA

vkn'kbnh fof/k ea vkkk iky] minsk vlj rdz foghu vuqkk u fof/k l s/kez xfnn; "a}jkj l pkfyr ç.kly; k vlj mllgh dk xjo&l Eeku djrsgq Hkh P?k/yu þ dk dkj.k cuk jgkA blugha xfrfot/k; "ads l kfk foKku l dkj LFkfir gykA foKku fof/k Øe ea rdz dk l eipr njoktk [ky x; kA l Hkh rdz djus dh Nw feyhA foKku fof/k l sfufe" vlj tkj avlj neudkj@fo/od dkjh vlj tkj adsçfr 'kk u ijEijk, afoo'k g"rh x; hA foKku fof/k ds Øe ea gh ç"fxdh fo/k }jkj cge{kh mRiknu dk; k d" l k/fy; k x; kA bl rjg t" mRiknr oLrqal Hkh ijEijkvladsfy, vkd"kd g"uk Lohdkj gykA bl g"ysds l kfk foKku f'k{k dk

y"d0; ki hdj.k gyk ft l d" 0; fDrokn@l epk; okn u dgrs gq Hkh og þfo'k{kKrkß vlj i l l /intellectual property right/ ea xtr g" x; kA bl rjg foKku fof/k 0; ki kj vlj yHkh l s l yXu g" x; hA foKku f'k{k ds y"d0; ki hdj.k g"us l s yHkh Ueknh] Hk"X"Ueknh] dk'eUeknh f'k{k ijs l dkj ea QsykA bl rjg mUekn =; þcy"lkuß dk vlk/kj gyk vlj l kefjd r= vlj dk; Øe þhk; B dk vlk/kj gykA foKku ; k ds i gys Hkh ekuo tkfr þhk; B vlj þcy"lkuß l sxfl r jgk gh gA Hkysgh og i gysLoxZdsfy, þcy"lkuß vlj udz dsfy, þhk; B vlj iki&iq; 'kCn"adl Nk; k eaijyk g"A foKku fof/k l siwk; k l fo/kk l axg dsfy, þcy"lkuß vlj ; ð l ake /od &fo/od rFkk nM&fo/kku a ds çfr þhk; B çkkfor g" x; kA

mDr Øe ea gj ekuo dk çdkjkrj l } vFkk~dkf; d okfpd ekufi d ñr dkfjr vuqfnr Hkn a l } þvijk/kß ea Qd s jguk Li"V g" x; kA bl dh xokgh gS/kjrh dk chekj g"uk çnllk.k vl guh; fLFkfr eaijpkuk l kefjd r= }jkj l ožk'k ds dxkj ij i gpk nsuk æg foæg 'k"k.k ; ð Øe ea ou [kut dk vukujkrh 'k"k.k g"ukA mij"Dr ?Vuk Øe dh xokfg; "ad" nska r" fi Nys100&150 o"kk foKku f'k{k l ožnsk ea Qsy x; h vlj foKku ekufi drk }jkj gh vijkf/kd ?Vukvlad" ?kVr djkus ds fy, T; knk l s T; knk çofÙk; k iuih gA bl l s ; g l dkjkrEd rF; Hkh l e> ea vkrk gS ekuo dk LohNfr g"us ij ml s okLrfodrkvka dk f'k{k fof/k l s v/; ; u djk; k tk l drk gA bl vlk/kj ij þpsuk fodkl eW; f'k{k ds uke l s þvflrRo eiyd ekuo dñer fpru] e/; Lfk n'kuß d" çLrqt fd; k x; k gA bl l sdk; Zdkj.k vlj fØ; kdyki d" l dkjkrEd : i eaijpkusuus vlj ç; "x djus dk vol j mi yQk g" x; k gA

vfLrRo eiyd ekuo dñer fpru fof/k l sdk; Zdkj.k dk

Lo: i H gvfLrRoß : i eaçekf.kr gyk gA I gvfLrRo dk fuR; orëku] fuR; çHkkoh vkg fuR; oñko g"uk v/; ; uxE; gyk gA I gvfLrRo Lo; a0; ki d eal Eiwk, d&, d oLrqMckj Hkhxk] f?kj k gyk fØ; k'khy g"uk v/; ; uxE; gyk gA I KE; Åtkz#ih 0; ki d oLrqeaI Hkh , d&, d oLrqapksos N"Vs I s N"Vs g"; k cm+ I s cm+ g"al iDr g"us ds vkkj ij Åtkz I illu] cy I illu vkg plicdh; cy I illu jguk I e> eavkrk gA vur N"Vh I s N"Vh vkg cm+ I s cm+ bdkbz k t" fØ; k'khy g" mud" 0; ki d I s vyx djus dk d"Ã jklrk] d"Ã fof/k] d"Ã çfØ; k gSgh ugha bl dkj.k I s I gvfLrRo I nk&I nk ds fy, vfoHkT; oñko gß çHkk gß orëku gA bl çdkj ey : i ea0; ki d oLrqgh I Eiwk dk; kdk dkj.k : i eag"uk ik; k tkrk gA pdk; B vuø : i eag"uk Hkh n"V0; gA tcfd pdkj.B , d gh Lo: i eag"uk c" /k g"rk gA bl v/; ; u I s; g I e> vkrk gS dk; Z vkg dkj.k dk vyx g"uk vyx jguk vyx djuk bu rhu"arjhdsdh i fjdYi uk phkekRedß gA dk; Z dsfcuk dkj.k dk i rk pyrk ughagA dkj.k dsfcuk dk; Z dk g"uk I EHko ughagA bl fujh{k.k] ijh{k.k vkg I oñk.k iød ik; stkusokysfu"d"l ds vkkj ij I øke] I øhre; vkg I kfkdb pfodkl Øe] fodkl ] tlxfro Øe vkg tlxfroB I gt oñko d" ân; æe djuk vkrEl kr djuk vkg çekf.kr djuk gj 0; fDr ds fy, I EHkkouk mn; g" x; k gA bl I s gj 0; fDr ea I e>nkj h I s þl ek/kuß] gj ifjokj ea I e>nkj h vkg Je I s þl ek/ku vkg I ef) B] I oñekuo v[ M I ekt : i eag"us I s þl ek/ku] I ef) vkg vkh; B vkg ifjokj eyd LojKT; 0; oLFkk Lo: i eag"us I sþl ek/ku] I ef) vkg I gvfLrRoß çekf.kr g"rk gA I Eiwk ekuo tlfr ds çekf.kr g"us dh I EHkkouk mn; g"us ds Øe ea; g yk þl juk B ds: i eaçLrT gA bu I juk vkg ds vkkj ij 0; fDr vius I "p fopkj d" fof/kor I yku djus I s Åij dgs x, þl øke] I øhre; vkg I kfkdb vfkj gj 0; fDr ea

I kkkRdkj g" I drk gA

pdk; Z dkj.k B I e> ea vku ds ckn pfØ; kdyki B dk  
Lo: i I gt : i ea I e> ea vkrk gA

vfLrRo ea I Eiwk fØ; kdyki pkj voLFkkvka ds : i ea QSYk gyk gA dk; Z dkj.k I illu i nkfkZ voLFkk ifj. kke vuøkach fof/k I s fodkl Øe ea; Fkk fLFkfr] I Eiwkirk vkg Ro I fgr 0; oLFkk fof/k; a I s oñfor jguk ik; k tkrk gA bl gha i nkfkZ voLFkk dh fofhku oLrqk ds I a" x fo; "x fof/k iød ; Qxd fØ; k dk çxVu] I ø/ku Øe eaç.k d" "k] ck.k I # vkg mu ck.k I # a ds jpuk fof/k I Eiwkirk ds vkkj ij fofhku jpuk, i cht oñk fof/k I svkorzu"ky ij Eijk ds: i eag"uk nñkus d" feyrk gA ; gh ck.k d" "k; ajpuk fof/k eañodkl iød tho 'kjhj jpuk I illu fd; k tkuk vkg ml dk oñk vuøkach; rk fof/k I svkorzu"ky g"uk Li "V g" pdk gA tho voLFkk eañodku d" çdkj dh 'kjhj jpuk, i svkorzu"ky g"us ds mi jkr gh ekuo 'kjhj jpuk ?kVr g"uk vkg çtuu fof/k Øe eañodku ds: i eañkus d" feyk gA bl d" þuLyB vkg þjæk ds : i eaekuo us i gpkukA

mDr fof/k I s I Eiwk vfLrRo þg"uB I s vkg fØ; kdyki Lo: i eaþjguß I s fodkl Øe] fodkl ] tlxfro Øe] tlxfro ds : i eañvfLrRo þorëkuß g"uk Li "V g"uk A I Eiwkþorëku I gvfLrRo Lo: ih gA I gvfLrRo vius Lo: i ea0; ki d eal iDr tM+ þsU; çÑfr gA bl çdkj dk; ] : i eag"uk gh orëku gA bl d" I e>us okyk ekuo gh gA çekf.kr djus okyk Hkh døy ekuo gh gA

pkj a voLFkkvka d" B; oLFkk ds : i ea i gpkuk ekuo þruk fof/k I s I EHko g" x; kA tho þruk fof/k I s vFkok Å'oj þruk fof/k I s ges; g I e> eaughavk; k Fkk þorëkuß þcek.k B vkg þtlxfroß okLrfod : i ea ds s g"rk gß D; "ag"rk gA 21oha

'krknh I s gh ekuo pruk Li"V g"uk 'kq gAA ekuo pruk fof/k I s gh v[kMrk vlj I kolkérk Li"V g"rh gA tho pruk fof/k I sge 0; fDroknh vlj I epk; oknh pruk rd gh i gp i krs gA tho pruk o'k gh ekuo tkfr viu&ijk; s ds pDdj e s vk; kA tho pruk fof/k I s gh ekuo tkfr usekuo[lkj çNfr d" viusþkkx d h olrqeku fy; kA ekuo d" /kjrh ij cxV djus dsfy, ekuo[lkj çNfr I Eiwlçdkj I sekuo dsfy, þvudþyrk d" cxV fd; kA ekuo cxV g"us ds ckn dYiuk'hyrk vlj deLorärk ds vklkj ij I onu'hyrk ds vFkz e s þvudþyrk vlj þcfrdrýrk d" r; djrk jgkA Hkfer ekuo viuh vudþyrk dsfy, fof/k çdkj I s 'k"k.k fd; k vlj çfrdrýrk d" fufet djrk jgkA ekuo us ; g I c djus d" yHkoknh] Hkxoknh vlj dkeoknh ekufl drk ds vFkz e s vko'; d ekukA bl ds Qy i fj. kke e s /kjrh dk chekj g"uk gyk vlj I kfk : i eanij I pkj /nijJo. k] nijn'ku] njxeu½ dk çklr g"uk ?kfVr gykA

vHk rd d" A , s k I epk; n[ksus d" ugha feyk t" viu&ijk; s dh nhokj'a I s eDr vlj vijk/k eDr fnykus ds çLrko I s i llu g"A vijk/k eDr vlj viu&ijk; s dh nhokj'a I s eDr U; k; I Eer] I ek/ku I Eer vlj I R; I Eer ekufl drk i o d gh I Ekk gA e/; Lfk n'ku ds vuq'ku i o d ; g v/; uxE; g" pðh gA bl dk y" d0; ki hdj.k g"uk 'k k gA ; gh tkxfr vlj çek.k dk I kkh g" xkA

ekuo I e>nkjh i o d bI ek/ku I i llu g" I drk gA I kfk gh ; g Hk h I e> vkrk gSgj ekuo I e>nkj g" I drk gA ; gh e[; ckr gA ekuo ijEijk e agh I ek/ku I gt çek.k g"uk I Ekk gS vlj vc bl dh vko'; drk cu pðh gA gj ifjokj I e>nkjh I s I ek/ku vlj Je I s I ef) I i llu g"uk Lohkkfod gA tho pruk e aJe d" A djrk gS olrq I s I i llu g"us dk

vf/kdkj fdI h nli jsdk jgrk gA ; g egku xyr g" x; kA bl e s I kouk yxkus ds fy, þc) d Jeß vlj þHkfrd Jeß dk dkyifud Hkk'kk fn; k x; kA bl ds i fj'kyu I s i rk pyrk gS c) drk thou I gt cxVu gA c) drk I sfopkj'hyrk i o d ekuo ijEijk e aJeß g"uk ik; k tkrk gA ; g Je þfui qkrkþ vlj þdþkyrk e fu; "ftr g"rk gA

thou gh Kku] foosd vlj foKku d" vfHkO; Dr ; k çdkf'kr djrk gA Kku gh foosd vlj foKku ds : i eafopkj i o d çdkf'kr g"rk gA , s fopkj dk L=r Kku gh gA Kku I gvfLrRo Lo: ih gA I gvfLrRo I gt vfLrRo ead" A folkktu jkk ughagSD; fd I gvfLrRo fur; çHkkoh gA bl dk Hkkx&foHkkx g"rk ugha gA t" dN Hk , d&, d : i eafn[krk gS ; g I c I gvfLrRo I # e a I ffer gA , d&, d ds I gvfLrRo dk I # eij : i e a 0; ki d gh gA 0; ki d eagh , d&, d Mckj Hkxkj f?kj k gA , d&, d ds0; ki d I svyx g"us dh d" A 0; oLFkk ughagS u ; g vyx g"rk gA ekuo vHk rd t" ç; x vlj ; k=d fof/k; "a d" viuk; k gS muea I s , s h d" A fof/k ugha gS t" olrq d" 0; ki d I sckgj dj nA ekuo d" bl rF; d" an; xe djuk gh , d ek= mik; gA bl I sekuo pruk mtkxj g"us cxV g"us vlj 0; ogkj e açekf.kr g"us dk I ozkk I # gA

