

मानवीयशिक्षाशोधसंस्थानन्यास
द्वारा संचालित अभ्युदय संस्थान
मुरमुंदाअहिवारारोड, ग्राम-अछोटी, जिला-दुर्गछत्तीसगढ़

Email - asjvar@gmail.com

Contact: Balmukund-7089313341

To

जा.क्र.-PS1/1718/19

दि. 4/ 6/2017

Dear Sir/Madam,

All humans till date have desired for the well being or goodness of everyone. Well being or 'goodness' however, has not yet been established. Earth has become ecologically unbalanced and it is moving towards becoming unlivable for humankind. Every community and nation-state is insecure within itself and with each other. We have reached a deadlock for above two situations. The reason for this is study of human being has not been accomplished by our education system. Neither popular-science nor spiritualism has a definite resolution for coming out of this situation.

MadhyasthDarshan – Saha-Astitva-Vad (JeevanVidya) has been presented as alternative proposal before humankind – which has resolution for coming out of this deadlock. This proposal essentially is for the study of human-being in existence. This wisdom in a human-being leads to his realizing human-ness (or human-consciousness) in conduct. A human-being realizing human-ness is harmony-within and participates in universal-orderliness.

Information of this proposal is disseminated through 8 days Jeevan-Vidya workshops at AbhyudayaSansthan, Raipur. Over last 17 years these workshops are being attended by peoples from diverse backgrounds. With active assistance of AbhyudayaSansthan- NIT Raipur and more than a dozen technical-institutions from Chattisgarh are incorporating Jeevan-Vidya into education. Since 2010 SCERT (State Council of Educational Research and Training) Chhattisgarh is regularly organizing trainings for their teachers followed by SCERT Maharashtra for last 2 years. Dr A P J Kalam (former Indian President) – who himself has been evaluating this proposal - inaugurated the National Convention on Jeevan-Vidya at IIT Delhi in May 2007 and spoke about JeevanVidya at length in his address to the nation on the eve of 60th Independence day. Numerous other governmental and non-governmental institutions are seriously considering for incorporating this proposal into their systems.

AbhyudayaSansthan is a group of about 20 families living in the light of philosophy. It is situated in a village Achhauti 30km from Raipur, Chhattisgarh India. All of the families earn from agricultural activities and contribute most of their time to society for no-profit. There are no fee charges for educational activity in the workshops; participants only pay their boarding lodging charges which are 350rs per day per person. Living human way becomes the basis for education. At any time around 50 participants are present in the campus.

We happily invite your organization to participate in these workshops. Details of the workshop are being attached herewith.

YogeshShastri

About the workshop

In the introductory workshop (*jeevanvidyashivir*), several important proposals about Life & the Universe are put forth for participants to examine and reflect and an accomplished facilitator facilitates this over 8 day period.

These proposals address serious curiosities in the areas of

- What are we as 'Conscious' Beings
- What is family, human relationships and how they can be fulfilling
- What is wealth and the true meaning of prosperity
- Human Society, its problems & resolutions
- Nature, 'Existence' (the Universe) and man's place in it.

'Coexistential Thought' is presented as an 'Alternative' to Materialism & Theism/Spiritualism and thus does not take recourse to any existing or past concept, tradition or text.

There is no sermonizing; the facilitator puts forth the proposals and enables this phenomenon of 'direct perception' of Reality to take place. The proposals are evaluated based on self-scrutiny and examination. This takes place via a gradual process of 'consciousness-development'.

There are no fees for any educational activity in AbhyudaySansthan. Facilitator takes no charge for this 8 full day's workshop. However participants have to bear charges for their own boarding and lodging which are Rs 350 per person per day. This is paid to an agency "Santushti Caters" authorized by AbhyudaySansthan.

Available Dates of the workshop are as follows.

- A. 1-8 July 2017 B. 1-8 Sept 2017 C. 1-8 Nov 2017
D. 1-8 Jan 2018 E. 1-8 Mar 2018

Capacity for all above workshops:- 30 participants

Syllabus

Timing: 9 AM to 5 PM with intermittent breaks for all 8 days

Day 1: Introduction

- Appraisal of current state of affairs in: Self, Family, Society and Nature
- Basic Human Questions: Why to live? & How to live?
- Basic Human Requirement = Knowledge = Resolution = Happiness
- Resolution= Understand reality & live accordingly: nature-existence, myself and my role in existence

Day 2& 3: Understanding the Conscious Self, & Existence

- Human as Conscious Self and Body
- Distinguishing between conscious and other activities – role of Assumptions
- Activities in the ‘Conscious Self’
 - Tasting, Selecting, Analysis, Desiring, Contemplation, Understanding, Realization
 - Reasons & Solutions for problems and lack of purpose in the Self
- Need to understand form-full and formless dimensions of reality: appearance, properties, true-nature & religion

Day 4: Understanding Human Relationships: in the Family

- Basic Nature & basis for Human Relationships
- Various roles: Father, Son, Wife, Teacher, Friend, etc
- Values & Expectations in relationships: Trust, Respect, Love, Affection, Care....
- Structure of Family, issues and resolving them.

Day 5: Understanding Human Relationships & Systems in Society

- Assessment of current human society and its issues
- Universal Goal of Human Society
- Appraisal and proposals for ‘humane organization’ in the areas of:
 - Education & Values, Health, Production & Commerce, Justice & Security

Day 6: Understanding Nature & its dimensions

- Form, Properties, True Nature and *Dharma* of the Material Order, Plant Order, Animal Order and Human Order
- Inherent interconnected-ness & ‘cyclicity’ in Nature
- Causes for current ecological imbalance and solutions

Day 7: Understanding Existence, the Universe & Evolution

- **Existence as Coexistence** = Insentient (Pshysio-Chemical) and Sentient (Conscious) units saturated in space
- Space as all pervading and energy in equilibrium
- Evolution and progression in Existence.
- Mans place in Existence

Day 8: Sum up

- Open Questions
- Participant sharing and feedback

How to Reach

1. Take bus or Taxi From RAIPUR station or Airport to reach KUMHARI Chowk
2. Take bus or turn taxi RIGHT from KUMHARI Chowk towards AHIWARA
3. Get down on the gate of ABHYUDAY SANSTHAN, on this KUMHARI-AHIWARA ROAD only, 5KM before AHIWARA.