ekuo þg"uB ds I kfk vlj þg"uB dsLo: i e a tkxr g"rk gS vlj çekf.kr g"rk gA þg"uB dsçfr Hkfer jguk gh foxr e s ekuo dh I kjh djrr dsey e agh þg"uB dsçfr Hkfer jguk gh orzeku e aekuo dh I kjh I eL; kvk adsey e agh ekuo viuse I s dsfy, þg"uB ds I EcUk e aHkfer jgus I sgh I k j ds I kfk /k [kk/kMh gA] QyLo: i ekuo vuq'ku çdkj dh I eL; kvk aeaQd x; kA gj I eL; k, aekuo Ñr gj u fd vfLrRo I gtA vfLrRo e a d" A I eL; k ugha gA vfLrRo dsfy, d" A I eL; k ugha gA

ekuo dsu jgus ds ckn Hkh vfLrRo jgrk gh gA

vHkh bl /kjrh ds ekuo reke fo/kk ea Hkfer jgrs gq] rduhdh fof/k I s cktr I pkj ; a'a ds vkkj ij vud ekuo foghu /kjfr; "ad" igpku pdk gA vHkh Hkh vks /kjfr; "adh [kt py jgh gA bl /kjrh I sT; knk] bl /kjrh ds l ekuj vFkok bl /kjrh I s FKM de I kku al s l illu nli jh /kjrh d" [ktus dh viqk eabl /kjrh dh oLrqd" cjckn dj jgk gA ekuo bl I e) /kjrh ij I qj foxr I svHkh rd fof/kor~thuk I h[kk ugha gSvfi rqvudiy : i eacLrt bl /kjrh d" cfrdiy cukrs gq 'kku] t'u eukrk gh jgk gA bl fo'yik. k I sekuo vHkh Pfdrus i ku h eaqg] ; k ekuo dk pgsl ; rB vHkh D; k gS; g Li "V g" tkrk gA

ekuo usviuh bl gS; r I sviusfy, gh vMpu i hik fd; k gA bl I sekuo ds /kjrh ij cusjgus ij c'u&fpgu yx x; k gA ekuo }jk mi tkA gA I eL; k, a ekuo ds gh xys dh Qkd h g" x; h gA ekuo vi usvfLrRo dscfr I 'kdr g"uk 'kq g" x; k gA bl fLFkfr dk fujkdj.k ppruk fodkl ew; f'k{kk fof/k d" vi ukuk gh , d ek= mik; gA bl dsfy, cLrko ekuo I Eek çLrt g" pdk gA bl d" ijh{k.k} fujh{k.k} I o{k.k} i zd tkprsgq 1/2 ek/kku dsfy, i ; klr gS; k ugha 1/2 vi ukuk gh I Hkh I epk; "ads fy, 'k&vol j gA

I oz Hkh gk

1/4çSy 2006] vejdl/d%

### foKku vks ekuo Hkk"kk I #

foKku dk ç; "tu ekuo pruk fof/k I sekuo y{; vks thou ew; çekf.kr djus dsfy, fn'kk fu/kjrh djuk gA

foKku eþdkyoknh Kkuß þfØ; koknh Kkuß vks þfu. k oknh

230@e/; Lfk n'kk ij vkkfjr I okn

Kkuß ds I kolk fl )kr vks fu; e" dk c"/kxE; g"uk vko'; d gA

fu. k dkjrh çofuk ea ekuo Hkk"kk I # tfor jgus dh vko'; drk gA ekuo Hkk"kk I # d" I kolk : i ej vFkk~ /kjrh ij I Hkh ekuo ds Lohdkjus; X; Hkk"kk d] dkj .k xqk xfr : i ea igpuk x; k gA

dkj. k Red Hkk"kk eaqj fLFkfr] xfr] ?Vuk eafufgr Þey Kkuß Li "V g"rk gA ts s vfLrRo þ g"ub ds : i eaqj ekuo I dkj] tho I dkj] ouLifr I dkj vks inkfz I dkj ; s pkj a voLFkk, a þg"ub ds vkkj ij gh ekuo ej I s dsfy, I e> ea vkrk gA þuglag"uk ekuo d" I e> eaqvkrk ughagA þuglag"uk g"rk gh ughagA þfrj Hkkob ; k þfeV tkuß dk t" dYi uk fn; k x; k og ekuo ijEijk eacelf.kr g"uk cuk gh ugha bl dk dkj.k ; gh gSþfrj Hkkob ; k þfeV tkuß g"rk gh ughagA þifjorluß g"uk ik; k tkrk gA ifjofrj : i vfLrRo eaqirk gh gA bl s l xBu fo?Vuj jpuk fojpuk ; k ifj. kke ifjorlu dgk tk I drk gA ifj. kke ifjorlu dh vi uh fLFkfr fuf'pr gA ifjofrj I Hkh oLrq vi uh fLFkfr eaqg"rs gh gA ifjofrj fLFkfr iDfLFkfr I s fLklu g"rsqg Hkh þg"uk ekir ughag"rkA fdI h Hkh Lo: i eaq"uk og Hkh , d ; Fkk fLFkfr g"uk ; g þl nk&l nk g"ub dh xokgh gA

xqk Red Hkk"kk I s I e] fo"ke vks e/; Lfk fØ; kdyki Li "V g"rk gA mnHko fØ; kdyki þl eß fØ; k ds : i ej çy; fØ; kdyki d" þfo"keß fØ; k ds : i eaqpuk tkrk gA I kfk gh t" dN Hkh mnHfor jgrk gS ml d" cuk, j[kus ea t" Hkh dk; dyki gSml h dk uke þe/; Lfk gA vfLrRo eaqpkj voLFkkvka dk çxVu gA gj voLFkk dk ml dsoñko d" cuk, j[kuk e/; Lfk fØ; kdyki gA

e/; Lfk fØ; kdyki d" ekuo ijEijk ds l UnHkzeanskar"

ekuo ijEijk ea'ksko] døek; } ; ou] ç<sup>ç</sup>+vks o) voflkvads : i ea ifjyfkr gA ekuo ijEijk ea b0; ogkjB bl ds l kfk l t'i "V g'rk gA gj ekuo l rku tle l sgh U; k; dk ; kpd g'rk gS l R; oDrk g'rk gSvks l gh dk; Z 0; ogkj djus dk bPNq g'rk gA ekuo l rku dk vi usvflkkod'ads l kfk b0; ogkjB g'rk gh gA ekuo l rku Lohkkod : i ea vi us vflkkod'a dk vuq j.k vuqj.k djrk gh gA bl 0; ogkj dk bç; "tuß gs vflkkod'a}jk l rku eaU; k; çnk; h {kerk Lfkfir g] l R; dk c/k g" vks l gh dk; Z 0; ogkj djuk fl [k; k tk,A , k djuk vflkkod'adk i gys l sml dsb; X; B cusjguk vko'; d gA bl çdkj gj ekuo l EcUk ebnkf; Ro ad" fuokg djusdsfy, ml ds fy, vko'; d Kku food] foKku l s l aUu jguk vko'; d gA

xf.krkRed Hkk'kk l ek/kku] l ef) i oDl thusdh vko'; drk dsvk/kj ij x.kuk fof/k i oDl PoLrqeyd xf.krB d" l e>usds fy, gA ekuo dk vdys ead'A dk; Øe ughagA vdys ekuo ead'A pçek.kB ughagA vdys ead'A b0; ogkjB g'rk ughagA n" 0; fDr l svf/kd g"us i j gh bifjokjB dgykrk gA ifjokj eaq"us dsckn l ek/kku] l ef) dk oñko çekf.kr g"uk vko'; d g" tkrk gA ifjokj dh vko'; drkvka ea b0 ef) B l s l Ec/kr ftruh Hkk ckr gS ml ea xf.kr dsvk/kj ij Hkk ckr djuk curk gA oLrq eyd xf.kr ekuo midkjh g"uk ik; k tkrk gA ekuoñkj çñfr ds l kfk ekuo ftruk Hkk dk; Z djrk gS og l ok/kd Hkkx xf.kr&xkgj gA

1/1çSy 2006] vejdñ/dñ

### ipkj ek/; ek dh l kfkdrk

vkt l Hkk çpkj ek/; e vijk/k xfrfotf/k; "ad" T; knk l s T; knk çpkfjr fd; k djrk gA çpkj ek/; e dk ey Lo: i

I gh&xyrh d" pskus l sgS vFkok Li "V djus l sgA bl ea l s þxyrh dk çpkj gyk yfdu bD; k l gh gB vks bD; k g"uk pkfg, B bl dk çpkj ughag" ik; kA bl dkj.k o'k vijk/k çofÜk; kij cyn gAA l gh i {k dk irk ughag" ik; kA

fdI h ?Vuk d" ge þxyrh ekurs gä r" ml ekuus ea bI ghB dh vi sk l ekfgr gh jgrh gA bl ckr d" an; æe djus l sirk yxrk gsfd çpkj ek/; e vi uh fo'ol uh; rk cuk, j [kus dsfy, gj þxyrh ?Vuk d" c<k&p<k dj crkusdsLfkku ij] bI ghB ?Vuk, a ds s g"uk pkfg, bl rF; d" mtkxj djA bl rjg ekuo ijEijk ea l qkj g"uk Lo; a LQrZ g"xbA bl fof/k l s 'kk d" pkgs okys l Hkk çpkj ek/; e vi uh l kfkdrk ijdrk vks mi; fxrk d" çekf.kr dj l drs gA vijk/k a dk çpkj djus l s vijk/k c<s gA /kjrh dk chekj g"uk ekuo ds vijk/k l s gyk gA

vijk/k djus okyk 0; fDr ; k l epk; ; g eku dj vijk/k djrk gSbI Hkk vijk/k gB vFkok bni jsy" x gel sT; knk vijk/k gAB bl ekU; rk ds l kfk vijk/k vks etær g'rk tkrk gA vijk/k djus okys d" l gh fn'kk l gh dk; } l gh ç; "tu c/k djkusdh fLFkfr eavijk/k çofÜk l qkjusdh vks fn'kk feyuk Lohkkod g" tkrh gA bl fy, ; g mfpr gS dh i= if=dkj jSM; ] Vsyhfotu vks vkt dh fLFkfr ea bUVju/ Hkk l Hkk fn'kkvka ea b0 gh i {k D; k g"uk pkfg, B bl s çHkk'kkj <æ l s çLrj djus dh vko'; drk gA bl dsfy, çpkj dk; kæadk; jr eskkfo; "ad" bI gh i {k ea ijkjr g"us dh vko'; drk gA mud" l Hkk fLFkfr; "ae b0 gh vks þxyrh dh folkktu jsk d" ij [kus dh vko'; drk gA

bI ghB vks þxyrh dh folkktu jsk tho psuk vks ekuo psuk dse/; eaqh g"uk gA tho psuk fof/k l sdke'leknh]

vflrRo eiyd ekuo dñlnr fpru @233

Hk x Ueknh vlg yHk Ueknh cij .kk, afey jgh gft dk | "rd gA ekuo pruk vius Lo: i ea thou tkxfr dk | "rd gA tkxfr vlg Hke mtks vlg valjs t\$ k gh gA

%çşy 2006%

### fojk k ij fot; ikuk I EHko gS

vlfnldky I svkt rd ; Ø d" l oltu ekul eavko'; drk ds: i eaLohdkjk ughax; k , d pectcijB ds: i eagh Lohdkjk x; kA , s h etcijh dsfy, rdz; g fn; k tkrk gSiMld h nsk tc I kefjd r\$ k j djrk g\$ rc ged" djuk gh i MekA , s mnxkj t" igysr\$ kj djrk g\$ og Hkh nsk gA ckn eat" r\$ kj djrk g\$ og Hkh ; gh rdz nsk gA , s seafdl d" l gh eku\$ rc ; gh , d fu" d" k fudyrk g\$ jkt xnah eat" cBs d" 0; fDr r\$ kj gerk g\$ ml ds eu ea l kefjd r\$ Hk; vlg çy'lk u ds vklkj ij r\$ kj gyk gh jgrk gA jkt xnah ij cBs gq vknah d" xnah f[kl dusdk Hk; cuk gh jgrk gSA bl fy, jkt xnah eacBdj i\$ sd" forfjr djus dsbnkrkB cusjgrs g\$ vlg xnah cuk, j [kusdsfy, fdrus Hkh Hk Vpkpj] vukpj] njkpj] I ekosk djus ds fy, çy'lk jgrs gA , d fu" d" k fudyrk g\$ pjkt xnah jgsxk r" ; Ø dk; z jgsxk ghAB

bl çdkj dh flfkfr ea bl I scpk d\$ s tk, \ bl ij I "pus ds fy, fodYikRed fof/k dh vko'; drk gA t" vuq allku inöd gekjs djryxr g" x; hA

ekuo pruk fof/k I sge ; g ik; sg\$ foj"/k dk foj"/k vlg foj"/k dk neu dsLFku ij foj"/k ij fot; B ikuk I EHko gA ; g I e>nkjh I gt : i ea y'd0; kihdj.k g"uk gh gA bl s iku ds fy, I # : i ea ppruk fodkl eW; f'k kB fof/k I s ijs ns k ea foj"/k ij fot; B iku ds ekuf drk d" r\$ kj fd; k tk I drk

234@e/; Lfk n'klu ij vklkfjr l ökn

gA foj"/k ij fot; iku dsfy, B l oltcijh l ek/kuß gh , d ek= mik; gA B l oltcijh l ek/kuß l e>nkjh l s gh ekuo ijEijk ea çekf.kr g"rk gA bl dsfy, l gvflrRo n'klu Kluj thou Klu vlg ekoh; rki wlk vlpkj .k Klu bu rhuaev/ ; uiöd ikjär g"us dsmijkr gh vutko eiyd fof/k l s l oltcijh l ek/ku çxV djus dk vf/kdkj gj 0; fDr eag"uk ik; k tk rk gA

bl vlg gj 'k lk pkgs okys 0; fDr d" /; ku nsus dh vko'; drk i lk g" x; h gA

%çşy 2006] vejcdvd%

### oréku dk fo[kMu ughafd; k tk I drk

oréku dk rkri ; ZgSg"uk jgukA g"u&jguseafØ; k'khyrk l nk&l nk l sFLfkfr&xfr : i ej Qy ifj.kke : i ea oréku gh jgrk g\$ vHkh Hkh oréku jgsxkA bl çdkj oréku dgħa Hkh [kMr g"uk ; k [kMr jguk fdI h Hkh fof/k I s EHko ugha gA

\_.kkRed fof/kB l soLrqds vHkh for g"us dh ckr fd; k tk rk gA , s ç; "x"ad" l okt/kd : i ea xf.krh; fof/k l s l illu djuk ns[kus d" fey jgk gA \_\_.kkRed fof/k l soLrqLFkkukrfjr g"rh gA d" , d ns k dky eaolrq t" Fk] og ni jsn sk dky eapvh x; hA mnkgj.k : i ea%10&10 ¾ 0p , d k xf.kr eafy[ k djrs gA bl l s ekuo d" l ns k : i ea t" Lohdkjus d" l # feyrk g\$poLrqughajgħkA bl rjg xf.krh; fof/k t" l PpkA d" mn?kkVr djus x; k Fk] >BkA eamy>krs pys x, A

fo[kMu fof/kB l s Hkh oLrqvlj fØ; k ds l ekir g"us dh dYi uk nh tkrh gA fo[kMu Øe ds fy, pkdij Njih ryokj] fil kA] ?k/kA dk ç; "x fd; k tk rk gA bl ds ckn l {; kkRed xf.kr dk l għjek fy; k tk rk gA bl Øe ea , d olrqd" għlk

VpMk fd; k i p%ml ea s, d VpMs" gtlj VpMk fd; k bl çdkj djr&djrs VpMk fof/k l s, d VpMk cpk gh jgrk gA ft l d" xf.kr; fof/k eayux.; ß eku yrs gA vFkok vlg VpMk djusefnypLih [k e g" tkrk gS vFkok vlg VpMk djus dk vko'; drk ughajgrkA , h Fkdh gA ekufl drk dh fLFkfr ea poLrq l ekir g" x; h k xf.kr; fof/k l s Lohdkj yrs gA tcfld gj fo[kMu ds igys b, dß g"uk Lohdkjs gh jgrs gA ml d" gtlj Hkkx ea foHkkftr djus ds ckn , d Hkkx d" i p% foHkkftr djuk Lohdkj rsgA 'k 999 Hkkx ; Fkkor-j [k gh jgrk gA bl Øe d" t"Musij irk yxrk gsekuo Hkfer djusd" gh fo[kMu fof/k xf.kr d" viuk, A fo[kMu fof/k xf.kr d" viuk, A fo[kMu fof/k xf.kr ekuo d" dN Hkk l dkjkRed oLr] mi yfCk] ?Vuk] vFkok Kku nuseavl eFkzjgkA tcfld xf.kr; Hkk d" l ok/kd l R; eku djdsfoKku l k mn; gyk Fkk!

ncko fof/kb l s Hkk oLrq vlg fØ; k ds l ekir g"us dh dYiuk nh tkrh gA bl ea; k=d nckoß vlg bÅ"ek nckoß ds Hksa l s ç; "x l illu ggA bu ç; "x aeaçgj çdkj dsj l k; u æo; "a ds l a "x ea Å"ek ncko i h k djrs gg ns[kk x; kA , d i Vk [k l s ydj clñid rd] clñid l s ydj r"i rd] r"i l s ydj vlf.od cEc rd fo/ol fØ; kdyki "ad" djrk gyk ns[kk x; kA bu l Hkk Øe ea Å"ek fof/k l s ncko g"uk ml ncko l s okrkoj.k ea/ofu l s ydj dN u dN mi æo epkus ds: i ea fujhk.k i jhk.k djdsfu.l yrs pys x, A

bu l Hkk fof/k; "a ea l ok/kd gkfucn Å"ek ræ çnllk fodhj.k; /kryka ds ifj"dj.k i ñd e/; k k dk fo[kMu i ñd gykA ; g l c t" ekuo tkfr ds fy, udkjkRed gS ml dk xqk&xk; u vk, fnu çpkj ek; e;a}jk fd; k tkrk gA bl çdkj foKku fo/kk ea t" l ok/kd l Eeku i krs gA og l ok/kd

fo/ol dkj l ekuo foj"/h vlg fu; fr foj"/h gA ; g l c uk'k vlg vMpu dk dkj.k cu pdh gA l kefjd ræae l kefjd fopkj a ej l kefjd ç; "x aea yxu foKku; "ad" l ok/kd mi ; "xh ekuk tkrk gA

gj Ä"V vfu"V ?Vuk, aoržku eagh ?kfVr g"rh gA bl ea l s Ä"V ?Vuk, aekuo d" Lohdkj g"rh gA vfu"V ?Vuk, aekuo d" Lohdkj ughag"rhA ge vijk/k dsfy, Hkysgh Hk; cy Hku o'k l ger g" x, gA ij vkt dh fLFkfr eaekuo dly ea thfor l ok/kd yx a ea vijk/k vLohNr gA bl fy, fodYi kRed fof/k d" l "pus dh vko'; drk gA

vijk/k eDr fodYi kRed fof/k l sgh l Hkko gS i jEi jkx r fof/k l s ugh HkVdko l s eDr i kus ds fy, l gvfLrRooknh fodYi kRed fopkj] 'kL=] f'k[k] 0; oLFk ds çfr ikjær g"uk vko'; d g" x; k gA ; g l o"r eDk l ek/kuß , d l gt ekxz g"uk Li"V g" pdk gA

1/çSY 2006] vejd/d½

### dYiuk'khyrk vlg deLorark dk ç; ktu

ekuo eadYiuk'khyrk vlg deLorark gS; g l cd" irk gA mYy[kuh; vlg fopkj.k; ckr ; g gS 21oh l nh rd pdYiuk'khyrk vlg deLorark dk ç; "tu D; k gS] bl ckr ij d"Ä eu"foKku] l ekt'kL=h vFkz'kL=h /; ku D; "aughans ik; ; g /keZulfr vlg jkT; ulfr l k dsfo}ku adsfy, vlg Hkk xhkj : i ea l "pus dk emnk gA

ekuo eadYiuk'khyrk vlg deLorark dk ç; "tu D; k gS bl dk l k j l k mÙkj ; gh gS ¼½ dYiuk'khyrk vlg deLorark ekuo ea pfu; fr çnllk gA l gvfLrRo ea pçxVu fof/kb l sekuo i jEi jk /kjh ij gA ½½ekuo eaçxV dYiuk'khyrk

vkj deLorärk dk þrflr fcññi iuk gh bl dYi uk'khyrk vkj deLorärk dk ç; "tu gA ; gh Þekuo y{; ß Hkh gA

ekuo dh ifjHkk'kk gSþeukdkj d" I kdkj djusokyk vkj eu%LoLFkrk d" çekf.kr djusokykA ekuo us vñkh rd viuh ifjHkk'kk dk vk/kk Hkkx þeukdkj d" I kdkj djukß ijik dj fy; k gA bl Øe eaeuko ijEijk usvkgkj] vkokl] vydkj] njJo.k] njn'ku vkj njxeu I cñlh olrñka d" çktr dj fy; kA ; g ekuo dh deLorärk ds QyLo: i gh gykA dYi uk'khyrk ds I kfk gh deLorärk cxV gA gA ekuo viuh dYi uk'khyrk d" deLorärk ea ifjofrj djrk jgk ft I sml us viuh ifjHkk'kk dk vk/kk Hkkx çekf.kr dj fy; kA yñdu mDr olrqækrlr g"usds ckotm ekuo dk I qñh g"uk ; k eu%LoLFkrk çekf.kr g"uk ugha cu ik; kA ekuo dkf; d] okfpd] ekufi d] ñr] dkfjr] vuþfnr fof/k; al sftrush deLdjrk vk; k vkj vksdjusokyk gñmu I cdsQyu eaeuko þl qñh g"uk pkgrk g\$ ; k eu%LoLFkrk dks çekf.kr djuk pkgrk gA

bl çdkj ge bl fu"d"keavkrs gñdYi uk'khyrk eagh I qñh g"us dh vk'kk] vfkok viñkk] vfkok bPNk I ekA gA

vk'kk] viñkk vkj bPNk thou I gt çfØ; k gA bl ds I kfk thou eaLefr; k çhkfor jgrh gh gA gj ekuo eafoxr I s Lefr; k orëku eaçek.k vkj Hkfo"; dsfy, viñkk g"uk Li "V g"rk gA þl qñh çek.k Lo: i eaorëku eagh g"rk gA orëku ea vk'kk] viñkk vkj bPNk dsrlr u g"usdsQyLo: i gh ekuo Hkr vkj Hkfo"; ea vius Lej.k d" nMk, jgrk gA Hkr vkj Hkfo"; þl qñh dk vk'kk] u g"usdsQyLo: i ekuo þeuekuß djrk gA

ekuo dh þeuekuß d" j" dusdsç; kI djusdsfy, n" /kñ a ea þhk; ß vkj þcyHkuß dk ræ çLrñ gykA bl s dN bu&fxus y" x gh LFkkfir fd, A çyHkkukRed ræ foftklu nsk

dky vkj l epk; "a ea foftklu çdkj I s þ/kez xnñh }kjk çLrñ gykA bl ea jgL; e; h ã'o] vudj.k u g" I dusokysegki #k vorkjh iq "k] ã'o] ds I msk&okgd] fl ) & i "#k a d" dtæ ea j [k dj rju&rkjusdk çyHkkukRed dk; Øe çLrñ fd; k x; kA I kfk gh þiki ß dscfr Hk; vkj ck; f'pük dk dk; Øe fn; k x; kA bl çdkj jkT; ræ }kjk I kekU; 0; fDr; "ad" tku&eky dh j{k djasdk vk'oki u vkj ml dsfy, I hek I j{k djasdk dk; Øe jgkA bl ds I kfk gh jkT; ræ dk Li "V dk; Øe jgk xyrh d" xyrh I s j"duk] vijk/k d" vijk/k I s j"duk vkj ; ð d" ; ð I s j"dukA /kez xnñh vkj jkT; xnñh dk ræ ; g I "pdj vkj Ekk gyk I kekU; 0; fDr bu ræ adh ey çofük d" I e> ughaik; skA 20ha'krkñh rd I ok/kd ekuo bu ræ adh dyA d" [kyrs gq nsk fy; k vfkok bu ræ adk ç; "tu D; k gSvkj D; k g" jgk g\$; g I e>us ds; "X; g" x; kA

ekuo viuh dYi uk'khyrk vkj deLorärk ds pyrs tñky ; k I sxtk dchylk ; k eñxk dchylk ; k I sjkT; ; k eñ jkT; ; k I sy'd ræ ; k eaigp x; kA y"draæ ea gj ekuo] vfkok I ok/kd ekuo þurRo ekufi drkß dsfy, rRij jgkA dN y"x"ad" gh urRo in fey I drk g\$ bl fy, ml dsfy, I ak"kk Hkkoh g" x; kA bl ds I kfk y"draæ ; k ea jkT; ; k ea jktkvks ds I fo/kk I xg dh I puk I oñekuo dsfy, çLrñ g" x; hA ml vk'kkj ij jktkvks d" t" I fo/kk I xg mi yC/k Fkkj ml I sT; knk i kus dsfy, urRo çofük; k vkkfyr g"rk gyk nsk x; kA

jkT; ; k ea vpk; Z, d þvkn'k : i ea x.; g"rk FkkA jkt xnñh ij cBk gyk jktk viusd" þvkn'k g"uk Lohdkj gh ysk FkkA jkt; xnñh ds þvkn'k i wkr; k I fo/kk I xg vkj v.; k'kh cnek'kh I shjk jgkA jkt; xnñh ds<kp&[kps eagh tu çfrfuf/k I ok/kd I {; k ea my>k gyk fn[kkA i Mfk gA tu

çfrfuf/k fof/k I s x.k r= ç.liky h jkt; ; q ds ryuk eapifo=ß g"uk tuekul ea Lohñr jgkA yfd u vkt dh flfkfr ea tu çfrfuf/k I ok/kd Hk'Vkpkj] vçR; kf'kr /kzlk iød I fo/kk I xg mikftz djrk gyk n[ksud" feyrk gA PvçR; kf'krß I seryc gS ftI I e; tuekul fuokbu fØ;k djrk gS ml I e; Lohñr jgrh gS fd tu çfrfuf/k tu fgr ea dk; z djxkA fuokpr g"usdsckn btu fgrß Hk'kk eagh jg x; hA tu fgr ds fy, t" eep r= Fk] og tu çfrfuf/k ds }jk fu{kfir g"rk x; kA

bI rjg ftud" I kekU; y" x Pvkn'kß ; k PJSBß Lohdkjrs jgs mudk y{; doy bI fo/kk I xgß gh g"rk gyk n[ks x; kA Qyr% I Hk' Kku] vKkuh vlg foKkuh I fo/kk I xg dh gh drkj eagh x; A I ok/kd tuekul tc Hk'Vkpkj dsfy, rRij g" x; k r" ekuo ds euekuh ds QyLo: i /kjrh chekj g" x; hA ekuo vusd çdkj ds u,&u, j" x;a ea xlr g"rk x; kA ; g I c ifjfLFkr; k vr; k/ud opLo dk Qy ifj. kke gA ekuo ijEijk vijk/k xlr g" pølh gA ; siifjLFkr; k ekuo ijEijk dsvijk/k a ds Qy ifj. kke gA 20ohal nh rd tho pruk fof/k I s thus ds Øe eaekuo ijEijk ea fo/kk I xg dh fyll k c<ñ ftI dsfy, I Eiwl vijk/k fd, x; A

vijk/k eDr ekuo ijEijk ds fy, gj 0; fDr I ek/kku I allu g"uk vlg gj ifjokj I ek/kku] I ef) I allu g"uk vlg mi dkj djuk vko'; d gA ml ds fy, ekuo eaþpruk fodkl ß gh ç/kku eþnk gA ekuo pruk ea thou I gt vk'kk viðkk vlg bPNk þorðkuß eagh rlr jgrh gA þeuekuß d" j" dus dsfy, fQj þhk; B] þçy'kkuß vlg Pvklfkß ij vlgfjr r= adh vko'; drk ughajgrhA

þpruk fodkl ew; f'k/kß dk dk; Øe i s I s ugha gA

ml ds fy, I e>nkjh I s i allu vflkkr~ekuo pruk no pruk I allu v/; ki d] x#tu] vpkp; k dh vko'; drk gA ekuo pruk ea ikjær gj ekuo I ealka d" þç; "tu" a ds vlgkkj ijß i gpkurk gS vlg ml ds fuokg djus ds Øe ea ñrKrkj xgo] J) k] çe] fo'okl ] okRI Y;] eerkl I Eeku] Lug tø seW; "ad" çekf.kr djrk gA ; gh PU;k; ijEijkß dk eryc gA bu mi yfck; "a ds vlgkkj ij þv[kM I ektß vlg pl kohE 0; olFKkß ds I kfk I oZekuo dk þfujrj I qkß g"uk curk gA ; gh ekuo ea dYiuk'hyrk vlg deLorark dk þç; "tu" gA

thou ea n"Vk in çfr"bk vlg tkxfr I gt çek.kadk ekuo ijEijk eagh uk vko'; d g" x; k gA D; "fd ekuo ijEijk vijk/k a seDr g"uk pkgrk gS vlg ekuo ijEijk dsvijk/k a seDr g"us dh vko'; drk gA

þvçy 2006] vejdvd½

### dYiuk'hyrk vlg deLorark dk L=k D; k gA D; k gA vlg dS k gA

dYiuk'hyrk ds I kfk deLorark gj uj&ukjh ej I s ds fy, þlokHkfo : i ß ea gA þlokHkfo dk eryc þfu; fr I gtrkß I sgA þfu; fr I gtrkß dk eryc I gvflrRo eaçxVu Øe ea t" fodkl Øe] fodkl ] tkxfr Øe] tkxfr gS ml I s ekuo ijEijk /kjrh ij gAA ekuo ijEijk ea 'kjrh jpuh dh eþydrk ea; g ik; k x; k fd thou I gt dYiuk'hyrk 'kjrh vlg thou ds I aDr Lo: i eaçxV g"rk gyk n[ksud" feyrk gA ekuo ijEijk 'kjrh vlg thou ds I aDr I kdkj : i eaçxV g"rk gyk n[ksud" feyrk gA gj uj&ukjh ej I s dsfy, thou dk Lo: i] thou dk dk; ] thou dk ç; "tu I eku g"uk v/; uxE; gA ; g v/; ; u PvflrRo eyd ekuo dñer fpruß

Øe eaçxV vlg çekf.kr gA

ekuo vius dYiuk'kyrk d" deLorark ea ifjofrk  
djrk jgrk gA deLorark ekuo ijEijk eaçekf.kr g"rh gA  
ekuo pruk iød thou lgt dYiuk'kyrk vlg ekuo lgt  
deLorark dk rflr fcUnqLi "V g"rk gA thou lgt dYiuk'kyrk  
dk rflr fcUnq thou y{; I [k] 'kkur] I r"l vku dsLo: i  
ea gA ekuo lgt deLorark dk rflr fcUnq ekuo y{;  
I ek/ku] l ef) ] vhl; ] l gvflRro dsLo: i eaga ekuo y{;  
çekf.kr g"rk g"sr" thou y{; Hh çekf.kr g"rk gA thou y{;  
çekf.kr g"rk g"sr" ekuo y{; Hh çekf.kr g"rk gA thou y{;  
ekuo ijEijk eaçekf.kr g"uk vo'; EHkkoh g" D; "id ekuo ijEijk  
tho pruk o'k vuø çdkj l svijk/djuseaçoulk g" ppk gA  
bl dh xokgh /kjrh ds chekj g"us ds : i eaçLrr gA thou  
lgt tlxfr ekuo ijEijk eagh çekf.kr g"rh gA ft l dsQyu  
eaekuo dk plj"avoLFkkvads l kfk l ryu iød thuk] ll; k;]  
/ke] l R; dk çekf.kr g" ikuø ekuo ijEijk ej l dsfy, , d  
efgek l aulu olko gA efgek l Eiurk dk rkri ; Zvijlk/k efr  
ijEijk l sgA ; g l c dYiuk'kyrk vlg deLorark dsrflr  
fcUnqd" ikusdsØe ea'k/k vlg vuø lku iød v/; ; u dsfy,  
çLrr g"KA

bl çdkj dYiuk'kyrk vlg deLorark dk L"r l e>us  
ds l kfk&l kfk budh pl kfkdrk Hh l e> eavk; kA dYiuk'kyrk  
vlg deLorark dh l kfkdrk ekuo pruk iød eu%oLFkrk d"  
çekf.kr djuseagA eu%oLFkrk vH; p; ; k l o"r"ekh l ek/ku  
dsLo: i eaga bl dsQyu ea l Eiukz ekuo tkfr d" bv[kM  
l ektB ds : i ea igpkuuk curk gA bl fof/k l s pl koke  
0; oLFkk dk Lo: i Li "V gA ; g bl ckr dk m"ukj gS  
dYiuk'kyrk vlg deLorark pd; "l gA bv[kM l ektB vlg

242@e/; Lfk n'ku ij vklkfjr l okn

pl koke 0; oLFkk d" çekf.kr djusdsfy, dYiuk'kyrk vlg  
deLorark gA

i fjokj ea gj l nL; dk l e>nkj g"ukj QyLo: i  
l ek/ku l aulu g"uk vlg Je iød l ef) l aulu g"uk vko'; d  
gA l ek/ku] l ef) iød gh gj i fjokj pmidkj çofukk eaq"uk  
ik; k tkrk gA bl çdkj pl koke 0; oLFkk dk n'k l "iku; Lo:  
i fudyrk gA bl rjg pdg kç' u dk m"ukj feyrk gA  
l koke 0; oLFkk dsn'k l "iku; Lo: i d" ge vxysçl x ea  
n[ka]

1/çSY 2006 vejdvd%

### I koke 0; oLFkk

vkt ejsoDr0; dk epnk g"pl koke 0; oLFkkBA l koke  
0; oLFkk ds s"rh gA fi Nys rhu fnu"ea vki ds l Eek çLrko  
j [k] g" fd "odYi\* Lo: i ea"l e>nkj" l s l aulu g"us dh  
vko'; drk gA \*l e>nkj" l s l aulu g"us dsckn 'çekf.kr\*' djus  
dh vko'; drk gA ; g ekuo ds l keus"vko"; drk\* dsLo: i ea  
j [k] g"KA l u~2000 rd Kku] vKku] foKku] bl /kjrh ij  
t" dN Hh l "pk fu.kj fy; k fd; k ml dsQy ifj. kke ea; g  
/kjrh chekj g"rsqg n[ksd" feykA viuk ijk; k dh nfj; k c<fs  
gq n[ksd" feykA ns"adl l hekvka ij folkk"dk, j c<fk g"KA  
n[ksd" feykA bu l c d" n[ksd" i j ekuo tkfr ea l "pusdk  
epnk m"ukj pge l gh dj jgs gA ; k xyr dj jgs gA

ml ds m"ukj ea"odYi Red Lo: i ea"l e>nkj" dk ; g  
çLrko gA l e>nkj" d" vfLrRo n'ku Kku] thou Kku vlg  
ekuo; rki wkl vkpj.k Kku ds l aDr : i ea v/; ; uxE; djkus  
dk 0; oLFkk fn; kA bl d" v/; ; u djusokys vkt yxHkx 2000  
y" x r" g" ppdsqA vc ; fn vki dh bPNk g" r" vki Hh v/; ; u

dj I drs gA ; g vki d" I puk nuk pkgkA

bl çdkj ; fn v/; ; u gürk gs r" ekuo dk þekuo  
prukß iñd thuk curk gA vññ rd ekuo tkfr þtho prukß  
eaft; k gS ; g I el{kr gykA tho pruk ea thrs gq ekuo us  
tho"al svPNk thusdk ç; Ru fd; kA bñghaç; Ru"adsQyu ea; g  
/kjrh gh chekj g" x; h ftI I siñfoþkj dh vko'; drk cu x; hA  
iñfoþkj dsfy, fodYi Red : i eaþl e>nkjß dk çLrk gA

vfLrRo n'ku Kku] thou Kku] ekuo; rki wñl vkpj.k  
Kku bu rhu"ad" N'M+dj ge dññh Hkh þl e>nkjß ugha gññ  
vññh Hkh ugha dj Mñ o"l ds ckn Hkh ugha bl Kku d" ijh{k.k  
djusvññ 'k/k djusdk vf/kdkj gj 0; fDr ds ikl j[kk gA ; g  
eñvi us vññko I scrk jgk gA

, s I e>nkjh I s iñlu güs ij ged" þl oñ"eñh I ek/  
kuß gkfI y gürk gA bl ckr d" eñs vññko fd; k gþ ft; k gþ  
çekf.kr fd; k gA I oñ"eñh I ek/ku d" eñ th dj nñkk gj  
çekf.kr fd; k gþ bl I sþl çk feyrk gA çdkjkrj I } vkt iñk  
gyk vññeh dy ejus okyk vññeh I Hkh I çk g"uk pkgrs gA  
ekuo pruk I s iñlu güs ij gj 0; fDr ds ikl I ek/ku  
mi yñk g"xnA I ek/ku iñd ge I çk g"rsgA I eL; k iñd nñkk  
g"rsgA þl oñ"eñh I ek/kuß ; fn vki gkfI y djuk pkgrs gññ  
ml dsfy, þe/; Lfk n'ku I gvflRooknß v/; ; u dsfy, çLrq  
fd; k gA ml d" vki v/; ; u dj I drs gA

I gvflRRo eñçxVu fof/k iñd ekuo 'kjrh jpu k /kjrh  
ij çxV gññA bl çxVu eñfdl h Hkh ekuo dk d"ñ Hkh gkfk ugha  
gA ekuo 'kjrh jpu k d" çñfr Lo; a LQñz fof/k I s çLrq dj  
fn; kA tkxfr d" çekf.kr djus; X; 'kjrh /kjrh ij cu pñh gA

I e>nkjh dsfcuk ge I ek/ku I iñlu g"xs ugha ekuo

244@e/; Lfk n'ku ij vññkfrj I økn

tkfr I ek/ku I iñlu g"us ds ckn u I hek I j{kk jgxh u  
viu&i jk; s dh nñj; k jgxh u þkeß jgxhA

þkeß dk Lo: i D; k gS thou gh 'kjrh d" thor cuk  
dj j[krk gA thor cukusdsQyLo: i 'kjrh eal ønuk, a0; Dr  
g"rh gA I ønukvññ" nñk dj thou gh Hkefer gk gSvññ 'kjrh  
d" thou eku cBrk gA ; gh Hke gA ; g Hke jgus rd thou  
'kjrh ds eju vññ thus d" vi us I Lfk t" M+yñk gA 'kjrh d"  
thou ekuuk gh Hke dk eñy Lo: i gA

fodYi Red e/; Lfk n'ku dk v/; ; u djus I s ekuo  
þl oñ"eñh I ek/kuß I iñlu gürk gA I Hkh fo/kk eal ek/ku çLrq  
djus; X; gürk gA v/; ; u dsckjseacrk; k gj 'kñn dk vññ  
gürk gA vññ dsLo: i eavflRRo eñLrqg"rk gA v/; ; u iñd  
oLrqI kññrdkj g"uk c"k g"uk vññko g"ukA vññko g"usdsckn  
çek.k g"ukA bl rjg ekuo vfLrRo eñv/; ; u dj I drk gþ  
vññko dj I drk g"vññ vññko d" th dj çekf.kr dj I drk  
gA

I oñekuo I çk pkgrsgh gA I çk iñd thuk pkgrsgh gA  
os, d 'kjrh ; k=k eagh dñ s I e>nkj gññ I ek/kufr gññ çekf.kr  
g"aml p"ñV eñijs v/; ; u dh 0; oLFk gA , d gh 'kjrh ; k=k  
eñ vññ 'kjrh ; k=k vññ dh ckr ugha gA , d gh 'kjrh ; k=k eñ  
þl Eiñkz ckrß dk v/; ; u dj I drs gA

þl Eiñkz ckrß gS I gvflRRo Lo: i eavflRRo dk v/; ; u  
g" tk, vññ Lo; adk v/; ; u g" tk, A rc I Eiñkz v/; ; u gykA  
bl eal s, d Hkh Hkkx d" N'M+nñr" I Eiñkz v/; ; u ugha gykA

vññh t" f'k{kç pfyr gSog døy I fp/kk I xg djus ds  
fy, gþ vññk dñdsfy, gþ nñj ad" cññcukusdsfy, gA  
vññh ekuo tkfr ds ikl t" Hkh fo}rk gSog bu rhu txg eñ

ys tkusdsfy, gh dke; kc gA vñk rd ekuo tkfr ds i kl t' Hk fo}rk gSog I ek/kku çLrq djuseavl eFk gA U; k; çLrq djuseavl eFk gA I R; çLrq djuseavl eFk gA

v/; ; u djkus d" ydj ge çfrKk fd, g§ fd pKku 0; ki kjB vñg p/kez 0; ki kjB ge ughadjsA v/; ; u dsfy, d"ñ nf{k.kk mxkgus dh ckr ughagA v/; ; u dsfy, d"ñ 'ñd ugha j[kk gA Kku thou I gt vi{kk gA Kku d" VñMñk djdsck ughat k I drkA vñk t" pcf) & tholß dgyk; s tkrs g§ os vi us Kku d" pcpß jgsgA mul siñusij pKku d" d§ scpxA 'Kku\* d" rø D; k tkursg"ß mul sd"ñ mñkj feyrk ughagA bl ckr dk d"ñ mñkj nñs okyk g" r" eñml d" Qñy ekyk i guk djds I qñk! Kku d" pcpus dh fof/kß d" eñs crkus okyk vkt rd feyk ughagA vñk Kku 0; ki kj vñg /kez 0; ki kj eafdrusy" x yxs g§ ml dk vñMñk j[kk gh gA I kjh nfjærk] I kjh vijk/ç cofük /kez 0; ki kj vñg Kku 0; ki kj I s gh gA

I e>nkj g"us ds ckn ge /kez 0; ki kj djks ugha Kku 0; ki kj djks ugha es; fn p/keB d" I e>rk gñr" eñvi us cPps d" ml ds ; X; cukA] vi us vMñl & i Mñl ds 0; fDr; "ad" ml ds ; X; cukA] vi us I adzeavkus okys 0; fDr; "ad" ml ds ; X; cukA] ; gh curk gA eñogh dj jgk gA ej s I adzeavkus okys 0; fDr; "adschp eñdke dj jgk gA 0; ki kj I seDr /kez vñg Kku dk c" k djkus dh eñs 0; oLFkk dj fn; kA

I e>nkj 0; fDr 0; oLFkk ea thrk gA I e>nkj 0; fDr I oñfke ifjokj ea I ek/kku] I ef) iñd 0; oLFkk ea thrk gA , s ifjokj ea uj&ukfj; "a e I ekurk jgrk gA bl çdkj ifjokj ea I [k] 'kkfur iñd thuk curk gA I Hk ifjokj , s I [k] 'kkfur iñd thus okys g"us ij p[ñm I ektß g"rk gA I Hk ifjokj I ek/kku] I ef) I aüu g"us ij v[ñm I ekt dk xBu g"rk gA

ml I sde eav[ñm I ekt g"us okyk ughagA , s I ekt eage vñk; I aüu g"rsgA Hk; eDr g"rsgA vñk bl ds vñkko ead'u D; k dj nñk ; g vñk'kdk cuk gh jgrk gA ekuo tkfr dk I kjk bfrgkl bl ckr dh xokgh gA I Hk ckavki ds I Ee[k gA

vñk; I aüu g"us ds ckn ge pI kolle 0; oLFkk ds i{k ea tkrs gA pkj avoLFkkvñk dk ijLij I ryu gh I kolle 0; oLFkk gA bl eñfu; e] fu; a. k] I ryu U; k; ] /ke] I R; iñd thuk çekf.kr g"rk gA bu çek.kä ds I kfek ekuo I [k] 'kkfur] I r"ñk vñkum iñd thus dh fLFkfr eavkrk gA I [k] 'kkfur] I r"ñk vñg vñkum thou I gt vi{kk gA

I ek/kku] I ef) ] vñk; vñg I gvflrRo ; spkj Lrj gA

1/2 0; fDr dsLrj ij I ek/kkuA

1/2 iñfokj dsLrj ij I ek/kku] I ef) A

1/2 I ekt dsLrj ij I ek/kku] I ef) vñk; A

1/2 I exz 0; oLFkk dsLrj ij I ek/kku] I ef) vñk; I gvflrRoA

I ek/kfur g"us dsfy, p/; ; uß gA v/; ; u djkus dk 'k#vkr eñs fd; k gA

pI kolle 0; oLFkk g" tkus ij D; k g"xkA

I kolle 0; oLFkk ea ge pI R; B d" çekf.kr djrs gA I gvflrRo ije I R; gA I gvflrRo d" ge 0; oLFkk ea çekf.kr djrs gA bl rjg ekuo çÑfr I gt fof/k I s vfLrRo I gt fof/k I s I gvflrRo I gt fof/k I s thrk gA bl d" gj 0; fDr I "p I drk g§ I e> I drk g§ th I drk g§ çek.kä d" çLrq dj I drk gA

I kolle 0; oLFkk ea ge ikp vk; ke'a eñcgr vPNh rjg

vflrro eyd ekuo dñnr fpru @247

th ikrsga bI kolk 0; oLFkk eaeuko ds thusdsikp vñ; ke gñ  
1½ f'k{kk&I ldkj  
1½ U; k; & I j{kk  
1½ LokLF; & I a e  
1¼ mRi knu&dk; z  
1½ fofue; &d"k  
f'k{kk&I ldkj I sekuo ijEijk eapl ek/kuß mi yñk gñxk  
bl I s I cdsfy, U; k; I yHkrk gñ gh tk; xhA I e>nkj  
ifjokj eal cakaeau; k; gñrk gh gñ  
I e>nkjh dsckn U; k; ea thuk gñrk gñ  
Hfer jgrs rd U; k; ea thuk gñrk ughag  
I e>nkjh dsckn I cakadhl igpku] eñ; "a dk fuokj  
eñ; kdu vñg mñk; rflr gñus ij U; k; gñrk gñ  
pu; k; ß dk ge v/; ; u djkrsga tcfld bl /kjh i j  
ftrusHkh U; k; ikfydk gñmuaeU; k; dk vrk&irk ughag I Hkh  
nñkads I fo/kuads rhu gh dk; nsgñxyrh dñ xyrh I sj"d]  
vijlk dñ vijk/k I sj"d]; ñ dñ; ñ I sj"d]A bu rhu  
dk; nñads jgrs mul s U; k; dgñ feyxrñ bu rhu dk; nñads  
vykok ; s dñVZptu I fo/ku dh ckr djrs gñ I fo/ku dk dñA  
rflr fcñnggh ughag I cdsfy, I fo/ku I ñg dh pkgr dñ ijk  
djus dh I Eñkouk gh ughag  
U; k; &vU; k; dh ckr ekuo ijLijk eagh gñrh gñ U; k;  
dh viñk ekuo ijLijk eagh gñrh gñ U; k; I yHkrk dk vñk  
gñ bI cakadhl igpkußA I cakadls uke I cdñ fofnr gñ I Hkh

248@e/; Lfk n'ku ij vñkñfjr lñkn

Hñkñkñkñseal cakadlsuke rñ gñ yñdu I cakadsc; "tuñadk Klu  
ughag I cakadsc; "tuñad" fuolñg djusdk vf/kdkj cuk ughag  
gñ tñ s ñekrñkñ pñirñkñ uke I ñpñ foxr I s Hñkñkñ eaqñ fdñq  
ekrk&fir k dsI kfk U; k; dñ sgñxk D; "aqñxk D; k ç; "tu gñxk  
bl dsckjseadñ ckr u f'k{kk eaqñ u 0; oLFkk eaqñ u vñkpj.k  
eaqñ vñkñ ftrusHkh I epk; ijEijk, agñfdl h eañkñ ughag I  
dkj.k þvñl ñkuß djuk i MñA vuñl ñku i ñdñ cklr oLrq dñ  
fodYiñRed Lo: i eaqñ [kuk i MñA ml dñ vñl; kl eaykusdsfy,  
miøe djuk i MñA

ml h þmi ñeß eaqñ; gñ I Eeyu Hñkñ gñ viuh&viuh txg  
eage I c'kñ dsfy, dk; zdj jgsga ge 'kñ dsfy, D; k dk; z  
fd,] vñki D; k dk; z fd, bl s I Eeyu eaqñijLij I ñpñ dj ge  
mRi kfgr gñrs gñ vxys o"ñz fi Nys o"ñz I s T; knk 'kñ ds fy,  
dk; zdjrs gñ bl <x I sgn&gñrs ge; gñrd i gñps gñ

; gñ tñ bruh ckr vñki dñ crk; kñ ml eadñ i ñuk gñ rñ  
vñki dk Lokxr gñ

1/4 vDVñj 2009] gñjkckn½

I gvfLrRo fuR; orñku] I gvfLrRo fuR; i ñkñoh

vkt; gñ eñspI gvfLrRo fuR; orñku I gvfLrRo fuR;  
çñkñohß bl eñns i j vi usvñko dñ çLrñ djusdñ dgñ x; k  
gñ

I gvfLrRo eage I c gñ I c dñ vñkñ i jek.ñkñ r.ñk  
dkñB I Hñkñ dk I Hñkñ I gvfLrRo eaqñ bl dñ eñsnñkñ gñ I e>k  
gñ ft; k gñ bu rhuñkñ añañfdl h dñ Hñkñ 'kñdk gñ rñ ml dñ  
vñki eñl s i ñl drs gñ I e> I drs gñ

I gvfLrRo fuR; orñku gñ bl dñ eñsnñkñA vñLrRo eaqñ

, d 0; ki d olrqgA 0; ki d olrq tM+çÑfr dsfy, I kE; ÅtkL  
Lo: i eaqksk I e>kA 0; ki d olrqd" gh ekuo eaþKkuß Lo: i  
ea l e>kA I kE; ÅtkL I Hkh Hkfrd jkl k; fud olryka d" çklr  
gA bl dk çek.k gS I Hkh Hkfrd jkl k; fud olrqafØ; k'hy gA  
I kE; ÅtkLeahhxsjgu\$ I aDr jgusdsvk/kj ij gj olrqÅtkL  
I allu gA ml dsckn tho I akj ea; g ÅtkLþthus dh vk'kß ds  
Lo: i eaçklr gA ml dsckn ekuo ea; g ÅtkLþdYiuk'hyrkß  
dsLo: i eaçklr gA

ekuo eadYiuk'hy g"usdsvk/kj ij þKku'hyß g"usdk  
0; oLFkk cuk gyk gA gj ekuo eadYiuk'hyrk vlg deLora rk  
orëku gA dYiuk'hyrk ds ç; "x I s gh ge þrnkdkj ræi  
fof/kß I s Kku I allu g"rs gA Kku I allu g"usdk fof/k ; gh gA  
vkt rd ftrushh 0; fDr Kku I allu gq gj bl fof/k I sgq gA  
vkxs Kku I allu g"asr" Hkh bl fof/k I sg"ak A Kku I allu g"us  
dk vol j bl rnkdkj ræi fof/k I sgA

I gvfLrRo d" eñs þfuR; çHkkolß Lo: i eançkka þfuR;  
çHkkolß dk eryc gS fuR; çxVu'hy! I gvfLrRo fuR; çxV  
g"rk gh jgrk gA I gvfLrRo dc rd çxV g"rk gß bl dk mÙkj  
gS tc rd I gvfLrRo vius çfr: i d" çxV u dj nß  
I gvfLrRo dk çfr: i g"usdk eryc gS vflrRo eaçekf.kr g"  
tkukA I gvfLrRo çxVu'hy g"usdk ç; "tu gS I gvfLrRo  
çekf.kr g" tk,A bruh gh ckr gA eiy fl )kr bruk gh gA bl  
vk/kj ij I gvfLrRo dsfuR; çxVu'hy g"usdk ç; "tu eþd"  
I e> eaþk; kA ekuo tkxr g"usij I gvfLrRo dk çfr: i gA  
I gvfLrRo Kku d" th dj çekf.kr djus oky k døy ekuo gh  
gA

I gvfLrRo Kku ea gh þthou Kkuß I ekfgr gA thou  
, d xBuiwljek.kgA thou eaþl fØ; k, ag"rh gA ftueal s

ekuo hkeo'k I k<þpkj fØ; k ea thrk gA 'kß I k<þikp fØ; k, a  
I lir jgrsgA mu I k<þikp fØ; kvkad" 0; Dr djuk gh þtkxfrß  
gA I k<þpkj fØ; k ea thuk gh þhkeß gA , d k eþd" I e> ea  
vk; kA

I ek/kku] I ef) iød thus I s I fo/kk I xg dh çofÜk; k  
foy; g" tkrh gA bl d" eñsth dj nßkk gA ejsi kl I xg ugha  
gS yfdu eñl e) gA eñl ef) iød thrk gJ viuscycars ij  
eñdghahh tkrk gJ vi uk dke ijk djrk gA ejh I kjh I ef) dh  
olrq a'kjh i "k.k l j{k.k vlg I ekt xfr dsfy, gA I ef) ds  
fy, olryka dk mRi knu vko'; d gA ; s olrq a I kekU; kdßkk  
½vkgkj] vkokl] vydjk½ vlg egRRokdkkk ½nijJo.k] njn'kù  
vlg njxeu½ I eñlh g"rh gA bl ea l s vkgkj] vkokl] vydjk  
I eñlh oLrq a'kjh i "k.k vlg I j{k.k ds vfkzeagA I ekt xfr  
ds fy, njijJo.k] njn'kù vlg njxeu I eñlh oLrq a dk  
mi; "x fd; k tk I drk gA vkgkj] vkokl] vydjk I eñlh  
oLrq a ds mRi knu djus eñs i fjJe fd; k gyk gA njijJo.k]  
njxeu] njn'kù I eñlh oLrq a ds mRi knu d" yðj i fjJe  
djus dsfy, vki vkxs i jh{k.k dj I drs gA

I gvfLrRo ea thuk ¾ I eþk; psruk I s NW dj ekuo  
psruk ea i fjofrI g" dj thukA bl s þxqkkRed i fjomß dgkA  
0; fDroknh psruk dk gl jr gS þHk xß!  
I eþk; oknh psruk dk gl jr gS þ>xMß ; k I æk"z

### I ñak'a dh igpku

I gvfLrRo ea thrs I e; I ñak'a d" igpkus dh ckr  
g"rh gA ekuo dk ekuo ds I kfk I Ecl/k vlg ekuo dk ekuoÙkj  
çÑfr ds I kfk I Ecl/k bu n" rjg I s I ñak'a d" igpkukA  
ekuoÙkj çÑfr ds I kfk I Ecl/k d" þmi; "fxrlß vlg þdykß

½ ḥnjrk̄e; dsvk/kj ij igpkursgA ekuo ekuo I Ecū/k d" thou e; ½ [k] 'kkfūr] I r"l vkn̄dsvk/kj ij] ekuo e; ½ h̄jrk̄ ohjrk̄ mnkjrk̄ n; k̄ N̄ik̄ d#.kk̄ dsvk/kj ij] Lfk̄fi r e; ½ nrkrk̄ x̄jo] çel J) k̄ fo'okl] I Eeku] Lu] eerlk̄ ok̄ Y; ½ ds vkkj ij igpkursgA bu I H̄k̄ ckr̄ad" /; ku ea j[krs gq ge I kr̄ ekuo I cdk̄a lsigpkursgA I kr̄a l cdk̄ad" bl çdk̄ i gpk̄ dj ge pl ekt dh̄ jpuks d" igpkursgA bl i gpk̄ dsfy, ; fn ge I Vhd Lo: i eav/; ; u djrsgār" ge H̄k̄xhnkj̄ dj I drs gA

I cdk̄ad" i gpkus dk ç; "tu gs I gvflrRo ea thukA I gvflrRo ea thus dk vfk̄gs pthus nsuk̄ thuk̄A ; g vko'; d gs; k ughavki I fp; A gj 0; fDr bl ij I p I drk ḡ 'k/k dj I drk gA pthus nsuk̄ thuk̄ fof/k I sge vijk/k epr̄ g" I drs ḡbl ckr̄ d" eis vutko fd; kA ; fn pthus nsuk̄ thuk̄ eagLr{ki djrs ḡr" fḡk ds vykok v̄k̄ dN̄ ḡrk ughagA

pl Ecū/k dk ifjH̄kk̄ fn; k iwk̄k dsvfk̄eaçfrKA iwk̄k ds vfk̄ea fuok̄ djus dk uke gs I Ecū/k! iwk̄k D; k gs pØ; k iwk̄k v̄k̄ pvpkj.k iwk̄kA bu n" iwk̄kvA dh ckr̄ dghA bl ds i gys xBuiwk̄k i gys I s thou ea gSghA xBuiwk̄k ds vkkj ij gh thou pvejß gA thou ijek.kq ea I s d" çLFk̄ki u&foLFk̄ki u ḡrk ughagA ijek.kqxBuiwk̄g"us ij pthou inß ea l Øfer ḡrk gA

fØ; k iwk̄k g"us ij ekuo dk I gvflrRo ea thuk curk gA thus nadj thuk curk gA bl rjg ekuo k̄jçñfr ds I kf̄ fu; e) fu; a.k] I ryu iød thuk curk gA ekuo ds I kf̄ U; k; ] /ke] I R; iød thuk curk gA bu 6 vk; ke'a ea thus I s ge pl keftdß ḡ ikrsgA bl I sde ead" A I keftd ḡrk gh ugha gA

bl çdk̄ ge pl gvflrRo fuR; çH̄kkoh v̄k̄ I gvflrRo fuR; orøkuß dscjk̄s eaLi "V ḡrs gA bl Li "Vrk ds vH̄ko ea 0; fDrokn] I epk; okn gh jgsxkA 0; fDrokn v̄k̄ I epk; okn H̄k̄x dsfy, ] i øk̄k̄dsfy, v̄k̄ ; ø dsfy, gh gA bl I sT; knk bul s dN̄ ḡrk ughagA I øk̄k̄ds I kf̄ 'k"k.k fuf'pr gA vkt t̄s , d ns̄k n̄js ns̄k dk 'k"k.k djus dk I "prk ḡ, d ifjokj n̄js ifjokj dk 'k"k.k djus dk I "prk ḡ, d 0; fDr n̄js 0; fDr dk 'k"k.k djus dk I "prk ḡog I c bl I e> I s gj 0; fDr ea l ekir ḡ tkrk gA bl I e> ds I kf̄ pl ek/ku] I ef) B iød thuk cu tkrk gA

I e>nkj̄ I s l ek/ku feyrk gA

Je I s l ef) feyrk gA

I ek/ku] I ef) iød thus ds Øe eage 0; oLFk̄ ea th ikrsgA

I gvflrRo ea gh ge pl v̄k̄ Mrk v̄k̄ pl kolkerk̄ d" vutko djrs gA

v̄k̄ Mrk d" vutko djusdk eryc gspl ozekuo , d gh tk̄fr ḡs I ozekuo , d gh /keZ ḡb bl d" vutko djukA thou ea/keZ dk 0; oLFk̄ gA 'kj̄hj eajpuk dk 0; oLFk̄ gA

thou ds vkkj ij pkeB dh i gpk̄ gA I ozekuo dk , d gh /keZ ḡa ekuo /keZ I qk gA I qk dh pkgr I s ekuo d" vyx ughafd; k tk I drkA thou ea tk̄fr iød I qk ḡrk gA

'kj̄hj jpuks dsvkkj ij ptk̄fr dh i gpk̄ gA I ozekuo , d gh tk̄fr gA I H̄k̄ ekuo ea pkgs os x̄js ḡ dkys ḡ H̄k̄s ḡa I H̄k̄ ea 'kj̄hj jpuks dh olrq a, d gh gA [ku dh çtk̄fr; k̄ , d

gh gA gMfM; adh jpuuk , d gh gA ekl if'k; adh jpuuk , d lh gA jI adh 0; oLFkk , d lh gA bu l c vkkj aij ge ekuo d' b, d tkfrB ds : i e i gpk I drs gA

ekuo ds vkgkj] fogkj vkj 0; ogkj d' l i xr lo: i d' bl rjg i gpkuk tk I drk gS fQj ft; k tk I drk gA bl l s igys vkn'kbn vkj Hkrdokn }jkj ekuo dk v/; u ughag" ik; k FkkA ekuo dk v/; u u g" i kus ds dkj.k ekuo euekuh fof/k l sthrk jgkA euekuh fof/k l sthrsgq vi usl j{k.k dsfy, l enk; jpuuk vko'; d g" x; hA bl <x l sge Qd x, A l Hk vijk/kad" pof/k eku fy, A vrr" xRok /kjrh chekj g"us ij ge i pofkj dsfy, ck; g" x, gA

¶ kolkérk l svk'k; gS pkj a voLFkkvkae l ryuA

inFKz voLFkk ck.k voLFkk tho voLFkk vkj Klu voLFkk ea; fn fujrj l ryu cuk jgrk gSr" og ¶ kolkérk gA ; fn bueal ryu cuk ughajgrk gSr" og 0; oLFkk ughagA ; g vki d' Lohdkj g"rk gS; k ughaegughadg I drkA ; g l e> eavkrk gS r" ; g ekuo d' Lohdkj g"rk gS l ryu dsfy, ekuo d' fu; e] fu; a.k] l ryu] U; k] /ke] l R; i oLd gh thuk i MskkA ekuoñkj çNfr dk pRo I fgr 0; oLFkk dk lo: i t" cuk gyk gS og ekuo us ughacuk; k gS og I gvfLrRo lo; açxVu'ky g"us dh fof/k l s cuk gyk gA ekuo ds fu; e fu; a.k] l ryu] fof/k l s thus l s ekuoñkj çNfr l rfyry jgrk gA ekuo ds U; k] /ke] l R; i oLd thus l sekuo çNfr l rfyry jgrk gA , d h l kolkérk dh vko'; drk gS; k ughabl d' geanlkuk g"xkA bl dsckn bl çLrko ds v/; u@'k/k i oLd ge bmidkjB djus dh fLFkfr ea vk tkrs gA

ekuo ds I gvfLrRo ea thus ds fy, bekufI drkB ea

ifjorzu , d ek= vkk gA I gvfLrRo ea thuk døy pdk; B ea ifjorzu i oLd ughagA d' ; a I gvfLrRo d' çekf.kr ugha djxkA I gvfLrRo d' ekuo gh tlxfri oLd çekf.kr dj l drk gA

I gvfLrRo ea thuk furkar vko'; d gA I gvfLrRo ea thus ds fy, ijk l e>uk vko'; d gA ijk l e>us dh oLrq I gvfLrRo gh gA I gvfLrRo eagh thou gA I gvfLrRo eagh ekuoh; rki wkl vkpj.k gA I gvfLrRo eagh food gA I gvfLrRo eagh foKku gA I gvfLrRo d' NM+dj ge dN Hk l "p ugha I drk gA

; g l c epl s l pusu dsckn vki d' t" d' Hk 'kdk g] ml d' vki epl s iN l drs gA

c'u%ekuo ¶ l gvfLrRo dk çfr: iB g" tk, bl dk D; k vFkz gS

mÜkj% ¶ l gvfLrRo fuR; oréku gB ; g Klu g"us ij ekuo I gvfLrRo ea th l drk gA ogh ¶ l gvfLrRo dk çfr: iB dk vFkz gA I gvfLrRo Klu l s l illu g"us dk bvf/kdkjB ekuo d' gA ekuo tc ml vf/kdkj dk ç;"x djrk gS I gvfLrRo dh çxVu'kyrk d' l e>rk gS r" ml dsçek.k eaI gvfLrRo ea thrk gA

c'u%pxjh&vehjh eaI ryuB l sD; k vFkz gS

mÜkj% xjh&vehjh eaI ryu l ek/ku] l ef) i oLd thus okyh i fjokj eiyd fof/k l sg"rk gA l e>nkjh l s l ek/ku g"rk gA Je l s l ef) g"rh gA

c'u%v/; u ds l kfk bvuçj.kB dh D; k Hkfedk gS

mÜkj%ç+0; fDr; "ad" vuçj.k djus d' de dgk gA

cPp'adsfy, T; knk dgk gA , d vk; qdsckn 0; fDr vius d" I e>k gyk eku yrsk gA , s0; fDr d" I e>kusdsfy, ; g eku dj pyrsg&FkMk I e>kusdsckn osfopkj iød I e> tk; xA mudk PI EekuB ; gh gA ; gh pxHkjrkB Hkh gA pu; k; B Hkh ; gh gA

cPp'aevius vflkkod'adk vupj.k dh ckr I ok/kd gA Hkk'kk dk vupj.k cPps djrs gh gA dk; ] 0; ogkj vkj jgu&l gu dk vupj.k cPps djrs gh gA vHkh dh fLFkfr ea PI e>nkjß d" ydj vflkkod vupj.k; ughacu ik jgs gA vflkkod'ad" Lo; al e>nkjh dk irk ughagsr" cPp'ad" D; k vupj.k djk; xA bl dh ifrz dsfy, vflkkod'ad" I e>nkj g'uk gh i MxkA

fdl dk vupj.k fd; k tk, \ bl dk mÜkj gSþekuoh; rki vkl vkpj.k d" çef.kr djusokys0; fDr dk ¼ ek/ku I ef) iød thrs gq 0; fDr dk vupj.k fd; k tk, A

dc rd vupj.k fd; k tk, \

bl dk mÜkj gS ijk I e>usrd] ijk ân; æe g"usrd] ijk çef.kr g"usrdA , s vupj.k djus I sv/; ; u eenn feyrh gA

vupj.k djus dk eryc gSþetcjuß dñ djuk ugha gA PI gß d" ge I gefr iød Lohdkj ds vupj.k dj I drs gA ; fn ge hvijkß dsfy, I ger g" dj ml dk vupj.k dj I drsgj r" PI gß dsfy, I ger g" dj vupj.k djuseAD; k rdyhQ gA

c'u%I e>usdsfy, I kerdk dk þvk; I sd'A I cik gS

mÜkj%ejsl oßk.k ds vupj.k tkxfr vksch ih<sup>h</sup> ½cPp's dsfy, cgr I ke gA ; øk ih<sup>h</sup> d" ml dh ryuk ea FkMk

256@e/; Lfk n'ku ij vkkfjr løkn

ef'dy gA ç+ih<sup>h</sup> d" dkQh rdyhQ gA o) ih<sup>h</sup> d" egk&rdyhQ gA fdl h vk; qdsckn ge vius d" I e>nkj þekuB yrsgabl fy, ; g rdyhQ gA

[ADVicj 2009] gþjckkn½

fodYikRed vupj.áku Isiklr Kku dk f'klik ea I ekosk ejscalka

esLo; ad" vki I Hkh ds chp ik djdsI [k dk vupj.áko dj jgk gA cgr nj&nj I svki vk, gA cgr /; ku yxk dj , d nlijs dh ckr I e> jgs gA dgha u dgha vflre fu"d" k fudysk gh , s k fo'okl djds esmRI for gA

fodYikRed vupj.áku Isiklr Kku f'klik ea fdl çdkj igpxk ml d" I þus dsfy, ; gk bPNk 0; Dr fd; k x; k gA vki I c cgr ftKkl k I sbl ckr d" I þuk pkg jgsg, s k ejk LohNfr gA

esbl ckr d" cgr vPNh rjg I sij [k g] fdl h vk; q dsckn gj 0; fDr pkgs uj g" ; k ukjh g" vius vki d" PI e>nkjß ekurk gh gA vHkh rd dh I "p I sdN , s k fudyrk gSþiS k ißk dj I dusokyk I e>nkj gA ißk ißk ugha dj I dusokyk I e>nkj ughagß bl dsigysþcy'kkyß d" I e>nkj ekursjgA ml dsigysþ: iokuß d" I e>nkj ekursjgA þcyß vkj þ: iß ds vklkj ij I e>nkj d" igpkuus dh d" k'k'ad" vkneph udkj ppk gA ysdv T; knk þ/kuß vkj þ/nß vtlu djus okys d" T; knk I e>nkj vkt Hkh ekursjgA þ/kuß vkj þ/nß , d nlijsdsijd g" x, A in I s/ku vkj /ku I s in feyus dh ckr g" x; hA : i] cy] in vkj /ku ds vklkj ij ge I e>nkj d" igpku ugha ik; xA ; g gekjk fu"d" k fudyrk ekuo pruk

iñd thuk I e>nkjh gS ; g fu" d" k' fdudykA

ekuo pruk d" ekuo ijEijk eaykus dsfy, eñs' k' k' fof/k d" k' k' fd; kA f' k' k'fon ad" I e>kusdk d' f' k' k' fd; kA og d' f' k' k' g' r&g' rs vkt NÜhl x<+jkT; f' k' k' I lFku bl çlrko d" v/; ; u djus dsfy, r' k' j' x; kA og cf) ] I e; v' k' k' yxk dj v/; ; u dj jgk gA ; g vki d" I puk nsuk pkglA

bl v/; ; u dh D; k oLrqgS

bl vuñkku dsQyLo: i ñekuo 0; ogkj n'kùß uked iñLrdk r' k' j' g' rk ftl d" p' k' k' xñFkß Hk' dg I drsgA ekuo 0; ogkj n'kùß eaeuko pruk fof/k I s0; ogkj dk D; k Lo: i g' rk gS U; k; dk D; k Lo: i g' rk gS bl dk o.ku gA ml d" v/; ; u djkrsgA ñekuo 0; ogkj n'kùß eaeuko dsdrD; v' k' nkf; Ro d" r; fd; kA ekuo dk drD; v' k' nkf; Ro r; g' uk t+jh gS ; k ughagS bl i j vki gh fu.k' yhft; A ; g fu.k' yuñk gj 0; fDr dk vf/kdkj gA

ñekuo deñ'kùß eaeuko dsdju&; X; v' k' u dju&; X; deñdk foñktu g' rk gA bl dh Hk' vko'; drk ; k vuko'; drk ij vki vPNsI sfopkj dj I drsgA ; fn ; g gekjh vko'; drk curk gS r" ml ds fy, ge rRij g' gh tkrs gA ftl dh vko'; drk ge Lohdkj ughadjr' ml dsfy, ge rRij ughag" ikrsgA

ñekuo vH; kI n'kùß eñ0; ogkj v' k' 0; ol k; eñvH; kI dsdjk& bl dk fu/k' k' fd; k x; k gA

Hvutko n'kùß eñçekf.kr g' us ds vf/kdkj d" T; knk I s T; knk Li"V fd; k x; k gA

258@e/; Lfk n'kù i j v' k' k' fjr I okn

bu pkj' aHkx' a dh vko'; drk gS ; k ughagS bl d" I Hk' i j' khyu dj I drs gA I e> I drs gA çekf.kr dj I drs gA

n'kù ds ckn vkrk gS þoknßA okn eñpkj' a voLFkkvka ds I k' k' dS sge th ik; x; g o.ku fd; k gA

i gyk I ek/kkulRed Hk' frdoknA Hk' frd oLrq a dS s I ek/kku ds vFk' eadke dj jgs gA bl dk c' k djkrsgA

n' k' 0; ogkj Red tuoknA ekuo 0; ogkj eñttxfr d" dS sçekf.kr djrk gA bl dk c' k djkrsgA ekuo dk 0; ogkj ekuo ds I k' k' U; k; ] /kez v' k' I R; iñd g' rk gA ekuo dk 0; ogkj ekuoñk' çñfr ds I k' k' fu; e] fu; a. k' I rgyu iñd g' rk gA bl d" Li"V fd; k gA

vutkoRed v/; kReokn eñ v/; kRe 10; ki d½ eñ I ekA I Eiñk' tM+pñU; çñfr dk ged" vutko g' rk gA QyLo: i ekuo I gvflrRo eñI gvflrRo d" çekf.kr djusokyk g' tkrk gA inkFk' u g' doy 0; ki d oLrqg" ml dk d" A vutko ughag" gA doy inkFk' g' 0; ki d u g' rc Hk' ekuo ds vutko djus dk d" A jkLrk ughag" gA

vutko dsfy, çñfr v' k' 0; ki d oLrqI k' k' & I k' k' ead" uk vko'; d gA Kku voLFkk dh çñfr gh 0; ki d oLrqd" vutko djrk gA QyLo: i i je I R; d" çekf.kr djrk gA bl d" eñs vutko fd; k gA ml h vutko ds vkl' k' j i j g' ijsckr d" çlrq fd; k gA

ml ds ckn vkrk gS p' k' k' =BA 'k' k' = eñ i gyk gS ekuo I prukoknh euñfoKkuA þprukß dk eryc gS KkuA p' l prukß dk eryc gS I R; d" çxV djusokyk KkuA ekuo I prukoknh euñfoKku eaeuko; rk iñd çekf.kr g' us okys 122 vkpj. k' ad" crk; k x; k gA bu vkpj. k' ad ds vkl' k' j i j ekuo 0; oLFkk eñ th

i krk gA

0; ogkjoknh I ekt'kkL= eaekuo I psruk ds 0; ogkj eaçkf.kr gus dh ckr gA

vkorü'ky vFkzkkL= ea mRiknu dsfy, fu; ftr gus okys çkñfrd , so; zdsL=r d" cuk, j[krs gq mRiknu vky fofue; 0; oLFkk dsLo: i d" crk; k x; k gA

bu I c dh vko'; drk gS; k ughabl d" vki 'k/k dj I drsgj I e> I drsgj Lohdkj I drsgj udkj Hh I drsgj t" vki dh pbPNk g" vki ogh dfj, A vki ; gh Lohdkj , k ejk d'A pvlxgß ughagA fdrqgs, k gh! , k crkus dh p/k Vrkß dj jgs gA ; k pI kg! B dj jgs gA ; k pvlxgß dj jgs gA bu rhu ea l s t" vki Lohdkj ogh Bhd gA

bl <k I sn'ku] okn vky 'kkL= dk ç; "tu Li "V gylA vHh rd geljs I kfk ftrus Hh yx v/; ; u fd, gS bl dh vR; Ur vko'; drk gS, k eku dj Lohdkj gA vlxss; gk dS s g" xk vky txgaij dS sg" xk /kjh ij vky jkT; "aij dS k g" xk bl d" vlxss Hkfo"; crk; xkA

ekuo I psruk iød ekuo ekuo ds I kfk U; k; ] /ke] I R; iød çxV g" rk gS vky ekuøkj çNfr ds I kfk fu; e fu; æ.k] I ryu] iød çxV g" rk gA fu; e] fu; æ.k] I ryu] U; k; ] /ke] vky I R; bu 6 Hkkxaeaqj I e>nkj 0; fDr çxV g" rk gA bl ea d'A p>xMñb djusdh txg gS; k ughabl d" gj 0; fDr 'k/k dj I drk gS gj 0; fDr I e> I drk gS gj 0; fDr th I drk gS gj 0; fDr çkf.kr g" I drk gA ; g , k pbPNk g" us ij gh I Ekk gA tho psruk eagh ftI ds thus dh bPNk g" r" og bl ckr ij /; ku Hh ughansk] bl d" djxk Hh ughA pbPNk g" r" gj 0; fDr bl çLrko d" I e> dj] th dj çkf.kr dj I drsgj

260@e/; Lfk n'ku ij vklkfjr I økn

pbPNk g" r" vki bl d" n[k I drsgj v/; ; u dj I drsgj ejh LohÑfr gS; gk ge ftrusHh yx gS os I e>us ds vFkzeagh , d= gq gS I e>k gyl d" çxV djus ds vFkzeagh , d= gq gA

bl çdkj n'ku] fopkj vky 'kkL= t" rS kj gq ml d" f'k{k eansus dk Lo: i fn; k bpsruk fodkl eW; f'k{kBA

n'ku] fopkj] 'kkL= dsI kfk þekuh; vpkpj I fgrk Lo: ih I fo/kkuß fy[k dj fn; kA þekuh; rki wkz vpkpj .kß ds Lo: i ds vklkj ij ; g I fo/kku fy[kka ml d" Hh vki yx n[k I drsgj f'k{k ean bl fodYikRed çLrko ds pV/; ; uß dh ckr jgsxhA

v/; ; u dk eryc gSvf/k"Bku ds I k{k e] vFkz~vukko dsI k{k eLej .k iød ge t" dN Hh fØ; k djrsgsog I c dk I c v/; ; u gA

vukko dgk jgrk gA v/; ; u djkus okys ds ikl jgrk gA v/; ; u djkus okys ds vukko dh jkskuh eage t" dN Hh I "prs g] I e>rs g] Lohdkj rs gSog I c dk I c v/; ; u gA

v/; ; u dS s djkrsgj ; gk ftrusHh yx cBsgj I Hh d" bi Buß djuk vkrk gS , k esekurk gA iBu Hkj djusI sdke ughapyrk gA v/; ; u djuk t+ jh gA v/; ; u dsfy, çLrkfor fd; k gSgj 'kñn dk vFkzg" rk gA vFkz dsLo: i eavfLrRo eaoLrqg" rk gA vfLrRo eaoLrqd" ge I e> yrs g" r" geus v/; ; u fd; kA oLrqdk I k{kRdkj g" us I s ge v/; ; u fd; kA ; fn oLrqdk I k{kRdkj ughagyk eryc geus v/; ; u ughafd; kA ; g ckr Li "V gylA bl çdkj geus v/; ; u fd; k ; k ughafd; k ml d" gj fnu ge

vflrRo eiyd ekuo dñnr fpru @261

I "p I drs ḡ I e> I drs ḡ Lohdkj I drs ḡ çekf.kr dj  
I drs ḡ

; g dñ s̄ḡrk ḡ dḡk i j ḡrk ḡ bI dk mñkj ḡ; g  
dYi uk'khyrk l sḡrk ḡ gj 0; fDr eacPpsl sc̄seadYi uk'khyrk  
I ekA ḡ dYi uk'khyrk vñj deLora rk ds; "xQy eaþrnkdkj  
ræi fof/k vkrh ḡ rnkdkj ræi fof/k l sekuo }jkj vflrRo eñ  
oLrqd" igpkuuk curk ḡ rnkdkj fof/k l sekuo eñ oLrqd  
igpku ḡrh ḡ ræi fof/k l sekuo çekf.kr ḡrk ḡ ræi  
fofk l scek.k vñrek /xBui wñk i jek.kñdk e/; kñk eñ vñtñko ḡus  
ds ckn ḡ bl fof/k l sv/; ; u djkrsḡ

ml ds ckn vñkh Nñkh x<+eajkT; f'kñk ds vf/kdkfj; "a  
vñj v/; ki dñads l Fkk ge , d dk; Zx "Bh fd, A ml dk; Zx "Bh  
dk eiy erñk Fkk orsu Hñxh D; k okLrfod : i eñçekf.kr ḡ  
I drk ḡ; k ughñß bl dk mñkj eñsfn; k orsu Hñxh þcek.kñ ughñ  
ḡ I drkA orsu Hñxh nñjk orsu Hñxh dñ gh rñkj djñk nñjk  
dñ Hñ ughñdjñkA çekf.kr 0; fDr gh çekf.kr 0; fDr dñ rñkj  
djñkA orsu Hñxh þcñdñ ḡ I drk ḡ

e/; LFk n'kñ dsok; dñey çcak a ñn'kñ] okn] 'kñL=½  
dñ Lukrd dñk eñ <kusdk l "pk tk jgk ḡ ml ds i gysnl oña  
dñk rd ikB; & i ñrdñ adñ rñkj fd; k tk jgk ḡ dñk&1 l s  
dñk&5 rd dh ikB; i ñrdñ adñ rñkj djñsjkT; f'kñk dñ ns  
fn; k gñftl dñ osNi okus ds dñe eñ yxs ḡ vxys oñl rd og  
çñkko'khy ḡ tk; xñA bl <x l sbl çLrko dñ f'kñk eñ ekoñk  
djus dh , d çfØ; k py jgh ḡ v/; ; u py jgk ḡ dk; l py  
jgk ḡ ç; Ru py jgk ḡ

; g rñ cPpñrd bl ckr dñ igpku ds dh ckr Fkk vc  
I oky vñrk gñcM&cñkñdk D; k djñxñ mudñ Hñh rñ bl f'kñk

262@e/; LFk n'kñ i j vñkñfj r l okn

dh t: jr gñ ml dk mñkj gñþyñd f'kñkñA bl i jh ckr dñ  
þyñd f'kñkñ fof/k l sge cM&cñkñ dñ fofnr djk; xñA fofnr  
djkusdk dk; ðe vñkh 'kñ ughñfd, gñ og , d vñkñ'; drk gñ

c'ñubl Klu ds vñkñfj r l Eñko ḡ i k; xñA

mñkj% l e>us i j l Eñko ḡ i k; xñA Klu ds vñkñj ij  
gedñ thuk gñ; k ughñthuk gñml dñ r; dfj, A tho pruk eñ  
I el; k i ñd thuk gñrk gñ ekuo pruk eñ l ek/ku i ñd thuk  
gñrk gñ vñkñ dñs thuk gñ vñki l fp; A tho pruk eñ  
I el; k ds vñkok dñ gñrk ughñ ekuo pruk eñ l ek/ku ds  
vñkok dñ gñrk ughñ tñ djuk gñ ogh dfj, A

/kñrh dk chekj gñük ekuo dh djñrñ l sgnk ; k vñj  
dñ A Hñr fd; k bl dñ Hñh l fp; A ; fn vñki dñ ; g Lohdkj gñrk  
gñ; g ekuo usfd; k rñ vñki ; g Hñh Lohdkj l drs gñfd ekuo  
us tho pruk oñk ; g vñjlk fd; kA bl ckr dñ Lohdkjuk ; k  
ughñLohdkjuk vñki ds gñfj eagn bl eñejk dñ A þvñxgñß ughñgñ  
tñ k vñki dk fopkj gñ oñ k gh dfj, A

þdc rd] fdruñ nj eñ l e>ñ okyñ ckr ds mñkj eñ; g  
I c l dy dñel djus eñftl eñ /kñrh dñ cñckn fd; kñ ml eñ  
bruk fnu yxk gñ vc bl çLrko dñ i jh f'kñk eñ ekoñk gñus  
eñ Hñh dñ l e; rñ yxñkA

c'ñubñv/; ; uñ vñj þv/; ki uñ dñ l e>kb; A

mñkj% v/; ; u vñj v/; ki u l a ñr : i eñ gñrk gñ  
v/; ; u djus okys vñj v/; ki u djkus okys ds; "x eñv/; ; u  
gñrk gñ ñv/; ki d dñ vñtñko dh jñskuh eñ fo | Fkkñ ftruh Hñh  
l e>us dh çfØ; k djrs gñ ml dk uke gñ þv/; ; uñA ml ds  
l eñkñ eñcrk; k gj 'kññ dk vñkñ gñrk gñ vñkñ ds Lo: i eñ

vfLrRo eaoLrqgürk gA oLrqdk l kñRdkj güs l sge v/; ; u fd, A

v/; ; u Þrnkdkj fof/k l sgürk gA rnkdkj dS sgürk gA gj 0; fDr ds ikl dYiuk'kyrk vkg deLorark LoRo ds : i ej [k gA vkt iñk güsokyscPpseHkj dy ejusokyo) ea HkjA dYiuk'kyrk dsç; "x l srnkdkj gürk gA pkgs tho pruk eap"jh&Mdsh dk dke fl [kuk g" og Hkj rnkdkj fof/k l sI Elko gürk gA ekuo pruk dk U;k;] /ke] l R; l e>kuk g" og Hkj rnkdkj fof/k l sI Elko gürk gA

ç'u%v/; ki d eaD;k ; X; rk, avko'; d gA

mük% v/; ki d l e>k gyk vkg l e>nkjh d" çekf.kr fd; k gyk 0; fDr gürk gA l e>nkjh d" ekuo pruk fof/k l s çekf.kr djrk gA , s k 0; fDr gj ekuo l rku d" Lohdkj gürk gA l e>nkjh l sde ead"Ä pV/; ki dß gürk ughagA ml l si gys gürk gSogh l eL; k iñk djusokyoA tho pruk ea thus okyk v/; ki d l eL; k dsfy, gh vkkj cuskkj nlljk dN Hkj ughA ekuo pruk ea thus okyk v/; ki d l ek/ku dk gh vkkj cuskkj nlljk dN Hkj ughA t" vki dh bPNk g" og h dfj, A

ç'u%v/; ki d dh Hkjrd jkl k; fud vko'; drk, a dS s ijh gakl

mük% l ek/ku iñd thus ds Øe eapl ef)ß dk mik; fudyrk gA es, d l kekl; ifjokj dk vkneh gA estc l ek/ku ik x; k r" epl sI ef) dk mik; fudy x; kA Nfrk djrk gj x" ikyu djrk gj v; ph d" es tkurk gj l kekl; vksfk; "a d" igpkurk gwml ds vkkj ij fpfdRI k djrk gA bu rhu dke" a d" es djrk gA buds pyrsejk d" dk ughagA es gj txg vi us gfk iS al si gprk gA es ijk/ku ughagA

Hkjrd olryka ds ç; "tu d" es bl rjg igpkuk gw i fjokj esftrus Hkj y" x jgrs gA muds 'kjhj" a dk i "k.k vkg l j{k.k 1/2kj&ckj½ vkg ml ds l fk l ekt xfr\* eaHkkxhnkjh djus dsfy, Hkjrd l k/ku" adh vko'; drk g"rh gA l e>nkjh iñd bl vko'; drk dk fu'p; u g"rk gA ml pfuf'pr vko'; drk l svf/kd mRiknu dj yus l sef l ef) dk vukko djrk gA

vHkj iS k bdBBk djds vkneh D; k djrk gS vki l c y" x og tkursgh gA dy feyk dj pjkxß vkg pl ak"kb dsfy, iS k bdBBk ajrk gA pLoLFk jguk pkfg, b bl ckr d" vHkj ds l e; esdgk tkrk gA LoLFk D; "ajguk gA bl dk mükj ryk'kus tkrs gS r" og h gS pjkxß dsfy, LoLFk jguk gS ; k pl ak"kb ds fy, LoLFk jguk gA

Hkj x vkg l ak"kb dsfy, pl iS k bdBBk djukß vkg pLoLFk jgukß l gh gS ; k p'kjhj i "k.k l j{k.k l ekt xfr dsfy, Je iñd mRiknu djukß vkg pl ek/klfur jgukß l gh gA vki gh l fp; l vki l "p dj vi us vki fu.kz yift; A

ç'u%l e>nkjh d" çekf.kr d"u djskl l ekt ; k 0; fDr\

mük% l e>nkjh ds ckn gj 0; fDr ifjokj ds : i es pl l Nfrß vkg pl H; rkß d" ogu djrk gS rFkk l Hkj ds : i es pfof/kß vkg p0; oLFkkß d" ogu djrk gA ml h ds vkkj ij pifjokj eiyd Lojkt; 0; oLFkkß dk çxVu gA pl e>nkj ifjokjß ekoh; l H; rk vkg l Nfr dk ogu djrk gA pl e>nkj ifjokj l Hkjß ekoh; fof/k vkg 0; oLFkk dk ogu djrk gA

ifjokj gh ijk çek.k dk vkkj gA

ifjokj esçekf.kr güs ds ckn gh ge l k j esçekf.kr g"rsgA bl rjg çekf.kr g"uk gj l e>nkj 0; fDr dk eknrik gS

vf/kdkj g§ çofük g§

ç'u%vHh bruh xjhct] I keft d vI ryu dschp [kmk  
vkneh þlokoyeüü dsckjs ead§ sdke dj§

mÜkj%vki dh ckr d" Lohdkjk tk l drk g§ ; g flfkfr  
0; fDr ds l kfk dc rd jgsxk bl dk mÜkj g§tc rd l e>nkj  
ughacuxk rc rd jgsxkA l e>nkj g"us dsckn lokoych g"us  
ds fy, vius vki txg curk g§ eüs vki d" viuk mnkgj.k  
crk; k FkkA e§ d"Ä cgf /kuk<; 0; fDr ughag§ HkfDr fojfDr  
fofk l seüs l k/kuk fd; kA HkfDr fojfDr ead"Ä l xg g"rk ugha  
g§ l ek/kku l illu g"us dsckn eüs rhu mik; "a/ñf"kj xks ikyu  
vk; ph fpfdARI k/ d" l ef) dsfy, viuk; kA bu rhu ds  
vykok rhl vk mik; ejs ikl g§ ftud" e§ fØ; klo; u dj  
l drk g§ l ek/kku dsckn l ef) l illu g"us dk mik; fudky  
yxk gj 0; fDr ds eknns dh ckr g§ fcuk h l e>ß dsfdl h ds  
ikl u l k/ku vuply g"rk g§ u ifjfLFkfr; kA l e>; k l ek/kku  
dsckn l kjh ifjfLFkfr; k vuply g"rh g§ ftruk l k/ku g"rk g§  
og vko'; drk l svf/kd g"rk g§

Je'khyrk gekjk ç/kku l k/ku g§ vHh i§ s d" þç/kku  
l k/kuü eku jgs g§ ml ds LFkku ij ; gk dg jgs g§ gekjh  
Je'khyrk gh gekjk ç/kku l k/ku g§ Je'khyrk l cds ikl g§  
, d Hh 0; fDr , k ughag§t" Je'khyrk l sfjDr g"Ä xks yiy§  
yakMs l Hh ds ikl Je'khyrk jgrk g§

nf[k; sþckradjuü l sdN ughag"rkA þthu§ l sg"rk g§  
ckrage cgf T; knk dj l drs g§ ml l s d"Ä Qk; nk ughag§  
þthu§ l sQk; nk g§ þthu§ l ek/kku dsfcuk g"rk ugha l ek/kku  
dsfcuk d"Ä þthu§ gh ugha l drk! ; g eüs n§k fy; kA vijk/k  
d"Ä þthu§ ughag§ vuFk d"Ä þthu§ ughag§ >B c"yuk d"Ä

266@e/; Lfk n'ku ij vklkfjr l okn

þthu§ ughag§

l ek/kku iød þthu§ g§

l ef) iød þthu§ g§

U; k; ] /ke] l R; iød þthu§ g§

fu; e fu; æ.k] l ryu] iød þthu§ g§

,§ s thus ds fy, l e>uk gh iMkkA eüs l e>us ea  
25&30 o"kj yxk, A vki bl d" l e>us ds fy, 25 gflrs r"  
yxkb, ! 25 eghus r" yxkb, ! 25 eghuk r" vki yxk l drs g§  
u\ ; fn yxk; xsr" vki l e> tk; kA l e>us dh 0; oLFkk geus  
dj fn; k g§

ç'u%þe{k§ D; k g§

mÜkj%Hke eDr gh e"k g§ Hke eiy% 'kjhj d" thou  
ekuuk g§ 'kjhj d" thou ekuus okyk thou gh g§ thou gh  
thor 'kjhj eag"usokyh l ønukvka ds vkkj ij ,§ k eku cBrk  
g§ QyLo: i n§k Hkxrk g§ 'kjhj d" thou eku ysk gh þkheß  
g§ Hke l seDr g"uk gh þe{k§ g§ Hke eDr ¾ vfr0; kflr]  
vuk0; flr] v0; kflr n"ka l seDr g"ukA

l cd" /k/; okn! 'kjk'kjk! ç.kke! vkj ueu!

½ vDVcjj 2009] gbjkckn½

## %çdkf' kr çcak %

þvfLrRoeýd ekuo dñlñr fþruß ds : i eþe;/; Lfk  
n'küß I gvfLrRookn gþ bl ds ç.krk ,oa yþkd Jh , -  
ukxjkt] vejdl.Vd gþ bl eavfLrRo n'kü dñsfofo/k çdkj  
I sLi "V fd;k x;k gþ

n'kü-

- 1- ekuo 0; ogkj n'kü ----- ½çdkf'kr½
- 2- ekuo deñ n'kü ----- ½çdkf'kr½
- 3- ekuo vñl; kl n'kü ----- ½çdkf'kr½
- 4- ekuo vuñlo n'kü ----- ½çdkf'kr½

'kkL=-

- 1- 0; ogkjoknh I ekt 'kkL= ----- ½çdkf'kr½
- 2- vkorzü'khy vFkzkkL= ----- ½çdkf'kr½
- 3- ekuo I prukoknh eukfoKku ----- ½çdkf'kr½

okn-

- 1- I ek/kuñRed Hññrdokn ----- ½çdkf'kr½
- 2- 0; ogkjñRed tuokn ----- ½çdkf'kr½
- 3- vuñkokRed v/; kReokn ----- ½çdkf'kr½

; kst uk-

- 1- thou fo | k ; kst uk ----- ½çdkf'kr½
- 2- ekuo I prukoknh f'k{kk&I üdkj ; kst uk ----- ½çdkf'kr½
- 3- ifjokj eyd LojkT; 0; oLFk ----- ½çdkf'kr½

vñl;

- 1- ifjHññkk I fgrk ----- ½çdkf'kr½
- 2- thou fo | k&, d ifjp; ----- ½çdkf'kr½
- 3- vfLrRo ,oa vfLrRo eñ i jek.kñfodkl ----- ½çdkf'kr½
- 4- ekuoñ; I ño/kü dk çk: i ----- ½çdkf'kr½
- 5- e/; Lfk n'kü I gvfLrRookn ij vñl/ñfjr I ñkn ----- ½çdkf'kr½
- « thou fo | k xñr yþkd&çnhi ij d½----- ½çdkf'kr½